



The SpringDale Messenger

September 2021
Volume 31 Issue 8



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.



THE EXHIBITION 15TH



SpringDale Artists



You are invited to our 15th Annual Exhibition

Saturday 18 Sept to Sunday 3 Oct 10am - 4pm daily

At the SpringDale Neighbourhood Centre Hall

A gold coin donation is requested on entry

All Original Paintings • Small Works • Greeting Cards featuring prints of original paintings
A display of 12"x12" paintings, this year with the theme "For Children"

BELLARINE VINTAGE MACHINERY

Father's Day Display

Sunday 5th September

Oneday
ESTATE

See full details
on page 20



SEPTEMBER 2021

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Sunday	29	Legacy Week (till 4th Sept)
Wednesday	1	Adult Learners Week (till 8th)
Thursday	2	Jigsaw Group 10am-12noon at SpringDale
Friday	3-5	Sacrededge Festival at Queenscliff
	3	Legacy Badge Day
Saturday	4	Harvest Basket Produce Swap 9-10.30am at SpringDale SpringDale felt & Textile Artists 10am-3pm at SpringDale Free replacement anti-theft number plates screws at SpringDale Car Park 9-11am (weather permitting)
Sunday	5	Father's Day Bellarine Vintage Machinery Display at "Oneday Estate Winery" 9am-3pm
Monday	6	Kinship Carers 10am-1pm at SpringDale
Tuesday	7	Friendly Cuppa and Chat 10.30-11.30am at SpringDale The History of Rock and Roll - 10.30am - Potato Shed
Thursday	9	Days for Girls sewing 9am-1pm at SpringDale
Friday	10	Rebel - 8pm - Potato Shed
Tuesday	14	Dining Group - Leopold Sportsman Club at 6pm
Wednesday	15	Lunch Bunch 12noon at Portarlington Golf Club
Saturday	18	Memoirs and Mullets - 8pm - Potato Shed
	18	Start of the Art Exhibition till 3rd Oct
Monday	20	Footy Colours Day - Raising Funds to support kids with cancer
Tuesday	21	International Day of Peace World Alzheimer's Awareness Day World Gratitude Day
Thursday	23	International Day of Sign Language
Friday	24	Grand Final Public Holiday
Saturday	25	AFL Grand Final
Tue-Fri	28-1	Little Red Riding Hood - 10.30am & 1.30pm - Potato Shed
Wednesday	29	World Heart Day

Reminder
Bookings & copy required by 1 September for the October 2021 issue



SpringDale Messenger

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.
17-21 High Street, Drysdale Vic 3222.
Postal Address PO Box 80 Drysdale

COPY DEADLINE OCTOBER 2021
Bookings/copy required by 1 September.
Dist: Approx. 28 August 2021
Circ: up to 20,000

Connecting Your Business with our Community

For all Advertising enquiries:

Email: office@springdale.org.au

Phone: (03) 5253 1960

Online: Book an advertisement online.

Advertisements: Must be supplied with all text outlined. All requirements are listed at springdale.org.au

For all Editorial enquiries:

Email: messenger@springdale.org.au

Phone: (03) 5253 1960

Online: Use the online form to lodge an article at springdale.org.au

Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted**.

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



United Nations Association of Australia Victorian Division



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Education and Training



Environment, Land, Water and Planning

SpringDale Messenger Website

We now have a website devoted to all the SpringDale Messengers from the last 30 years. Thousands of hours have been invested in helping this website come to life. We are still seeking a couple of copies of old SpringDale Messengers to help us make this website the best it can be - April 1992 and May 2007.

Please let Springdale know if we can borrow these phone 5253 1960.

<https://www.messenger.springdale.org.au/>

We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



Coordinator's News



Anne Brackley

The last few months I have had the opportunity to reflect on the lives of my parents, who have influenced my life so much. They were both involved with many organisations on the Bellarine. Luckily mum kept so much information – a treasure trove for one of our current projects, the *Community Development Timeline*.

We have found information about the Bush Nursing service which morphed into Drysdale Community Health and then became Bellarine Community Health, the Drysdale Bowling and Croquet Club, Peninsula Netball Association, Bellarine Rural Shire and many celebrations and openings. We'll be busy for years scanning and uploading.

I credit my *living with purpose* to them. I have to know why I am doing something, how it will help my family, my community, my country or my world. I love being able to help – no matter how big or how small. People who come to SpringDale, know how much I love guiding people around SpringDale for the first time. I am so lucky to have the best job in the world.

Today, instead of some of the more administrative parts of my role – I get to help our ukulele classes run, by managing the Zoom camera in classroom, while our tutor Zooms in because of waiting for a family member's COVID test results. How lucky am I – so much fun. I never know what each different day will bring, especially during COVID times.

During the week I spoke at the Clifton Springs Garden club highlighting the benefits of the Bokashi food scrap recycling system and the EnsoPET, pet waste recycling. Yesterday I ran a class on Volunteering, tonight our Drysdale Guides will be meeting at SpringDale – so many different opportunities to help. So excited.

Thanks for all your good words about the SpringDale Messenger – last week we welcomed a gentleman into SpringDale to assist him with a request. His name is Ron Blaskett and he is the son of ventriloquist Ron Blaskett. Ron has donated a couple of books for us to give away through the Messenger, which he loves. If you are interested in winning one of these books, please phone in your details and a reason why you would like to win the book.

Thanks again for all your support. Our book shelves have been restocked and we have some very special books for very low prices, thanks to everyone who have donated them for recycling in our community. We have many videos, CDs and some books on offer for \$1 each.

We will be having a huge garage sale on Saturday 11 / Sunday 12 September - Tupperware, retro items, and so much more – thanks to people who have donated so generously to enable us to give you this opportunity. Thanks to all who will help to make this event a reality – please let me know if you would like to help.

Yours very sincerely

Anne Brackley for team SpringDale



A puzzle that helped me through winter. Thanks to SpringDale Jigsaw Library and the jigsaw board I bought at SpringDale.

Course News

Making Memory Boxes for East Gippsland

After our very successful Herbs to Help project last year. This year we are taking Memory Boxes to our new friends in East Gippsland.

Afternoons during the school holidays will enable community members the opportunity to help with this project. Let's cover the boxes with decoupage and get them ready to fill with items that a grandmother might have passed to you.

Dates/times: Mon 20 or 27, Tues 21 or 28, Thurs 23 or 30, Fri 24 Sep 1.30 – 3.30pm

Fee: Free

Poppy Lanterns

Preparing crafts for Remembrance Day

A workshop to enable you to make a lantern to sit beside your letterbox - please bring a 400g Moccona Coffee Jar or similar (if you can) other materials provided. Bookings essential (let us know if you have a jar - or if you have jars to donate!)

Instructor: Lizzy Free

Dates/times: Wed 15 or 22 or 29 Sept 1.30-3.30pm

Fee: \$5

Korean BBQ & Kimchi Fried Rice

Korean BBQ is the popular method of grilling meat right at the dining table. In this session, you will learn how to marinate meat (short rib, Galbi) and make Kimchi Fried Rice which is using Kimchi we made from the last session.

You have a chance to taste the BBQ and Kimchi Fried Rice for your lunch.

Instructor: Jasmine Hong

Dates/times: Sat 18 Sept 10am-1pm Fee: \$50



The SpringDale Lunch Bunch are going to Portarlington Golf Club on Wednesday 15th September at 12pm. Bookings are essential, please phone Margaret 0418 370 857.



SpringDale Dining group are going to Leopold Sportsman Club on Tuesday 14th September at 6pm. Please call SpringDale on 5253 1960 to reserve your spot.

QUOTE OF THE MONTH

Instead of worrying about what you cannot control, shift your energy to what you can create.

By Roy T Bennett

Anne Brackley - Quote curator

www.springdale.org.au

HUGE GARAGE SALE

Huge Garage Sale @ SpringDale Saturday 11 & Sunday 12 September

Tupperware, kitchen and household items, retro items – some new, vintage lawn bowls, glassware, material, bric a brac, videos, Sci Fi books. Trying to find good homes. Any thoughts on what to do with male and female bowls whites and creams? Toys and material – would be great if we can find a new home for all.





News from Lisa Neville MP

Member for Bellarine

State Government Heating and Cooling Rebate Scheme Open

The State Government, through Solar Victoria, has recently announced it is providing \$1,000 rebates to support all eligible low-income households to replace their old heaters with energy-efficient reverse-cycle systems that can warm their home in winter and cool it in summer.

An additional \$200 rebate is available to cap old gas heaters, and households can get \$500 to upgrade their electrical switchboard.

Owner-occupier households with an approved concession card or a combined household income of less than \$90,000 will be able to select an approved product and apply for a rebate through the program website.

By replacing outdated, unsafe or inefficient electric, gas and wood-fired heaters, the State Government is improving cost of living and liveability across the state, while building climate resilience.

The Home Heating and Cooling Upgrades Program has been developed in close partnership with organisations including the Community Housing Industry Association, Victorian Council of Social Services, St Vincent de Paul, Uniting Church and the

Brotherhood of St Laurence.

More information, including instructions on how to apply is available at heatingupgrades.vic.gov.au.

Congratulatory Messages for Milestone Birthdays and Wedding Anniversaries.

If you or a member of your immediate family are about to celebrate a birthday or wedding anniversary, Lisa's Leopold office can arrange congratulatory messages for the following.

- 90th Birthday from Prime Minister and Premier.
- 100th Birthday, from the Queen, Governor General, Prime Minister, Victorian Governor and Premier.
- 50th Wedding Anniversary from Governor General, Prime Minister, Victorian Governor and Premier.
- 60th Wedding Anniversary, from the Queen, Governor General, Prime Minister, Victorian Governor and Premier.
- You can also receive messages for 65th and 70th anniversaries and for all birthdays over 100.

Lisa's Office Assistance.

If you feel that Lisa can provide you or your organisation with assistance please contact her office on 52 501987, email lisa.neville@parliament.vic.gov.au or at Shop 66, Gateway Plaza Bellarine Highway, Leopold.

(Please note that this column is written on behalf of Lisa in her absence, while she is on extended sick leave.)

Did you know
your household
could be eligible
for **\$250**
off your power bill?



Power Saving Bonus SpringDale is ready to help you apply

Please contact the office to arrange an
appointment email office@springdale.org.au
or phone 5253 1960



DCSCA

Drysdale Clifton Springs Curlewis Association

Come to our Annual General Meeting and hear about the projects that we have been involved with this year. Community advocacy roles, assisting with the board walk at the Dell and much more. Wednesday 21 September 7pm at SpringDale Hall RSVP Anne Brackley Secretary 0407 529 205

Advertising

Lisa Neville MP

Member for Bellarine

"For assistance with any issue, please call my electorate office"

T: 5250 1987

E: lisa.neville@parliament.vic.gov.au

Shop G066, Gateway Plaza,
641-659 Bellarine Hwy, Leopold, 3224

Funded from the Parliamentary Budget

"DELIVERING for the BELLARINE"

POTATOSHED

The rollercoaster ride continues ... We hope you are keeping up with the dates and changes we have had to undertake with all the restrictions around the country. Fingers crossed we will present the shows scheduled for September. Knowing that there is an audience waiting for us at the other end is what keeps us going. Bravo to each and every one of you who purchase tickets to shows – you help keep our arts alive.

Another Covid causality is **Newk** (Sept 3rd) Due to rehearsal issues and tour changes the scheduled performance has been pushed back until 2023 – sorry for any inconvenience.

Rock n' Roll will be celebrated when Drop of a Hat Productions drop in for **September Morning Showtime** 10:30am Tuesday 7 September. Join in and sing as All Shook up play all the hits from the 50s through to the 70s.

The spirit and energy of Bowie is captured in **Rebel**, 8pm Friday 10 September, a homage to the music and theatrically of one of the greatest performing artists of all time. More than a Tribute Show, Rebel embodies and espouses Bowie's ethos, bringing the legendary artist's fantasies alive for us to indulge today.

Having postponed twice, three times the charm when Frankie and Shazza present **Memoirs and Mullets** 8pm Saturday 18 September. You'll be taken back to the 50s then through to the 80s as Frankie and Shazza present their love affair through the ages.

Its then time to welcome some school holiday entertainment with **Little Red Riding Hood** - just what the doctor ordered some good wholesome family fun ! The guys at theatre 3222 for kids will once again have everyone entertained and delighted with catchy tunes, colourful costumes and great audience interaction. Two shows Daily from September 28th through to October 1st.

A strong COVID-19 plan is in place to ensure you will be able to enjoy what we have on offer in September. With limited seating numbers, book your tickets now at www.geelongaustralia.com.au/potatoshed

Be social with us at Facebook and Instagram/potatosheddrysdale.

We look forward to welcoming you to the Shed.

POTATOSHED

WIN DOUBLE PASS to



Memoirs and Mullets

Sat Sept 18 at 8pm - table for two
bring a basket supper & purchase drinks from the bar

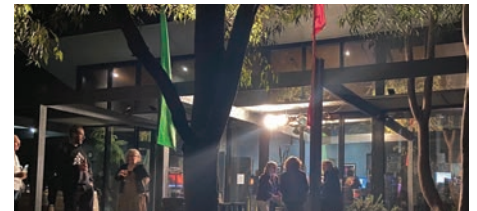
To enter fill out the coupon, send or deliver to:
Springdale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSSES 4PM FRIDAY 10 SEPT.



WHAT'S ON

POTATOSHED

CITY OF GREATER
GEELONG

NEWK

CANCELLED



FRIDAY
3 SEPTEMBER

CANCELLED

HISTORY OF
ROCK N' ROLL



MORNING
SHOW

'All Shook Up' will provide the soundtrack to the backstory, as narrated by Colin Mockett, of how and why rock n' roll developed, and the way this unique style of music changed the way we listen to music today.

Drop of a Hat Productions

TUESDAY
7 SEPTEMBER
10.30AM

Tickets \$17.50
Including Morning Tea

REBEL



REBEL

FRIDAY
10 SEPTEMBER
8PM

Cabaret Seating Adult \$40 Conc \$36
Theatre Seating Adult \$36 Conc \$32

MEMOIRS
AND MULLETS



SATURDAY
18 SEPTEMBER
8PM

Cabaret Seating Adult \$34 Conc \$28
Theatre Seating Adult \$30 Conc \$28

LITTLE RED
RIDING HOOD



3TRIPLE2 4 KIDS

Another school holidays and Little Red the daughter of Barry and June Hood sets off track all the way to Grandma Hood's house. There is a strange animal lurking in the bushes ... Will he be friendly or scary one? Come and see to find out!

TUESDAY 28 SEPTEMBER
to FRIDAY 1 OCTOBER
10.30AM & 1.30PM

All Tickets \$10.50 OR
\$35 for a Family Ticket of 4.
(under 2's FREE).

41 Peninsula Drive, Drysdale VIC 3222
www.geelongaustralia.com.au/potatoshed
f potatosheddrysdale
@ potatosheddrysdale

BOOK ONLINE NOW AT
WWW.GEELONGAUSTRALIA.COM.AU/POTATOSHED
OR WITH YOUR CREDIT CARD ON 5251 1998.

By Cr Jim Mason

Many women read this publication and of course, make significant contributions to the Drysdale and Clifton Springs community.

So, I'll start my column off by telling you about a report that was endorsed recently.

Council commissioned research as part of coronavirus recovery efforts, to truly understand how the pandemic has impacted women and gender diverse people.

This is not to say that the crisis hasn't been difficult for everyone, but research has shown that women appear to have experienced particular stresses during this time.

For example, our research found that while participants enjoyed more family time, many felt challenged working from home while managing remote learning for children and increased household duties.

A number reported that there were higher expectations on them to care for family.

Others experienced more violence, abuse and/or threats at home and couldn't leave to get help.

These positive and negative experiences are a valuable baseline of data for the City to ensure the quality of life and opportunities for women and gender diverse people can be improved.

It's shaped a 12-month action plan across multiple areas, including WIFI access, peer

support groups and food security.

Another interesting council decision was the release of the Draft Climate Change Response Plan for community consultation, which is now finished.

This proposed roadmap outlines clear steps to tackle the climate emergency.

The more we mitigate the risks of climate change now, the less future generations will have to adapt to later.

An action plan boasts ambitious targets, including that all City-managed operations will reach net zero emissions by 2025.

Council is choosing to lead by example to reduce the region's carbon footprint.

And finally, the adoption of the Sparrovale Wetlands Master Plan means exciting things for the region's environment, community, tourism and economy.

This 20-year plan will see a 500-hectare wetlands park open in Charlemont, on the edge of the Bellarine.

Not only will the reserve protect significant wildlife and habitat, it'll lead to opportunities for activities like kayaking.

I can't wait to go bird watching and hiking at this unique reserve, and maybe even give some water sports a try!



Walking

Do you want to do some different walks around our District?

The walks will be from about 70 to 100 minutes. We will try and find some different places and learn some local historical, geographical and nature features. Generally the walks will be on minor and quieter tracks or beaches (A little longer and less smooth under foot than Monday's Pole Walking Group). It is proposed to be on Thursday mornings from 9.30am in winter but probably a little earlier as it gets hotter. The walks will be followed by a visit to a nearby café.

If you are interested please contact Rob Gardner on 0413 458 562 or on robinjgardner@gmail.com



bellarine  **property**
Rentals | Commercial | Sales | Projects

House, unit, acreage or land, Lee is here to lend a hand.

Call Lee Martin on 0400 957 839

What can I say about the response I have received from my article in the Messenger, about grandparents with four grandchildren in their care being homeless. On behalf of the grandparents and their four grandchildren, I would like to say to you our local community a huge THANK YOU.

Your response to this family was overwhelming, offers of several rental properties, material donations for the four grandchildren (new clothing, books, games and bedding) was just heart-warming, offers of groceries for the family and the list goes on and on. The family is now settled in their new rental property and they are looking forward to being a normal family again.

The saying 'it takes a village to raise children' is certainly true in this case.

Our local community being the village have certainly opened their hearts to this family.

Again a huge thank you to everyone in our local community.

With the numbers of carers and children in our group steadily increasing, seems like every day I get a call asking for assistance from a kinship carer pleading for support.

Currently our numbers are over 45 carers and well over 90 children all living under kinship care. The carers in our group are mainly grandparents, but we also have aunts, uncles and other relatives caring for children in their care.

With the festive season (or should we say the silly season) fast approaching, which for us as kinship carers means a very stressful time. It would be great to give every child in our group from birth to 8 years of age a new toy, book or game.

For our 9 to 18 years of age young people it would be great to be able to present them with a toiletries pack plus a \$30 gift card - Coles Gift Card (which covers Kmart and Target) or a Movie pass to the value of \$30.

I have in the past made up a hamper for each family, so I would gladly accept any donations of non-perishable food items for our hampers.

If you are a kinship carer sitting at home thinking that you are all alone in your kinship journey. Please come join our group. We meet the first Monday of each month (not during school holidays) at SpringDale Neighbourhood Centre from 10am to 12noon.

Stay safe everyone. Thank you

Jeanette Hanley Heath - 0414 308 257



Bellarine PC Repairs

- not Apple sorry

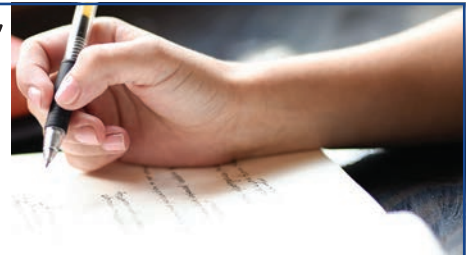
Monday - Friday • 10am to 4pm
(\$70 hour)

MARTIN

Mobile: 0411 472 360
Workshop: 5251 5405

11 Camberwarra Avenue
Clifton Springs

*Have you ever heard
of Journaling?*



Journaling is a private, written record of your thoughts and feelings. There are many different techniques to and uses of Journaling - a journal is your space for whatever you need.

I used to Journal, but somewhere along the way, I got out of the habit.

Journaling is a habit, not a hobby for when you're feeling good, or have the luxury of some spare time and IT'S GOOD FOR YOU! It's a habit we need when we're feeling stressed, worried, anxious, sad, angry, depressed or in any way a bit overwhelmed by the events in our lives. I've even seen it described as one of the most effective forms of therapy in managing stress. Much has been written about the benefits of Journaling - just 'Google it' and see how much pops up, including research into it's benefits for depression, anxiety and stress. Some studies have even shown it can impact positively on physical well-being, suggesting it can strengthen the immune system, drop blood pressure, help you sleep better & generally keep healthier.

Life for many of us is complicated, (particularly for those of us living with ASD or as carers,) and sometimes we can forget to look after our own well-being - so perhaps it's time to return to/start Journaling.

(If you would be interested in a course on Journaling being run through SpringDale Neighbourhood Centre, please let Anne know and if we can get the numbers, we'll see what we can do.)

Jennifer Polley, Coordinator of Barwon Health Carer Support & Carer Gateway was the guest speaker for our Talking Autism Group as well as other cares. She provided us with an over-view of the services available through both State & Federal Funded Programs. There are now many ways to access support for the people requiring care, but the services provided by the organization she works for are focused on supporting what she described as a very much under-recognised group of people - carers.

It was obvious from talking with Jen that she and her team are passionate about supporting carers, so if you are a carer & are struggling with any aspect all that that entails, contact them and find out what they may be able to offer to help. To find out more information about the type of support available, you can either ring the Free Call number 1800 422 737 or the direct line to Barwon Health Carer Support.

Next meeting of our Talking Autism Group is Saturday 18 September 10.30am at SpringDale

Jane Schmidt - Autism Support Group - SpringDale



Heritage Cameo Conveyancing
'Your Local Conveyancer'

Services Include

- Free Pre-Purchase Advice
- Subdivisions
- Property Transfers
- Purchase Contracts
- Sale contracts - Section 32 preparation

Shannon Calder
Manager - Bellarine Office



Heritage Cameo Conveyancing
'Professional and Personal Service Guaranteed'

Bellarine Office:
8 Murradoc Road, Drysdale, Vic 3222
E: shannon@heritagecameo.com.au
T: 03 5251 3950

Contact your local friendly conveyancer Shannon for all your conveyancing needs and questions.

Bellarine Aged Care Association



It is with regret that the current committee members wish to inform you that BACA will, over the next few months, be winding up its involvement in the Bellarine aged care community.

This, of course, is not a decision the committee has taken lightly however we unanimously feel that there are limited activities that BACA can contribute to that are not already being met by other organisations on the Bellarine.

Hosting another expo in 2021, as previously held in 2019, was considered however the committee felt with the current climate it would be too risky due to the ongoing concerns over COVID-19.

We wish to acknowledge and thank individuals for their contribution to BACA which has brought to the fore issues that older residents face on the Bellarine. Over the years it has been a huge benefit to the community and has involved many people.

There will be a final gathering in early October (Covid permitting) to celebrate individual contributions and to present donations to "not for profit" groups on the Bellarine that contribute in an ongoing and purposeful way to the wellbeing of ageing people in our community.

If you are interested in attending this gathering and are not already a member please contact us so that we can let you know details of the event.

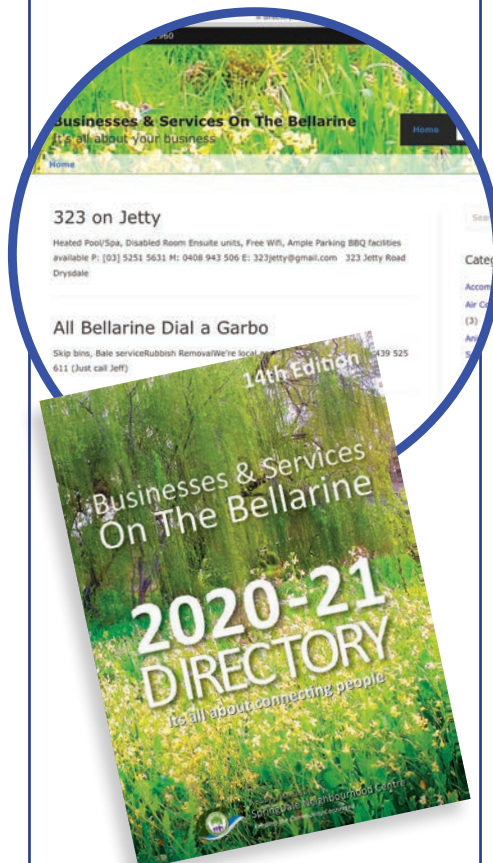
Bellarine Aged Care Association Committee

Secbacamail.com

On the Bellarine Business Directory

On the Bellarine 2020-2021 hard copies still available from Springdale and use our online version anywhere and anytime.

Add your business to our online version \$20 for the rest of the year and book a space in for 2022 version.



join us for a
FREE
eat well at home
healthy eating session
with a dietitian

Are you interested in learning how you can eat well at home?

Join us for a **free** one-hour information session with a Bellarine Community Health dietitian covering healthy eating topics.

The session will be held at Springdale Neighbourhood House on Wednesday 8th September 2021 at 2pm.

Topics may include but are not limited to:

- Demystifying food labels
- Ways to boost your fibre
- Food needs across the lifespan

You will have the opportunity to ask questions and get support on specific healthy eating concerns and needs.

To register click here or visit <https://www.eventbrite.com.au/e/eat-well-session-with-a-dietitian-tickets-162226904037>

Register your place by Wednesday 1st September, only 50 places available (subject to current restrictions).



William Sheahan

Funerals

PRE-PAY or PRE-ARRANGE your funeral

- **Your funeral - the way you want it and to suit your budget**
- **Locked in at today's prices**
- **Provides peace of mind for you and your family**

Ph: 5251 3477
Call us ~ 24 hours / 7 days

"Committed to Caring"

Follow up on **BOLT THE WONDER DOG**



Bolt has successfully had both cataracts removed. Bolt's vision is definitely improving post-surgery and we are thrilled with this outcome for him! There is no way we could have done this without the help from the community in fundraising and sharing his story on social media. Everyone who contributed to helping Bolt see the world again, we thank you very much.



Bringing the light, love & hope of Jesus to our local & greater community.

You are welcome to join us -

- Sunday Family Service **10am**
- Children's Ministry
- Play Group
- Youth Group
- Home Groups



45 Central Rd, Clifton Springs
office@central-baptist.com.au
centralbaptist.com.au
(03) 5253 1833 / 0478616719

Replacing old with new, recycling at its best.



Bellarine North Rotary have been busy again improving your community, this time working with City of Greater Geelong. Members of our club had a one-week window to dismantle the playground at the Drysdale Reserve in Duke Street as it was to be replaced with a new version.

Recycling is important to our club and this program enables the playgrounds we no longer need to be photographed, labelled, dismantled and sent overseas. This playground was earmarked to go to Sri Lanka, the photographs and labelling help in re-assembly. What joy will the children in Sri Lanka get from something that otherwise would have been landfill.

Due to our remarkably high occupational health and safety levels in this country, we are lucky enough to be able to upgrade our equipment and bless the lives of less fortunate children in other countries, this would otherwise not happen without such an amazing program.

Thanks to our members for working together to pull this playground apart in such a short space of time.

The reserve now has a new playground for our own children to explore. Bright, colourful and inviting.

Caroline Rickard - Publicity Officer
Bellarine North Rotary - 0408 989 221

Bellarine North
Rotary



This playground is now going to Sri Lanka.

NEVILLE RICHARDS



*A community focused Real Estate Agency
achieving outstanding results on the Bellarine*

5251 3857

NEVILLERICHARDS.COM.AU

Property Management • Sales • Appraisals

The SpringDale Dining Group – bringing our community together for 7 years. What has happened in that time? We’ve held 84 dinners with an average of 30 people attending each spending \$25 on food + \$10 on drinks and + \$5 on transport = more than \$100,000 into our community. Plus lots of friendships, lots of collaborations, plenty of laughter, many tall stories, and almost 84 times that I didn’t need to cook!

Well done SpringDale Dining Group for bringing social and economic rewards to our community.



Automated External Defibrillator (AED) at SpringDale

An Automated External Defibrillator (AED) for public use is now located at SpringDale 24 hours a day 7 days a week, this has been donated by the Lions Club Portarlington Drysdale. You can find the defibrillator on the outside wall to the right of the main entrance to reception.

Dial 000 and stay on the phone.

State that you want to access an AED at SpringDale Drysdale.

Ambulance Victoria will issue you with a code to open the front of the defibrillator.

Follow the advice from Ambulance Victoria accordingly.

Further information and links to videos, apps and education on AED’s can be found on the Ambulance Victoria website: <https://www.ambulance.vic.gov.au>



Practical Spirituality, Intuition & the Sixth Sense

Intuition and the Sixth Sense are as natural as part of our being as the other five senses. Women, men and children all have it to some degree. There are four distinct personality types that make up the Sixth Sense, though one can be most predominant in us - whether we pick up gut Feelings, inner knowings or hunches, clairvoyant Visions or the still inner Voice. Trusting and developing these simple aspects of the Higher Self can be a valuable part of navigating life successfully and strengthening our inner peace, inner guidance, purpose and direction in an increasingly uncertain world. Balancing the Head and Heart and maintaining our positive energy can also lead to clearer insight and less stress. This interactive workshop is fun, informative and has some useful techniques for practicing and developing your own Intuition and keeping your energy field clear.

Ninety minutes \$35.

**Wednesday September 15, 10.30am - 12Noon.
Also Saturday September 18, 2pm - 3.30pm.**

Paul Mischefski has been running Spiritual and Self Awareness workshops, groups, seminars and media talks internationally for over 40 years. He is currently based in Clifton Springs.

Email: paulmis@powerup.com.au
Phone: 0429-478-129



FREE CHEMICAL DROP OFF DAY

Saturday 18 September 2021 9.00am - 2.00pm

Registration is essential. Phone 1300 363 744 or visit Sustainability Victoria to register for the Geelong detox your home event www.sustainability.vic.gov.au/detoxyourhome

Residents can bring the following items:

- | | | |
|--|--|--|
| ✓ Acids and alkalis | ✓ Detergents, disinfectants and drain cleaners | ✓ Nail polish and remover |
| ✓ Aerosol cans (empty cans can be put in your household recycling bin) | ✓ Fertiliser | ✓ Oven cleaner |
| ✓ Anti-freeze | ✓ Fire extinguishers | ✓ Paint stripper |
| ✓ Brake fluid | ✓ Floor care products and waxes | ✓ Paint thinner and turps |
| ✓ Car body filler | ✓ Fuels - petrol, diesel and kerosene | ✓ Pool chemicals |
| ✓ Car wax | ✓ Glues - water based solvents | ✓ Rat poison |
| ✓ Cleaners - ammonia based | ✓ Herbicides and weed killers | ✓ Solvents |
| ✓ Cooking oil | ✓ Insect spray/pesticides | ✓ Transmission fluid |
| ✓ Coolant | | ✓ Wood preservatives and finishes (oils and varnish) |

Paint is not accepted. Domestic quantities of paint can be dropped off at the Drysdale or Geelong Resource Recovery Centres for **FREE**.

Conditions and maximum quantities:

This service is for household chemicals only. Decanting is not permitted. The maximum acceptable weight or size of any single container is 20kg or 20 litres.

This drop off day is run in partnership with Sustainability Victoria and is part of the City's recycling program.



**It's safe,
easy and
FREE!**



"UNCLAIMED"

Part 8.

Last month, you may recall Rosten, Ashley and "Ace" succeeded in getting young Haylie out of the marauding aliens' clutches. It is now shortly thereafter as they join Kristen in the radio shack...

What you might call a hectic finish to what promised to be a dull day. "Did you find Mick?"

"He just reported in sir. He has a detail surrounding the Rec Room."

"Well, if it doesn't come out and you send them in after it we won't have any base left before long."

"You make a point there Aspinall. A better plan would be to get it away somehow. Lieutenant Johnson, could you bring up the plan of the base on the flat screen?"

On the horizontal billiard table like screen, the plan shows up clearly.

"Now the aerial unit is docked at bay twelve. If we open this hatch and close these two, it would have a direct pathway to the unit hatch."

"How do we get it to go there?"

Kristen leans forward.

"If we turned on the internal emergency beacon it might be attracted..."

"Yes, Lieutenant that might work. Set it up would you? I'm going to see Dr. Sanson."

Ashley speaks...

"With respect sir what are you going to do with the unit if you get that thing into it?"

"Send it to S.A.T. lab."

A shocked silence. The forty-million-dollar Satellite Analysis and Tracking laboratory has been orbiting Mars for a year under the personal command of its' designer, Associate Professor Olave` Rodgers. She and her crew test and analyse any new mineral specimens in a space environment.

Ashley faces him.

"Are you going to sacrifice S.A.T. lab?"

"Yes."

"Professor Rodgers..."

"Quite."

Her jaw hardens.

"Would you have shot that girl?"

"I'd have given it a minute."

Next Month...Paul and Sian...



Women Living Well on the Bellarine

Over the past month I've noticed an increase on social media of articles and attention on the issue of "(almost) homelessness".

How many times have we heard women of today being described as resilient and resourceful? It appears that those two qualities are the reason that "almost homeless" has become a new phrase when talking about the challenges older women are facing trying to keep a roof over their heads.

While we are seeing growing challenges with affordable housing here on The Bellarine, this problem is being noticed throughout Victoria, NSW, Queensland and South Australia.

This often not-talked-about problem is starting to raise its voice. Take a look at www.abc.net.au House-sitting, couch surfing keeping "almost

homeless" older women off the streets.

I am really grateful to the women on The Bellarine who have contacted me wanting to be part of the solution to this challenging issue. We are looking at how we can best help and support each other while constantly looking at the bigger picture of what can be done to prevent this issue from growing any bigger.

If you would like to be part of Women Living Well on The Bellarine, please contact me, and please feel free to come along to our regular Afternoon Tea at SpringDale on the last Friday in every month at 2.00 p.m. You will be warmly welcomed.

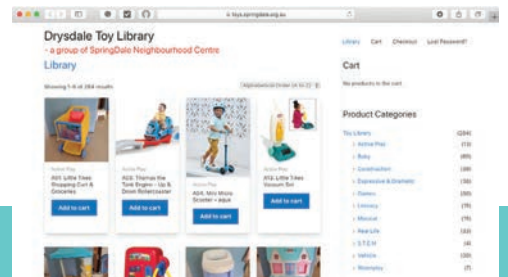
Dianne Bennett. Ph 0422 146 604
diannebennett4@hotmail.com



How does a toy library works?

The Toy Library works on a "Click & Collect" system, and you can exchange toys as you would books at a library.

The Toy Library is a new initiative of SpringDale Neighbourhood Centre; we are a not-for-profit community organisation, run by a group of volunteer members. Drysdale & Portarlington. We have toys that cater for children between ages of 0-6.



Click & Collect

Body Aches, Pain & Stress

Frank Prskalo
Equilibrium Bellarine
Massage Therapy

Tel - 0422 088 561
5 Mainsail Drive St Leonards



Health fund rebates.

Visit Frank at www.ebmassage.com.au



Portarlington Police Report

Hi all

It is with mixed emotions that I would like to inform you all that I will have left Portarlington by the time this goes to print. I have been successful in obtaining a promotion and will be heading down the highway to the CBD. It has been a great experience upgrading the station and building the team. Sergeant Nathan Jones will be performing the role, he is an experienced Sergeant from Geelong and is looking forward to 'steering the ship', until a new officer in charge is appointed.

Depending on when you read this, our hoon operation has either happened or is about to happen. Results will be posted on Eyewatch – Geelong Police Service Area. As with previous messages, if you see or hear anything; call us at the time.

My topic this month will be crime prevention. Unfortunately, villains travelled to the Peninsula last weekend and stole items from cars/houses and caused damage. This happened in the Drysdale, Curlewis and Clifton Springs areas. The majority of these offences could've been prevented as they were from unlocked vehicles. A garage remote was also retrieved from a car and used to open up a garage. I have reviewed CCTV footage which clearly shows the offender checked car door handles and moving on to the next car as the car was unlocked. An arrest is imminent as our detectives are investigating. We will continue our high visibility safety patrols and focus in that area to ensure you are all kept safe. If you have CCTV, can you check footage between 15/7/21 – 17/7/21, If you see anything suspicious, call us here at Portarlington on 52592606 and we can provide you with a link to upload it to.

I would also like to remind you of the COVID-19 information hotline – 1800 675398. This is staffed to answer your questions, particularly on restrictions. We receive many calls here, which take us away from our duties.

Remember, if you wish to report something that is happening and need police, call 000. If you wish to report a crime that has previously happened, you can report it to the Police Assistance Line on 131444. They will take a report on our behalf and send it to us to investigate. If you wish to report suspicious activity anonymously that does not require immediate police attendance, Crime Stoppers on 1800 333 000.

Thanks for reading and stay safe,

Sergeant Dean Parrello

Officer in Charge, Portarlington Police Station

Leanne's wheel life



Equity, equality working equally

In my experiences, if there is one thing that universally raises the ire of us all, it's unfairness. The modern phenomenon of the accessible car parking space and its proper use is one hot topic for not just those that have, or are associated with someone, with a disability. Almost everyone gets hot under the collar when it seems this form of unfairness is occurring.

I have been the unwitting focus of such rage twice during the time I was using a walking stick from men armed with no information of our situation in both incidents, which included not checking for the displayed Disability Parking Permit. The first began his ignorant tirade as we pulled in to park, offering no remorse after we firmly advised him of our rights. A second incident involved a younger guy who silently mouthed his objections to us through the windscreen while wildly gesturing at the permit only sign. So much for the perks of disability being the parking.

If only the same righteous anger was displayed on a shopping trip last week, at the inaccessibility of a retail shop due to three entry steps, instead of the indifference offered by the staff and customers. These incidents would be far fewer with anti-discriminatory universal design legislations outlawing venue inaccessibility.

The accessible car park is an excellent example of equity and not just equality. Equality is having the same features, opportunities, functions or rules for everyone. Equity is adapting or revamping those things so that our diverse population can access them equally. For instance, a retail store is available to everyone, but it has three entry steps - equity. Heritage laws are modified to enable a tasteful ramped entrance sympathetic to the relevant era - equity.

The NDIS was implemented to address inequity in social, health, employment and family opportunities of people with disabilities aged under 65. It mostly has, albeit with many improvements to be made. Incidentally, there is a current campaign to increase the age of eligibility-Disability Doesn't Discriminate - if you wish to sign the petition.

Psychological theory suggests that our instinctual reaction to equity is an innate human behaviour that is not just tied to self-reward but to the knowledge of fairness and justice to others. Disabled or not, I reckon we'd all be a very happy, cohesive society when every sector is treated with fairness. Imagine a society where an inaccessible venue was such an exception as to cause the indignation that an unjustly occupied accessible car park does.



Free replacement anti-theft number plates screws at Springdale Car Park 9-11am (weather permitting)



DRYSDALE COMMUNITY CHURCH

We invite you to join us for a contemporary and relevant Service

Sunday 10.00 am
(Includes Children's Program at 10:40)

276 – 290 Jetty Rd Curlewis P: 5253 2241

Second Chance Shop
40 Geelong Rd. Portarlington

TAVIDS PRINT
SIGNS & DIGITAL PRINTING

DESIGN - PRINT - FINISH

5251 1735

9 Mortimer St, Drysdale
tavidsprint@gmail.com
www.tavids.com.au

BELLARINE AUTO SERVICE

5253 1644
0403 993 342

EAS Quality Mechanical Repairs Since 1990
6-8 Mortimer St. Drysdale

VACC We service and repair all makes and models, LPG, Diesel and Petrol vehicles.
www.bellarineautoservice.com

Drysdale RSL



The Drysdale RSL Sub-branch appointed local builder Absolute Patios to update the facilities at the back of the present clubrooms. The works included removal of the old lean-to, and construction of a new concreted area and veranda/patio. The works have substantially increased the area shaded, and now provide cover for the pathway between the main building and the toilet block.

The building project was generously supported financially by the Victorian Government. It is important to note that the Veterans Branch is part of the Victorian State Government and not part of the Commonwealth's Department of Veterans' Affairs.

According to the Hon Shaun Leane MP, Minister for Veterans: "Victoria's veterans have made enormous sacrifices so all Australians can enjoy safety, freedom and peace, and we are supporting them in return. These building projects will help the organisations who provide services to our veteran community continue to operate at their full potential, which has so many benefits for the Victorians they support."

Harry Paterson



Works Under Way



Works Complete



JUST REALTY
BELLARINE

Breaking News! The Fresh Approach

On Friday 20th August, Just Realty Bellarine has become more accessible than ever before, with a new shop front located smack bang between the Portarlington Post Office and the Portarlington Woolworths at 4b Brown Street Portarlington. Just Realty Bellarine started in late 2019 and has now expanded its services to include Property Management and Holiday Letting to sit alongside the already successful Property Sales service.

Just Realty Bellarine is a 100% Local family owned business and a proud supporter of SpringDale.

Being an independent family run business, Just Realty Bellarine prides itself on truly offering a 'Fresh Approach to Real Estate'. As we all know, small businesses tend to be more agile, proactive, and focused on ensuring all clients and customers are happy with the services provided.

So if you are looking to Buy or Sell a property, Lease or Rent a property, or Utilise your home as a Holiday Rental; or just wondering about what to do with your property, drop in or call Just Realty Bellarine at their new location.

JUST REALTY BELLARINE
4b Brown St Portarlington, 03 5259 1103.



Business on the Bellarine

BOB provides like-minded business people with opportunities to connect with and support each other, the local economy & community.

- We help & support our members.
- We pursue growth and learning.
- We support the local community.

Meeting Tuesday's @ 7.50am
Visitors welcome.
Contact Jo Aspland on
0438 055 679 for more details.



www.businessonbellarine.com.au



JEANNETTE ERNST

Conveyancing Professional

Appointments available in **Drysdale**
15 Hancock St. Call 0407 726 260

- ▲ Experienced caring conveyancing service.
- ▲ Living local, offices in Drysdale & East Geelong.
- ▲ Licensed Conveyancer.



Contact Jeannette on 0407 726 260 or
E: jeannette@conveyancinggeelong.com.au



JUST REALTY
BELLARINE

A Fresh Approach
to Real Estate

- Property Sales
- Property Management
- Holiday Rentals

100% Local Family Owned & Operated Business
4B Brown Street, Portarlington

5259 1103

www.jrbellarine.com.au

Parents, The Power of Self-Compassion!

“Self-compassion is nurturing yourself with all the kindness and love you would shower on someone you cherish.” Bedra L. Reble

Everyone struggles in life, we all have strengths and weaknesses, we all make mistakes, but that’s okay because it makes us human! The challenges of our daily routines over the last two years have taken a beating ensuring that our short and long term plans and day-to-day expectations are constantly changing like shifting sand. Everyone I speak to is fatigued in some way, so this is the perfect time to talk about ‘self-compassion’. The guilt of not being able to do it all can be all too consuming and not only deplete our energies but also our self-esteem. Just imagine if we were to nurture ourselves in the same way we automatically lavish kindness, empathy and support on our family, friends and work colleagues; the results would be very powerful. We’d reduce our stress levels, anxiety, and have the energy to reignite our passion for the important things in life.

Suggestions below may help you begin your journey of self-compassion:

- **Carve out moments of Peace:** Grab small moments wherever we can to pause and indulge in some self-care.
- **Readjust your Self-Talk:** Make an effort to soften the self-critical inner voice of our thoughts and reword them in a positive and productive way.
- **Forgive yourself for making Mistakes:** Nobody is perfect, our best efforts are indeed enough!
- **Embrace Failure:** This is a hard one, but necessary, we need to see failure as an opportunity to try something new.
- **Do what you Love:** When we can focus our time and energy on what we love it will help us to focus less on what we don’t have control over.
- **Develop an attitude of Gratitude:** Thinking about what we are grateful for everyday will help us focus on all that is good in our lives and help us notice and appreciate the simple things: ie: a cup of coffee delivered to us at exactly the time we need it. A teenager packing the dishwasher etc...
- **You are not Alone:** We all experience difficulties at times, while these challenges may vary our feelings are the same, so reach out and connect with others, it will help us to stop judging ourselves so harshly for how we are feeling. These feelings are natural and acceptable.
- **Set Boundaries:** When we listen to what our bodies are telling us we need, we will learn to set healthy boundaries and say ‘no’ without a guilty conscience.

“A moment of self-compassion can change your entire day. A string of such moments can change the course of your life.” Christopher K. Germer

Peta Henshelwood (B.Ed) - TIME2 Active8 – Your learning Potential
Registered teacher with (VIT) and (ATA) Ph: 0447 950 004,
henshelwood.peta@gmail.com and facebook@TIME2Active8
‘Creative solutions to improve educational wellbeing.’



Thanks so much Peta for helping us all during the last 18 months - your wisdom has been appreciated by many.
Regards **Anne Brackley**



St Leonards Garden Club

Hello Everyone.

I’m happy to say July’s garden club meeting went ahead with a great turnout of members and visitors, albeit with a few hiccups.

A huge thank you to Wayne Long for agreeing to be our guest speaker, again at short notice. Wayne is always generous with his time and knowledge.

Unfortunately, we were unable to have the August meeting.

On the 8th September Craig Castree will be our guest presenter, another guest who is always generous with his time and knowledge.

If you haven’t done so already, peach, nectarines and apricot trees need to be sprayed with blue copper sulphate to help prevent leaf curl. Spray on the ground around the tree base as well to kill spores and other fungal problems. Spray generously all over the tree until you have runoff, that way you know you have sprayed enough.

Tip prune citrus trees and feed lemon trees. Shape deciduous and ornamental trees.

Feed your now flowering bulbs. Don’t forget

to get rid of those pesky weeds. Check your garlic. If growing potatoes, check for snails and slugs, they love the juicy new shoots. Place straw around to help prevent this problem.

Start preparing garden beds for spring and summer plantings. Spring is just around the corner. There are now lots of different flowering seedlings for garden colour and vegetable seedling are now available.

Hellebores (winter roses) are beautiful and will give you colour over the winter months. Plant under deciduous trees for protection in summer and will allow winter sunshine, when trees have dropped their leaves.

Garden club meetings are held every 2nd Wednesday of the month (when Covid restrictions allow). Start time is 1.00 pm for a 1.15pm start. The Memorial Hall is located at 1324 Murrodoc Rd St Leonards. Covid regulations require QR sign in and appropriate seating distance.

Stay well, stay safe.

Cheers, **Wilma McLaren.**





I can feel Spring in the air while I write this article. Spring means the beginning of new life in our gardens and hopefully some positivity for normality heading to the end of 2021.

Recently the Ocean Grove Garden Club has had to close its books. We would like to publicly thank the Committee and Members for the generous donation they made to our Club, to be put towards an outing or activity we might have. Maybe we might see some of the Ocean Grove members at one of our meetings.

We recently carried on the Garden Club tradition of having a dinner meeting in winter. 29 of our members enjoyed a social gathering at the Leopold Sportsman's Club. Just what was needed to renew friendships and for new members to get to know other members in a social environment.

Now is a great time to get out into the sunshine and tidy up the garden after winter. While you are doing this think about putting some of the cuttings into pots - some will strike, some won't, but when they do strike it gives you a great sense of satisfaction. The Clifton Springs Garden Club are planning to have their Annual Plant Sale on the last Saturday in October, so if you aren't confident to pot up your own cuttings, then come along and purchase some from the Garden Club. There is always a great variety of plants grown by our Members and friends of the Garden Club.

September is AGM time. Please come along and support the outgoing Committee who have been working under difficult circumstances to keep meetings happening and to keep Members connected. We will also have an interesting speaker attending. We do not like surprises on the night, so nominations for all positions on the Committee are called for prior to the AGM, so that members are not put into an embarrassing position on the night. Any financial member of the Club is welcome to join the Committee, and we are always looking for fresh ideas. If you don't want to be on the Committee, there are other ways you can help the Club be enjoyable for all.

If you would like to keep up to date with what the Clifton Springs Garden Club is up to, please do not hesitate to contact Helen, our Secretary on 5257 2220 or email her on hma3152@gmail.com.

Some spring colour in my garden



Bellarine Birdlife Gang Gang Cockatoos

Very often you will hear the Gang Gangs before you see them. They gather in small family groups feeding on seeds, nuts and berries, uttering soft growling sounds as they enjoy the seed capsules. Often evidence of their presence is a ground cover of seed debris and the sounds of dropping capsules, twigs and leaves.

The thick upper cover and their dark grey bodies make them hard to see however usually you can be rewarded by the sight of a wispy crest of scarlet as a male turns his head to feed. The female does not have a red crest but an attractive body and head of mid-grey feathers, fringed and edged in a soft yellow or white.

The birds gather in small groups or families in dense forests along mountain sides, deep in gullies where they search out eucalyptus and acacia but also they delight in pine habitations. They tend to move higher up the cool mountains in summer returning to the lower regions in winter. Winter is generally the time to see them in the Bellarine.

I was lucky enough to have a family nest in my Beechworth garden. The baby was beautifully cared for by loving parents though I must admit I query the bird book writers who state the birds are quiet or silent when feeding as my baby demanded loudly sounding like a creaking gate or rusty hinge. The demands were constant.

Flocks of flying Gang Gang Cockatoos can be identified by their deep strong wing beats, though when moving from tree to tree they prefer a deep glide. Please look out for these most beautiful birds, they are certainly one of our treasures.

Carole O'Neill



Time for Lasagna

Lasagne or Lasagna is the type of dish you really don't need to follow an exact recipe.

The dish itself used to be filled with leftovers and mainly offal, to keep it interesting.

Pasta comes in many shapes and sizes as do the sheets for lasagna. There is a wonderful choice from fresh-made sheets and no pre-cooking required to packets of traditional, dried sheets to boil first, then layer.

Layering is the fun part - meat or no meat sauce, vegetables, cheese and pasta. There are no strict rules for how many layers. It all depends on the size of the baking dish, how chunky the sauce is and how thick the layers will be.

A rich tomato sauce with onion or leek and grated carrot, pumpkin, zucchini, mushrooms, capsicum and eggplant. Just a scoop of this chunky sauce topped with cheese will make it an easy lasagna!

Alternately, slices of roasted or grilled vegetables add colour in between the pasta. With spring in the air look for bright, fresh asparagus, blanch some broad beans and fresh, spring peas. Add artichokes in a lasagna with a difference. To keep this lasagna easy, use ricotta or fresh mozzarella as well as Parmesan or other tasty cheese grated in between the layers. No tomato! This really emphasises the flavours of spring vegetables.

To keep it light, use a vegetable broth/stock to bake it in, instead of a thick tomato sauce.

All the vegetables should be pre-cooked before layering and all lasagna sheets can be blanched to cut down on cooking time.

There are some people who like just a meat sauce in between each sheet!! And there are some who would just have a cheesy, white sauce in between layers. Too easy!!

1. Choose pasta sheets - make or prepare as per instructions
 2. Choose fillings, sauce, vegetables, cheese, etc
 3. Choose baking dish
 - Prepare a baking dish with a ladle or two of sauce or broth.
 - Layer sheets of lasagna with alternate cheese, hard boiled eggs, ricotta and/or slices of eggplant, pumpkin or capsicum. If the latter is in the sauce you don't need to layer.
 - On top of each layer add a ladle of sauce just enough to cover.
 - On the top layer of pasta just have sauce and cheese.
 - Cover with silver foil and bake (180C) for 40 minutes.
 - Remove the foil & leave for another 10-15 minutes until golden on top.
 - Allow it to rest for about 15 minutes before serving. Some people love lasagna hot, straight out of the oven. Watch out for long strings of mozzarella! Believe it or not - it is even better the next day.
- Make 2 so one can be frozen!



Spring is nature's way of saying, "Let's party!"

Robin Williams



Béchamel Sauce

Besciamella, in Italian, is used in lasagne as a white sauce with cheese, in between some layers.

Warm the milk with a bay leaf, peppercorns, a few leaves of parsley, garlic. Allow to infuse before straining and use it to make a thick, rich Béchamel sauce.

Basic Recipe:

- 5 tablespoons butter
 - 4 tablespoons plain flour
 - 4 cups milk, warmed
 - 1 cup tasty grated cheese (optional)
 - 1 cup Parmesan cheese (optional)
 - 1 cup ricotta (optional)
 - salt, pepper and grated nutmeg to taste
- Melt the butter in a saucepan on low heat.
 - When it is completely melted add the flour and mix well with a wooden spoon.
 - Cook for 3-5 minutes as the flour changes colour.
 - Start adding the milk a little each time. Whisk continuously to prevent lumps.
 - Add a little milk, stir, whisk until all the milk is blended in.
 - Add cheese (optional) a little each time and whisk gently to melt in to the sauce.
 - When it is thick, season with salt, pepper and a little nutmeg.

Agatta

SPRINGS TOWN CLUB

Given that we have had several "lockdowns", lockdown weight gain can be difficult to lose. We are at home and cooking things like sour dough bread and thick soups, muffins and luscious big meals. There is no problem with the cooking, it's the over-eating that creates the problem. If you are having a problem losing those extra kilos, why not try Springs TOWN Club. We meet on Monday mornings at the Uniting church Hall.

Why should you come to a TOWN club? We are group who meet to help each other by participating in group therapy and by discussing the realities of weight loss with each other. We do not put anyone down for gaining for being bigger than anyone else. We would celebrate and welcome you, so come and join us. We celebrate each other's losses and we help each other when we gain. We approach life as a joy and laugh a lot together. Whilst we are an older group, we would love to welcome members of any age. Just think, if you have young children, you will have a lot of women who are great at dealing with grandchildren. So don't be afraid to join us.

One of the group therapy sessions we have had is looking at why we over-eat. It can be emotional, it can be that your exercise level has become less due to a change in lifestyle, it could be that you are unaware of the amount of food you are eating.

Here are a few tips that you can use before you come and join our happy group of slimmers.

1. Exercise every day. Take the dog for a walk, walk around the block, go to a gym.
2. Make sure that the plate of food you are eating is not over loaded. Your plate should be half full of vegetables like carrot, asparagus, leafy vegetables, tomatoes, peas. The carbohydrate like rice, potato, or pasta should be no more than ¼ of the plate. Protein like steak, fish, chicken should also be no more than ¼ of the plate. You can also eat 2 eggs.
3. Make sure you do something you enjoy every day. Some of us paint, others garden, others do craft whilst others listen to the music they love. Some of us do all 4 of these things.
4. Snacks are to be kept to 2 a day and not contain any sugar.

Try these things for a week and see how you go. In any event, come along to "The Springs" TOWN group and have fun taking off weight naturally.

When: Monday

Where: Uniting Church Hall (behind the church)

Time: 9.00am to 11.00am (we usually finish by 10.30-10.45am)

Contact: Jan (bellsbythebeach@bigpond.com) Phone: 0403221737



COMMUNITY DEVELOPMENT TIMELINE

Drysdale Bush Nursing

The Drysdale Bush Nursing Centre opened in 1922 with the first nurse Sr D A Whytecross operating the service from her home on the corner of Wyndham Street and Barrands Lane. From that time on the Drysdale community welcomed many dedicated nurses and volunteers over the years.

Growing up in Drysdale we were fortunate to have a community based Bush Nursing Centre which was the 'go to' for anything medical - I'm sure most community members have a memorable story to tell about a visit to Sr Getsom - I certainly do! My mum and aunt were committee and life members and I'm now excited to be helping bring together the history of the Drysdale Bush Nursing and contributing to Springdale's efforts in celebrating the 100 year anniversary in 2022.

By **Kathryn Hines**

Have a look at our website as we record the history -
Onthebellarine.org.au

First Bunyip Festival celebrating 100 years of Drysdale Primary School, in 1975



Commemoration glasses of the 100 year celebration

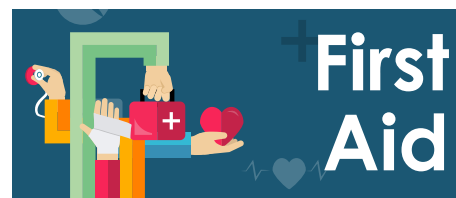
Margaret Wild and Bunyip



Sr Getsom



Kel Davis



Provide CPR Code HLTAID009

Precourse work required

Instructor: Stayin' Alive First Aid

Dates/times: Fri 22 Oct or Sat 26 Nov 9-9.45am

Fee: \$65

Provide First Aid Code HLTAID011

Precourse work required.

Instructor: Stayin' Alive First Aid

Dates/times: Fri 22 Oct or Sat 26 Nov 10am-12noon

Fee: \$130

Provide an emergency first aid response in an education and care setting

Code HLTAID012

The unit of competency applies to educators and support staff working within an education and care setting and will contribute towards approved first aid, asthma and anaphylaxis training under the Education and Care Services National Law, and the Education and Care Services National Regulation (2011).

Instructor: Stayin' Alive First Aid

Dates/times: Fri 22 Oct or Sat 26 Nov 9am-12noon

Fee: \$160

Raelene Newton

Stayin' Alive First Aid

stayinalivefirstaid@gmail.com

Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909.



SEASCAPE PLUMBING

YOUR LOCAL GEELONG/BELLARINE PLUMBER

FRIENDLY
RELIABLE
LOCAL
SERVICE

- HOT WATER SERVICES • GASFITTING • BLOCKED DRAINS
- BURST PIPES AND LEAKS • TAPS REPAIR/REPLACEMENT
- TOILET PANS AND CISTERNS • HOT AND COLD WATER

24 HOUR EMERGENCY SERVICE. 7 DAYS A WEEK!



CALL 0404 049 868 OR VISIT OUR WEBSITE SEASCAPEPLUMBING.COM.AU

Call Luke at Seascape Plumbing for friendly reliable local service. Lic# 53223.



Image of the night - Up, up and away by Lynne Pearce



Blowin in the Wind by Dee Kelly



The Block Arcade by Stan Coath

BELLARINE CAMERA CLUB

Due to COVID restrictions, our recent Competition had to be held via Zoom in the warmth and comfort of our own homes. This lends you to appreciate when we can actually get together. This Comp was an interesting one, titled 'Triptych' with Photographer Chris Reichl being our judge for the evening.

Competition Results:-

A Grade Prints: 1st Blowin in the Wind by Dee Kelly, 2nd Too Little too Late by Dee Kelly, 3rd The Block Arcade by Stan Coath

B Grade Prints: Follow the Sun by Jennifer Warren, 2nd Heads & Tails by Jennifer Warren

A Grade EDI's: 1st Up, up and Away by Lynne Pearce, 2nd Styling by Kevin Robley, 3rd Off We Go by Lynne Pearce, Merit A Tight Squeeze by Jim Den Ouden.

B Grade EDI's: 1st Ebb and Flow by Jennifer Warren, 2nd Between Water and Sky by Jennifer Warren, 3rd 2 Heads are better than 1 by Geoff Evans.

Springdale Trivia 50th Edition by Drysdale Girl Guides

1. In terms of total area, Western Australia is larger than the country of Algeria, True or False
2. During international sporting events, teams or individuals representing Australia usually wear what colours?
3. Do polar bears and penguins live in the same geographical areas?
4. What is the chemical symbol of copper?
5. How many Australians have won the Tour de France?
6. In which country are cherry blossoms considered as a sign of the beginning of Spring?
7. If every single tile was used during a game of scrabble, how many squares would not be covered?
8. In a website browser address bar, what does "www" stand for?
9. Oranges, limes, lemons and mandarins are part of what fruit family?
10. Which band had hits including Take it to the Limit, New Kid in Town and Heartache Tonight?

Turn to page 20 to find the answers.



Drysdale Guides Meet on Thursdays during the school term 6:30-8:00pm.

If you are interested or have any questions please contact Anne Brackley on 0407 529 205

St. Leonards
PHYSIO BY THE BAY

Like Us On facebook

Neil Wise is a highly experienced physiotherapist with over 30 years of experience in Private Practice,

- Private, Concession & Aged Pension rates available – no referral required
- DVA, Workcover, TAC, CDM (Medicare) patients welcomed with referral

P: 5257 1832
1 Mouchemore Avenue, St Leonards
E: info@stleonardsphysiobythebay.com.au
W: www.stleonardsphysiobythebay.com.au

BELLARINE
BGS
GLASS & SCREENS

- Security Doors • Shower Screens
- Wardrobe Doors • Mirrors • Flyscreens
- Glass Repairs • Balustrading

7 Days A Week
Fast Glass Repairs ✓
Same Day Service ✓

Ph: (03) 5253 2301
38 Murradoc Road Drysdale 3222
D Ward Facsimile 03 5251 3905

family hypnotherapy

- Reach your goals
- Overcome your limiting beliefs
- Strengthen your self-confidence

Online sessions still available

Kim High - Clinical Hypnotherapist
14 Knowles Grove, Point Lonsdale
0439 330 919
www.familyhypnotherapy.com.au
Rebates available through some private health providers

BIG BREATHS FOR BIG FEELINGS



5

FINGER BREATH

Trace up and down your fingers on one hand with the pointer finger of the other. Breathing in as you trace up towards your fingertips, and gently breathing out as you return towards your palm.

"BREATHE IN DEEPLY TO BRING YOUR MIND HOME TO YOUR BODY"
- TUICH NHAT HANH

BUMBLE BEE BREATH

Keep your lips sealed as you breathe in through your nose and then humm or buzz as you exhale. Put your hands over your ears to magnify the sound!

THE TUMBLE DRYER

Point your index fingers overlapping but towards each other in front of your mouth. After you take a deep breath in, blow a thin stream of air from your mouth and swirl your fingers around each other in circles. You will hear a soothing swishy noise as you exhale.

FLOWERS & CANDLES

Imagine smelling the beautiful scent of your favourite, brightly coloured flower. Breathe in through your nose. Then gently blow out through your mouth like blowing out the candles on a make-believe birthday cake.



BLOWING BUBBLES

Blowing bubbles is a great way to get children to concentrate on their breath, but if you are out of bubble mix – or the patience it takes to sustain a bubble blowing session. You can blow some make-believe bubbles. Remember how softly and directed you need to blow to make a big bubble. Blow out soft and long. You can blow a wish into each bubble for extra fun!

SNAKE BREATH

Be a sly and sinister ssssssnake. Inhale deeply through your nose and exhale with a soft and fine hisssssssss sound through your mouth.



BUNNY BREATH

Like a little fluffy bunny, take three quick sniffs in through the nose and then one long exhalation through the mouth.

LION BREATH

Breathe a nice deep breath in through your nose, and then stick your tongue out and make a Haaaaa noise as you exhale. This is fun to do in a forward fold, with your head dangling down towards the ground.

SHOULDER ROLL

When children are getting tense or tight, you can teach them this technique to soften their tension. Sitting comfortably, they take a deep breath in and as they do, roll their shoulders up towards their ears. Then as they breathe back out, they can continue the roll their shoulders around to the back and down again.

If your Little People have had big feelings while they navigate the constant change of 2021. Take some time to help them reset with their breath using some of our child friendly breathing techniques. Try each technique for a cycle of 5-10.

NB: These are great for Big People too!

Kim High
Clinical Hypnotherapist



DRYSDALE
REMEDIAL
THERAPIES

Shop 4, 15 Hancock Street Drysdale
T: 5251 3410
www.drysdaleremedialtherapies.com.au

What is Bowen Therapy?

Bowen Therapy is a very gentle technique that brings the body into a deep sense of relaxation to offer pain relief and promote healing to mind and body.

Bowen may help with

- Muscular Skeletal issues
- Headaches & Migraines
- Anxiety & depression
- High Blood Pressure
- Posture & body realignment
- Asthma & allergies
- Symptoms of IBS
- Symptoms of menopause
- Tinnitus, sinus & jaw issues
- Symptoms of arthritis
- Infertility
- Pregnancy discomfort



Remedial Massage

Bowen Therapy

Babies, Children & Adolescent Therapies

Sports Massage

Trigger Point Therapy

Deep Tissue Therapy

Relaxation Massage

BELLARINE VINTAGE MACHINERY

Father's Day Display • Sunday 5th September • 9am-3pm

Bellarine Vintage Machinery Group are again running their annual club event on Father's day, Sunday the 5th of September. This year's event has been relocated to "Oneday Estate Winery" at 45 Curlewis Rd, Curlewis. This is due to the Bellarine Railway ongoing construction works at the Drysdale station area. It will be your chance to see how things were done in "the good old days", with demonstrations of chaff cutting, hay baling with a vintage straw press and the club's blacksmiths in action. There will be a range of vintage stationary engines as well as vintage cars, trucks and tractors all on display. At this year's event club member will have 4 operating steam engines, all put to work, chaff cutting, pumping water, wood cutting or powering the straw press like in days gone by. The event will be open to the public from 9am to 3pm with the entry cost of \$5.00 per adult or \$10.00 per family.



For event information you can contact Andrew Belfrage on 0407843143 or Bob De Vries on 0438593292.

Any stall holders interested in attending can contact Bob De Vries on 0438593292

Bellarine Vintage Machinery Group thank "Oneday Estate Winery" for their support to make this year's event possible.



Bellarine Historical Society

WALLINGTON is well known for its strawberries and apple orchards.

We believe the Lomas's historic orchard is the last remaining apple orchard in the area. Wallington's reputation for strawberries goes back to 1868 when the Wallington hotel and gardens was established by Samuel Colman. This was the second hotel to be called the Wallington Hotel which is confusing. The hotel became famous for serving strawberries and cream from the pleasure gardens which were adjacent to the hotel. The gardens became a stopping place for coaches going between Geelong and Queenscliff. In 1887 the hotel and gardens were sold to Mr William Key from the firm Wilmot and Key photographers in Geelong - he advertised widely (see picture) the attractions of the pleasure gardens next to the hotel. The hotel was eventually demolished in the 1930's. We understand the location of the hotel was on the Queenscliff to Geelong Road opposite the current Wayawu winery.



Trivia Answers

1. True
2. Green & Gold
3. No, Polar Bears live in the Arctic (North Pole), while Penguins live in the Antarctic or surrounding areas (South Pole)
4. Cu
5. One, Cadel Evans
6. Japan
7. 125
8. World Wide Web
9. Citrus
10. The Eagles

North Bellarine Aquatic Centre Advocacy Group Survey

North Bellarine Aquatic Centre Advocacy Group would like you to get involved and take a few minutes to complete an online survey for the aquatic centre to be built at the Bellarine Sports Precinct in Drysdale.

Hold your phone or iPad with the camera open over the QR code and it will take you directly to the survey. OR follow the link: <https://www.menti.com/qkz8c718ju> and type into your browser the code 4957 4117

As many of you know the Federal Government has allocated \$10 million for an outdoor pool and CoGG has committed to a building this facility with Stage 1 to include a 50 metre

outdoor heated pool with change facilities, pavilion, kiosk, meeting rooms and carpark.

This survey will give us robust data from our valued community that we can share and advocate for an aquatic centre that meets the community needs in Stage 2 being a fully enclosed facility with a 25 metre warm water exercise pool, children's play area, gym, spa, and sauna.

Carol Tozer



Every year, we help thousands of people with disability, injury or illness find meaningful work.



VISIT US IN PERSON
Now in Drysdale – Supporting the Bellarine



VISIT OUR WEBSITE
atworkaustralia.com.au



CALL US 1300 080 856

Memories of Yesteryear

THE BUTCHER FAMILY

Due to the latest lockdown caused by the state wide covid19 outbreak many of us have been isolated and unable to catch up with family, friends and loved ones.

Young adults and teenagers in particular are experiencing hardship as they are unable to circulate and meet others with similar interests.

In our grandparents era transportation was the major factor preventing people travelling great distances and consequently people tended to marry into families within their communities.

All that changed during WW2 when soldiers travelled the world and such was the case in my parents era when my father hoped to see the world when he enlisted on June 12th 1940 as a member of the 2/22 Battalion, but he never got to travel overseas or even interstate when he jumped from a bren-gun carrier and was taken to the repatriation hospital in Heidelberg for a full knee reconstruction.

He was discharged from Army service on April 16th 1941 and joined the Melbourne Metropolitan Tramways Board, driving the No 42 Footscray tram and buses to Footscray and Flemington and during those journeys met a naive 18-year-old from Mildura who came to the big city with her older sister to work at the munitions factory in Maribyrnong.

Apparently the girls had bikes and gentleman Joe paid particular attention to ensure they

got on and off safely and eventually asked Elizabeth Bray to meet his parents at Drysdale, which was a far cry from hot and dusty fruit blocks of Cardross, part of the Chaffey Bros. irrigation system at Mildura.

Mum and Dad were married at Yarraville, exactly three years after he joined the Army, and settled in Drysdale where they spent the rest of their lives.

Dudley Clyde Peel, who had enlisted with Clive Lunn and my father did get to travel overseas but in a sad twist of fate never made it back home. The story as I understand it was that the 2/22 Battalion was sent to New Guinea to defend the island from a Japanese attack in 1942. Poorly equipped and hopelessly outnumbered by the Japanese Air Force and Navy, those who survived were taken prisoner and loaded onto the "Montevideo Maru", a Japanese merchant ship bound for an island off China. It was sunk by a torpedo from an American submarine that had no idea that 1053 P.O.W's were on board and all lives were lost on the first of July 1942.

Obviously fate plays a massive part in our lives and if people understand the sacrifices and hardship that those of the past may have endured there, hopefully concerns regarding the current situations we all face from day to day will fade with time.

Russell Butcher



Laurence and Elizabeth courting days



Introduced to the parents at 32 High St Drysdale

Elizabeth Jane Bray married to Laurence Clifton Butcher





DRYSDALE MOTORS

Service

All Mechanical Repairs including
New Vehicle Log Book Servicing

Specialising in European Vehicles:
Audi, Mercedes, Peugeot, VW and more

Nationwide Warranty
why travel when the best is right here in Drysdale

5253 1033

44 Murradoc Road, Drysdale
info@drysdalemotors.com.au



DRYSDALE

Large range of:
Auto spare parts, batteries, filters,
oil and so much more.

Open Sundays 10am - 1pm

2/31 Murradoc Road, Drysdale VIC 3222
Tel: (03) 5253 2811
admin@autoprodrysdale.com.au



Golden Wedding Anniversary

HOOKIN2 HOCKEY

4.30 to 5.30 pm Monday
August 30, September 6, 13
St Ignatius College, Drysdale

Free to attend your first session,
equipment provided.

Or register for the whole program - \$40
Includes insurance and Hockey Victoria
membership until 31/12/21



Join this introductory hockey program
for girls & boys 12 years and under,
with skill-based games in a fun and safe
environment.

Info and registration: <https://bit.ly/3ljeYSW>

Enquiries: Claire Barnes, 0417 015130

Email: claire.barnes@hockeygeelong.asn.au

Geelong Hockey Association

www.hockeygeelong.asn.au

PORTARLINGTON GOLF CLUB



*Where locals and visitors
meet & play!*

- Open 7 days a week **Lunch & Dinner**
- **Eyes down Bingo** every Thursday 10am
- **Coffee & Cake** deal only \$10
- **Courtesy Bus** operating
Thursday, Friday & Saturday nights
- **Kids Play Area Open!**

Green Fee Players Welcome!

Call the Pro Shop: 5259 3361
130 Hood Road, Portarlington 3223
Club House: 5259 2492

Drysdale Senior Women's Football Team

I sat down with Captain Prue Davies and her Co-Captain Rochelle Gant to find out a little bit more about the two people leading the team to success.

Question 1 - How long have you been at Drysdale FC?

Prue - I've been at the club for 5 years. One of the OG's (originals)

Rochelle - Since the very first day of women's footy at Drysdale, 2017

Question 2 - What position do you play on the field?

Prue - I Have been playing full forward this season

Rochelle - Centre or back line

Question 3 - Do you have a pre-game routine?

Prue - Not really, I'm normally coaching the under 15's before our game so I don't have a lot of time in the morning to get ready!

Rochelle - Mainly a bit of running around and dancing to shake off the nerves and get myself pumped

Question 4 - What's your favourite song to get you pumped up for a game?

Prue - At the moment, anything by Gang of Youths would do it

Rochelle - My humps by Black Eyes Peas

Question 5 - What's your favourite AFL team and AFLW team?

Prue - Massive Tigers fan! But I'm now also a big fan of the kangaroos AFLW team after Tess Craven was drafted there!

Rochelle - AFL would be Collingwood *cringe* and AFLW - I don't have a favourite team, just happy to watch all the women that play for some inspo!

Question 6 - If you could have dinner with any football player, male or female, who would it be?

Prue - Trent Cotchin and Daisy Pearce

Rochelle - Sabrina Frederick, I just loved watching her on SAS, truly inspirational stuff!

Question 7 - Favourite thing about local community football?

Prue - The relationships and friendships you make at community footy is what keeps me coming back. It's my second home

Rochelle - The friendships, the family and the fun we have together

Question 8 - Worst injury you have had on during footy season?

Prue - Tearing my ACL

Rochelle - I shattered my hand and needed surgery to fix it, I was out for nearly the entire season. Being pregnant meant I missed some time on the field as well, not an injury though!

Question 9 - What's your pre-game breakfast to get you fuelled for the game?

Prue - I love avocado, tomato and goats' cheese on fresh Bake House bread & a coffee!

Rochelle - I'm too nervous and excited to eat (naughty!!)

Question 10 - What's one bit of advice you'd given to women wanting to give football a go?

Prue - Just give it a go, once you do, you'll be hooked. Coming and playing footy is so much more than just the game, it's about creating an environment where everyone can be themselves, have fun and make life-long friends

Rochelle - If you have even the slightest thought you might want to give it a go, you should come down and try! I guarantee you will love it and just want to be around the team. I'm not even sure whether it's the game that keeps me rocking up every week or the incredible humans I have met whilst playing. Either way, I love it and couldn't imagine life without my footy family!

Be sure to follow the Drysdale Hawks Football Club Facebook page so you can find out all about our pre-season dates and try outs for the 2022 season! Or, as always, you can reach out to our Women's Football Coordinator, Jess Case, on 0427 753 723.

Alicia Murray



Drysdale REMOVALS & STORAGE Reliable Service

- LOCAL • COUNTRY
- NEW SOUTH WALES
- SOUTH AUSTRALIA

Drysdale REMOVALS & STORAGE

03 5251 3674



In September this year Wilma Bath will turn 100



Wilma has been a member of the Drysdale Croquet club since its formation in 1950 and in those 70 plus years has held every committee position several times over, including 18 occasions as President.

She has been both Drysdale Club Champion and Geelong Croquet Association Champion. In 1994 she was appointed Victorian State Selector.

Wilma has been a level 1 coach since 1982 and was a qualified referee. But her proudest croquet moment came in 2010 when she was awarded the inaugural 'Meritorious Service Award' by the Australian Croquet Association in a ceremony at Cairnlea. The medal is on display in the Drysdale clubhouse.

In her early days at Drysdale, Wilma became friends with Edna Peel who is her junior by 10 years. Edna too served many terms as office bearer including 28 yrs as treasurer over a period of 40 plus years.

Both dedicated association players, they won many tournaments in singles or playing together as they did in the 1974-1975 Pennant and again in 1984-1985 Pennant, winning the Combined Divisions 1 and 2.

By 2002 both Wilma and Edna had been made Life members of Drysdale in recognition of their services to the club.

In 2009 Wilma was awarded the first Life Membership of the Geelong Croquet Association.

Wilma and Edna's respective husbands, Graham Bath and Harold Peel were also heavily involved with Drysdale Croquet Club, both as office bearers and in maintaining lawns or building whatever structure was needed.

The two croquet courts at Drysdale have been named the Wilma and Graham Bath Lawn and the Edna and Harold Peel Lawn in their honour.

When Australia regained the MacRobertson Shield in 2017, team member Stephen Forster took his World Team Champion medal to Wilma's home. Wilma has known Stephen since he was a small boy, being taught to play croquet by his mother.

Now all these years later, Wilma and Edna are still the best of friends. Although no longer able to play their beloved AC they attend tournaments across the road at Drysdale Croquet Club, when they are able and Wilma is only too willing to use her coaching and refereeing skills to assess the players and their games.

These two women and their friendship define the most important of suburban croquet club benefits.

It's not the competition that keeps us going to our local club, it's the friendships that we make. We would love to see Wilma receive that letter from the Queen and the Prime Minister when she turns that magical 100. She has earned it.



JAN'S ENGRAVING & TROPHIES

Latest designs in Trophies, Medals & Awards.

Call Jan to discuss your needs.
0425 796 165
 19 Centennial Blvd. Curlewis.
 E: jan@jansengraving.com.au
www.jansengraving.com.au

MORTIMER PETROLEUM

PETROL STATION & CONVENIENCE STORE
 Petrol, Autogas, Bait & Fishing Supplies
 Open 7 Days 6am - 10pm

97 High Street Drysdale 3222
 Phone (03) 5251 2603

Acknowledgement:
 Thank you to Verna McLennan and Gillian Horvath from the Drysdale Croquet Club for your help in putting this article together.
 Dianne Wilson.

NEW MEMBERS WELCOME
www.drysdalebowlingandcroquetclub.com

DRYSDALE OF BELLARINE BOWLING & CROQUET CLUB INC



choice

heating and cooling

solar

Tesla Powerwall

Key Features:
Integrated Battery inverter

Capacity:
13.5 kWh

10 year warranty



Now **\$10,700**
INCL GST*
with rebates applied

Other Battery options available. Call us for details.

SOLAR BATTERY REBATE

As part of the Victorian Solar Rebate, some pre-existing solar installations are eligible for the rebate on solar batteries. (\$4,174)

FUJITSU

Split Systems

- Fully Installed - 5 Year Warranty

Energy Efficient Heating & Cooling

2.5kW \$1,640* INCL GST*	3.5kW \$1,770* INCL GST*	5.0kW \$2,214* INCL GST*
---------------------------------------	---------------------------------------	---------------------------------------

6.0kW \$2,377* INCL GST*	7.1kW \$2,555* INCL GST*	8.5kW \$3,156* INCL GST*
---------------------------------------	---------------------------------------	---------------------------------------

All Warranty and Servicing by Eco Choice

(03) 5251 2771

5B 35-37 Murradoc Road Drysdale

www.ecochoiceheatcool.com.au

No Deposit Finance / Credit Card Payments

6.6kW Q CELLS Panel & Battery Packages

Now \$6,700 INCL GST* with rebates applied	Now \$11,656 INCL GST* with rebates applied	Now \$15,884 INCL GST* with rebates applied
---	--	--

PV 17x Q.Peak Duo 390 Watt Premium Panels
+ Only Q.Volt, Hybrid Invert
10 Year Warranty
Battery Ready

PV 17x Q.Peak Duo 390 Watt Premium Panels
+ Q.Home ESS 6.3kWh
10 Year Warranty

PV 17x Q.Peak Duo 390 Watt Premium Panels
+ Q.Home ESS 12.6kWh
10 Year Warranty

Included • Carlo Gavazzi Energy Meter EM112 • SwitchDin Droplet (Advanced Monitoring) with 10year subscription.

Sungrow or Fronius Primo Inverter

6.6kW Premium Plus System

Sungrow or Fronius Primo 5.0kW Inverter - 10 Year Warranty
17x Hyundai 390 Watt Premium Panels -
25 Year Product Warranty &
25 Year Performance Warranty
All Black Panels

Now \$4,200 INCL GST* with rebates applied	Now \$5,500 INCL GST* with rebates applied
---	---

Sungrow or Fronius Primo Inverter

6.6kW Premium System

Sungrow or Fronius Primo 5.0kW Inverter
10 Year Warranty
17x Trina 390 Watt Premium Panels -
25 Year Product Warranty

Now \$3,300 INCL GST* with rebates applied	Now \$4,600 INCL GST* with rebates applied
---	---

*Standard Installation Pricing. Price includes STC discount, Vic Solar Rebate \$1,400 and Vic Solar Interest Free Loan \$1,400 (Eligibility Criteria)

THE FUTURE OF HOT WATER IS HERE

Air-source CO2 Heat Pump Hot Water System

- Industry leading technology
- Naturally environmentally friendly
- Fully Solar PV compatible
- Industry first smart controller
- 10 year warranty
- Australian made tank & controller
- Global Warming Potential refrigerant rating of 1 indicating that the system is the most environmentally friendly hot water system in the market

RECLAIM ENERGY

315L
Now **\$3,300**
INCL GST*
with rebates applied

Price assumes existing Electric Hot Water System installed. New Hot Water System additional.

* Terms and conditions apply on all Solar Rebate and Hot Water Systems offers and all split system.
LIC: Plumbing 49132 - Elec 20281 - Arctick AU38204 - Solar A8699184