

A Green gets named



Lex Mortimer Green

Lex Mortimer was a legend of the Drysdale bowling club and the Geelong bowling region.

More than 60 years ago Lex joined his father Greg and his father in law Ernie at the Drysdale bowling club at the age of 27 - then considered very young to be bowling, Norma joined him at the club shortly after.

An examination of the honour boards on the walls of the club would show you that Lex was Club Champion 8 times, Club president 12 times, won the GBR 4s championship with his sons David and Chris, Victorian masters, champion of champions, and many others.

Lex's name appears 42 times on the honour boards.

Whilst he loved and served his bowling club he also was active in the GBR in many administrative roles including serving as President and Secretary. He is also fondly remembered for founding and running the famous (or infamous) Goodwill bowls country bus tour for 30 years.

Talking last night at the club about Lex various stories emerged as examples of Lex's dedication to the club.

I have no doubt that without Lex's and Norma's (who we recently honoured by naming our club rooms after) input the Drysdale bowling club would not enjoy the benefits and facilities it does today.

On behalf of the club we formally dedicate our new Tiff green the "Lex Mortimer Green" in honour of a great bowler, gentleman, and friend.

Terry Hampshire - President Bowling Section
Drysdale Bowling and Croquet Club



AUGUST 2021

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Sunday	1	Homeless week (till 7th) Margaret Fulton The Musical - 2pm & 7pm - Potato Shed
Monday	2	Kinship Carers 10-1pm at SpringDale Dental Health Week (till 8th) Tax Help starting at SpringDale
Tuesday	3	Friendly Cuppa and Chat 10.30-11.30am at SpringDale
Thursday	5	Jigsaw Group 10am-12noon at SpringDale
Friday	6	Sing a Song of Sixpence - 7pm - Potato Shed
Saturday	7	Harvest Basket Produce Swap 9-10.30am at SpringDale SpringDale Felt & Textile Artists 10am-3pm at SpringDale Free replacement anti-theft number plates screws at SpringDale Car Park 9-11am (weather permitting)
Monday	9	Dining Group Sri Lankan food 6pm at SpringDale
Thursday	12	Days for Girls sewing 9am-1pm at SpringDale
Thu-Sat	12-14	Into the Woods Junior - Potato Shed
Saturday	14	National Science Week (till 22nd) Talking Autism 10.30am at SpringDale
Sunday	15	The Hot Potato Band - 6pm - Potato Shed
Tuesday	17	Meet MORE of Geelong's Ancestors - 10.30am - Potato Shed
Wednesday	18	Lunch Bunch - Clifton Springs Golf Club meet at 12noon Vietnam Veterans Day (Long Tan Day)
Thursday	19	Photography Day
Friday	20	Roy Orbison & The Everly Brothers Tribute - 8pm - Potato Shed
Saturday	21	Celebrating Science Week at SpringDale 10am-4pm
Thursday	26	Anne Drysdale's Birthday
Friday	27	Pointe, Line and Surface - 8pm - Potato Shed Daffodil Day Wear it Purple Day - supporting our LGBTI young people
Saturday	28	Business Expo at SpringDale 9am-4pm

Reminder
Bookings &
copy required by
1 August for the
September 2021
issue



WEAR IT
PURPLE

SpringDale Messenger Website

We now have a website devoted to all the SpringDale Messengers from the last 30 years. Thousands of hours have been invested in helping this website come to life. We are still seeking a couple of copies of old SpringDale Messengers to help us make this website the best it can be - April 1992 and May 2007.

Please let Springdale know if we can borrow these phone 5253 1960.

<https://www.messenger.springdale.org.au/>

We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



SpringDale Messenger

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.
17-21 High Street, Drysdale Vic 3222.
Postal Address PO Box 80 Drysdale

COPY DEADLINE SEPTEMBER 2021
Bookings/copy required by 1 August.
Dist: Approx. 28 August 2021
Circ: up to 20,000

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For all Advertising enquiries:

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Online: Book an advertisement online.

Advertisements: Must be supplied with all text outlined. All requirements are listed at springdale.org.au

For all Editorial enquiries:

Email: messenger@springdale.org.au

Phone: (03) 5253 1960

Online: Use the online form to lodge an article at springdale.org.au

Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted**.

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale
Messenger is a
locally produced
publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



United Nations
Association
of Australia
Victorian Division



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News



Anne Brackley

Dear friends and friends I am yet to meet

I am grateful for my life and for the people in my life. Having and creating memories with friends and family. I am lucky enough that all the good memories make any other memories fade into insignificance. Thanks to so many for such heartwarming support over the last few weeks.

Planning ahead is important to me and I think when I retire I'll help do travel training, I enjoy doing it so much. A small group of people came with me to Leopold last month on the Route 61 bus from Drysdale. It was so rewarding to help people to understand how to read the paper timetable and the timetable at bus stops, how to get on and off buses, how to top up Myki's etc. It was an enjoyable couple of hours for all. We'll do this once a term or as required – hopefully I'll get to attend too.

A few years ago we made 2km of beautiful colourful bunting for the Queenscliff Music Festival and we are now offering similar bunting to families, business and groups for hire or purchase. Our Bespoke Bellarine Bunting is available to hire for \$20 per week. This is a small Social Enterprise that we are trying to build and your help would be appreciated. Just another of our services.

Tax Help will happen again at SpringDale thanks to Brian who has been providing this service for many years. This may be in person or via phone support as it was last year. Once again there are eligibility requirements.

Another service that we are offering is helping those eligible to get a \$250 Power Saving Bonus from the State Government. There is an article about this in the Messenger or feel free to ring the office for more detail 5253 1960.

Your messages of appreciation give us such joy and the energy to do even more. Many people have been commenting and thanking us for the breadth of our offerings at SpringDale and that can only happen with the community members who offer their skills and time to share with our community, as formal classes, workshops or informally as a group.

Thanks to everyone who continues to roll with changes that seem to happen more regularly than we'd like but ever since the start of the pandemic no-one has ever winged at us. No matter what we face in the next few months, we are in it together and by supporting each other we will continue to thrive. Please take the minutes to know your neighbour and perhaps offer mutual support.

Yours very sincerely

Anne Brackley OAM

Chief Enthusiasm Officer for Team SpringDale

Course News

Term 3 Course Guide now available

Espresso Coffee Making

Instructor: Sam Chait

Dates/times: Tues 3 Aug 10am-12noon

Fee: \$50 or Conc \$20

Sri Lankan Cookery

Learning more about Sri Lankan Cookery.

Instructor: Marie McLeod

Dates/times: Sat 7 Aug 10am-1pm Fee: \$50

Korean BBQ & Kimchi Fried Rice

Korean BBQ is the popular method of grilling meat right at the dining table. In this session, you will learn how to marinate meat (short rib, Galbi) and make Kimchi Fried Rice which is using Kimchi we made from the last session.

You have a chance to taste the BBQ and Kimchi Fried Rice for your lunch.

Instructor: Jasmine Hong

Dates/times: Sat 14 Aug 10am-1pm Fee: \$50

The Language of Sewing Patterns

Learn to enjoy it. All brands of sewing patterns include a great deal of useful, mostly vital, info. Plan ahead of actually cutting/sewing - sit with a cuppa and read the inclusions, as if it were a book or magazine.

Instructor: Denise Kent

Dates/times: Thur 19 Aug 10-11.30am

Fee: \$10 per session

Write, produce, & distribute your feature film

With digital technology, anyone can make their own feature film and find distribution. In this class, you will learn what it take to write, produce, direct and distribute your film idea, including how to assemble a team and get the project moving forward on a shoe-string budget. You will learn about film festivals and how to become an award-winning filmmaker.

Instructor: Dr Laurent Boulanger

Dates/times: Fri 27 Aug & 10 Sept 10am-12 noon

Fee: \$50 or Conc \$45



The SpringDale Lunch Bunch are going to Clifton Springs Golf Club on Wednesday 18th August at 12pm. Bookings are essential, please phone Margaret 0418 370 857.



SpringDale Dining group are having Sri-Lankan at SpringDale to celebrating their 7th Anniversary on Monday 9th August at 6pm. Please call SpringDale on 5253 1960 to reserve your spot.

QUOTE OF THE MONTH



At the end of the day people won't remember what you said or did, they will remember how you made them feel.

Maya Angelou



Anne Brackley - Quote curator

www.springdale.org.au

Did you know your household could be eligible for **\$250** off your power bill?



Power Saving Bonus

SpringDale is ready to help you apply

Please contact the office to arrange an appointment email office@springdale.org.au or phone 5253 1960

Application Process

When you come to us to submit your application, there are a few things you need to bring with you:

- a copy of a recent electricity bill
- your 'NMI' number (this is located on your bill and is typically a 10 or 11 digit number)
- your card number for your Pensioner Concession Card or Health Care Card (for JobSeekers, Youth Allowance, Austudy and Abstudy recipients)
- your bank details if you wish the bonus to be paid directly into your account

Be sure to keep a copy of your NMI and your application reference number as you may need this information for further communications about your application.

The payment can be paid directly into your bank account or you can ask for a cheque to be posted.

<https://www.nhvic.org.au/power-saving-bonus-outreach-program#providers>





News from **Lisa Neville MP**

Member for Bellarine

As many people are aware, I have been battling a prolonged and severe flare-up of Crohns disease since 2020, which lead to multiple surgeries, hospital stays and an absence of leave from my role as Minister.

Throughout this time there have been various complications in my treatment. Based on advice from my doctors I was not physically able to return to work at the end of June, as originally planned. This additional delay has been personally very disappointing to me, but my doctors have a plan and I anticipate that all going well, I will be able to return at some point in August – subject to medical advice.

Every recovery from bowel surgery is different. The more serious the condition is when having surgery, the more likely recovery will be slower. In my case, by the time my initial surgery occurred on 6 April, the small bowel was in a critical condition. I was in hospital for four weeks following surgery, including one week in the Intensive Care Unit given the seriousness of my condition. On 15 April a second surgery was required for yet another complication of Crohns.

Even after I returned home ongoing complications meant I was admitted for

further week in late May to try to get my symptoms once again under control.

My surgery involved removal of the terminal ileum of the small bowel, leading to malabsorption of key electrolytes, which require me to have weekly infusions to give my body the nutrients it is struggling to keep. We are also working on various options to control bowel complications, including chronic diarrhoea – a common complication of this surgery and one suffered by many people with Crohns, although one not often discussed openly.

I am working hard to rebuild my physical and mental strength, after so long battling this flare-up and the toll the surgeries and complications have taken. To say this experience shook me is an understatement. Particularly my week in ICU. Despite the best possible medical care, finding out I had reached that level of seriousness gave me a very real scare.

I miss work, but these jobs are not something you can do part time. You have to be able to give it your all. As frustrating as it is, I am just not at that point yet. My goal is to take the next few weeks to get on top of these post-surgery impacts and focus on my medical team’s plan to get my medication right, so I can be confident I can come back at full strength.

I feel lucky that I have had such great care from an amazing surgeon and gastroenterologist and the countless other doctors, nurses, support staff and day centre

staff at St John of God Hospital. I want to thank everyone who has reached out to me during this time – particularly Crohns sufferers, for their letters and emails sharing their individual journeys. Some are like mine, some are so much worse.

It is clear we need to do more to talk about this silent and often invisible disease – and I intend to help in this regard once I am recovered from this latest episode.

I also want to thank my local community who have been so supportive throughout this time. I am looking forward to being back representing the people of Bellarine and supporting the Victorian community as a Minister.

Lisa Neville MP

Please look at the Statement of Planning Policy that the Victorian Government wrote to you about in July. Written submissions can be accepted until Friday 20 August and this is our last chance to influence this document, which will guide the future land use and development on the Bellarine Peninsula for the next 50 years. Please participate.

<https://engage.vic.gov.au/distinctive-areas-and-landscapes-program/bellarine-peninsula>




Advertising

Lisa Neville MP

Member for Bellarine

“For assistance with any issue, please call my electorate office”

T: 5250 1987

E: lisa.neville@parliament.vic.gov.au

Funded from the Parliamentary Budget

“DELIVERING for the BELLARINE”

POTATO SHED

August is another very busy month at the Shed with a huge variety of events for everyone!! We start the month with the exciting new show... **I Margaret Fulton the Musical** !!! direct from sunny Queensland this light-hearted look into an Australian Icon, a great fun way to kick off the month.

We then welcome an icon from the music industry when **Debra Byrne** graces the stage with fellow musicians **Joyce Prescher, Simon Phillips, Delsinki, Wayne Jury** and accompanied by **John Kendall**, performing and talking about the songs and lyrics that make up their repertoire. This one off special show will be on Friday the 6th of August at 7pm.

The Bellarine Jongleurs present **Into the Woods Jr** as this year's annual production, with some great songs and performances this is sure to delight a variety of audiences just three shows Thursday 13th, Friday 14th at 7pm and then Saturday the 14th at 2pm.

Direct from ol Sydney town for the very first time we welcome the amazing crew known as the **Hot Potato Band**, this ten piece band will delight audiences with their unique sound and style this is no not to miss as I am sure people will be talking about this for a while afterwards !!!

On August 17th we have our Morning Showtime happening again - this month we feature **Meet More of Geelong's Ancestors** in this show you will meet iconic historic Geelong residents in person as they explain their stories and their place in our region's heritage and they sing, too - songs from their times. The show starts at 0.30am and includes a morning tea.

Back at by popular demand. **Roy Orbison** tribute artist, Glenn Douglas, sings all the legend's hits, and is supported by **The Everly Brothers** Tribute which sees Glenn and Issi Dye recreate the hits of the most popular vocal Rock n Roll duo in history. Glenn Douglas is an award winning Roy Orbison tribute artist with over 20 years' experience. Glenn's stage presence and voice will have you feeling like you're seeing the actual great legend himself, "The Big O", as he sings the hits 'Crying', 'Leah', 'Only The Lonely', 'Blue Bayou', 'Mean Woman Blues', 'Pretty Woman', plus many more! Just the one show at 8pm on August the 20th.

Seeing out the month - we have Dancebourne Arts with **Pointe, Line and Surface - The History of Ballet** - where abstract art intersects with modern ballet and expresses the elemental nature of dance through three pieces exploring the themes of technique, alignment and movement, and the evolution of classical dance through time. This one-off performance is on Friday the 27th of August at 8pm.

Remember its easy now to book tickets online anytime of the day or night - just visit our website www.geelongaustralia.com.au/potatoshed or visit Facebook/Instagram /potatosheddrysdale **We look forward to seeing you back at The Shed in 2021 !!!**

POTATO SHED

WIN DOUBLE PASS to



Pointe, Line & Surface Friday 27th August at 8pm

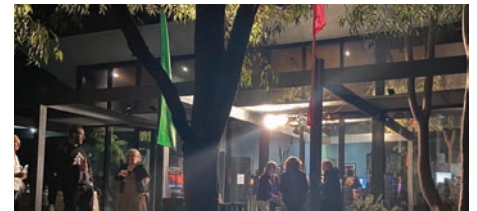
To enter fill out the coupon, send or deliver to:
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COMPETITION CLOSSES 4PM FRIDAY 20 AUGUST



WHAT'S ON

POTATO SHED



MARGARET FULTON THE MUSICAL



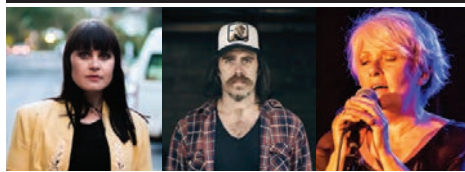
Adapted from
the book
'I Sang for my Supper'
by Margaret Fulton

JULY
ENTERTAINMENT

**SUNDAY 1 AUGUST
2pm & 7pm**

Tickets Adult \$45 Conc \$40 Student \$22

SING A SONG OF SIXPENCE



Bringing the tradition of a writer's round to audiences - artists sharing the bare bones of their songs and the stories behind them in an intimate setting.

FRIDAY 6 AUGUST 7pm

Limited Cabaret Seating Adult \$28 Conc \$24
Theatre Seating Adult \$24 Conc \$22 Student \$22

HOT POTATO BAND



PRE-SALE
TICKETS

SUNDAY 15 AUGUST 6pm

PRESALE \$29.50 & \$35 at the door

Don't hesitate
Purchase your
tickets early...

ISSI DYE AND GLENN DOUGLAS IN ROY ORBISON & THE EVERLY BROS :LEGENDS OF ROCK N' ROLL

Back by popular demand!
Roy Orbison tribute artist
Glenn Douglas and Issi Dye
star in this tribute to some
of the greats of rock n' roll.



FRIDAY 20 AUGUST 8pm

Limited Cabaret Seating Adult \$34 Conc \$30
Theatre Seating Adult \$30 Conc \$28

Photo: Ivan Kemp Photography

POINTE LINE SURFACE

Abstract art intersects
with modern ballet in
Pointe, Line and Surface.
The History of Ballet.



DanceBourne Arts

FRIDAY 27 AUGUST 8pm

Theatre Seating
Adult \$34 Conc \$30 Student \$22

MEET MORE OF GEELONG'S ANCESTORS

Drop of a Hat
Productions



**TUESDAY
17 AUGUST
10.30AM**

Tickets \$17
Including Morning Tea

MORNING
SHOW

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OR WITH YOUR CREDIT CARD ON 5251 1998.

By Mayor Stephanie Asher

Moving to Ocean Grove more than 20 years ago to raise our family was the best decision we've ever made.

The Bellarine Peninsula is a fabulous place for families. The beach lifestyle is incredible, it's commutable to everything and the people are amazing.

Of course, we all know that in the past 20 years our special corner of the world has exploded in popularity as more people realise just how good we have it here.

With this realisation comes challenges in managing growth and infrastructure needs, and protecting our natural environment and the character of townships.

In response, council adopted Amendment C395 and the Settlement Strategy last year, which commits to directing long-term growth away from the Bellarine Peninsula.

However, the amendment doesn't quite lock in permanent settlement boundaries, which is where the Bellarine Peninsula Distinctive Area and Landscape (DAL) declaration comes into play.

Overseen by the Department of Environment, Land, Water and Planning (DELWP), the

process will decide the long-term settlement boundaries and review height controls.

Engagement opens this month on the DAL's draft Statement of Planning Policy, which will include a 50-year vision and land use strategies to better protect the region's unique features.

The City of Greater Geelong will make a submission, focusing on setting protected and permanent settlement boundaries, to ensure more infill development to protect green areas, and implementing our Settlement Strategy.

Since the DAL was declared in 2019, we've had a lot of feedback about ensuring the character of townships is protected, that the natural environment is safeguarded and limits and directions are set for growth.

It's critical DELWP hears this feedback straight from the horse's mouth, so please visit <https://engage.vic.gov.au/> and make a submission before 20 August.

This is our chance to ensure our beautiful Bellarine Peninsula remains protected and enhanced for generations to come.



Familiar Face, New Direction

Drysdale has a new Remedial Therapies clinic open up specializing in Remedial Massage and Bowen Therapy and its being led by a familiar face. Erin Dodd had changed her career direction and opened Drysdale Remedial Therapies on Hancock Street in Drysdale.

You may recognize Erin from her past employment at Bellarine Furniture & Bedding in Ocean Grove where she was helping customers select furniture and bedding for their homes and even delivering the furniture for them.

You may also recognize her from years spent at Beacon Point Kindergarten as a member of the committee and leading the recent yard upgrade to become all disability accessible, or a familiar face as a parent at St. Thomas Primary Drysdale.

You may also recognize her as part of the Drysdale Football Club women's team, both as a player and now sports trainer, for both the men's and women's teams.

After a few years of study and gaining experience at a clinic in Belmont, Erin has created a beautiful space right here in Drysdale to help the locals of the area with all of their Remedial Therapy needs.

Erin has her Diploma in Remedial Massage Therapy and loves nothing more than to help her clients overcome muscular complaints and return to a freer, reduced pain, more energized lifestyle. The clinic is set up with HICAPS for claiming Remedial Massage through private health insurance.

Erin is also a Bowen Therapist, continuing her studies in Specialised Bowen Therapy. Bowen Therapy is a much gentler form of remedial therapy that has a holistic approach to both musculoskeletal issues as well as emotional & pathological originating complaints. Erin continues her study into Bowen Therapy to specialize in children's Remedial Therapies with the intent to support parents and children through growth and development, both physically and emotionally.

To find out more about what treatments are available at Drysdale Remedial Therapies, or how Remedial Massage or Bowen Therapy helps the body, visit the website www.drysdaleremedialtherapies.com.au.

Bookings can be made online or you can call the clinic on 5251 3410.



DRYSDALE
REMEDIAL
THERAPIES

Remedial Massage & Bowen Therapy

Shop 4, 15 Hancock Street Drysdale

T: 5251 3410

www.drysdaleremedialtherapies.com.au

Automated External Defibrillator (AED) at SpringDale

An Automated External Defibrillator (AED) for public use is now located at SpringDale 24 hours a day 7 days a week, this has been donated by the Lions Club Portarlington Drysdale. You can find the defibrillator on the outside wall to the right of the main entrance to reception.

Dial 000 and stay on the phone.

State that you want to access an AED at SpringDale Drysdale. Ambulance Victoria will issue you with a code to open the front of the defibrillator.

Follow the advice from Ambulance Victoria accordingly.

Further information and links to videos, apps and education on AED's can be found on the Ambulance Victoria website: <https://www.ambulance.vic.gov.au>



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Contact your local friendly conveyancer Shannon for all your conveyancing needs and questions.



Bellarine Support Group for Kinship Carers

As the festival season (who said that) is fast approaching, I would like to take this opportunity to start our appeal for Christmas donations for the carers and children in our group.

With now over 90 children/young people ranging from a few month old baby to 18 years in our group, the task that I would like to achieve may seem impossible.

I would like to achieve that every child/young person receive something special at Christmas.

For our 0 to 8 year olds a new toy, book or teddy.

For our 9 to 18 year old a \$30 gift card (Movie, Coles which covers k-mart, target and Officeworks) plus for this group a toiletries pack.

New underwear and socks are always greatly appreciated.

I have in the past made a Christmas hamper for each family in our group, this year the total is currently 43 families. If any business or organisation could assist with donations for our hamper drive I would be very grateful.

When I receive a donation for the group, either clothing, toys, bikes, even brand new school shoes or anything we receive. I take photos of every donation and post on our Facebook page (which is a private site) for carers to select something for themselves or the children in their care. Then the carer and I normally arrange a pick up time. This system works well.

If you are a kinship carer sitting at home, thinking that you are all alone. Come join our group - we laugh a lot, we sometimes cry a lot and we always talk too much.

Our group meets the first Monday of each month (not during school holidays) at SpringDale Neighbourhood Centre from 10am to 12noon.

Thank you

Jeanette Hanley Heath - 0414 308 257

Caring for Women Women Living Well

I loved Anne's Quote of the Month for July: "The secret of change is to focus all of your energy not on fighting the old but on building the new." Socrates.

That's so true. Our Women Living Well team could easily waste precious time trying to fight for a bigger slice of the budget, and for governments to change their policies, or to lobby the powers that be to buy more land and build more houses. But stronger and more forceful voices have been trying to do that for many years.

WLW is working on two fronts. One is to support and encourage women on the Bellarine who are experiencing housing stress, and we are seeking to do this with monthly afternoon teas and by meeting one on one or in smaller groups for those who would like to. We are listening to the issues and challenges that each woman faces and where we are able, directing them to help that might be available.

On the second front we are talking with various women's housing organisations to raise awareness of the need for affordable housing on The Bellarine. Understanding how some of these organisations began and how they have managed to build up their housing stock has been inspirational and practically helpful. We are also communicating with our Councillors and friends at City of Greater Geelong who are very much aware of the housing needs in our region. We're exploring the options for housing such as Tiny Houses and compact homes, along with seeking to understand public, community and social housing differences and possibilities.

"Building the new" is needed, but we also recognise the need for short term solutions, and quick fixes, so our process of knocking on doors, talking to people and raising awareness continues.

Please feel free to phone or email me for a chat.

Dianne Bennett 0422 146 604. diannebennett4@hotmail.com



bellarine  **property**
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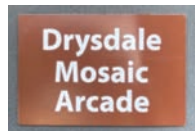
House, unit, acreage or land, Lee is here to lend a hand.

Call Lee Martin on 0400 957 839

The Chance to Serve our Community

We have had an exciting time at Bellarine North Rotary Club lately. The baton has been passed from Past President Graeme Wise to President Terry Baker. PP Graeme was thanked at our recent changeover for his work during a most difficult year with most of our meetings being held by Zoom. This did not stop us from growing our membership and inducting five new members in.

Our membership is now up to thirty-three from the low number of twelve, over a short space of time. Good effort PP Graeme, Board and members. President Terry transferred in from Warrnambool East Rotary Club a few years ago. He has been Past President of that club so is not new to the ways of Rotary. We know we will be continuing this Club with the same fun and supporting of our community here and overseas.



Did you know that we have an arcade on our High Street, Drysdale? In this arcade is an excellent display of Mosaic Art which tell the story of our town. Take a few minutes next time you are up the street to walk through from High Street to the Village Green and admire the works and the words.

The sign attached marks each end of the arcade.

We have had the privilege to deliver another forty books to our local Maternal Child Health Centre to be distributed to parents of newborns to encourage reading to their child from an early age. Our book of choice is "Diary of a Wombat", an Australian hard cover book. Early reading to children develops lots of other skills that link their learning on many fronts.

We will continue to look for projects to support and I know that President Terry, Board and members are excited and focused on the Rotary year ahead.

New to the area, looking for a way to give back, to making new friends then why not call, come along to a meeting Monday nights Portarlington Golf Club 6pm for a 6.30pm start.

Caroline Rickard - Publicity Officer
Bellarine North Rotary - 0408 989 221



Outgoing President Graeme hands over to incoming President Terry Baker

Anne Drysdale's Birthday

26 August 2021 2pm – 3pm

Please join me in celebration of the 229th anniversary of the birth of Anne Drysdale, after whom Drysdale is named. Drysdale is one of the only towns in Victoria and Australia named after a woman in her own right. Anne Drysdale was the first woman in Australia (maybe the world) to be listed as eligible to vote and although she never had a chance to exercise that right as she was struck off the list once it was realized that A Drysdale was a woman and therefore not allowed to vote.

Please join us for an afternoon tea – please feel free to bring a plate to share.

SpringDale Dining Group turns 7

In August 2014 8 people met for dinner at the Drysdale Asian Wok Noodle & Sushi Bar. We enjoyed a lovely meal and many of those people continue to attend the monthly Dining Group get togethers. We now average 40 people each dinner. This month we will enjoy a Sri Lankan meal together at SpringDale Neighbourhood Centre Monday 9 August 6pm \$25 bookings essential.



Bellarine North Rotary



Tax Help starting 2 August at SpringDale



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The Village now has a vacancy. The entry cost is \$40,000 and the ongoing accommodation charge is 24 per cent of the full age pension per person per fortnight.

For more information and application details, contact the Secretary on 0490 411 762 or email portlionsvillage@gmail.com



Drysdale Clifton Springs Curlewis Association

Opening of the Dell Boardwalk



Rediscover your sense of Wonder!



As adults we love to travel interstate and abroad because it helps us to recapture our sense of delight as we experience something new for the very first time. However, in our everyday lives we can find it difficult to retain that same sense of wonder, pure awe, curiosity, and appreciation; that captivates children spontaneously every single day; due to our daily grind full of adult responsibilities.

Children, young and old, can teach us so much about how to reconnect to the way we see the world around us. When we look at the world through their eyes, the world can look and feel completely different.

Be Curious:

- Create a 'wonder list' of all the exciting ideas you've always wanted to observe and discover,
- Connect your current experiences, hobbies or interests to the ones of your own childhood. Which ones do you remember and value the most?
- Read your old diaries; reflect on photos from your childhood or holidays and explore what you found fascinating at that age, time, or experience. Is there more to be curious about?

Explore Nature:

- Take a closer look and appreciate the miracles of all living things: their shapes, textures, patterns and colours,
- Visit a location near your home that you have never been before and explore, using your senses – sight, sound, touch, and smell, and taste...if there is somewhere delicious to eat too.
- View the world from a different perspective – lie on the grass and look at the clouds, stars, trees, etc.

Be Creative:

- Cook or bake something new, with the help of a friend or a child,
- Try a hands-on project, creative class, online lesson that you've always wanted to explore,
- Think you can't draw? Find a picture turn it upside-down and look at the shapes and lines and try drawing what you see, you will be surprised at the outcome,

When we reconnect to our sense of wonder it helps us all learn, play, share, connect, create, be and imagine the possibilities that life offers us! I like to call it 'an adult sense of wonder'.

I offer 'Wonder Journaling' workshops for adults. A wondering journal is a visual record of words, colours, images, questions, and reflections that shows what you see, think and feel about the world around you. It is part sketchbook, diary, journal, daily planner, dreams, wish list and more. If you are interested please see the SpringDale course planner for more details.

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Bus Tour Route 61

Want to have a learning adventure well come along to the next Bus Tour, using Public Transport. Anne organised the date and off we went!!!! She had five students all eager to adventure to Leopold shopping centre, where we spent a leisurely hour looking around or shopping or enjoying a cup of coffee.

We learnt how to read the bus timetable for Route 61 and although we started in the rain which made visibility very hard to see where we were, we were travelling from Drysdale to Clifton Springs then onto Curlewis then onto Leopold. Luckily on our way home the sun was out and was a joyous trip.

A few of us had to learn about the Miki pass as the last time they travelled on a bus was when they had to pay cash to the driver.

Elaine



Judy getting on Bus.

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Drivers are no longer handling cash, but there are plenty of other ways to top up before you travel.

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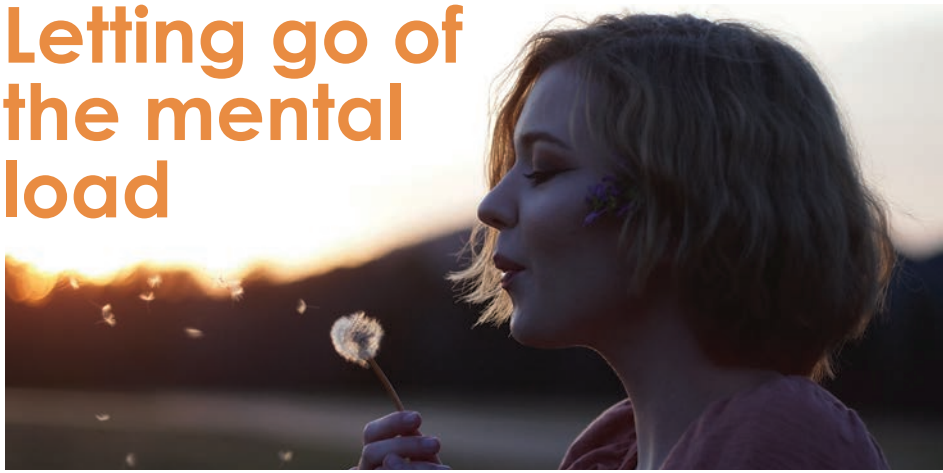
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Business on the Bellarine

BOB provides like-minded business people with opportunities to connect with and support each other, the local economy & community.

Letting go of the mental load



Cleaning the house with the walls full of working and schooling chaos is like brushing your teeth while eating chocolate biscuits.

So instead I committed to clearing my mind – it might be a good time to **let go of a few things**;

1. A fear of failure.

We teach our children that failure is a part of the process. Many innovators try and fail thousands of times to reach their masterpiece, and many masterpieces came from turning failures into an innovation. You can practice moving through failure with ease and begin to learn instead of feeling of embarrassment, shame or discouragement.

It can help to redefine your success; does it need to be a perfect outcome, or could it be a process and a steady improvement over time? Who is telling you that you have failed? It may only be you.

2. Constant self-doubt.

It comes from your 'self'! Becoming aware of the negative stories you throw at yourself can often be change enough. You have a resource bank of counter arguments and supportive stories to swap into your mind. "I can learn how to do this"; "I have done many difficult things before now". Ask yourself what you need to do to feel more confident; take a break, seek guidance, approach the task differently. You are the best person for the job you can see yourself doing.

3. Living life to others expectations.

It is your life to live, not theirs. If someone is imposing their expectations on you, any disappointment is theirs not yours.

Sometimes we fabricate other people's expectations of us; by comparing ourselves to them, or assuming that we are letting them down if we don't perform. Sometimes it is our unrealistic expectations of others that heighten our senses to disappointing them.

Imagine living your life just for you. Imagine. If no-one else was telling you what you *should* want – what would you *truly* want for yourself? From here you can begin to set boundaries, you can learn to voice your needs and wants.

4. Needing approval from others.

While it is productive to value feedback and encouragement from others, it can become a toxic habit when we cannot also self-validate. Social media has exacerbated this emotional dependency. It may help to take a **#break** or consider some boundaries around any mindless scrolling or approval seeking posts.

Consider when you are most likely to seek external approval, and be mindful. You can instead have some fun in asking *yourself* for approval, recording your own improvements and accomplishments.

5. Holding onto control.

Now more than ever – it is useful to audit feelings of control.

Make a list of the things you can control. Think of a time in your life when you felt totally in control. What were you doing? What did you enjoy control of?

Anything you cannot control you can release now. Save that energy for you.

Letting go of the things that are weighing you down will lighten the load you carry through your days. If you need help breaking free of unhelpful thought patterns, hypnotherapy can help. If these thought patterns are destructive, seek help from a counsellor or mental health practitioner.

Kim High – Clinical Hypnotherapist

Leanne's wheel life



Please bear with me this month as I try to express thoughts that have occurred to me as my life and body have shifted gear - and form of transportation, from legs to wheels.

When is disability funny - is it at all?

Is laughing at yourself politically incorrect or simply being an Aussie? Is mocking your physical difference being ableist* or making light of being othered** around the approximate 80% of our population perceived as normal? When you are pigeon-holed into any marginalised group by society, are you denigrating others in the same or similar situations by disparaging yourself?

Australian champion Paralympian Dylan Alcott OAM recently got into strife for stating that he could get a kick for a team playing poorly in an AFL game in April. Alcott has been pilloried by the public, including disability advocates, as being insensitive and ableist. Yet Alcott uses his public persona to promote disability awareness as a motivational speaker in schools and corporate events. So was he wrong for his flippant remark?

From the moment I was diagnosed with a progressive, degenerative muscle-wasting condition, I adopted a relaxed kind of stoic acceptance of my situation; this is a partially innate coping strategy that has required a fair amount of effort at times to maintain.

I have certainly had my 'bewailing at the universe' moments, but humour is my constant ally;

dry, dark observations and quick glib moments, shared by me and with me. Family, friends, and acquaintances are sometimes shocked but mostly put at ease and hopefully made more comfortable by this universal salve to many situations.

Of course, humour is situational, and there are many circumstances where we must 'read the room'. In a world connected with many social groups vying for equality, inclusion, acceptance and understanding, perhaps self-deprecating wit isn't always appreciated.

There may be no right or wrong answer to the question of bringing levity to a less than ideal situation, but I find humour a worthwhile tactic that supports a healthy mindset.

What are your views on this? I'd love to hear from you anytime on leanneswheelife.com or email leanne@leanneswheelife.com

Leanne

*Being ableist involves using speech and actions that are offensive, negative, exclusionary, and oppressive to people with disability.

** Being othered is to be seen as not fitting into the perceived normal behaviour of a group or community and thus negatively treated.

References: 'People with Disability Australia' pwd.org.au
'Dr Zuleyka Zevallos' Othersociologist.com

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COMMUNITY DEVELOPMENT TIMELINE

Our Community Development Timeline continues to evolve with many new institutions, schools, service, and sporting groups being added this month. We are currently seeking information about the Bush Nursing Service, which helped to keep our families well. Please forward any information and photos to SpringDale so they can be included.

Our focus for this month is the Bunyip Festival.

Bunyip Festival

Our community enjoyed the Bunyip Festival for many years. Starting as a community celebration of 100 years of Drysdale Primary School in 1975, it could have been a potato festival but this was rejected in favour of the first nations' Bunyip, which lived at Lake Lorne.

The Bunyip Festival ran for almost 40 years and became an event shared by both state based primary schools in the Drysdale Clifton Springs area. Raising more than a half a million dollars over the years for both primary schools. Our most successful year was 2004, when the slogan was suggested by Sam Morrissy - "The Bunyip has more in 2004" This slogan inspired us to raise more than \$40,00 that year.

Kevin Steen was the Drysdale School Council President during the first Bunyip Festival and he had a very active committee, who held many different events including a street parade which filled High Street Drysdale (before the road was divided with a median strip).

Photos, stories and person recollections all welcome – the washing machine I purchased at a Bunyip Auction is still working 10 years on. If you have a story to share please bring them into SpringDale or email office@springdale.org.au or phone 5253 1960 to arrange a meeting.

Perhaps we could consider reviving the Bunyip Festival for the 50 year anniversary of the Festival and 150 year celebration of Drysdale Primary School in 2025.

Anne Brackley

Convenor Bunyip Festival 2001 - 2011



My Bokashi garden continues to bring me joy. We are still cutting broccoli and working out new recipes for the yummy, very fresh broccoli to be the hero ingredient in. The peas continue to hang over our garden beds providing green for many stir fries over the last few months.

But our main attention is now to get the garden beds ready for seedlings in spring, so I can be ready to plant our pumpkins on Melbourne Cup Day (I understand that is our peak day for planting).

I have some seed potatoes ready to plant this month – hoping that our frosts have finished and our potatoes will thrive as they once did on the Bellarine.

We are holding a How to Set up a Bokashi bucket and Bokashi Garden bed on please book in with SpringDale office office@springdale.org.au phone 5253 1960 or via our website.



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Our hands on Halloumi - Cheese Making workshop with Charlene Bancroft.

Kimchi is a well-known Korean dish and often referred to as a superfood. Jasmine Hong



Term 3 Course Guide

Available at SpringDale office or online.

This is a class for everyone



The Mortimer Family wishes to sincerely thank our community for your support, wishes and thoughts at this time.

*David Alexander George (Lex) Mortimer
25.10.1927 to 30.06.2021*

Dedicated to his family & community.

Thank You



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MUG COOKING

Pizza in a Mug

Ingredients

- 2 heaped Tblsp SR flour
- Pinch of salt
- 1 Tsp of olive oil
- 1 tblsp milk



Instructions

- 1 Mix all ingredients together in a mug to make a dough consistency (add more milk or flour if needed).
- 2 Smooth out top of dough mixture.
- 3 Spread some tomato puree or pizza sauce on top of dough.
- 4 Add pizza toppings of choice
- 5 Cook in microwave 1min to 1.5mins (check after 1 min)

Yum!!!



SpringDale Trivia 49th Edition

by Drysdale Girl Guides

1. How many summer Olympic Games has Australia been represented in?
2. Mount Vesuvius overlooks which modern Italian city?
3. Kelpie, Shiba Inu and German Pointer are all breeds of what type of animal?
4. Neil Armstrong, Buzz Aldrin and...? Who was the third astronaut involved in the Apollo 11 mission that landed on the moon? (this person did not land on the moon during this mission)
5. What colour outfit is traditionally worn by players during the tennis tournament Wimbledon?
6. Sofia is the capital of which European country?
7. Arachnophobia is the fear of what?
8. What position on the Medal Tally did Australia come at the Vancouver 2010 Winter Olympic Games?
9. What colours are on the flag of Norway?
10. Which chess piece can move an unrestricted number of squares either up or down, or across, the chess board, but can't go diagonally and cannot jump over other pieces?

Turn to page 21 to find the answers.



Drysdale Guides Meet on Thursdays during the school term 6:30pm to 8:00pm.

If you are interested or have any questions please contact Anne Brackley on 0407 529 205



LEGO FUN



Star Wars X-wing Starfighter Exhibition



Saturday
21st August
10am-4pm
at SpringDale



Are you interested in learning how you can eat well at home?

Join us for a **free** one-hour information session with a Bellarine Community Health dietitian covering healthy eating topics.

The session will be held at Springdale Neighbourhood House on
Wednesday 11th August 2021 at 2pm.

Topics may include but are not limited to:

- Demystifying food labels
- Ways to boost your fibre
- Food needs across the lifespan

You will have the opportunity to ask questions and get support on specific healthy eating concerns and needs.

To register click here or visit <https://www.eventbrite.com.au/e/eat-well-session-with-a-dietitian-tickets-162226904037>

Register your place by Wednesday 4th August, only 50 places available (subject to current restrictions).



RECIPE OF THE MONTH

Diane's Fruit Slice

Ingredients for Base

90gram butter, softened
1/3 cup butter, softened
1 cup (150gram) plain flour

Ingredients for Topping:

2 eggs, beaten lightly
1 teaspoon vanilla extract
1 heaped plain flour
½ teaspoon baking powder
1 ½ cups desiccated coconut
1 jar of Robinsons fruit mince

Method

1. Preheat oven to 180C. Grease a 20cm x 30cm rectangular pan; line base and long sides with baking paper, extending the paper over the sides.
2. Beat butter and sugar in a small bowl with an electric mixer until smooth. Stir in sifted flour.
3. Press mixture over base of pan and bake the base for 10minutes.
4. Whilst that is cooking you can make the topping: beat eggs, vanilla extract and sugar in a bowl mix with electric mixer until thick and creamy. Fold in sifted flour and baking powder, then add coconut and fruit mince.



Now in its twelfth year, the Festival of Glass (FoG) was an initiative of the Drysdale, Clifton Springs and Curlewis Association Inc. (DCSCA). Over the years the Festival of Glass (FoG) has established a reputation on the Bellarine, Victoria, Nationally and Internationally, amongst glass artists.

In June, the General Assembly of the United Nations accepted a proposal to declare 2022 the **International Year of Glass (IYOG22)**. The Festival of Glass has requested to be part of the IYOG22 Programme and our Expression of Interest has been accepted. The IYO2022 will allow us to connect further with the International Glass Community.

COVID-19 has brought us all many challenges and this year we had no alternative but to run a virtual Expo with some FoG activities such as the Treasure Hunt, the Mentorship Programme, the Mosaic Group, the

installation Crew and Glass workshops still being held within COVID safe guidelines.

Our biggest challenge has been maintaining these programmes with limited funding as we are a not-for-profit organisation wholly run by volunteers. After much deliberation by the FoG team a recommendation was presented to the DCSCA Committee for the FoG to become an incorporated body. This recommendation was unanimously accepted by the DCSCA Committee. By the FoG becoming an incorporated body it will be able to seek and raise funds which as a sub-committee of the DCSCA (who is deemed a lobby group) would otherwise not have been able to.

Public Art is very much a focus we wish to expand on and hopefully you have visited the Drysdale Mural Arcade. The purpose of the murals was to celebrate the local community's identity by depicting elements of the area's past and present and suggesting some possible futures. Over 50 local residents were involved in the creation of the 15 murals. Currently, we are working on installing some mosaic work in the Drysdale Underpass.

If you wish to learn more about the Festival of Glass and its range of activities please refer to the Festival of Glass website <https://www.sites.google.com/site/afestivalofglass>

Mercedes Drummond - FoG Convenor



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North Bellarine Aquatic Centre
ADVOCACY GROUP

Thank you to everyone who supported our recent garage sale, enabling us to raise some money, which enables us to target some spending to help us achieve our mission of gaining a fully functioning aquatic centre.

During the garage sale we piloted a survey to enable us to have data at our finger tips to share with politicians in all levels of government to seek their support. This survey has been tweaked to hopefully give us robust, effective data to show the needs of our community.

We are creating an online survey, which will be accessible from 1 August 2021 and here is a link to enable you to be part of this important process.



<https://www.menti.com/qkz8c718ju>
Yes - another survey.

Yes - we would love you to complete this one too.

Yes - you may have already completed a survey before but please invest 10 minutes more to help us achieve this goal.

Yes - please share this with as many as you can so our data is a strong and representative as it can be.

Yes - we would like to get at least 2000 people complete this survey.

For more information please ring Springdale on 5253 1960 and speak to Carol on a Monday or please email nbac@onthebellarine.com.au

Anne Brackley - Chair

North Bellarine Aquatic Centre
Advocacy Group

Arts, music and ideas at Sacrededge Festival

Inclusion and diversity are at the core of Sacrededge, a small annual community festival of arts, music and ideas, held in Queenscliff from September 3 - 5.

The three-day event provides an opportunity to connect people from diverse backgrounds, by hosting an array of musicians, storytellers and artists from LGBTIQ, Indigenous and refugee communities, together with carers for the earth and those who seek to nurture mental health.

It is this multiple focus that gives Sacrededge its unique flavour, providing people of all ages with opportunities to learn and connect, rather than just be entertained; to listen to voices from the edge and celebrate their diverse culture, gender and unique contribution to our communities.

Here are just some of the 30+ performers, artists and presenters to be experienced at this year's festival:

First Nations performers - Sacrededge warmly welcomes Scott Darlow, singer/songwriter & didgeridoo player, and rapper Ridzy Ray.

Refugee presenters - We look forward to the return of Awale Ahmed, multilingual writer and storyteller from Somalia. Our mouths are already watering at the thought of the delicious meal on the Saturday night provided by local Tamil refugees.

Environmental advocates - From the big picture to personal actions, our environmental program features David Karoly from the CSIRO and National Climate Science Advisory Committee, and Claire Dunn, author of 'My Year Without Matches' any more recently 'Rewilding the Urban Soul'. Together with Nathan Scolaro from Dumbo Feather magazine, they will host a climate panel on the Sunday.

LGBTIQ supporters - We will warmly welcome back Daniel Witthaus, educational consultant and writer, and Ro Allen, Commissioner for Gender and Sexuality. Two families with trans-children will share their stories.

Art on show - A beautiful labyrinth will be installed in nearby Citizen Park, and the annual art exhibition will be launched during the festival and then be on show until late September.

As an all-ages event (child care and children's activities are provided) hosted by Uniting Queenscliff and supported by the Borough of Queenscliffe, Queenscliff Music Festival, the Tucker Foundation and Pride Events - Dept of Premier and Cabinet, Sacrededge is a unique festival in the local calendar of events.

The festival will be held at the Queenscliff Uniting Church, Cnr Hesse and Stokes Sts.

For more info about the program, art exhibition and festival tickets go to unitingqueenscliff.org.au



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Bellarine Historical Society

COMMON LAND IN DRYSDALE

In many parts of Australia "Common land" was established under an elected board of governors for administering the land for the benefit of the townsfolk—it was usually for grazing (mainly Horses, Cattle or Goats) watering animals, collecting firewood and in some instances fishing. This system was based on the English feudal system which often incorporated common land that the working people in the estate could access. Hence the term "commoners". An initial suggestion was that all people residing within three miles of the town could access the common.

According to Ian Wynd in "Balla-Wein" --- "At Drysdale 640 acres immediately south of the town were gazetted as a common in February 1861; as a result of the Association's application this was enlarged in December 1862 by the addition of unappropriated lands within the town's boundaries."

In Drysdale in 1863 the Government gazette announced James Seatherdale, John Thomas Gange and Henry Trethowan as managers of



the Drysdale Town Common. The common was initially one square mile or 640 acres and according to Lynette Willey in "The Waterholes" it was land bounded by Grubb Road, Andersons Rd and Princess St.

With the formation of the Bellarine Shire the management of the "Common" land was vested in the shire who appointed a herdsman to oversee the common. In 1877 the fees for grazing on the common was 6 shillings for horses and 4 shillings per head for cattle it was decided that Portarlington Common would have the same fees. Around this time the herdsman was asked to also administer the fishing licence for Lake Lorne which was 2 shillings and sixpence per week See photos of old brass ear tag used for cattle at the time. D C stands for Drysdale Common

There were ongoing issues with the control of thistles on the common and the occasional fire. The common appears to have been sold off in parts starting in 1906 and the last remaining land sold in 1919.



"UNCLAIMED" Part 7.

Last month, you will recall, "hotshot" space pilot "Ace" Aspinall attempted to rescue the children. The boys did, in fact, exit the hatch but "Ace" and Haylie remained trapped inside. Now read on...

Fleeing the rec room Derrick and George round a corner and crash into the arms of Rosten who is striding towards them.

"Oh sir..."

"Where's Haylie?"

"She's inside sir. 'Ace,' I mean Captain Aspinall..."

"Doctor Sanson, get these kids into sick bay and check them out. Lieutenant Johnson, get back to the radio shack and contact Mick and get him down here. Shannon, come with me."

Rosten finds the hatch on emergency lock but Ashley forces open the wall mounted control box.

"How long to override? Talk to me Lieutenant..."

"Thirty seconds sir."

Thin screams sound through the panel as Ashley makes the final connection. A shower of sparks and she is thrown back and falls but the panel slides open. Rosten enters.

Haylie is on the floor with the creature again fastened to her neck. "Ace" is struggling to his feet.

One comprehensive glance and Rosten draws his laser. He takes aim at the alien but Ashley lunges forward and grasps his wrist, dragging the weapon downwards.

"No! You'll fry her!"

"Ace" grabs the discarded fire extinguisher. He holds the nozzle hard up to the creatures' head. A high pitched shriek and the icy cloud boils out. The alien is blasted from its' hold on Haylie's neck and thrown clear.

Ashley releases Rosten and draws her own laser pistol. They simultaneously aim.

The guns howl and twin beams of pencil thin light leap from the muzzles.

At the target there is a vicious tearing explosion and acrid smoke billows up. Ashley grabs Haylie and coughing and choking they all stagger out through the hatch.

Next month... "Minuteman."



Talking About Autism

Our last Talking About Autism meeting was a very informal one, simply providing the opportunity for people with ASD or those living with/caring for others on the spectrum to meet & share their 'stories', thoughts, concerns, resources, fears & needs with others. It is amazing to me how quickly the people who have attended these last couple of meetings have recognized a common bond & have shared their experiences openly with each other. Everyone present expressed their interest in continuing to meet regularly & for the meetings to be a mixture of informal sessions like this one & for more structured sessions with guest speakers. Please let us know of anyone who might come along & talk to us, or of any topics you may like to learn about.

Attention all Carers

Our next meeting has a guest speaker who will be of interest to anyone caring for another person. Jenn Polley is the co-ordinator of Barwon Health Carer Support & Carer Gateway. She will be able to provide information about all aspects of support, whether to help you find & understand services available to you in your role as carers or to assist you care for yourself. So, if you are caring for someone who has a disability, mental illness, dementia, a life-limiting illness or is elderly & frail, please join us at the SpringDale Neighbourhood Centre on Saturday August 14th at 10.30am

Hope to see you there, **Jane Schmidt**



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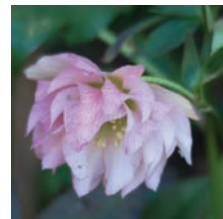
Clifton Springs Garden Club

Just when we were all getting back into our routines, COVID crept into our lives again, which meant we couldn't hold our June Meeting. So, this month I am going to write about one of my favourite plants that I have in my garden – Hellebores.

I was given my first Hellebore around 30 years ago when I lived in NE Victoria, very hot in summer and frosty in winter. I was told to plant them under a tree, so they were duly planted under a Japanese Maple – I thought this would be a good place as I would have green leaves and flowers during winter when the Maple had lost its leaves. How wrong I was, my Hellebores ended up in a small courtyard which got the sun until midday then it was sheltered by the house shadow. My Hellebores thrived. I now have several varieties spread around my garden, in various positions, both in the ground and in pots (in case they don't like where they are) and they are a constant source of enjoyment in the winter months. They might be slow to establish and flower but once they do they thrive. Mine have come from a variety of sources, other peoples gardens, Garden Club plant sales, nurseries and I inherited a couple of bushes that were in my Mother In Laws garden which means they would now be over 20 years old. These two varieties also self-seed profusely which is wonderful because it means I can spread the joy.

At our August meeting, Anne Brackley will be talking to us on her Bokashi gardening and Julie Muller will return at a later date, to talk on what plants are available to use in those downsized gardens. At the time of writing this, our members were looking forward to a more social gathering at the Leopold Sportsman's Club for our July meeting.

Our Monthly meetings are held on the 2nd Tuesday of the month, 7.30 pm at Uniting Church Hall Drysdale. If you would like to keep up to date with what is happening at our monthly meetings, join our mailing list, or contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com



Photographs – hellebores in my garden



St Leonards Garden Club

Hello Everyone,

In June's Springdale messenger it was mentioned that Craig Castree author of Edible Gardens and other books was to visit the St Leonards Garden Club in August. That was my error. Craig is visiting us as guest presenter on the 8th of September. Craig is very generous with his time and always very popular.

Happily July's garden club meeting was able to go ahead. Our guest presenter was Cheryl O'Kane from the Farmers Place. Your presentation on recycling, which is very current at the moment with the garbage police inspecting our bins, helped up clear up some confusion on how to recycle household waste into the garden.

Our guest speaker on August 11th is to be confirmed it was to be a speaker from Bunnings but with covid regulations their visit is in doubt.

Spring is just around the corner, so if you are wanting to plant roses now is the time to do it. Plant a climbing rose to hide an unsightly fence or wall or over an arbour. Your bulbs, if you've planted some, should be up and maybe even coming into bud, so now is a good time to feed them. Plant Dahlia bulbs for beautiful colour and styles.

If you don't have garden space, an arrangement of pots of different shapes and sizes with an array of plants to use. These can be arranged with larger plants at the back and smaller plants in the front. If you're a handy person perhaps you could build a frame and



make a verticals garden. Succulents are ideal for this project.

Vegetables to plant now are asparagus, broccoli, carrots, peas, radishes and beetroot. Try growing potatoes. Now is a good time to plant citrus trees.

The number of new houses I see being built here in St Leonards is growing so fast, there must be a lot of new residents who would like to join our garden club. Our meetings are held at the St Leonards Memorial Hall at 1324 Murradoc Rd, opposite the primary school.

Meetings are held on the 2nd Wednesday of each month, time 1.00pm for a 1.15pm start. Entry is \$3.00. Membership is \$10.00. Covid regulations require a QR sign in or written sign in. Notification will be on the St Leonards community information page.

Stay well, stay safe.

Cheers

Wilma McLaren



Greatful to still be able to gather together, we had a wide range of photos to enjoy in our 'Open' competition for the month of June. Our judge for the evening was Rosa Maraniak, who gave some great feedback to members on their images.

Open Competition Results

A Grade: PRINTS - 1st Heaven 'n' Earth, Dee Kelly;
2nd Feeding Fly By, Jim Den Ouden;
3rd Geelong Icons, Alex Vaulkenburg

EDIs -1st & Image of the Competition - Spectacular Dahlia, Martin Young;
2nd Hairborne, Dee Kelly;
3rd Halo Fishing, Wendy Theideman

B Grade: EDIs - 1st Snail on the Go Slow, Geoff Evans;
2nd A taste of Honey, Jenny Warren;
3rd Columbine, Jenny Warren

Bellarine Camera Club usually meets at SpringDale Neighbourhood Centre, Drysdale, at 7:30pm on the first and third Monday of the month (except January), but due to the current circumstances our physical meetings are subject to Victorian Government guidelines, but we hope to meet at SpringDale for future meetings.

For information on our club please visit our website: www.bellarinecameraclub.org.au
email: info@bellarinecameraclub.org

Lynne Bryant - President



*Image of the night – Spectacular Dahlia
Heaven 'n' Earth – Dee Kelly
Snail on the Go Slow – Geoff Evans*



Bellarine Birdlife



Grebes



I am always amazed at the 'I see it, now I don't' visions of the tiny water birds called Grebes. These are common waterbirds who delight in swimming in ponds, swamps, dams and even saline estuaries. There are three grebe species in Australia, the Australasian Grebe, Hoary-headed Grebe and the Great Crested Grebe. They are seen around all states and territories as long as there is water for them to catch their prey, all types of aquatic life especially small crayfish (yabbies) but also dragon flies, water weeds, spiders and beetles.

The Australasian and Hoary-headed float high upon the water with their fluffy, rotund shapes seemingly holding them afloat. In an instant however they can disappear into a deep dive reemerging sometime later quite a distance away. I sat on a seat recently near the Geelong pier and watched in amazement as a family of Hoary-headed swam and dived happily around a pylon. I counted 17 at one stage however in the next count it was 14 and then again only 1 or 2. They disappeared quickly with barely a ripple and stayed under for what I think seem to be a tremendously long time. They can dive up to 3 metres.

The Australasian have a smoother head with the male gaining in breeding periods a chestnut stripe in on the face and a yellow bare skin patch, very distinctive. Whereas the Hoary-headed is as the name suggests a unique streaked head that seems so big for the small body. The babies of both are delightfully striped in a brown and white buff.

The sounds emitted are different both, with the Australasian giving noisy, vibrating, metallic chittering and the Hoary-headed more mute, sometimes a soft low guttural sound.

When danger approaches the Australasian prefers to dive than fly whereas the Hoary-headed takes off with a long splashing take-off but if pressed will also dive and swim quickly under water to a safe refuge.

Notice that I have not mentioned the magnificent Great, Crested Grebe, a decision taken as I think it deserves a whole column to itself. These birds are uncommon but localised in some southern areas.

I hope when next walking or driving around the Bellarine, you are now able to sight and identify these 'here again, gone again' birds, the Australasian and Hoary-headed Grebe. Once perhaps you would have moved by without a second glance but now please stop awhile to admire these cute but invisible water bird.

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Memories of Yesteryear

THE BUTCHER FAMILY

The passing of former Bellarine Shire Mayor Gordon Stevens and Deputy Mayor Lex Mortimer, as well as recent publicity, has sparked my memories of Drysdale and the Bellarine we knew all those years ago.

Less than twenty years after the first settlement in Melbourne the Governor of Victoria, Charles La Trobe proclaimed the Bellarine Peninsula as the "Portarlington Road District" on December 12th 1853.

Then in October 1860 "His Excellency Sir Henry Barkly, Knight Commander of the Most Honourable Order of the Bath, Captain-General and Governor in Chief of the colony of Victoria and Vice Admiral of the same" further proclaimed and declared that such road shall be the "Indented Heads Road District".

With a title like his, the working class living on the Bellarine would surely be in no position to dispute that declaration and five years later on September 18th 1865, His Excellency Sir Charles Darling (with a similar title to the aforesaid) proclaimed and named the Indented Head Roads District the "Shire of Bellarine".

Having resided in Drysdale for the Majority of my life the "Shire of Bellarine" was what my grandparents, parents and I knew it as, until it was proclaimed the "Bellarine Rural City Council" in December 1989 by the then Governor, Davis McCaughey and just four years later at the command of Jeff Kennett (Premier of Victoria) our beautiful little part of the world became amalgamated into the "City of Greater Geelong".

Which brings me to the recent publicity regarding the progress of the sports precinct, swimming pool and the proposed new library, thanks to our Bellarine Ward Mayor and Deputy Mayor of City of Greater Geelong.



Cr. A.E. Mannix (Paywit Ward), resides at Drysdale. Elected to Council in 1988. Mayor 1991-1992



Cr. D.A. Mortimer (Paywit Ward), resides at Drysdale. Elected to Council in 1988. Deputy Mayor

Much of old Drysdale Township is now only a memory and the location chosen for the new library was the beginning of Wyndham Street, connecting it to the six way intersection in the town centre. Mrs Lunn's shop was on the South West corner of High Street and on the opposite side of Wyndham Street was Bob Smith's grocery store (later Bob and Beryl Mazey's) and the corrugated iron side fence had 'SUNSHINE BISCUITS' advertising down to where Vin and Ann Capon lived in the former Searl's Bakery shop next to Gallop Bros Butcher shop.

At the rear of Lunn's fruit shop was Bert and Alva Gallop's house on the North East Corner of Palmerston Street and the large Moreton Bay fig still remains today. The house was relocated to Duke Street to make way for the shopping strip which exists today.

The old Post Office (now Ristevski Lawyers), Drysdale Hotel and National Bank building (which then became a nursery run by Mr & Mrs Flower and now William Sheahan Funerals) are the only evidence of the past town centre.



Bellarine Rural City Council
1865 ~ 1993



Municipal Office 1888 - 1962



Municipal Office 1962 - 1993

Joe Butcher, Dudley Peel and Clive Lunn at front of Lunn's shop in High St Drysdale



Alan Butcher with his whippet in Wyndham St



Trivia Answers

1. 28
2. Naples
3. Dog
4. Michael Collins
5. White
6. Bulgaria
7. Spiders
8. 13th to date Australia's best Winter Olympics result with 2 gold medals & 1 silver medal
9. Red, White & Blue
10. Rook, also known as the Castle



"The place to enjoy and learn about chess"

St Leonards Community Space Chess

St Leonards Chess Club Going Strong

The enduring magnetism of the game keeps members coming back.

The Queen's Gambit, TV series gives a glimpse of this. The author Walter Tevis offers a fictionalised version of a female chess player and her rise to take on the best chess players from the Soviet Union during the Cold War period. Nothing like that happens at the St Leonards Chess Club, a community-oriented group. They are all there at the St Leonard Community Space every Thursday morning at 9.30 am sharpish to have fun and to enjoy the great game without any fuss.

Started 5 years ago by local Hugh Peters, the clubs continued growth is a testament to the games appeal and the mateship made amongst the players. Likes his fellow players, Hugh prefers to play with partners rather than a computer as there are emotions involved and friendships to be made and continued.

Chess is a game of concentration and helps seniors wanting to combat memory loss says Hugh's good mate and long-term fellow players David Palmer, Pip Mangle and Di Sloan. Then there are those who just want to compete and expand their chess skill sets. Sociability and fun are other big factors says Stan Rusiniak who supports Hugh with running of the St Leonards chess clubs' activities as does Hugh supports Stan at the Portarlington Chess club.

Hugh mentioned that his interest in chess started at the age of nine, when his father and mother taught me the game. Not long after WWII in 1951 the family moved to Australia. Then after retirement from the Police force in 1994 and living in St. Leonards, Hugh often tried to start some sort of Chess Club without much success. It was in May 2015, when David Palmer and Hugh met on a weekly basis at one of St. Leonards' Cafe's, The Salty Cow, to play the game. "We have been playing chess together ever since and established the St. Leonards Chess Group".

David Palmer recalled that when he was diagnosed 10 years ago with Parkinson's condition. One of the possible hazards of Parkinson's is the onset of premature dementia. David said, "Chess is a very portable, thinking game that helps with my regular "mental gymnastics exercise". Through Hugh's perseverance we established a small group of weekly players which has been of great personal help".

Some of the other regulars include Nick Martin, Harry Balmer, Stan Rusiniak, Adrian Slykerman, Hans Lemmens, Darryl Rowe, John Griffiths, and Paul Martin. Hugh mentioned "that Chess players of all skill levels are most welcome to join in at any of our meetings, I along the others will help beginners and those returning to the learn the fundamentals". Their slower paced and informal club could be a great fit for you!

Most importantly, Hugh says that many thanks must go to Lynn Blackall, our Queen's Gambit "Beth Harmon" at the St Leonards Community Space Centre for her help and assistance in providing the Chess group a separate room at this venue, and for supplying the clubs chess sets, and sewing drawstring storage bags for the chess pieces.

For further information contact Lynn Blackall on 5216 9255 at the St Leonards Community Space Centre, Unit 2/1375-1377 Murradoc Rd, St Leonards.

Stan Rusiniak

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Left to right, front row David Palmer (founder), Nick Martin and Hugh Peters (founder), back row Stan Rusiniak, Adrian Slykerman, Harry Balmer, Daryl Rowe, and John Griffiths.

NEW MEMBERS WELCOME
www.drysdalebowlingandcroquetclub.com



Anyone for Croquet?

In conjunction with the programs run by SpringDale Neighbourhood House, the Drysdale Croquet Club is offering a course for people interested in learning to play the game of Association-Croquet.

This program will be conducted over 6 weeks on Mondays from 1pm to 3pm commencing on August 16th and ending on September 21st. There is no cost involved and the only requirements are flat soled shoes and a happy smile.

There are many forms of this wonderful sport of Croquet, Gateball, Ricochet, Golf and Association to name but four. The local Geelong region boasts many dedicated players from beginners to world class level. It is a relatively easy physical sport played by both men and women of all ages. Some people are still playing into their nineties. All levels of ability are catered for, from simply social to highly competitive.

Entry to the Croquet Club is off Springs Road directly behind the Bowling Club with which it is affiliated.

To enrol, please contact SpringDale on 5253 1960 or Verna McLennan on 0417 369 312.



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Drysdale Senior Women's Football Team



The Drysdale Senior Women's team are more than halfway through the 2021 season and a lot of exciting events and milestones have taken place.

The team participated in a Motor Neurone Disease (MND) round against Geelong West, raising money and awareness around the dreadful disease. They also created an 'ice bucket challenge' video to encourage the public to donate to the cause, you can see the video on the Drysdale Hawks Football Club Facebook page.

The team also celebrated Pride Month by participating in the annual Pride Round against St Mary's, the round was a great way to educate the team and wider community on the LGBTQIA+ community. It was also an exciting moment for local women's football, with the nominated team members from each participating club working closely together leading up to the event.

On the home front, we celebrated two incredible milestones, as two of our very own team members celebrated their 50 games of football at Drysdale. Tash Elliston and Mel Egan both achieved this amazing milestone within weeks of each other.

Tash, one of our foundation team members and former Drysdale Netball player, jumped at the opportunity when asked to be a part of forming a local women's football side. When asked what she loved about women's football, Tash stated that she, 'loved the team bond and pushing yourself hard... being presented with the opportunity to be

determined and aggressive in a constructive way and working with your team towards being the best on the ground.' When asked why she decided to continue playing with Drysdale she said that 'ever since her first game she felt that she could actually be herself and that she didn't need to tone down her competitive nature as the team saw it as one of her strengths.'

Our other milestone achiever, Mel Egan, has played football since she was able to be a part of her local junior league. However as she got older, she did not have the same opportunities as our Drysdale girls have today, and had to take a four year break from footy at the age of thirteen before she was old enough to join the senior competition.

Mel played competitive football at a senior level for a few years before coming to Drysdale and becoming another one of our foundation members. Mel recalls how nervous she was at her first training session but was 'blown away at how supportive and inclusive the team was.' Mel stated she, 'loves how this team looks after each other on the field but more importantly off the field. We are like a big family and the support we show towards each other is something pretty special.' When asked what she loves



about footy, her answer was very similar to her teammate Tash's response. Mel said, 'I love the competitive aspect of the game, it is a really challenge both mentally and physically. I have gained some many friends that I think I will have for life.'

Both women have become important role models to the senior team as well as our junior girls. By achieving 50 games respectively they have given their teammates something to strive for and demonstrated that women can be competitive and strong on and off the field.

As always, if you are woman above the age of sixteen and have been thinking about getting involved in women's football, please reach out to our Women's Coordinator, Jess Case, on 0427 753 723.

Alicia Murray



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