

HAPPY

# Tips & Tricks to Care for your Fresh Flower Arrangements

- Always start with a clean vase.
- Add fresh water - bleach, sugar, and flower food are unnecessary.
- Ensure there are no leaves in the water.
- Keep the arrangement away from direct sunlight, and do not place under heating or air-conditioning vents.
- Keep the flowers away from fruit. \*\*
- Change the water every 2 or 3 days.
- After a week trim the stems.
- Remove any spent flowers from the arrangement.
- Always wash your hands with soap after handling arrangements which you haven't grown yourself.
- Water terrariums with a spray bottle.
- Avoid mixing daffodils in with other flowers that aren't from the same genus. Daffodils secrete a toxin which affects other flowers.
- Brides to be - when considering the size of your bouquet, take into account your height etc. The bouquet should be within a certain proportion to yourself.
- Arrangements in a box should also be watered regularly.
- Don't purchase Liliums if you have a cat as they can be deadly. This applies also to the Narcissus family of plants; gloves should be worn when handling all parts of the plant and it should be kept away from dogs and cats.

**\*\* Ethylene gas is omitted from fruit which will make your arrangement die faster. Avoid purchasing flowers from a Supermarket where the bunches are located near the fruit stand. The same applies to car fumes. Flowers purchased from a Service Station will also have a reduced lifespan.**

Anne-Maree

## Botanical Delights Floristry

0402 758 594

[www.botanicaldelightsfloristry.com.au](http://www.botanicaldelightsfloristry.com.au)



# MAY 2021

## Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Saturday	1	Harvest Basket Produce Swap 9-10.30am at SpringDale Free replacement anti-theft number plates screws at SpringDale Car Park 9-11am SpringDale felt & Textile Artists 10am-3pm at SpringDale
Sunday	2	World Laughter Day
Monday	3	Kinship Carers 10am-1pm at SpringDale Press Freedom Day
Tuesday	4	Friendly cuppa and chat 10.30-11.30am at SpringDale International Star Wars Day International Firefighters Day World Asthma Day
Thursday	6	Jigsaw Group 10am-12noon at SpringDale
Friday	7	Cabaret Star for Hire - Potato Shed - 8pm
Saturday	8	Neighbourhood House Week (until 14th)
Sunday	9	Mother's Day
Tuesday	11	Dining to Queenscliff Bowling Club Rip View Bistro at 6pm All you need is The Beatles - 10.30am - Potato Shed National Technology Day
Wednesday	12	International Nurses Day "Voyage" - Good Girl Song Project - 11am & 7.30pm - Potato Shed
Friday	14	The Magnolia Tree - 8pm - Potato Shed
Saturday	15	International Day of the Family
Thursday	13	Days for Girls Sewing 9am-1pm at SpringDale
Monday	17	Volunteers Week (until 23rd) World Hypertension Day
Wednesday	19	Lunch Bunch - meet midday at Drysdale Hotel
Thursday	20-21	Mental As Everything - 8pm - Potato Shed
Sunday	23	National Palliative Care Week (until 29th)
Thursday	27	National Reconciliation Week (until 3rd June)
Saturday	29	Richard Stubbs - Cachinnation - 8pm - Potato Shed

**Reminder**  
Bookings &  
copy required by  
1 May for the  
June 2021  
issue



**SpringDale  
Messenger**

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.  
17-21 High Street, Drysdale Vic 3222.  
Postal Address PO Box 80 Drysdale

**COPY DEADLINE JUNE 2021**

**Bookings/copy required by 1 May.**

**Dist: 27 May 2021**

**Circ: up to 20,000**

**Connecting Your Business  
with our Community**

**For all Advertising enquiries:**

**Email:** office@springdale.org.au

**Phone:** (03) 5253 1960

**Online:** Book an advertisement online.

**Advertisements:** Must be supplied with all text outlined. All requirements are listed at springdale.org.au

**For all Editorial enquiries:**

**Email:** messenger@springdale.org.au

**Phone:** (03) 5253 1960

**Online:** Use the online form to lodge an article at springdale.org.au

**Editorial:** All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

**Editing of Contributors Material:**

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

**Images:** Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted**.

**Distribution:** Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

**Art & Design by Jo Aspland Graphic Design 0438 055 679**

**The SpringDale  
Messenger is a  
locally produced  
publication.**



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



**United Nations  
Association  
of Australia  
Victorian Division**



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



## SpringDale Messenger Website

We now have a website devoted to all the SpringDale Messengers from the last 30 years. Thousands of hours have been invested in helping this website come to life. We are still seeking a couple of copies of old SpringDale Messengers to help us make this website the best it can be - April 1992 and May 2007.

Please let Springdale know if we can borrow these phone 5253 1960.

<https://www.messenger.springdale.org.au/>

**We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to their Elders past and present, Elders in our community and our emerging leaders.**





# Coordinator's News

Anne Brackley



Every day at SpringDale I meet wonderful people and gain opportunities for our community. Yesterday I helped to organize a visit by Minister Tierney, a visit by La Trobe University to hold focus groups about Social Isolation, a TAFE student gain a placement and help a community member returning to learning to gain the skills to get started with her online course.

We gained information from 3 community groups for our Community Development Timeline Website that we are continuing to build, reviewed information about our Portarlington Toy Library Website that we are building, met with a new business owner who wishes to offer information sessions at SpringDale and advertise in the SpringDale Messenger, spoke to another new resident about his business and how we could work together.

There were a number of conversations about the North Bellarine Aquatic Centre and how to advocate for important facilities needed by our community. I enjoyed going out with our Dining Group and picking up a community member so she could attend and after a very busy day, I had a great sleep.

I am sincerely grateful to everyone who helped make yesterday, and every yesterday since I wrote to you last, be so rewarding. So many people help to make all our activities and opportunities happen and I continue to be grateful for their energy and support.

It is so important to me to take stock daily of all the things that I am grateful - at home, in the garden, at work, on the Bellarine, in the wider environment, in Australia and the world. Sometimes I am quietly grateful and

I try to be outwardly grateful as well – so people know I am thankful.

During May, we have many opportunities to thank people in our lives – during Mothers' Day, during Volunteers Week and during Neighbourhood House Week, or during ordinary days when someone has helped us to achieve our goals and dreams – big or small.

Thank you to everyone who help to make my life better – my family, who support me consistently in so many ways, the staff and volunteers at SpringDale who help provide so many opportunities for our community, our community who attend and support SpringDale and everyone that I interact with in a personal or remote way. I gain strength and energy from every interaction and find fun in all I do.

Please take the time to thank people that you help make your life better – a little thank you can make such a big difference.

Please keep well, please enjoy what you are doing and please stay open to try something new. Thank you so much for all the help you give to other members of our community, however you can help. We can all find someone and some way to help and thank you for what you do.

Anne Brackley for Team SpringDale.



## Course News

### Sri Lankan Cooking

Marie created a feast for our Dining Group many years ago and has helped us prepare food a number of times. She is now sharing her vast experience with us and giving us time to enjoy it with her. You will help prepare simple curries, finger food, nan, roti and more.

**Sunday 16 May 10am - 1pm**  
(come and have lunch) Cost \$25  
Instructor: Marie McLeod

**Korean Cookery - Kimchi**  
session in June more details to follow

### Cheese Making - Halloumi Sour Cream and Ricotta

This is a hands on workshop where you make your own cheese and get to take it home. There will also be lactic curd cheese to produce and we will finish off make traditional ricotta. Requirement list closer to the date but will just be a couple of containers to take your cheeses home in.

**Instructor: Charlene Bancroft**  
**Dates/times: Sat 26 Jun**  
**Fee: \$160 or Conc \$100**

### Still classes starting in May.

Term 2 Course Guide available online or pick up a copy at SpringDale.



The SpringDale Lunch Bunch are going to Drysdale Hotel on Wednesday 19th May at 12pm. Bookings are essential, please phone Margaret 0418 370 857



SpringDale Dining group are going to the Queenscliff Bowling Club Rip View Bistro on Tuesday May 11th at 6pm. Please call SpringDale on 5253 1960 to reserve your spot.

### QUOTE OF THE MONTH

**“Alone we can do so little;  
Together we can do so much”**

**Helen Keller**

Anne Brackley  
Quote curator



FRIDAY 28 MAY 5PM - 8PM &  
SATURDAY 29 MAY 9AM - 4PM



### Connecting Business and Community

Business on the Bellarine provides Business Networking opportunities for businesses on the Bellarine. The Expo will enable the community time to ask questions of a wide variety of Businesses in the one place.

- Connect or re-connect with local business
- Free workshops
- Innovative ideas, products, solutions & networks



@ SpringDale  
17-21 High St, Drysdale





## News from Lisa Neville MP

Member for Bellarine

As many people would be aware, Lisa has been on sick leave since late February. Since that time her Leopold office has been inundated with locals wishing her well and seeking an update on her condition.

Given this, below is a public statement that Lisa released in the first week of April providing an update.

*"In February I was admitted to hospital as part of ongoing complications associated with Crohn's disease.*

*The medical advice I received at the time was to undertake a period of rest and treatment – designed to give me the best chance of recovery without surgery.*

*Despite two and a half weeks in hospital, an intensive regime of biological drug treatment and three weeks of recovery out of the public eye, I undertook a series of tests, including an MRI that indicated my condition had in fact worsened.*

*As a result, my doctors indicated that the only effective treatment was surgery.*

*On the 6th of April I underwent a small bowel resection.*

*This is a significant operation that may require up to 12 weeks recovery. At this stage this*

*means I will not return to my role until the end of June.*

*Although it is disappointing and always concerning to have part of your bowel removed, for many who have Crohn's this can result in a period of remission and enable people to return after recovery to normal life and work.*

*I have every confidence in my medical team and the nursing support at the hospital that this surgery will give me the chance to achieve this.*

*I thank all of my friends and colleagues for their ongoing support during this time.*

*I would especially like to thank all those who suffer from Crohn's or similar illnesses who have reached out. This is very much a hidden illness and unless you have experienced it firsthand it is hard to understand the toll it can take, both physically and mentally.*

*It is a small consolation that people are now learning more about Crohn's, it's triggers and the seriousness that the complications can cause.*

*As stress is a major driver of the condition, I kindly request privacy over the next three months, as I focus on my recovery and return to work."*

### Assistance from Lisa's Office.

If you feel Lisa's Office can provide you or your organisation with assistance please contact her office on **5250 1987** or email [lisa.neville@parliament.vic.gov.au](mailto:lisa.neville@parliament.vic.gov.au) or at Shop 66, Gateway Plaza Bellarine Highway, Leopold.

# SCULPTURE

## Sculpture, Clay Modelling & Building

### Learning

This learning course is an introduction to the world of three-dimensional art – sculpture, with a focus on clay modelling skills, exploring the various hand building methods. Create varied sculptures over the four sessions. As a participant you will be encouraged to develop your ideas as skills are acquired.

### You May Achieve

This focus on clay modelling processes will offer an adventure and improve and develop further your skills with clay modelling.

**Dates:** Monday, 17th May - Monday, 7th June [4 Sessions] **Time:** 1pm - 3:30pm

**Fee:** \$95 **Concession:** \$50

**Instructor:** Annette Playsted



Advertising

# Lisa Neville MP

Member for Bellarine

*"For assistance with any issue, please call my electorate office"*

**T: 5250 1987**

**E:** [lisa.neville@parliament.vic.gov.au](mailto:lisa.neville@parliament.vic.gov.au)

Funded from the Parliamentary Budget

**"DELIVERING for the BELLARINE"**



# POTATO SHED

We are happy to say we are well and truly back in business !!... Yes, over the next month the Potato Shed will be returning to full capacity presentations!!!... We will still need to observe social distancing in the foyer and other areas but as far as any of the performances go... we can increase our capacity to 100%. Naturally, the shows already loaded will not reflect this - but if you call our friendly staff at the venue (5251 1998) they will be able to assist you with finding you a seat.

May is proving to be a very busy month - we have nine performances on sale - so yes there will really be something to suit everyone!!! Our Morning Showtime will feature the Beatles - with **All You Need... is The Beatles...** a singalong history of all classic Beatles songs - presented by **Colin Mockett** and talented

performer **Adam Parsons** - 10.30am on May 11th.

The very next day we have two performances of a new folk musical **VOYAGE** - this work is on the VCE Drama list and features the **Good Girls Song Project** - the story follows the journey of 287 single and free women

arriving from Britain. They have been promised good wages, good work and good marriage prospects. To claim this promising new life, they must first survive the voyage then win over the Sydney establishment. Two performances at

11am and 7.30pm on Wednesday the 12th.

One of the highlights of the season is **The Magnolia Tree** - the story follows a family with decisions to make - their mother has advanced Alzheimer's, and her children have supposedly come together to choose her a nursing home, but then one suggests a more radical course of action, setting mum free, tonight. This play has two endings, and it is the audience who, through a live vote will decide the ending of the play. Either Thumbs up or Thumbs down. A totally unique experience and one not to miss - just the one performance on Friday the 14th of May at 8pm.

**Mental as Everything**, presents Singer-Songwriter, **Damon Smith** who shares his deeply personal experience of living with obsessive-compulsive disorder (OCD) and bipolar disorder, backed by his anxious accompanist, **Adam Coad**, in a show that fathoms the highs and lows of living with a mental illness - presented in Cabaret Style this quirky performance will change the way you look at mental illness. Two shows Thursday 20th at 8pm and Friday 21st of May at 11am

Seeing out the month we are excited to host **Mr Richard Stubbs** with his hit show **Cachinnation**, Richard will be delivering his unique brand of stand-up which will take you away from everyday life and into the slightly twisted reality that is the world he lives in! Saturday the 29th of May at 8pm.

## POTATO SHED

WIN DOUBLE PASS to



### The Magnolia Tree

Friday 14 May at 8pm

To enter fill out the coupon, send or deliver to: Springdale Neighbourhood Centre High St Drysdale

Name: \_\_\_\_\_

Address \_\_\_\_\_

Phone No: (03) \_\_\_\_\_

**COMPETITION CLOSING 4PM FRIDAY 7 MAY**

To stay up to date with what we have on offer please continue to check :

[www.geelongaustralia.com.au/potatoshed](http://www.geelongaustralia.com.au/potatoshed) or Facebook/Instagram /potatosheddrysdale

**We look forward to seeing you back at The Shed in 2021 !!!**

## WHAT'S ON

POTATO SHED

CITY OF GREATER  
GEELONG

**THE BEATLES  
SINGALONG**  
TUESDAY 11 MAY  
10.30AM \$17  
THEATRE STYLE



### VOYAGE

WEDNESDAY 12 MAY  
11AM & 7.30PM  
THEATRE STYLE  
Tickets Adult \$38 Conc \$34  
Student \$22



A NEW AUSTRALIAN  
FOLK MUSICAL

**THE  
MAGNOLIA TREE**



FRIDAY 14 MAY  
8PM  
THEATRE STYLE

Tickets Adult \$38 Conc \$34  
Student \$22

**MENTAL AS  
EVERYTHING**



THURSDAY 20 11AM  
& FRIDAY 21 MAY 8PM  
CABARET STYLE

Tickets Adult \$38 Conc \$34  
Student \$22

**RICHARD  
STUBBS**



**CACHINNATION**

SATURDAY 29 MAY  
8PM  
CABARET STYLE

Tickets Adult \$38 Conc \$34  
Student \$22

41 Peninsula Drive, Drysdale VIC 3222  
[www.geelongaustralia.com.au/potatoshed](http://www.geelongaustralia.com.au/potatoshed)  
potatosheddrysdale  
potatosheddrysdale

BOOK ONLINE NOW AT  
[WWW.GEELONGAUSTRALIA.COM.AU/POTATOSHED](http://WWW.GEELONGAUSTRALIA.COM.AU/POTATOSHED)  
OR WITH YOUR CREDIT CARD ON 5251 1998.



# Councillors' News

By Mayor Stephanie Asher

This past month has been a kaleidoscope of commitments and opportunities which has afforded our council group an incredible insight into the region and its people.

In just one fortnight, I visited Northern Bay Secondary College, met with the Mayor of Ballarat, as well as the G21 CEO and Deputy Chair, attended G21's Audit and Risk Committee and multiple City of Greater Geelong meetings, visited both the new Geelong Food Relief Centre and Barwon Heads' environmentally significant Moonah stands, opened the Armstrong Creek East Pavilion and hosted the inaugural Sustainability Advisory Committee meeting.

We also met with the Barwon Heads Association, the Chair of our Audit and Risk Committee and various stakeholders in the development of Kardinia Park Stadium, which demonstrates some of the breadth and depth of our external stakeholder interactions.

The councillors and executive leadership team are also meeting on average three weeknights to examine and prepare the four-year Community Plan and the budget and we've also dedicated a couple of Saturdays to building our working relationships.

These facilitated sessions are identifying sticking points, increasing our understanding of each other's perspectives and bringing everyone's efforts together to benefit the community.



One of the most important local connections is our relationship with our Traditional Owners and the land, our Country.

Two years ago, the council group enjoyed a tour of the region conducted by local elder, Corrina Eccles.

On that occasion I was unable to attend but have been keen ever since to organise another tour.

That eventuated last Saturday, when councillors, partners and City officers joined Corrina for a second drive around Greater Geelong to learn the history of our land.

Not only do I now appreciate the significance of a scar tree, I have a better insight into the natural waterways, some of the confronting history of how our Indigenous community was treated and, more positively, how we are now hearing these stories.

The busy pace will continue and I'm confident the work we are doing now will reap rewards for our community in the long term.

## Bellarine Family History Group



After relocating our Group to SpringDale in February, we have been busy with a number of people joining us to commence their family research and learn how to build their family tree.

We provide guidance on the programs available to build your tree and also the numerous internet websites where research information on your ancestors can be found.

We have also had several people join us who already have Ancestry.com accounts to gain a better understanding of researching and building their tree on Ancestry.com as well as numerous other research programs and web sites available.

Four 90 minute sessions of 1 to 1 tuition get you started with the program developed to provide a comprehensive understanding of family tree research and recording your ancestor's life and stories.

**Norm Grey**



**bellarine  property**  
Rentals | Commercial | Sales | Projects

# House, unit, acreage or land, Lee is here to lend a hand.

Call Lee Martin on 0400 957 839





# Bellarine Support Group for Kinship Carers

I am often asked the same question - "you must get so tired having your grandchild in your care full time and your grandchild is lucky to be with you".

Lots of grandparents who have their grandchildren for a weekend sleep over, ask the above question. The grandparents continue saying that if they have their grandchildren for a sleepover or during the school holidays, they are totally exhausted for the next week or so.

Having my grandchild in my full time care, is to me the most satisfying, happy, funny and very rewarding.

I have been a kinship carer for 16 years and in that time we both have been through so much together, but we have travelled the kinship journey together.

During our kinship journey we both have met some amazing, very talented and very supportive people.

We both have made some wonderful friends right around Australia, every year we holiday in the same place and every year the kinship carers in that area make us both feel so welcome. We are both invited to their kinship meetings to share our experiences.

Recently, we both attended a presentation in our holiday spot to bring awareness to the kinship carers. From that presentation the kinship carers were offered assistance with educational costs for the children in their care.

My grandchild and I are very proud of what we achieved to help other kinship carers. I would like to take this opportunity to thank the many people in our local community, who have assisted us as kinship carers - your assistance is, believe me greatly appreciated. Bellarine Quilters thank you for donating over 40 quilts to us as kinship carers. These awesome quilts are just so special to the carers and children in our group.

Kay from Curlewis thank you.



Due to the carers and children in our group, being on court orders I am prohibited by law to publish any identify information.

The safety and security of each and every person part of Bellarine Support Group for Kinship Carers is paramount. I cannot publish photos of carers or the children, but I can take photos of all donations we receive.

If you are a kinship carer sitting at home, thinking that you are alone. Please come join our support group.

Our group meets the first Monday of each month (not during school holidays) at Springdale Neighbourhood Centre from 10am until 12noon.

Thank you.

Jeanette Hanley Heath

0414 308 257



# TREAT MUM THIS Mothers Day

WITH BREAKFAST, LUNCH OR HIGH TEA!

**THE BUNGALOW RESTAURANT**

*High Tea*

SUN 9 MAY \$55 PER HEAD  
INCLUDES A DRINK ON ARRIVAL

Add Botanical  
Delight flowers  
to your booking



The Bungalow Restaurant

Pre-book for Breakfast, Lunch & High Tea  
by phoning us on **P: 5216 3025**

**Takeaway  
High Tea available**



# Why being 'Bored' is good for Kids!

You'd be a millionaire if you received \$1 for every time your child came to you, with a deep sigh, or a whine, complaining with exasperation, 'I'm bored!' They look at you with imploring eyes to solve this dilemma for them. Right?

It is important to remember, you are here to support your child, but don't own the problem and try to solve it for them. Instead reply, 'That's terrific! I can't wait to see what you end up doing!' or 'I loved being bored when I was a kid, because it gave me time to think. I'd come up with some really interesting plan, once I figured out what I really wanted to do.'

You lived through being bored when you were a kid, so it something they need to 'live through' on their own too. As you know there are so many benefits and skills gained from enduring the short, uncomfortable experience of 'boredom'.

## Some reasons why kids get bored?

- Over scheduling, they don't know what to do when they have unstructured free-time.
- Over stimulation - (IT devices)
- Looking for a challenge or to be motivated in some way
- Seeking a parent or adult's company - a cuddle or shared experience

## Benefits of boredom:

- Opportunity to daydream about new and exciting ideas,
- Show curiosity and fascination for the world around them,
- Increase their creativity,
- Develop their own interests and passions,
- Explore and discover innovative ways to think 'outside the box' and solve problems,
- Take responsibility for their own entertainment,
- Learn to be resourceful,
- Promote deeper thinking and greater fulfillment,
- Encourage ownership of choices.

## Skills kids gain when they are given the opportunity to endure stints of boredom:

- independence,
- leadership,
- problem-solving / decision making,
- reflection,
- perseverance,
- social skills
  - team work, compromise, negotiation,
- self-control,
- flexibility,
- motivation,
- time-management,
- self-sufficiency.



## Tips and strategies to help manage your child's boredom:

**Create a 'Boredom Jar':** Together compile a list of things they like to do. Write these ideas on slips of paper and put them into the boredom jar, for them to access when boredom hits.

**Keep a stock of general supplies:** Paper, crayons, tape, cardboard tubes, old wrapping paper, paper clips, pegs etc... that will help inspire their imagination and creativity.

**Breaking a project down into achievable chunks:** Your child might have an innovative idea and vision but just not know where to begin. Most students are familiar with the STEM process, but you may need to encourage them to create a step-by-step plan, help them organise their materials, and listen to a break down of problems and possible solutions.

**Create a 'Thinking Spot':** in or outside the house, where your child can go to think and feel inspired.

**Balance scheduled sports / hobbies with unstructured time:** Kids will always love their after school sport clubs, music lessons etc..., but make sure you provide them with some free time during the week to engage in self-selected activities, as this will allow them to explore interests and new hobbies.

*If you require further assistance to support your Primary School aged child's academic or learning confidence don't hesitate to contact me. I offer 1-1 tutoring and hope to offer more workshops for children at SpringDale in the future.*

**Peta Henshelwood** (B.Ed) - TIME2 Active8 – Your learning Potential

Registered teacher with Victorian Institute of Teaching (VIT) and Australian Tutoring Association (ATA)

Ph: 0447 950 004, henshelwood.peta@gmail.com and facebook@TIME2Active8

*'Creative solutions to improve primary students educational wellbeing.'*



Subscribe to our webmail and stay up to date with Courses & Groups.



## Card Games at SpringDale

Do you enjoy playing cards? Then come along on a Monday afternoon 12.30 - 3pm.

We all enjoy playing the game called "Bolivia". Great company and fun, eager to teach beginners and certainly welcome those with experience. Now the colder days are coming so don't sit at home alone come and stimulate your mind and enjoy yourself.





# CHANGE IS NECESSARY

Bellarine North  
**Rotary**  
Club



One hundred years of Rotary in Australia has witnessed much progress and many changes. Travelling by horse and cart on roads made of dirt. Computers that fitted into a big room. Big ships on the ocean, no planes in the air. Now we have massive planes in our skies and computers that info fits on a chip as small as your pinkie fingernail.



Change is difficult but it is necessary for the world to progress and move forward. Our energy resources can be collected via wind and solar panels instead of coal and oil. This is progress for a better world to live in.

Progress means that sometimes we have to make adjustments to how we do what we do. Which brings me to the fact that the Rotary Club of Drysdale does not for one minute want to lose any of its forty six year history but after many years of consultation with past and present members the big decision was made to change our Club name, from Rotary Club of Drysdale to Bellarine North Rotary Club. Many of our members are spread across the Bellarine and beyond.

Nothing will change except the name; we will still support our motto of **"Service Above Self"**.

We will still honour our four-way test:

- 1) Is it the truth?
- 2) Is it fair to all concerned?
- 3) Will it build goodwill and better friendships?
- 4) Will it be beneficial to all concerned?

Across the globe for over one hundred years 1.25 million members of Rotary International have and will continue to meet together to improve the world we live in.

Our Baton Relay celebrating 100 years of Rotary in Australia showed that the organization has stood the test of time and will continue to do so. It is not about the name, it's about the people.

**Caroline Rickard** - Publicity Officer - 0408 989 221  
Bellarine North Rotary Club (formerly Rotary Club of Drysdale)

# North Bellarine Aquatic Centre

It is almost two years since we received \$10 million of funding from the Federal Government for a 50m pool on the North Bellarine. During that time much has been achieved. City of Greater Geelong commissioned a report, funded by Victorian State Government, which supported an aquatic centre on the North Bellarine.

City of Greater Geelong then budgeted \$750,000 for the concept planning of an Aquatic Centre and the detail planning of the initial 50m pool and associated facilities and have allocated a site for the aquatic centre at the Drysdale Sporting Precinct.

As we have reported during the 18 months that the North Bellarine Advocacy group has been meeting, we have been collating history of swimming on the North Bellarine, gathering submissions for other associated facilities to complement the 50m pool and trying to inform the community of these actions.

The North Bellarine Advocacy Group continues to advocate for a warm water exercise pool to be collocated with the 50m year round pool to enable a greater range of community members to be serviced by the first stage of the aquatic centre. City of Greater Geelong does have a Warm Water Exercise Pool in its Social Infrastructure Plan to be built on the Bellarine and it would make sense for it to be built at the same time as the new 50m pool in Drysdale.

A 50m year round pool and a Warm Water Exercise Pool would complement the facilities already in great use at Ocean Grove and give greater opportunities to more members of the community on the Bellarine.

The North Bellarine Advocacy Group has a vision for complete Aquatic Centre in the future and thank City of Greater Geelong for the initial planning work towards this. We look forward to all levels of government working together to enable this dream to come true.

**Anne Brackley**

Chair North Bellarine Aquatic  
Centre Advocacy Group.



Business on the Bellarine

BOB is a local business group meeting weekly in Drysdale to network and help promote each other's businesses.

BOB is all about fresh ideas, sharing, building confidence and supporting each other. It's also about gaining a different perspective on where and how your business can evolve, while strengthening business connections.

Please come along. You'll get to meet new people and learn about other businesses that are part of our community.

We meet on Tuesday mornings  
7.50am to 9am visitors welcome.

Drysdale Cricket Clubroom  
Drysdale Recreation Reserve,  
Granville Street, Drysdale

Contact Jo Aspland on  
0438 055 679 for more information.



**JEANNETTE ERNST**  
Conveyancing Professional

Appointments available in **Drysdale**  
15 Hancock St. Call 0407 726 260

- ▲ Experienced caring conveyancing service.
- ▲ Living local, offices in Drysdale & East Geelong.
- ▲ Licensed Conveyancer.



Contact Jeannette on 0407 726 260 or  
E: jeannette@conveyancinggeelong.com.au



A Fresh  
Approach  
to Real Estate

**Charlotte Hunter**  
0488 001 094



f @charlottehunterbellarine  
i @charlottehunteragent





# Free Info Session - Astrology Course

Offered by Peter Burns



During this free info session about the 8-week astrology course at the Springdale neighbourhood Centre Peter Burns will discuss the course outline and what you can expect by attending the course.

*Peter will also talk about the different types of astrology and the benefits that learning astrology can offer. Some of these benefits include:*

- Self-understanding
- An understanding of family and friends
- Identifying important transition times of life
- The ability to quickly answer questions associated with everyday issues such as relationships, money work and health.
- Gaining insights into macro issues such as generational change, world politics and social movements
- An understanding of the structure of life

This is an inter-active session where you are welcome to ask questions.

**Looking at starting on a Tuesday morning in Term 3**

## Peter Burns Biography

*Peter Burns has a BA in Sociology and took up chirolgy (hand analysis) in 1981. He consulted clients at the Fremantle Markets in WA for seven years and received his Astrology Diploma (FAA) in 1997.*

*He was president of the Victorian Astrologers Association 2006-2008, and national editor of the Federation of Australian Astrologers Journal 2000-2015, guest speaker on ABC radio in WA and 3RRR in Melbourne, published "The Palmistry Textbook" in 2011 and the "Astrology Collection" in 2014. He has lectured in all capital cities in Australia except Darwin and completed two lecture tours of the USA and Canada.*

Email: peterburnsastrology@gmail.com



## "UNCLAIMED" Part 4.

*Last episode, as we recall, it was suspected that an unknown alien life form was roaming loose on the base. Also three children of one of the mining workers' families are missing. Now read on...*

"For goodness sake Haylie come on. If we're caught out here alone..."

"I can't tie this shoe lace. Derrick..."

"Here."

He deftly ties the offending lace.

"Now, run!"

The three children scurry across the compound to the shelter of the curving Rec. Room wall and trot along in its' shadow until they come to low domed cavity.

"In here."

They duck through the low entrance but once inside they stand upright. George switches on his torch.

"There..."

In the dark recesses of the tunnel the beam picks out the sliding panel of a closed hatch. George leads the way forward.

"Now you hold the torch."

Derrick appropriates the light but says,

"If you can't pull this off George we're going to have a sticky time getting back."

"It will work. I never saw a chip like this outside of a signal scrambler. Didn't you ever wonder why we were allowed to have enablers anyway?"

"They said they wouldn't open any hatches or doors that were off limits to kids."

"Exactly. But this one will. Now watch."

From a light satchel looped over his shoulder George produces a device similar to a portable radio.

"I bypassed the chip in this last night. So.."

He points the enabler at a red signal light in the wall. There is soft click and the light glows green. The panel slides quietly back.

"Success!"

The children slip through the gap into pitch blackness.

A sharp rattle behind them...Derrick swings the torch around...a blur of movement...Haylie screams...

Next time... First blood ! John.



**Funerals**

**Ph: 5251 3477**

Call us ~ 24 hours / 7 days

*"Committed to Caring"*

**PRE-PAY or PRE-ARRANGE  
your funeral**

- *Your funeral - the way you want it and to suit your budget*
- *Locked in at today's prices*
- *Provides peace of mind for you and your family*





Annette Playsted Simmons began teaching at SpringDale in Term 2 2006 and over the last 15 years has taught and mentored hundreds of budding artists. Annette helped us to take the leap into holding Annual Art Shows and we have held 15 Art Shows at SpringDale and Annette has helped to set up a variety of others.

The SpringDale Artists group started as most of our groups do, through an article in the Messenger and so the group has just clocked over its 15th year at SpringDale. This group was the brain child of Annette.

I'm sure everyone who has been associated with art at SpringDale over the last 15 years would like to join with me to thank Annette for her commitment, time, energy and expertise and for sharing all of these with our community.

Sincere thanks Annette for your contribution to our community and for being part of the SpringDale team.

**Anne Brackley**

Coordinator and owner of two Annette Playsted paintings!

**NEVILLE RICHARDS**

*A community focused Real Estate Agency  
achieving outstanding results on the Bellarine*

**5251 3857**

**NEVILLERICHARDS.COM.AU**

**Property Management • Sales • Appraisals**



## Be a part of Rural Research

### Social Inclusion for People over 65 years

Researchers at La Trobe University are seeking volunteer research participants to be involved in a study about the meaning of, and opportunities for, social inclusion of people over 65 years, and how this differs when people move into residential aged care.



#### Would the research study be a good fit for me?

The study might be a good fit for you if:

- you are a person over 65 years living in the community

#### What would happen if I took part in the research study?

If you decide to take part in the research study, you would:

- be invited to participate in an interview, either on the phone or face-to-face, with a member of the research team that should take approximately 30-60 minutes of your time.
- be invited to participate in a small group discussion at Springdale Neighbourhood, with a member of the research team that should take approximately 60 minutes of your time.

#### Will I be paid to take part in the research study?

You will be eligible to go into a draw for a \$50 Coles Myer voucher, along with all other participants, once your interview has been conducted

#### Who do I contact if I want more information or want to take part in the study?

If you would like more information or to register your interest in being part of the study, please contact:

Springdale Neighbourhood Centre  
team by Monday 17 May 2021 phone  
03 5253 1960

## Geelong Morris Minor & BMC Vehicle Club

The aim of our club is to bring together people sharing a common interest in Morris Minors & BMC Vehicles, trying to help other enthusiasts to restore their cars or offer advice.

We have been members for many years and certainly seen some changes. The way people can modify their cars can be very interesting.

We have enjoyed many an Easter travelling to different parts of Australia for the National Rally and that is certainly where you see some lovely vehicles. Many hours of work have been put into these cars and it certainly has been rewarding.

The other way we have travelled Australia is with the Touring Club, they have an adventure every two years and many a Morris has been in convoy or travelling in small groups, but if anyone has mechanical problems there is plenty of heads under the bonnet trying to give a little advice, which always comes in handy.

Many friendships have been formed within many years of travelling. From the monthly meeting and outings to catching up every two years.

Many a family might start with only one car, then somehow there is always room for another and then you get offered some spare parts so you can always find more room, somehow there seems to be Morris or parts everywhere!!!!

We meet on the 2nd Wednesday every month at 7.30 in the Uniting Church Hall Bay Room, Corner of Boundary Rd & Ormond Rd (entrance off Boundary Rd) East Geelong. We have a run generally on the last Sunday of the month and now we also have a social coffee morning on the second Monday of the month and out for Lunch the Wednesday after the meeting.

Contact Maurice Chapman (President) 0414335912 or Keith Winter (Secretary) 0431830315

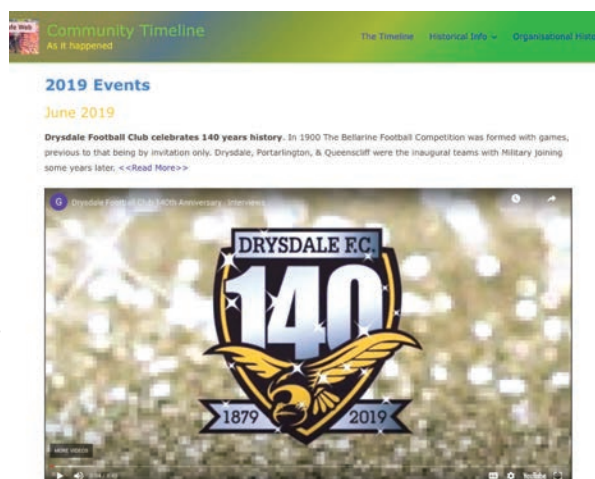


## COMMUNITY DEVELOPMENT TIMELINE

The Community Development Timeline Website is coming together. We have received information from a few clubs and have room for more.

Hoping that you might like to have your club or your organisation listed. Below is a screenshot of the 2019 Drysdale Football Club 140 year celebration.

<https://www.onthebellarine.org.au/2019-events/>





**St. Leonards**  
PHYSIO BY THE BAY

Like Us On Facebook

Neil Wise is a highly experienced physiotherapist with over 30 years of experience in Private Practice,



- Private, Concession & Aged Pension rates available – no referral required
- DVA, Workcover, TAC, CDM (Medicare) patients welcomed with referral

P: 5257 1832  
1 Mouchemore Avenue, St Leonards

E: [info@stleonardsphysiobythebay.com.au](mailto:info@stleonardsphysiobythebay.com.au)  
W: [www.stleonardsphysiobythebay.com.au](http://www.stleonardsphysiobythebay.com.au)

**BELLARINE  
AUTO SERVICE**

**5253 1644  
0403 993 342**

 Quality Mechanical Repairs Since 1990  
**6-8 Mortimer St. Drysdale**

 We service and repair all makes and models, LPG, Diesel and Petrol vehicles.  
[www.bellarineautoservice.com](http://www.bellarineautoservice.com)



# Women Living Well

Join with us for a discussion on  
**AFFORDABLE HOUSING**  
**OPTIONS FOR WOMEN OVER 55**

**Morning Tea Thursday 20**  
**May 10.30am at SpringDale**  
**Neighbourhood Centre.**

We are looking forward to meeting those of you who have contacted me or SpringDale over the past year and had a conversation around the type of housing opportunities that are available for women over 55 in our region.

This is the third time we have tried to meet together as a group, and hopefully we'll succeed this time without Covid ruining our plans again. It will be great to hear your views about the housing options that are available, and your preferences when it comes to what is on offer and where. Most of the conversations I've had centre around the need for a sense of safety, community and belonging, without the threat of being moved on without much notice.

We are all hoping to learn something, and I am particularly keen to listen and extend the conversation to what you want and what you need, but even if you aren't inclined to share your story and would simply like to listen in, please feel free to come along. We'd love to meet you.

If possible let me know ahead of time if you are coming so that we can cater for morning tea.

**Dianne Bennett** 0422 146 604 or  
diannebennett4@hotmail.com



## Drysdale Man Walk Group

Hi, I am David ambassador for the Man walk here in Drysdale, having attended the man walk in Geelong for the last two years.

Now having moved to Drysdale (with my wife Shamana, dog Zen and cat karza) I wanted to connect with other men and the man walk is a great way to meet men within my new community.

As an artist I enjoyed the visual look of the Messenger and enjoyed the read about the local community which I am new to.

When I am not working for Gateways in Geelong as a disability support worker, I draw caricatures and fine arts painting, going for walks to sketch the local country side.

**'The Man Walk Drysdale' is every**  
**Saturday Morning 8:00am,**  
**Walk.Talk.Support. connecting Men,**  
**strengthening communities.**

Here is the web site [www.themanwalk.com.au](http://www.themanwalk.com.au)

Thank you **David SEERY**

Disability Support Worker - Artist

M:0435 290 933



**Autism Friendly**  
**COMMUNITY**

Hi Everyone,

My name is Jane Schmidt and I have recently joined the SpringDale Neighbourhood Centre as a volunteer. I have had teaching experiences and have experience with children with special needs.

The main focus for my volunteering will be around promoting the Centre as 'Autism Friendly' & helping to provide support to people living with those on the Spectrum or on the Autism Spectrum themselves.

The next Talking about Autism is meeting on Saturday May 1st 10.30am – 12noon and our guest for the session is a Speech Pathologist – you may be surprised about how diverse their job is & how many ways they can support someone with an ASD (Autism Spectrum Disorder) diagnosis.

I look forward to seeing you there or meeting you around the Centre.



## Board Walk almost there!!!!



In August 2018 the DCSCA submitted a "Pick my Project" application, nominating CoGG as project partner. The proposal was successful in obtaining \$200,000 from the Victorian Government for the Springs Dell Boardwalk.

The construction of the boardwalk has been challenging given that there have been a number of factors which needed attention during the design period before getting the go ahead to begin construction. The CoGG in consultation with the DCSCA has been diligent in not only committed to providing a board walk that will stand the test of time, but also that it would be aesthetically pleasing. This Board Walk will provide safe walking access around a difficult coastal pinch point at Clifton Springs. The site is the location of the heritage mineral springs area which is experiencing coastal erosion and deterioration through walkers climbing over the site. In the initial design the boardwalk was to provide opportunities for interpretive signage that would inform visitors of the area's significant cultural heritage. Given the engineering changes which have been deemed necessary, this aspect is yet to be confirmed.







# St Leonards Garden Club

Hello everyone

Our last meeting was well attended. I'd like to welcome three new members, Lorraine, Anna and Marie. We look forward to seeing you again and hope you enjoyed your afternoon with us.

I would like to thank Marie Reed and Kevin Carey, joint presenters from St Leonards Town and Foreshore Beautification sub committee of the St Leonards Progress Association. We learnt a lot about their achievements and works in progress. COGG provided \$30,000 for the planning of the new skate park, the Foreshore upgrade (Harvey Park) getting a Federal Govt grant of \$470,000, street beautification with planter boxes being extended in front of Neville Richards real estate and Salty Cow, yarn bobbing Christmas street decorations. There will be bike racks installed for the cyclist to park their bikes instead of using the new planted boxes. A very interesting and informative presentation.

Our AGM was held and I would like to thank Jenny Shinn, our outgoing treasurer, for her great contribution to our club. Jennifer Mee was nominated and accepted as our incoming treasurer. Congratulations Jennifer.

A reminder to members to take some cuttings and grow them on, or pot up some seedlings for our plant sale in November. The plant sale raises money for our garden club.

If you have an excess of plants and fruit and vegetables and would like to donate them to the garden club, we could put it on the trading table for other members/visitors to purchase.

Don't forget to bring some flowers and or produce that you have grown to be judged by members/ visitors. It interesting to see what others are growing in their garden.

If you have a gardening question you'd like answered, ask us and we'll do our best to help. A question was asked about misshapen carrots and why it happens. The answer was overfeeding or the ground was not prepared deep enough. Thank you Wayne for your remedy. There was a suggestion about tomatoes. It was said on gardening Australia that if you wanted to prepare your garden beds for winter crops but waiting for straggly to finish, the answer was pull out the plant with tomatoes still on the vine. Hang them in the sun and they will still ripen. You can then prepare your garden beds for winter crops.

**The dates of our next meetings with guest speakers are:-**

May 12th. Ann Timms from Kilgour winery

June 9th. Lorraine Phelan

July 14th. Cheryl O'Kane. The farmers place. Recycling

Meetings are held at the Memorial Community Hall, Murroduct Rd St Leonards.

Meeting time. 1pm for a 1.15pm start.



If you're a new resident to St Leonards, come along, bring a friend/partner or both.

Enjoy our guest presenters Have a chat and a cuppa. Meet people with similar interests in our community.

**Membership is \$10.00**

**Entry is \$3.00**

We have a mystery plant - Door prize - Raffle

Covid regulations require a sign in either by QR code or written Members please wear your name tag if you have one. It's always nice to address people by name. Visitors will be given a name sticker Looking forward to seeing everyone on the 14th April.

Cheers

**Wilma McLaren**



Stepping into the garden and taking a deep breath, I am so happy to be gardening again.

Watching the seeds shoot up, watching the seedlings develop and mature and then picking and eating the fruits of my labours.

So far I have harvested lettuce, cucumbers, pumpkins, beans and zucchinis. I've made zucchini slices and shared the recipes, made pumpkin soup and enjoyed it and given some of our produce away. Although the garden was only started in mid-January it has given me great pleasure.

I love that I can use egg cartons to grow seedlings, milk containers to help keep my plants watered with water from our tank and I can recycle all our vegetable and food scraps via the Bokashi bin reducing our impact on the environment and even improving it as a bi-product.

Looking forward to sharing my newly learned or relearned tips and tricks and get you started with your garden bed - no matter how big or small it may be. On Friday 28 May 10am - 12noon - come along and get started.

## ON SALE @ SPRINGDALE



Bokashi One composting is an eco-friendly composting system designed to be used in the kitchen.



EnsoPet is an innovative inground composting system, specifically designed for composting pet waste easily and hygienically.





# Clifton Springs Garden Club

WOW what an exciting month we have had since I wrote last month's article. We have been able to hold our first General Meeting since February 2020 and we have also had another outing.

In early 2020, Bellarine Springs Retirement Village invited the Garden Club to hold one of our monthly meetings in their Community Hub. Due to COVID19 this did not go ahead, so now finally we were able to hold this meeting. We had a great turn out of members, visitors and residents of Bellarine Springs. One of our members Julie Muller gave a very informative presentation on "Gardening in Small Spaces". Her presentation gave us all a lot to think about if we were already in a small space and also if we were thinking of moving to somewhere with a smaller garden and starting from scratch. Stay tuned if you are interested in more information about small spaces. Julie will be doing another presentation to the Club on the best plants to use in smaller spaces.

Despite the unpredictable weather, 30 members ventured to Basils Farm for a talk by Greg Operations Manager, enjoyed a delicious afternoon tea and a stroll around the amazing vegetable garden that Basils Farm has, whilst taking in the view over Swan Bay. We would all love a vegetable garden like this one.

Carol O'Neill will be our speaker for the May meeting. Carol will be known to readers of the SpringDale Messenger as she writes very interesting articles on local birds. Carol will be doing a presentation on the plants that she encountered on a recent trip she had to the Arctic. Clifton Springs Garden Club has had to change their meeting nights to the second Tuesday of the month. Our May meeting will be Tuesday 11th May. If you would like to keep up to date with what is happening at our monthly meetings, join our mailing list, or contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com



Speaker Julie Muller  
Photographs at Basils Farm





## Heritage Cameo Conveyancing

*'Your Local Conveyancer'*

- Free Pre-Purchase Advice
- Subdivisions
- Property Transfers
- Purchase Contracts
- Sale contracts – Section 32 preparation

**Shannon Calder**  
Manager – Bellarine Office



### Heritage Cameo Conveyancing

*'Professional and Personal Service Guaranteed'*

**Bellarine Office:**  
8 Murradoc Road, Drysdale, Vic 3222  
E: shannon@heritagecameo.com.au  
T: 03 5251 3950

Contact your local friendly conveyancer Shannon for all your conveyancing needs and questions.





## DRYSDALE COMMUNITY CHURCH

We invite you to join us for a contemporary and relevant Service

**Sunday 10.00 am**  
(Includes Children's Program at 10:40)  
276 – 290 Jetty Rd Curlewis P: 5253 2241

**Second Chance Shop**  
40 Geelong Rd. Portarlington



# Agata's Moorish Salads

When using feta in salads I suggest using a creamy, soft feta in olive oil. I buy feta cheese and put it in a jar with olive oil with just a hint of oregano and a bay leaf. It's easy to store in the fridge in a jar and ready to go when required.

## Chickpea & Feta Salad

- 1 can chickpeas, drained (400g)
- 1 red onion, chopped finely
- 200g feta, crumbled
- 1 cup coriander leaves (optional)
- 1 cup parsley leaves, chopped
- 2 tbsp lemon juice
- zest of lemon
- 1 tablespoon balsamic vinegar
- 1/4 cup extra virgin olive oil
- salt & pepper to taste
- Toss together the chickpeas, onion, feta and herbs.
- Add the lemon juice and zest, vinegar, oil, salt and pepper.
- Toss again and enjoy!!

## Sweet & Sour Carrot Salad

- 3 large carrots, peeled, grated coarsely (about 4 cups)
  - 1/4 cup orange juice
  - 2 tbsp lemon juice
  - 1 tablespoon honey
  - 1/4 cup extra virgin olive oil
  - salt & pepper to taste
  - 1/2 tsp ground ginger (optional)
  - 1/2 teaspoon cinnamon
  - 1/2 cup currants
  - 1/2 cup coriander leaves or flat parsley
  - Prepare the grated carrots in a bowl.
  - Mix the orange, lemon, honey and oil with a sprinkle of salt and pepper.
  - Add the spices, currants and coriander or parsley leaves.
  - Toss well, cover & chill for a couple of hours.
- This salad is delicious the next day!



## Moorish Lamb

- This sauce is just as wonderful with chicken fillets or lamb mince for meatballs.
- 2 cloves garlic
- 1 teaspoon paprika
- 1 tbsp lemon juice
- 1 tsp thyme
- 1 tbsp extra virgin olive oil
- salt & pepper to taste
- 4 lamb backstraps or steaks
- 2 tbsp quince paste
- 1/2 cup white wine
- Mix garlic, paprika, lemon juice, thyme and olive oil. Season with salt and pepper.
- Brush over the lamb to marinate for about an hour.
- Prepare a frypan with a splash of olive oil and cook the lamb for 3-4 minutes on each side until golden brown.
- Remove the lamb and set aside to rest.
- Add quince paste and white wine. Bring to the boil. Stir well to cook and it will reduce and become syrupy.

Serve the lamb and pour the quince glaze over.



## BELLARINE CAMERA CLUB



Our Competition was 'Still Life' and we were fortunate to finally be able to gather together. Our Judge, Heather Prince, not only gave us great feedback, but instructed us on further enhancing our photographs, where needed. Due to the unknown COVID restrictions, we only entered Electronic Digital Images for this Competition, Prints shall be accepted for future competitions.

### Still Life Competition Results

**A GRADE** - 1st A Stitch in Time, Lynne Pearce; 2nd Scarborough Fair, Dee Kelly; 3rd Feeding Time, Dee Kelly. Merits - Hydrangia, Jim Den Ouden; Essentials, Robyn Curtis.

**B GRADE** - 1st Reflecting The Words, Geoff Evens; 2nd Loving Memory, Debbie Hallows; 3rd Addicted, Debbie Hallows. Merit - Walking with T-Rex, Geoff Evens.

Bellarine Camera Club meet at the Springdale Neighbourhood Centre, Drysdale, at 7.30pm on the first and third Monday of the month. For further details, call into a meeting, or visit our website [www.bellarinecameraclub.org.au](http://www.bellarinecameraclub.org.au)

### Lynne Bryant

1st Place & Image of the Night  
A Stitch in Time' by Lynne Pearce

B Grade 1st Place - Reflecting on the Words  
by Geoff Evans

A Grade Merit - Essentials by Robyn Curtis





# What happens in Vagus...

## (The Vagus Nerve)

Our autonomic nervous system is divided into 2 parts; the Sympathetic Nervous System, which manages stress (fight or flight) responses and the Parasympathetic Nervous System, which controls our body systems at rest (rest and digest). So we have an acceleration system, and a complementary braking system. We need both, but we can learn to recruit our natural "slow-down" nerve programs and use them to alleviate stress and anxiety.

The Vagus Nerve is the longest nerve in the body, and the most influential in the Parasympathetic Nervous System. It influences heart rate, digestion and respiration. By stimulating the Vagus Nerve (and increasing "Vagal Tone") we activate this "rest and digest response" and can illicit feelings of calm and relaxation. This naturally reduces anxiety and stress. A higher vagal tone generally means better health; physically and mentally.

Here are some interesting ways you can stimulate the Vagus Nerve and activate your Parasympathetic Nervous System:

- 1) Take a cold shower or splash cold water on your face. This stimulates the dive reflex which is controlled by the Vagus Nerve. Try cold water to soothe a stressful mind.
- 2) Use calming breathing techniques - exhale for longer than you inhale. Take slow, deep, belly breaths.
- 3) Gently run your fingers over your top/upper lip. There is some evidence that this may stimulate the PNS by activating the nerves on the lip, stimulating salivation or just by being comforting and distracting from the stressor.



- 4) Yawning – the inhalation of a yawn activates the calming effects of the Parasympathetic Nervous system.
- 5) Singing, chanting and laughter stimulate the Vagus through the vibrations they create. So break out into song, or enjoy a ridiculously lovely belly laugh.
- 6) Using mindfulness to bring in positive emotions or visualisations. Take a moment to consider gratitude, love or to visualise your own success.
- 7) Yoga, meditation, massage, exercise. These practices are grounding, still and destress your body and mind which can encourage the Parasympathetic response.

Small practices of stillness and attention to the balance between stress and calm can greatly benefit your health. It is said that improved activation of the Parasympathetic nervous system can help heart function, ease digestion issues, strengthen immune systems, regulate blood sugars and offer increased resilience and emotional stability.

If you feel you would like to improve vagal tone, you can take some time to explore mindfulness and meditation, or ask for help through yoga, hypnotherapy or other complimentary practices.

**Kim High**

Clinical Hypnotherapist@FamilyHypnotherapy



Sail Bellarine is a new sailing event that will take place on the first weekend in May (1-2), 2021. The event has been designed to emulate the successful format of Sail Country (Albury/Wodonga) with a focus on having fun, hanging out with your sailing buddies and having some awesome racing on the beautiful Bellarine peninsula.

This new event is a joint collaboration between Indented Head YC, Portarlington YC and St. Leonards YC with the three clubs putting together a program that will provide an exciting racing schedule over two days together with plenty of opportunity to relax on the shores of Port Phillip Bay and enjoy some of the local treats such as wineries, cideries, gourmet foods and much more.

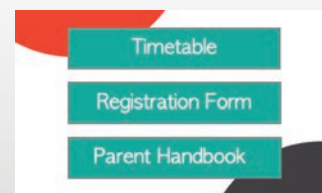
This first event is open to Lasers, Optimists, Tasars, Aeros, OKs and Sabres with a strict cap of 120 boats. There will be camping available right next to Indented Head YC with lots of catering options on-site so all you need to do is turn up, pitch your tent/van and settle in for the weekend.

[www.sailbellarine.com.au](http://www.sailbellarine.com.au)



## Taking 4YO and 3YO Enrolments Now

Register your child on our website and Visit our Virtual Tour on [www.cliftonspringspreschool.com.au](http://www.cliftonspringspreschool.com.au)



Clifton Springs Preschool,  
21A Central Rd, Clifton Springs 3222  
Ph: 5251 3158

Email: [clifton.springs.kin@gmail.com](mailto:clifton.springs.kin@gmail.com)  
[www.cliftonspringspreschool.com.au](http://www.cliftonspringspreschool.com.au)



**Central Baptist Church**  
Bringing the light, love & hope of Jesus to our local & greater community.

**Welcome & join us**

- Sunday Family Service 10:00am
- Children's Ministry
- Play Group
- Youth Group
- Bible Study Groups
- Prayer Support

45 Central Rd, Clifton Springs  
[office@central-baptist.com.au](mailto:office@central-baptist.com.au)  
[centralbaptist.com.au](http://centralbaptist.com.au)  
(03) 5253 1833 / 0478616719



## family hypnotherapy

Currently operating online!

- Reduce your anxiety • Manage your stress
- Overcome panic, fear and phobias

**Kim High - Clinical Hypnotherapist**  
14 Knowles Grove, Point Lonsdale  
**0439 330 919**  
[www.familyhypnotherapy.com.au](http://www.familyhypnotherapy.com.au)  
Rebates available through some private health providers



# Springdale Trivia

## 46th Edition

by Drysdale Girl Guides

1. True or False, a female deer is referred to as a doe?
2. This famous woman was the first British citizen in over 300 years to marry an heir to the British throne?
3. What was the name of Harry Potter's mum?
4. In Australia, Mother's day always falls on what day?
5. Traditionally, where is breakfast served to mothers on Mother's Day?
6. How long is the pregnancy of a Giraffe?
7. Which fictional mother lives in Springfield and is mother to Bart, Lisa and Maggie?
8. Which singer released the song "Cover me with Sunshine" in 2021 as a duet with her daughter?
9. Who were the first women to be elected into the Australian Federal Parliament?
10. What is unique about a female wombat's pouch?

Turn to page 22 to find the answers.



Drysdale Guides Meet on Thursdays during the school term 6:30pm to 8:00pm.

If you are interested or have any questions please contact Anne Brackley on 0407 529 205



Every year, we help thousands of people with disability, injury or illness find meaningful work.



VISIT US IN PERSON  
Now in Drysdale – Supporting the Bellarine



VISIT OUR WEBSITE  
atworkaustralia.com.au



CALL US 1300 080 856



## Bellarine Historical Society

## Drysdale Street Names

Copied from a piece of paper found at BHS – unknown author



Sir Edward Hyde East



Viscount Eversley



Earl Granville



Henry J Palmerston

Surveyor Francis E Gilbert	Named the township of Drysdale with rural blocks around McLeod's Waterholes. Earliest plan is 1857 by Gilbert. Gilbert had instructions to use aboriginal names where possible but he appears to have only done so with 'Coriyule' & Murradoc.
Duke Street	Edward DUKE 1779-1852 – an antiquarian known for his discoveries and writings on the subject
East Street	Sir Edward Hyde EAST (1764-1847) – he and his son were both Parliamentary members for Winchester in the mid 1800s.
Elgin Street	Bruce family, Earls of Elgin. Thomas the 7th Earl (1766-1841) had diplomatic postings leading to an interest in antiquities
Eversley Street	Viscount Eversley (1894-1888) (formerly Charles Shaw-Lefevre); raised to peerage 1857; previously Speaker of House of Commons and Chairman of Committee investigating agricultural distress
Granville Street	Earl Granville (1815-1891) was a great supporter of the Reform Bills
Palmerston Street	Third Viscount, Henry J Palmerston – held many high posts but was most noted for his work in Foreign Affairs; Prime Minister of England 1855-1865
Wyndham Street	Henry Penruddick Wyndham (1736-1819; a topographer who travelled widely, publishing papers on his observations and discoveries.
Buccleugh, Clarendon, Huntingdon & Woodville Streets	English names from various subdivisions made later
Collins Street	Publican at the Bucks' Head Hotel
De Burgh Road	Name of the residence of Andrew McWilliams, Shire Engineer & architect. McWilliams designed the Assembly Hall in connection with the Free Library among many other local public buildings (Geelong Advertiser 12/8/1884)
Newcomb Street	Lady squatter, Caroline Newcomb
Sproat Street	Thomas Sproat, large landowner prior to 1858 when he died
Springs Road	To Clifton Springs, thence known as Beacon Point Road
Jetty Road	Previously Mill Road where early grain was shipped from
Grubb Road	Grubbed - an early stage of roadmaking
Coriyule Road	Lady Squatters residence
Murradoc Rd	Variation of Moorooduc on Mornington Peninsula meaning 'flat swamp' – Gilbert recorded fresh water around Murradoc Road



DESIGN - PRINT - FINISH  
5251 1735  
9 Mortimer St, Drysdale  
tavidspint@gmail.com  
www.tavids.com.au

### Bellarine PC Repairs

- not Apple sorry

Monday - Friday • 10am to 4pm  
(\$70 hour)  
Workshop Repairs Only

**MARTIN**

Mobile: 0411 472 360  
Workshop: 5251 5405

11 Camberwarra Avenue  
Clifton Springs



# Memories of Yesteryear

## THE BUTCHER FAMILY

Russell &  
Doug Butcher at  
Huntingdon Street

Before I begin this month's "Memories of Yesteryear" let's just clear up the confusion of the 105415 students at East Tech in the March edition. The Caption "Form 3" students was somehow interpreted as "105415" students and this just shows important attention to detail and common sense are. Now for the May edition.

While the unexpected passing of Geelong Football Club stalwart volunteer Vic Fuller brought sadness for his family and friends it also celebrated a life well lived. At Vic's send off at GMHBA Stadium his older brother Kevin spoke of the antics that he and other family members got up to while growing up in the family home in Princess Street Drysdale.

Their grandparents Joe and Grace McKiernan lived next door and Mrs Fuller's brother Keith McKiernan and his family lived two doors down, next to the railway line. As we lived in Huntingdon Street in the early 1950's the McKiernans and Fullers were our neighbours and childhood memories of us kids walking to Drysdale Primary School were shared. Our house was owned by Les Anderson and when we moved into our new home in Eversley Street in 1954, the Dorling family lived there until 1957 when fire ravished the old Victorian weatherboard house.

The Crouch family lived on the corner of Princess Street and Basin Road in the manager's cottage of a property known as "Lundin". Adrian Crouch's father Monty managed the landholding that extended from what is now the Ring Road to Belchers Road and bounded by Princess Street and Grubb Road and owned by pastoral pioneers Philip and George Russell of Golf Hill and Barunah Plains fame.

The Bellarine Secondary College and sports ovals now occupy some of the land that once



Russell's sketch of their home in Huntingdon Street

housed the shearing shed and farming land and Adrian was another student who walked to school along Princess Street.

Others to make the journey to school from the southern end of Princess Street were the Heaths. Brian would steer an equine conveyance known as a jinker, with his sister Lynette riding shotgun in the passenger's seat. The cottage that is now in "No-man's land" near the Princess Street - Ring Road roundabout is where the Hayes girls walked to

the school from the family home in Princess St.

Les Fuller, his cousin Graeme McKiernan and I recalled many fond memories of the daily walks and particularly the old - monkey nut tree just near the bridge over the creek, now only a memory of cracking and eating the pine nuts from the stone pine near where the Homfray and Fairbrother families lived and walked to school each day.

Drysdale really was a wonderful place for a kid from the country to grow up in.

Shearing Shed amongst the pine trees  
now sports oval and school on this  
land.



**auto pro**  
PARTS PROFESSIONALS

**DRYSDALE**

Large range of:  
Auto spare parts, batteries, filters,  
oil and so much more.

Open Sundays 10am - 1pm

2/31 Murradoc Road, Drysdale VIC 3222

Tel: (03) 5253 2811

admin@autoprodrysdale.com.au

**Drysdale REMOVALS & STORAGE**

Reliable Service

- LOCAL • COUNTRY
- NEW SOUTH WALES
- SOUTH AUSTRALIA

**03 5251 3674**



What is left of the old Fuller  
home in Princess St.



# Red-browed Finches

Most of the finch family are boldly coloured, bright, active little birds thought by some to be symbolic of the Australian bush. Many bird fanciers keep these vivacious little birds in captivity. As an adult and a birder, I have sympathy with any birds kept confined however as a child, I grew up with an aviary in the back yard as my father adored his little pets and spent hours caring for them and making sure they had the best of everything. I was often sent out into the local paddocks to collect grass heads to hang for treats. As Dad had an Australian Bird Licence he was allowed to have a number of native birds under his care.

Looking positively at the aviary practise I can see the high value of controlled breeding as these back yard enthusiasts are making sure that some species especially in the finch family survive. With clearance, spread of pastoralism, changes in fire patterns also environmental changes within grassy savannahs not to mention the threat of climate change, some of our most beautiful finches are at risk. Examples include the Black Throated Finch and the Gouldian Finch.

However we certainly can enjoy the Red-browed Finch in most Bellarine areas. This olive green and grey finch can be found right along the east coast of Australia. It is most distinctive with its red bill, very bright red eye

brows and a red rump. Females and males are most similar but juveniles differ as they support a black bill and a red rump but no distinctive eye brow.

As I venture into the coastal bushland even into heathland on my daily walk or I often hear high pitched 'seeeet' repeatedly drawing my attention to the tiny bird's position on a swaying grass stem or foraging along the path way. If you see or hear one bird be sure to expect another or a small flock to arrive soon.

If you want to encourage them around your home during the hot summer days there is nothing better than to provide a cool bath and what joy to see the tiny flock enjoying a splash and a dip! Though it is contentious to feed birds in Australia, an occasional sprinkling of seed in a well thought out safe position can bring delighted (and delightful) little Red-browed Finches into your garden. Better still, I have grown grasses in a tight area in our front garden, the plants are attractive, need little water but are the favourite of visiting families of Red-brows. At times they seem fearless in their excitement to find their choice of seeds also enjoying small insects found in hiding amongst the stems - another way of ridding your garden of pests.

Carole O'Neill



## SEASCAPE PLUMBING

YOUR LOCAL GEELONG/BELLARINE PLUMBER

FRIENDLY  
RELIABLE  
LOCAL  
SERVICE

# SENIORS DISCOUNT

- HOT WATER SERVICES • GASFITTING • BLOCKED DRAINS
- BURST PIPES AND LEAKS • TAPS REPAIR/REPLACEMENT
- TOILET PANS AND CISTERNS • HOT AND COLD WATER

## 24 HOUR EMERGENCY SERVICE. 7 DAYS A WEEK!



**CALL 0404 049 868 OR VISIT OUR WEBSITE [SEASCAPEPLUMBING.COM.AU](http://SEASCAPEPLUMBING.COM.AU)**

Call Luke at Seascope Plumbing for friendly reliable local service. Lic# 53223.



# Timeline.... Frank and Dawn Edsall continued



There were articles and photographs from the centenary celebrations of the Drysdale Primary School and many photographs from the Drysdale Football Club.

There is a team photograph from 1947 - (Pic above left), my father standing tall and looking very fit in the back row. I researched his playing years - he had never previously played and amazingly commenced in 1946, having only been released in August 1945 (weighing 38kg) and continued until 1952. Apparently, he struggled due to his poor eyesight, relying on the movement of players rather than the ball to compete as a battling defender. He was playing President of the Club in 1950 and 1951 and following his retirement in 1952, served the club in many other capacities; committeeman, team manager, time-keeper and delegate to the league. He was made a life member in 1969. I realise what an important role the club must have played in his rehabilitation following the war and why he treasured the comradery that the club provided.

One of his favourite memories about the club related to how they almost folded at the end of 1953. A motion to disband was moved at the AGM which was held in the Court House (now home of BHS); it was defeated and the club reverted to playing locals only for the following season and were winless. With the addition of just 3 players for 1955, all who had moved to the district including Bob Kelly, who appointed coach after President Ivan Bjork

was stood down as coach to accommodate this, the club were Premiers.

I am proud to have also played at the club, commencing at the age of 21. I too became President for a period of 6 years. My father and I remain the only father-son combination to serve as President in the club which recently celebrated its 140th anniversary.

During my first term as President in 1985, a member of the BHS contacted me to say he had in his possession a number of team photographs dating back to around the turn of the century. He was keen to try and put a name to all players provided the club would appreciate that - those photographs are proudly displayed in the clubrooms to this day.

Also found amongst the items at my mother's home were numerous things which I believe must have originally belonged to Bill Nicholas, the local postmaster for many years. Bill was a Drysdale lad who remained single and had no immediate family. My father and Bill, with their common traits due to war service and both being POWs, RSL members, football club players - (Pic above right) and office-bearers (Bill served as Secretary for many years in the 1920's and 30's and was only the second person to be awarded life membership of the club) became great friends. I am assuming Bill either gave these items to my father or he acquired them following Bill's passing. A box of 1930 Drysdale Football Club membership tickets (now displayed at the club among a collection of membership memorabilia), the



original pages from the Geelong Advertiser covering the Back-to-Drysdale celebrations which are now in the keeping of the BHS and the hand written diaries which Bill wrote of his memories of time serving during the second World War were all safely stored in my mother's home. These diaries have now been passed on to the local RSL.

I also found the original letter dated 1924 from the superintendent of the Crimean War Home gifting a table to my grandfather Ted Wisbey for his assistance to the veterans who resided there. The table and chairs became the only dining setting my parents would own and are now in the possession of David Mortimer who was happy to give them a new home, appreciating the history involved.

There was also a document outlining the experiences of Drysdale's Bill Grigg who was shot down in WW2 over Yugoslavia and assisted to freedom by the local partisans.

Items of historical or personal interest are often priceless - I must admit I have never really given much thought to the role the BHS plays but I am so grateful that some of the items have found a new home there and talking to some of the members recently gives me a far greater appreciation for the part that this organisation and its' members play in preserving the history of our community.

Thank you for the opportunity to share some of my family's history with you.

Written by John Edsall



**MORTIMER PETROLEUM**

**PETROL STATION & CONVENIENCE STORE**

Petrol, Autogas, Bait & Fishing Supplies

**Open 7 Days 6am - 10pm**



**97 High Street Drysdale 3222**  
**Phone (03) 5251 2603**

**BELLARINE**



**GLASS & SCREENS**

- Security Doors • Shower Screens
- Wardrobe Doors • Mirrors • Flyscreens
- Glass Repairs • Balustrading

**7 Days  
A Week**

**Fast Glass Repairs** ✓  
**Same Day Service** ✓

**Ph: (03) 5253 2301**

38 Murradoc Road Drysdale 3222  
D Ward Facsimile 03 5251 3905



**NPTREE SERVICES**

Professional Tree Services & Removal  
Locally Owned & Operated

<ul style="list-style-type: none"> <li>✓ Full Tree Removal</li> <li>✓ Trimming &amp; Pruning</li> <li>✓ Onsite Chipping</li> <li>✓ Stump Grinding &amp; Removal</li> </ul>	<ul style="list-style-type: none"> <li>✓ Mulching Services</li> <li>✓ Pensioners Discount</li> <li>✓ Fully Insured</li> <li>✓ Fully Qualified &amp; Experienced</li> </ul>
--	--

**Call for a FREE Quote**  
**Nathan 0401 198 259**

nptreeservices@gmail.com





## Drysdale Bowls Midweek Division 5

Drysdale Midweek bowlers have done it again. For the fourth year in succession, we have made the finals, all be it in a very short season.

This year we finished in 4th place after a strenuous year in Division 5 in the Geelong Region Mid-week bowls season. This year was very different to previous years in that we were required to play with three teams and as two of our ladies retired, we were required to find some women who were interested in bowling.

You may recall that an earlier issue of the Springdale messenger carried an article by Drysdale bowls seeking new bowlers. Well, I must thank you all for your help as our request was met and Mr John McMahon was able to train these ladies in the bowling skills required and as a consequence we are once again able to make the finals. Well done John and thanks to all the ladies who responded to our call for help.

Next year we hope to carry sides in two divisions which will require a minimum of 10 ladies in our bowling entourage. As you can see you don't need to be afraid of bowling as John and a few of the other bowlers can help you learn the skills and perhaps you will be able to make the finals in whatever division you are playing.

The Midweek bowling group is a very social group and next year we hope that Corona virus will be out of our way and we can get back to mid game lunch breaks and cakes with tea and coffee after the games. Don't worry ladies the men help you consume all the high calorie food. We normally play from late October until mid-March. We also have a break over the Christmas, New Year period.

Midweek bowls is held on a Tuesday and usually runs from 10:00 AM to approximately 2:00 PM. Travelling time needs to be allowed for if we are playing away from Drysdale.

So, if you want to have a try; it is easy as we don't play for sheep stations, just the pleasure of winning; get in contact with Vicki McTighe on 0477 791 004 and she will be delighted to run you through any details you need to know.

## Trivia Answers

1. True
2. Lady Diana Spencer
3. Lily Potter (Evans)
4. Second Sunday in May
5. In Bed
6. 15 Months
7. Marge Simpson
8. Pink, sung with her daughter
9. Willow Sage Hart
10. Dame Enid Lyons (Lower House) and Dame Dorothy Tangney (Upper House), both elected in 1943
10. It faces backward to prevent dirt entering while digging.

## Drysdale Cricket Club - Girls Drysdale Nancy back to back winners

Drysdale cricket club could not be any prouder of these outstanding superstars from our all girls team Drysdale NANCY, from starting out as our clubs first all-girls team three years ago to which they played in their first grand final in the that year to unfortunately loose, and then go into the following season 19/20 and become premiers and very fortunate to be undefeated this season and win back to back premiers in season 20/21.... All this could not have been achievable without the coaching of Michael Deckker and Ben Atkinson and the support of our girls amazing families...

As a club we would really like to push the interest of any girls out there that have a passion for cricket to come along and give it a go, with three stage age groups it would be fantastic to get three groups up and running- with our town growing each year I see this very achievable!!

For anyone interested in giving it a go please like our Facebook page Drysdale cricket club 20/21 to be kept updated. We also have a mighty hawks program along with a large junior program running from under 11's right through to under 17's and for any dads out there that would like to fill in their Saturday afternoons throughout cricket season we have a strong senior program from A2 right through to D grade.

**Shelley Sykes** - Drysdale Cricket Club Junior Coordinator



## Jigsaw Boards

In partnership with a local tradesman, SpringDale is selling boards to help you complete your Jigsaw board to suit most 1000 piece puzzles from \$30 or orders taken to meet your needs.







# Lady Hawks



The 2021 season is well underway for the Drysdale Senior Women's team with the ladies tackling each round head on and embracing the opportunity to be a part of competitive football again. The women's team is made up of an array of unique women who go out on the field every weekend and demonstrate why women in sport is so important.

With Mother's Day on Sunday the 9th of May, we wanted to share why two of our superstar Drysdale players work hard to balance their home lives and careers to enable them to be a part of women's football.

Rayleane is one of the Drysdale Women's legacy players, having been a part of the team since its creation. Ray continuously gives 100% on and off the field and always supports and encourages the other women to push past their limits and strive for more. During covid-19 lockdown, Ray continued to be a motivating presence, completing her own exercise routine and pushing herself to improve each time, she reached out to the team and encouraged them to do the same, reminding them of the 2021 season ahead. When I asked Ray why she was a part of the Drysdale team she told me, 'Playing football for me is a part of the bigger picture. It's about setting a path for younger girls to come through and play at the same local football

club, starting from Auskick, then juniors and then right through to the senior women.'

Another one of our Drysdale players that demonstrates every day that women can do it all is Erin.

Erin not only demonstrates strong commitment to football and the team but also supports and raises awareness for the foundation, Hands Across the Water, who provide much needed upgrades and facilities to multiple orphanages in Thailand. In March, Erin, along with Drysdale Women's Team Captain, Prue, cycled over 450kms to raise much needed funding for the foundation. Whether she is training hard, playing on the field, or putting her trainer skills to use and patching up our players, Erin does it all. When asked why Erin plays football she stated, 'I play football to show that there are no limits to what you can do. I want my daughter and my sons to see that you can have responsibilities and still have time to do something you enjoy. I also get told by a lot of parents that I see around the school yard 'I don't know how you do it' or 'good on you, I wish I could do that,' and I am proud to be the person that can do it and shows others that it is possible.'

The Drysdale Senior Women are role models to women of all ages and prove that any woman can be a part of the women's football community. If you are a mother and have always contemplated taking up football the time is now! Contact our Women's Coordinator Jess Case on 0427 753 723 for more information on how to get involved.

We hope that you will show your support this season by cheering the team along as we tackle the 2021 competition, fixture to come in next month's article.

Alicia



**NEW MEMBERS WELCOME**  
[www.drysdalebowlingandcroquetclub.com](http://www.drysdalebowlingandcroquetclub.com)



**PORTARLINGTON GOLF CLUB**

*Where locals and visitors meet & play!*

- Open 7 days a week **Lunch & Dinner**
- **Eyes down Bingo** every Thursday 10am
- **Coffee & Cake** deal only \$10
- **Courtesy Bus** operating Thursday, Friday & Saturday nights
- **Kids Play Area Open!**

**Green Fee Players Welcome!**

Call the Pro Shop: 5259 3361  
 130 Hood Road, Portarlington 3223  
 Club House: 5259 2492

**JAN'S ENGRAVING & TROPHIES**

Latest designs in Trophies, Medals & Awards.

Call Jan to discuss your needs.  
**0425 796 165**  
 19 Centennial Blvd. Curlewis.  
 E: [jan@jansengraving.com.au](mailto:jan@jansengraving.com.au)  
[www.jansengraving.com.au](http://www.jansengraving.com.au)

**Repco**  
 AUTHORISED SERVICE

**DRYSDALE MOTORS**

All Mechanical Repairs including  
 New Vehicle Log Book Servicing  
 Specialising in European Vehicles:  
 Audi, Mercedes, Peugeot, VW and more  
 Nationwide Warranty  
 why travel when the best is right here in Drysdale  
**5253 1033**  
 44 Murradoc Road, Drysdale  
[info@drysdalemotors.com.au](mailto:info@drysdalemotors.com.au)





**(03) 5251 2771**

5B 35-37 Murradoc Road Drysdale

[www.ecochoicesolar.com.au](http://www.ecochoicesolar.com.au)

Email: [info@ecochoicesolar.com.au](mailto:info@ecochoicesolar.com.au)

No Deposit Finance / Credit Card Payments

**choice solar**

## Premium Plus QCELLS Packages

### 6.6kW Premium Plus System

Sungrow 5.0kW Inverter -  
10 Year Warranty  
17x Q.Peak Duo 390 Watt  
Tier 1 Panels -  
25 Year Product Warranty



German Engineered Q.Peak Duo. QCELLS

Was ~~\$7,400~~  
Now **\$3,700**  
INCL GST\*  
with rebates applied

### QCELLS 6.6kW Panel & Battery Packages

PV 17x Q.Peak Duo 390 Watt  
Tier 1 Panels + Only Q.Volt,  
Hybrid Invert  
10 Year Warranty  
Battery Ready



Was ~~\$9,500~~  
Now **\$5,800**  
INCL GST\*  
with rebates applied

PV 17x Q.Peak Duo 390 Watt Tier 1 Panels  
+ Q.Home ESS 6.3kWh  
10 Year Warranty



Was ~~\$14,356~~  
Now **\$10,756**  
INCL GST\*  
with rebates applied

PV 17x Q.Peak Duo 390 Watt Tier 1 Panels  
+ Q.Home ESS 12.6kWh  
10 Year Warranty



Was ~~\$19,604~~  
Now **\$14,984**  
INCL GST\*  
with rebates applied

Included • Carlo Gavazzi Energy Meter EM112  
• SwitchDin Droplet (Advanced Monitoring) with 10year subscription.

### 6.6kW Premium Plus System

Fronius Primo 5.0kW Inverter -  
10 Year Warranty  
17x Q.Peak Duo 390 Watt  
Tier 1 Panels -  
25 Year Product Warranty



German Engineered Q.Peak Duo. QCELLS

Was ~~\$6,700~~  
Now **\$5,000**  
INCL GST\*  
with rebates applied

## Premium QCELLS Packages

### 6.5kW Premium Plus System

Sungrow 5.0kW Inverter -  
10 Year Warranty  
17x Q.Maxx 385 Watt  
Tier 1 Panels -  
15 Year Product Warranty



German Engineered Q.Peak Duo. QCELLS

Was ~~\$6,600~~  
Now **\$2,900**  
INCL GST\*  
with rebates applied

### QCELLS 6.5kW Panel & Battery Packages

PV 17x Q.Maxx 385 Watt  
Tier 1 Panels + Only Q.Volt,  
Hybrid Invert  
10 Year Warranty  
Battery Ready



Was ~~\$9,700~~  
Now **\$5,000**  
INCL GST\*  
with rebates applied

PV 17x Q.Maxx 385 Watt Tier 1 Panels +  
Q.Home ESS 6.3kWh  
10 Year Warranty



Was ~~\$13,656~~  
Now **\$9,956**  
INCL GST\*  
with rebates applied

PV 17x Q.Maxx 385 Watt Tier 1 Panels +  
Q.Home ESS 12.6kWh  
10 Year Warranty



Was ~~\$17,104~~  
Now **\$14,184**  
INCL GST\*  
with rebates applied

Included • Carlo Gavazzi Energy Meter EM112  
• SwitchDin Droplet (Advanced Monitoring) with 10year subscription.

### 6.5kW Premium Plus System

Fronius Primo 5.0kW Inverter -  
10 Year Warranty  
17x Q.Maxx 385 Watt  
Tier 1 Panels -  
15 Year Product Warranty



German Engineered Q.Peak Duo. QCELLS

Was ~~\$7,000~~  
Now **\$4,200**  
INCL GST\*  
with rebates applied

\*Standard Installation Pricing. Price includes STC discount, Vic Solar Rebate \$1,850 and Vic Solar Interest Free Loan \$1,850 (Eligibility Criteria)

## QCELLS Battery Packages

\*Standard Installation Pricing. Price includes STC discount, Vic Battery Rebate \$4,174 (Eligibility Criteria)

Have an existing 5kW or above  
system and no previous rebates

Q.Home ESS 12.6kWh  
10 Year Warranty

Was ~~\$12,164~~  
Now **\$8,990**  
INCL GST\*  
with rebates applied



or  
Q.Home  
ESS 6.3kWh  
10 Year Warranty

Was ~~\$9,064~~  
Now **\$4,890**  
INCL GST\*  
with rebates applied



**All Warranty & Servicing by Eco Choice** \* Terms and conditions apply on all Solar Rebate offers. Elec 20281 - Solar A8699184