



The SpringDale Messenger

March 2022
Volume 32 Issue 2



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.



Geelong Circular Living Challenge Launch

When: Wed 23 Mar, 5.00-7.30pm

Where: Gordon Auditorium,
Building H, City Campus

Join Geelong Sustainability and Circular Economy Victoria as we launch the exciting eight week Circular Living Challenge!

Running from April to June 2022, the Challenge will engage the community and local businesses in the shared transition to a circular economy.

Through a diverse range of weekly themes and challenges, participants will learn about the circular economy, try new sustainable behaviours and discover local businesses already operating in circular ways.

Come along to the Launch to hear about how you can get involved in this innovative Think Global - Act Local challenge!

This will be an opportunity to meet some of our local sustainable businesses and community initiatives operating in circular ways. You'll hear from our Challenge partners and have a chance to meet other like-minded community members.

This is a free event - bookings essential. <https://www.geelongcityofdesign.com.au/gdw-event-tickets/> - search by date or 'circular'

Keen to sign up for the Challenge now? Once you've registered for this launch event, visit geelong sustainability.org.au/circular-living-challenge/ for further information and to register for the eight-week Challenge.

This event is part of Geelong Design Week 2022, an initiative of Geelong UNESCO City of Design and the City of Greater Geelong.

Geelong Sustainability in partnership with Circular Economy Victoria have developed this Challenge with the support of the Recycling Victoria Communities Fund, delivered by Sustainability Victoria on behalf of the Victorian Government.

This initiative is also supported by Regional Innovation for a Circular Economy, the City of Greater Geelong and the Gordon.

Sally Hiller - Project Coordinator
Geelong Circular Living Challenge
Geelong Sustainability

**geelong
design
week**

17 - 27 March 2022



MARCH 2022

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Tuesday	1	Friendly cuppa and chat 10.30-11.30am at SpringDale
Thursday	3	Jigsaw Group 10-12noon at SpringDale
Friday	4	World Day of Prayer
Saturday	5	Harvest Basket Produce Swap 9-10.30am at SpringDale Free replacement anti-theft number plates screws at SpringDale Car Park 9-11am Felting Group 10-3pm at SpringDale Jack and Millie - 8pm - Potato Shed
Sunday	6	Clean up Australia Day
Monday	7	Kinship Carers 10am-1pm at SpringDale
Tuesday	8	Dining Group - Lombardys 38 Hesse St Queenscliff - 6pm International Women's Day Your Cheatin' Heart - 10.30am - Potato Shed
Thursday	10	Days for Girls Sewing 9am-1pm at SpringDale
Monday	14	Labour Day - Public Holiday - SpringDale Closed
Tuesday	15	Harmony Week (until 21st)
Wednesday	16	Lunch Bunch - Leopold Sportmans Club - 12 noon Bookings Essential
Thursday	17	St Patrick's Day
Sunday	20	SpringDale Harmony Day Celebrations - 1-3pm Mother and Son - 2pm & 7pm - Potato Shed
Monday	21	National Harmony Day Cultural Diversity Week (until 28th)
Tuesday	22	World Water Day
Saturday	26	Earth Hour 8.30-9.30pm Purple Day - Epilepsy

Reminder
Bookings &
copy required by
1 March for the
April 2022
issue



SpringDale Messenger

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.
17-21 High Street, Drysdale Vic 3222.

COPY DEADLINE APRIL 2022

Bookings/copy required by 1 March.

Dist: 29 March 2022

Circ: up to 20,000

Connecting Your Business with our Community

For all Advertising enquiries:

Email: office@springdale.org.au

Phone: (03) 5253 1960

Online: Book an advertisement online.

Advertisements: **Must be supplied with all text outlined.** All requirements are listed at springdale.org.au

For all Editorial enquiries:

Email: messenger@springdale.org.au

Phone: (03) 5253 1960

Online: Use the online form to lodge an article at springdale.org.au

Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted.**

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria

SpringDale Messenger Website

We now have a website devoted to all the SpringDale Messengers from the last 30 years. Thousands of hours have been invested in helping this website come to life. We are still seeking a couple of copies of old SpringDale Messengers to help us make this website the best it can be - April 1992 onwards. Please let SpringDale know if we can borrow these phone 5253 1960.

<https://www.messenger.springdale.org.au/>

We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



United Nations Association of Australia Victorian Division



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





Coordinator's News



Anne Brackley

The phrase that keeps percolating through conversations is being kind. I seem to have been chasing this phrase for a while but I am finding that it is making an encore this year. Because so many have been under a range of pressures over the last 2 years, being kind is so important now.

We all know how it feels when people speak to us with kindness, there is a gentle energy exchange that seems to happen and spirits lift. When we showcased Captain Sir Tom Moore's motto last year - Best be Kind that started a new column trying to put wise words in front of us each month.

Perhaps every kind word starts an avalanche of other kind words or kind deeds. Wouldn't it be interesting to see if we could track the impact of kind words and deeds. I have thought about the contagion of smiles before but I think kind words are even more powerful.

Although I hope I am mostly being kind in all conversations, I do find myself getting more tense in conversations in shops occasionally and wanting to take my words and tone back, so much so that I need to apologise for my behaviour. But by then I have undercut any good I have shared for the day.

I am going to try to monitor my kindness level for this month and I would love to hear from people who are also checking their kindness levels. I will be investigating what helps to build my kindness level and whether that affects my happiness level too. Those who know me know how important happiness is to me. Not an over the top excited happiness but a comfortable, confident, warm glow happiness ready for anything!

Having a positive mindset and finding fun in all I do seems to make everything so much easier to do. I suppose it gives me more time to do other things if I don't spend time worrying about things that might not happen.

Please consider being kind to yourself. Please consider speaking to yourself with kind, gentle words, listening to your body, heart and soul and create a small plan to increase your happiness. You are definitely worth the effort!

Thank you to everyone who continues to share kindness with our community - I'm sure every gram of kindness that is shared in the Bellarine helps to keep the Bellarine a wonderful place to visit and live. How lucky are we to be or visit our very special part of the world.

Yours sincerely

Anne Brackley for Team SpringDale

Course News

55+ Gentle Exercise Group

Expression of interest

Kimchi Pancake & Japchae Noodles

Kimchi pancake is primarily made with sliced fermented Kimchi, flour batter and sometimes add other vegetables, seafood or cheese.

Japchae is a savoury and slightly sweet dish of stir-fried sweet-potato noodles (Dangmyeon) and vegetables

Instructor: Jasmine Hong

Date/Time: Sat 5th March (new date) 10am-1pm

Fee: \$60

Scottish Country Dance Group

Group keen to commence if you could help teach the group please contact SpringDale 5253 1960

Peter Burns - Palmistry

Expression of Interest refer P18

Tai Chi for Health

Come and enjoy a gentle form of exercise

Instructor: Emilia Kurek

Date/Time: Friday 11th March 1-2pm

Fee: \$3

Harmony Day @ SpringDale

Sunday 20 March 1-3pm

Free event

All fully vaccinated people welcome

Come & share a good conversation



HARMONY WEEK

CELEBRATES HOW ALL OF OUR DIFFERENCES MAKE AUSTRALIA A GREAT PLACE TO LIVE!

HARMONY.GOV.AU



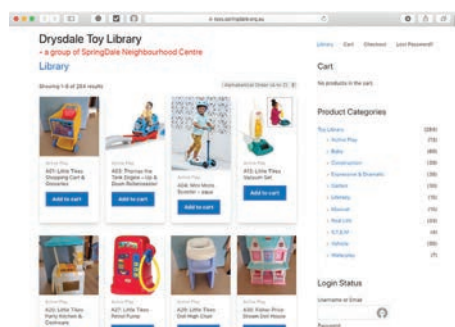
How does a toy library works?

The Toy Library works on a "Click & Collect" system, and you can exchange toys as you would books at a library.

Click & Collect

The Toy Library is a new initiative of SpringDale Neighbourhood Centre; we are a not-for-profit community organisation, run by a group of volunteer members. Drysdale & Portarlington.

We have toys that cater for children between ages of 0-6.



The SpringDale Messenger March 2022



The SpringDale Lunch Bunch are going to the Leopold Sportmans Club on Wednesday 16th March at 12pm. **BOOKINGS ARE ESSENTIAL**, so everyone gets a seat, please phone Margaret 0418 370 857.

We have to meet the current Covid requirements of the venue.



SpringDale Dining group are going to Lombardys 38 Hesse St Queenscliff on Tuesday 8th March at 6pm. Please call SpringDale on 5253 1960 to reserve your spot.

QUOTE OF THE MONTH

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.
Helen Keller

Anne Brackley - Quote curator

www.springdale.org.au



News from Lisa Neville MP

Member for Bellarine

The Year Ahead.

It is hard to believe that we are into March, with 2021 now well behind us.

Personally, the Parliamentary year is well underway, and after illness and covid restrictions last year minimised my participation locally, I am once again enjoying getting out and about on the Bellarine.

In my role as local member one of the most enjoyable aspects of my job is attending community events and meeting local people.

Of course, Drysdale is no exception. There is always plenty to be involved in thanks to community organisations like the SpringDale Neighbourhood Centre, the Drysdale Clifton Springs, Curlewis Association and the Drysdale Rotary and Lions clubs, to mention just a few.

Voluntary based community and sporting organisations are the life blood of any town, so I thank all volunteers for their time and efforts and look forward to once again catching up during 2022.

Summer Sporting Season.

In mentioning sporting clubs, with the summer season drawing to a close and the winter teams no doubt well into training, I take this opportunity to congratulate all our

clubs for the work they do in providing a game of sport to hundreds of locals.

Importantly, sporting clubs also provide a social connection for many people who may not be physically active, but through their local club get important social interaction with others, especially our more senior citizens.

So again thank you to all those volunteers who make their clubs tick and good luck to those getting set for the season ahead.

Congratulatory Messages for Milestone Birthdays and Wedding Anniversaries.

If you or a member of your immediate family are about to celebrate a birthday or wedding anniversary, my office can arrange congratulatory messages for the following.

90th Birthday from Prime Minister & Premier.

100th Birthday, from the Queen, Governor General, Prime Minister, Victorian Governor & Premier.

50th Wedding Anniversary from Governor General, Prime Minister, Victorian Governor & Premier.

60th Wedding Anniversary, from the Queen, Governor General, Prime Minister, Victorian Governor and Premier.

You can also receive messages for 65th & 70th anniversaries and for all birthdays over 100.

My Assistance.

As always, where I can provide you or your organisation with assistance please don't hesitate to contact me through my office on 5250 1987, Email: lisa.neville@parliament.vic.gov.au or at Shop 66, Gateway Plaza Bellarine Highway, Leopold.

**Did you know
your household
could be eligible
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Power Saving Bonus

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Please contact the office to arrange an appointment email office@springdale.org.au or phone 5253 1960



Automated External Defibrillator (AED) at SpringDale

An Automated External Defibrillator (AED) for public use is now located at SpringDale 24 hours a day 7 days a week. You can find the defibrillator on the outside wall to the right of the main entrance to reception.

Dial 000 and stay on the phone.

State that you want to access an AED at SpringDale Drysdale.

Ambulance Victoria will issue you with a code to open the front of the defibrillator.

Follow the advice from Ambulance Victoria accordingly.



Advertising

Lisa Neville MP

Member for Bellarine

"For assistance with any issue, please call my electorate office"

T: 5250 1987

E: lisa.neville@parliament.vic.gov.au

Shop G066, Gateway Plaza,
641-659 Bellarine Hwy, Leopold, 3224

Funded from the Parliamentary Budget

"DELIVERING for the BELLARINE"

POTATO SHED

We were very proud of our season launch back in early February it's wonderful to be back in the theatre and to have so many patrons attend.

2022 is a packed year full of wonderful entertainment at the potato shed we kept the prices really low to encourage you to come back to the shed and enjoy some live entertainment for too long we've been stuck in our houses watching and communicating with people via screens and it is time to live again to interact again and enjoy life again.

So in March we start off with **Jack and Millie** an original play dealing with Millie who has a shock diagnosis of breast cancer and create saying imaginary friend called Jack. Jack helps Millie make a sense of a world that has been turned upside down this play offers a genuine insight into dealing with long term health issues like breast cancer. March the 5th at 8:00pm.

Morning Showtime returns in March with **your cheatin' heart** the story of Hank Williams who died in the back seat of his Cadillac at the age of 29 one of country music's most compelling stars the man who created hillbilly music a great story told by Colin Nockett and musician Alan James facts on Tuesday March the 8th at 10:30 AM and of course includes morning tea.

Sunday March 20th we finally get to see the production of **Mother and Son**... who does

not remember the wonderful ABC TV situation comedy **Mother and Son**. Dear Maggie and son Arthur, his brother Robert and wife Liz will all be visiting the Potato Shed to present to the wonderful show - two shows on 2:00 PM and 7:00 PM.

As usual all the information www.geelongaustralia.com.au/potatoshed (full program is now available) or visit our social media at facebook/Instagram [potatosheddrysdale](https://www.facebook.com/potatosheddrysdale).

See you at The Shed



Deputy Mayor and Chair of the Potato Shed Committee of Management Cr Trent Sullivan launched the 2022 Season, pictured alongside Martin Paten, Manager, Arts & Culture City of Greater Geelong

POTATO SHED

WIN DOUBLE PASS to



Mother and Son

Sunday 20 March 2022 either 2pm or 7pm

To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSING 4PM FRIDAY 11 MARCH.



WHAT'S ON

POTATO SHED

CITY OF GREATER GEELONG

JACK AND MILLIE



We all respond differently to life changing news. Millie, a fifty something professional at the peak of her career, is about to find out just how quickly life can change when she's diagnosed with breast cancer.

Millie deals with her shock diagnosis by creating an imaginary friend called Jack. Jack helps Millie make sense of a world that has been turned upside down.

SATURDAY 5 MARCH
8PM

Theatre Seating: Adult \$35 Conc \$30 Student \$25

YOUR CHEATIN' HEART - HANK WILLIAMS



MORNING SHOWTIME

Hank Williams died, sad and lonely in the back seat of his Cadillac at the age of 29. But by then he was country music's most compelling star - the man who created a popular genre from 'hillbilly music'.

Now his story is told in images and song by researcher/historian Colin Mockett and musician Allan James.

TUESDAY 8 MARCH
10.30AM

All tickets \$17 Morning Tea provided.

MOTHER AND SON



She's back!! Maggie Beare will attempt to wreak havoc on her son Arthur's life in the stage adaptation of Geoffrey Atherden's ground-breaking ABC TV situation comedy, 'Mother and Son'.

Arthur is at his wit's end and desperate for some time away with his new girlfriend. But who will look after Maggie?

JALLY ENTERTAINMENT

SUNDAY 20 MARCH
2PM & 7PM

Theatre Seating: Adult \$40 Conc \$36 Student \$25

41 Peninsula Drive, Drysdale VIC 3222
www.geelongaustralia.com.au/potatoshed
f potatosheddrysdale
@ potatosheddrysdale

BOOK ONLINE NOW AT
WWW.GEELONGAUSTRALIA.COM.AU/POTATOSHED
OR WITH YOUR CREDIT CARD ON 5251 1998.

By Cr Jim Mason

Despite us being a few months into 2022, I belatedly offer my best wishes for readers and their families to stay safe and healthy as this is my first SpringDale Messenger column for the year.

My fellow councillors and I are continuing to prioritise projects that support wellbeing and social connections, as the community navigates its way through the ever-changing pandemic.

One such example is a council grant of \$35,300 to the Bellarine Woodworkers in Drysdale to extend their workshop.

The current size of the space prevents the group from holding more special interest sessions with community members each week.

During the past two years, member numbers have jumped from 84 to 108 and there's been a 44 per cent increase in women joining.

Over in Clifton Springs, the tennis club will be kitted out with new energy efficient LED lights on courts one and two, thanks to a \$15,100 grant.

This will allow for members to safely play at night and also gives the environment a helping hand through lower emissions.

There's also been movement on the North Bellarine Aquatic Centre.

We awarded the tender for stage one of the project to Kane Constructions, meaning works on a fully funded 50-metre heated outdoor pool can start early to mid this year at the Drysdale Sporting Precinct.

Don't forget that accessible change facilities, a pavilion, kiosk, tiered covered seating, lawn and carparking for 60 cars also feature in stage one, paving the way for sports carnivals and events.

Thanks to the community, North Bellarine Aquatic Centre Advocacy Group and other stakeholders for sharing their thoughts on the stage 2 indicative plans for a complementary indoor facility.

The City had taken previous feedback on board, proposing a spa, sauna and steam room, which would be particularly beneficial for older residents and people with disabilities.

This service isn't available at Ocean Grove.

The plans also include a gym, group fitness rooms, café and learn to swim pool, while a warm water exercise pool would set a regional standard for gentle exercise and rehabilitation.

There is a lot to look forward to in this space, so in the meantime please keep safe and healthy, and keep your jabs up to date!



Portarlington Police Report

Hello All

I hope you all enjoyed the festive season and were able to spend it with loved ones.

We here at Portarlington Police Station had a very busy time with the influx of visitors however were very happy with the way everyone behaved.

We would like to remind everyone to be mindful of their belongings and keep them locked, particularly cars. When they are unlocked they make an easy target.

We would also like to remind residents that if you see something suspicious please ring 000 at the time. We have had a few reports that identify suspicious behaviour the following day and we miss the opportunity. You ring 000 not Portarlington because if we are busy with another incident the closest unit will attend (possibly Bellarine or Geelong). If the matter does not require immediate Police attendance such as lost items please call the Police Assistance Line on 131444.

Obviously schools are back and we are targeting driving behaviours and compliance with 40 kmph limits, please drive safely around our children.

Hopefully you will have seen us parked on the side of the road conducting random Preliminary Breath Test over the last few months, we have been really happy with the results and this testing will continue.

Stay safe and if you have any questions please don't hesitate to call us on 83356900.

Regards Jane

Jane Arnold

Sergeant 29626 | OIC Portarlington Police Station

JP Document Signing Service at SpringDale

Wednesday's 
10am till 12 noon - no appointments needed



Business on the Bellarine

BOB provides like-minded business people with opportunities to connect with and support each other, the local economy & community.

- We help & support our members.
- We pursue growth and learning.
- We support the local community.

Meeting Tuesday's @ 7.50am
Visitors welcome.

Contact Jo Aspland on
0438 055 679 for more details.



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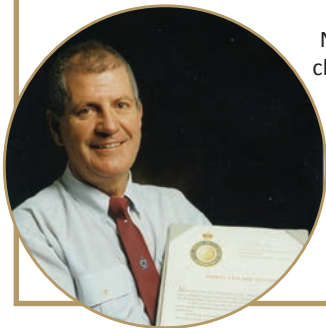
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Adrian Mannix OAM Community Service Award

Come and join us to celebrate, **The 21st Adrian Mannix OAM Community Award.**

A chance for you to nominate a special person for their giving of their time freely helping others expecting no rewards and Hundreds of people have been nominated over the years, so let's make 2022 a big celebration. Nominations forms are available from SpringDale website or from SpringDale office.

Please join together with Portarlington/Drysdale Lions Club, the Rotary Club of Drysdale and SpringDale Neighbourhood Centre to celebrate Community Service.



Nominations
closing Friday
29th April
2022

To recognize 'Real People doing Real Community Work'

There's a seat with the name Adrian Mannix OAM engraved on the back in a reserve in Clifton springs carrying his name and overlooking the waters of Corio Bay and the You Yangs.

The seat was installed so that Adrian could look out at the Bellarine area - an area that he was passionate about and that has much to thank him for.

Adrian was born with partially formed limbs - half of one hand on one arm, no hand on the other arm and no legs from the knees down. But if this got him down, he didn't show it - not publicly anyway - and he just got on with life, which he lived to the full.

In fact, Adrian was a bit of an enigma - good and somewhat cheeky in equal parts. His contribution as a Councillor and President of the former Rural City of Bellarine, his membership of Lions and the Drysdale Football Club and his many other community roles are well known.

Perhaps it is less well known that he had a larrikin streak - occasions when he would use his handicaps in his favor by startling the unwary by putting his artificial legs on backwards, for example, or throwing one leg across the finishing line in a three-legged race. Or famously when asked to remove his shoes at a Japanese restaurant, he simply took them off - legs and all!

He was elected to the Paywit riding of the then Rural City of Bellarine in August 1992 and later became President. His support for the Drysdale Football Club was ongoing and he is remembered, among other things, for taking out the oranges at quarter times.

Adrian was an active member of the Portarlington/Drysdale Lions Club for many years, serving as President in 1984-85 and again in 1992-93. He served as District Governor with distinction in 1987-88. Adrian was also President of SpringDale Community Cottage (forerunner of SpringDale Neighbourhood Centre Inc) from 1997-2001.

His service to the community was recognised when he was awarded the Order of Australia (OAM) in 1999 for service to the community of Drysdale and the Bellarine Peninsula - something of which he was very proud.

Adrian had a specially fitted car and drove it everywhere - and he even taught others how to drive. He also loved gardening at his unit in Princess Street, Drysdale, and when it was hot, he would remove his legs to do the weeding.

He passed away on the 24 February 2001 and is buried in Drysdale Cemetery.



bellarine  property
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House, unit, acreage or land, Lee is here to lend a hand.

Call Lee Martin on 0400 957 839

World Day of Prayer 2022
England, Wales &
Northern Ireland

Friday 4th March - 10am
Central Baptist Church
45/51 Central Rd Clifton Springs
Contact **Brenda** - 0476 207 486 or
Helen - 0478 616 719



**SpringDale Membership
is \$12 per year or
\$100 for whole of life.**

*Be eligible to be part of and participate
fully in our SpringDale Groups.*



International Women's Day

You are invited to this year's Northern
Bellarine International Women's Day
celebration luncheon on March 8 at the
Portarlington Golf Club.

The event is held in memory of
Portarlington resident Monica Hayes, a
feminist, community leader and activist
who died from Motor Neurone Disease
in 2016.

Guest speaker is Susan Halliday AM,
who is known to many as a former Sex
Discrimination Commissioner. Ms Halliday
was the inaugural chairperson of the
Victorian Institute of Teaching and her
distinguished career spans both the public
and private sector, with a major focus on
discrimination and employment law as well
as child literacy projects.

Cost for the function, which begins at
12 noon, is \$40 including a 2 course meal.

Tickets are available through Trybooking.
com. This event usually sells out quickly so
please book ASAP and if booking for others
please include all individual contact details.

For any queries or dietary requests
email nothernbellarineidw@gmail.com

Jenny Wills OAM

Congratulations Jenny
on receiving the
Order of Australia Medal

*Service to local government,
to gender equality and to the
community.*



*Photo courtesy of Humans In Geelong.
L-R Priscilla Pescott, Libby Mears, CEO Leisure
Networks, WILD network member Fakhria Ali
and Jenny Wills OAM*

Jenny Wills is committed to local democracy
and equal rights for all. She was Fitzroy
Council's first social planner from 1974 to
1981 and helped establish Council's unique
Social Planning Office. This was a "one-stop
shop" for Council's staff in children's services
and aged care, as well as community agencies
such as the Fitzroy Advisory Service, Shelter
Vic, and State and Commonwealth agencies.
It provided a base for community groups,
for example, the Fitzroy Housing Repair and
Advisory Service and advocacy groups such
as the Medibank Action Coalition and it was
also a free meeting place for local interest
groups, both in and out of office hours. After
travelling overseas and some short term
appointments, Jenny continued her career
in local government as Director of Social and
Cultural Policy at the Municipal Association
of Victoria, a position she retired from in
2000. She is co-author of the 1985 book, Local
Government and Community Services Fitzroy
- A Study in Social Planning; the commissioned
2001 pocket guide, Just Vibrant & Sustainable
Communities - A Framework for Progressing
and Measuring Community Wellbeing and
the 2012 free on-line book, Redesigning Local
Democracy. Jenny was a foundation member
of the Victorian Local Government Women's
Coalition and helped develop the Victorian
Local Government Women's Charter, now
endorsed by the majority of Victorian Councils
and was the Australian representative from
1997 to 2000 on the gender equity task force
of the International Union of Local Authorities.
In 2008 she was inducted to the Victorian
Honour Roll of Women in recognition of
her pioneering community development,
social planning work and her contribution
to women's rights. Jenny now lives on the
Bellarine Peninsula and is convener of WILD,
Women in Local Democracy Geelong.
In this year's Australia Day Honours, she
received an OAM for service to local
government, to gender equality and to the
community.

Extract from Fitzroy History Society's Newsletter



William Sheahan

Funerals

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Helen Trigg OAM

Congratulations Helen on receiving the Order of Australia Medal

For service to the community through a range of roles.

Helen is a Drysdale resident, receiving her OAM for her outstanding and lengthy volunteer work within the wider community of Geelong, and to the Anglican Church in Drysdale over many decades; with the Order of Saint John, Helen has worked to raise funds for the Orders nominated charities: including Christ Church Meals Program , Anam Cara Hospice Service, and particularly VACRO [VACRO supports adults involved in the criminal justice system and their families through a range of services and projects]. As a former Rotary District Governor, Helen's year in the role saw strong and positive changes, particularly in her leadership of the 57 clubs situated in District 9780 - Victoria and South Australia- and in the inclusive way she welcomed and encouraged women, and people from diverse backgrounds to join the international Service organisation. Her example and leadership inspired a growth in the number of females into former all male clubs; and in subsequent years encouraged many to progress to leadership roles in their own clubs - as directors, Club Presidents and similar positions. Her success also related to

the positive support she continued to provide post her District Governor role.

Helen is a valued and active member for the Geelong RSL Sub branch, serving on the RSL Chaplaincy Team to conduct Funeral Rituals for Returned and Current Serving Men and Women. In celebrating and giving thanks for the life of the deceased, Helen conducts a funeral ritual segment for its members that highlights the services of the deceased to his/her country, both in conflict and in peace. Part of the service is to ensure that the bereaved families will be proud of the veteran's contribution to the nation, and the RSL's acknowledgement of it Helen, as a long time serving member of the Australian Naval Cadets (auspiced and under the authority of the Royal Australian Navy) holds the rank of Commander.

This organisation was founded in the early 1900s and officially recognised under the Naval Defence Act in 1910. Prior to 1973, the organisation was known as the Australian Sea Cadet Corps, and was jointly administered by the Royal Australian Navy and the Navy

League of Australia. After 1973, the Navy assumed full responsibility for the Corps, which was renamed the Naval Reserve Cadets. The Australian Government review, 'Cadets The Future' recommended a final name change to Australian Navy Cadets in 2000. Commander Helen Trigg, is a member of the National Command Authority, currently holding the appointment as ANC - Chairman of the ANC Dispute Resolution Agency She has been an integral member of the ANC for more than 3 decades - unpaid. A splendid role model for the young women who are contemplating a career in the RAN. Helen is eminently worthy of recognition for her enduring service across many spheres of influence within her local, regional, state and national territories.

Barbara Abley AM



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Make a habit of it.

Humans are proficient at developing poor habits without conscious intention; poor diet, overuse of social media, unhealthy drinking habits, to name a few...

We can use the science of habit building and pattern matching to develop practices that will serve you rather than limit you. Imagine building habits that welcome calm, a positive mindset and presence into your day.

James Clear describes the "3 R's" of habit formation in his book "Atomic Habits: An easy & proven way to build good habits & break bad ones" and we can adopt this technique to begin some mindful building.

1. Reminder: Choose a cue or trigger that is already a deeply formed habit or routine to remind you of the time to build your new habit. Select a cue that is already automatic and with no effort it appears in your day.

Brushing your teeth, your daily shower, a daily briefing at work.

2. Routine: Choose the behaviour you would like to practice and attach it to the routine. As you continue to repeat the new habit, the patterns will begin to match and eventually become automatic.

Breathing a calm and fulfilling series of breaths, concentrating on your senses in the present moment, focusing on and visualising a successful day ahead, repeating a mantra or affirmation.

3. Reward: Identify the gain you will benefit from developing this new habit.

When you train your mind in this new way, what do you notice? What reward does it give you? Perhaps your new habit brings more clarity, energy, or a sense of kindness to yourself.

You could keep a tally and reward yourself after a 10-day streak or mark your calendar every day that you complete the new habit. Enjoy the satisfaction of watching it grow.



Creating a positive habit may begin like these:

While I wait for my coffee each morning at the café, I will step outside and focus on 7 calm steady breaths. I can feel satisfied that I took time and space to breathe and notice how this improves my day.

While I warm up in the shower, I can think of 3 things I will feel confident about today. I will pay attention to when I am reminded of these things throughout my day and how much more confident I begin to feel.

When I wake up and my feet touch the floor - I will take 2 minutes to sit calm and present and settle into my day with a clear (not stressed or hurried) mind. I will pay attention to how this improves clarity of mind in my day.

When I sit down to eat my dinner, I will say one thing for which I am grateful. This will remind me (and my family) of our blessings. I will enjoy how it feels to notice what I do have.



New beginnings

Start small and build as you feel them develop. New year - new habits. Make it a good one and I hope it improves your day, everyday in a positive way.

If you are needing some support in breaking old habits or creating new ones, meditation, counselling, and hypnotherapy can help too.

Kim High



Kate Simpson My Harmony Story

I'm an Aussie from Adelaide, Kaurna Country, and I've lived in various corners of the globe and met many wonderfully diverse people. My primary school friends were culturally and linguistically diverse and this fascinated me. Learning French, Italian and Indonesian opened my eyes and ears to completely new worlds. I've spent most of my career teaching my first language, English, to adult migrants and international students, who have inspired and impressed me in so many ways.

My first Harmony Day celebration was in Townsville. One of my TAFE colleagues organised a wonderful event where the students joyfully paraded in their national costumes and then shared a multicultural feast. At James Cook University, I worked in the Eddie Koiki Mabo Library as a Learning Adviser, helping diverse students to achieve their goals. There was no Harmony Day event as yet, so I collaborated with a colleague from the International division and the president of the Student Union to create an annual event for students and staff. Harmony Day continues to be celebrated every year on the Townsville campus with food, music and dance from diverse cultures, including First Nations cultures.

I am now living on beautiful Wadawurrung country. My work with international students at Deakin University was cut short by the pandemic, but I volunteer with the Bellarine Landcare Group and Study Geelong and also do some tutoring. I would love to contribute to planning the annual Harmony Week celebration at Springdale with Anne, Sara and any other interested people. 'Everyone belongs' is a wonderful theme.

Kate Simpson

Sara Gillett My Harmony Story

As a child growing up in England I had very little interaction with any different cultures. Once I finished school and moved away from home, I moved into digs where I shared the accommodation with a lovely Indian couple. The smells of their amazing food was tantalizing and we became great friends and they showed me how to cook some of their amazing dishes. They had a very calming and gentle way when we were in the kitchen together. The experience of living in close contact with them helped me become more aware of the differences between our cultures and helped me to be mindful and respect the diversity of all people. And this is why when I saw Anne's call for help with Harmony Day I felt I could become involved.

Sara Gillett



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SpringDale Celebrating Harmony Week Sunday 20 March 1pm - 3pm

Over the last 10 years or more SpringDale has been hosting a Harmony Week event. Most of these events have been pulled together tenuously by many people of goodwill. This year will be no different as we will rely on goodwill from all involved. The difference this year is our organising committee has gained a couple of new members.

Sara Gillett and Kate Simpson their reasons for joining the committee follows. We will use their interests, expertise and energy to help bring the 2022 event to life but will also work towards the 2023 event. We will start to plan for 2023 during next month so we are well placed to make 2023 bigger and better. If you would also like to be part of this exciting group - please register your interest with SpringDale office@springdale.org.au or phone 5253 1960 and we'll welcome you with open arms.

Meatballs & Hot Olives

250g pork mince 250g lamb mince
1 cup bread crumbs
1 onion, finely chopped
4 cloves garlic crushed
1tsp cumin, coriander
1 egg, lightly beaten
half cup plain flour
3 tablespoon olive oil
400g can chopped tomatoes
125ml sherry or Marsala or Port
1tsp paprika (mild/hot)
200g cracked green olives



Fresh bread to serve

Add the mince, bread crumbs, half the onion, 2 garlic cloves, cumin, coriander and egg together.

Mix well and form about 30 meatballs.

Heat 2 tablespoons of oil and fry in batches and set them aside.

Heat the remaining oil, onion, garlic together and stir fry gently.

Add the tomatoes, sherry, paprika and season to taste.

Bring to the boil and simmer for about 10-15 minutes.

Blend the mixture in a processor then return to the smooth sauce into the pan.

Add the olives and the meatballs. Simmer gently for about 20-30 minutes.

Agata

RT Edgar


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Women Living Well - On the Bellarine

Since my last article we have continued to seek out new contacts and meet with people who are interested in finding solutions for the lack of affordable, safe and appropriate long-term housing on the Peninsula.

We met in February and shared some stories, experiences and ideas around how best to overcome this challenge. As we speak to more and more people we are gathering information and building our case for lobbying Community Housing groups, organisations and relevant Housing Authorities to shift their vision from Melbourne metro and other large regional areas towards The Bellarine.

Until five to ten years ago this area was a very affordable option for single, retired people looking for homes to rent long term. These new residents built their lives here, making friends, joining groups and organisations, establishing networks and putting down roots.

Then the housing boom began to encroach and residents were caught up in a growing cycle of increasing rents and declining stocks of affordable housing. Our beautiful part of Victoria has been discovered by investors and cashed up city escapees who are looking for their sea-change. This is economically great for the region, but not so great for those with no other option than to pay the higher rents and drastically cut back spending on other necessities.

However, with every challenge or problem, there is always a solution, and our Women Living Well group is about trying to find the solutions that we can work with. If you would like to contribute to the group, please call or email me. I'd love to chat with you.

Dianne Bennett Phone 0422 146 604 or diannebennett4@hotmail.com



Bellarine Support Group for Kinship Carers

Wow what an interesting start to 2022 March already.

As I am writing this article, I often wonder what I would be doing if I was not a kinship carer - where would I be, what would I be doing with my life and where would I be living?

Being a kinship carer means the world to me. I have been involved in kinship care since 2005. Since that time I have seen many changes in the kinship care structure.

A few years back the number of children/young people in, out of home care were mainly placed in the foster care system (so basically living with people they did not know) very few children in out of home care were placed with their own family to care for them. Last statistics I received again a few years back, 80% of children in out of home care were in the foster care system, with 20% being cared by families' members.

But times have taken a turn for the better, the recent statistics show that the well over 95% of children/young people in out of home care are now placed with family under kinship care. Very few children in, out of home are placed with foster carers.

Foster Carers like Kinship Carers do an amazing, awesome and very caring role in caring for the children in their care.

Well done everyone for stepping in to care and nurture the children in your care.

Thank you every one who generously gave to us, enabling all our families to receive gifts.

From every Carer and all the children part of our group from the bottom our hearts THANK YOU.

If you are a kinship carer sitting at home thinking you are all alone, come join our group - we laugh so much, we sometimes cry too much but we support each other.

Our meetings are held the first Monday of each month (not during school holidays) at SpringDale Neighbourhood Centre from 10am to 12noon.

Under Covid requirements all Carers are to be double vaccinated to enter SpringDale.

Hope to see any new carers very soon.

Stay safe everyone. **Jeanette Hanley-Heath** - 0414 308 275



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Clifton Springs Garden Club

Clifton Springs Garden Club has started 2022 with a flurry. By the time the Messenger goes to print, David Cass, will have given us his presentation on pruning, and, an interest of his, the idea of swapping seeds saved from your favourite plants. We also will have had a social catch up of members at the Geelong Botanical Gardens. We are hoping to have someone from the Geelong Botanical Gardens come along to one of our meetings to tell us their history and how they are currently managed. Watch this space if you are interested. Are you new to the area?, then this is a beautiful place to spend a morning or afternoon and it doesn't matter what time of the year you go there will always be something new to take your interest.

During the past two years, I found the Garden Club and my garden, a great source of comfort and enjoyment. It gave me a great sense of belonging and purpose, the garden didn't know there was a pandemic happening so still demanded attention. If you have an interest in gardening, you don't have to be an expert, as I certainly am not, come along to one of our meetings and meet our experts. They love sharing their knowledge.

Our next meeting will be on Tuesday 8 March, Uniting Church Hall Drysdale at 7.30 pm. Our meetings are followed by supper, a chance to look at the Show Bench and to socialise. As I write this article, anyone attending a Garden Club meeting must show proof of double vaccination (required by the Uniting Church). If you would like to keep up to date on what the Club is doing, please do not hesitate to contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com

Photographs - Geelong Botanical Gardens



St Leonards Garden Club

Hello Everyone,

It is very soon and we will be celebrating our 40th birthday of the St Leonards Garden Club. I hope that everyone who attends our party will be thrilled with Craig Castree's presentation. Craig has visited us on a few occasions and is always very popular.

Mother Nature has certainly made her presence felt over the past couple of weeks. We certainly needed the rain, but perhaps not all at once. I particularly enjoy the light and sound show.

The humidity has caused brown rot on some stoned fruit, lots of black spot on roses. Lawns seem to grow faster as do the weeds.

This season I neglected to net my fruit trees, so had to share some of my apricots of which there were many kilos, with the wattlebirds. They didn't get many so I hope they enjoyed what they had.

One evening we had a visitor of a different kind. He or she had visited once before and enjoyed some of my peaches. This time it was a few of my pink lady apples, that had also been damaged by the weather. A possum!!! Cute but hungry. I'll be prepared next year.

I am now looking forward to harvesting all

of my apples, golden nugget pumpkins and tomatoes. Luckily the birds didn't find my strawberries which were so large and very delicious.

Dropped fruit from the trees either by weather, birds or naturally need to be cleaned up and composted to prevent disease from occurring. Black spot on roses need to be cut off and disposed of in plastic bags to prevent spores from spreading. Cut back leaves from



pumpkins, zucchini that may have damage on their leaves.

I think this year, tomatoes will be later to set fruit if mine are anything to go by. Lots of foliage and flowers but not many have set fruit yet.

Enjoy the sunshine while it here because it won't be too long before Autumn and Winter are here.

Stay well, stay safe

Cheers

Wilma McLaren



Leanne's Wheelie Life

One whole year ago I became a grandmother.

It really is an honour and a privilege to share in the delights of this little miracle named Zoey with your own child and their partner. I'm not sure that other family members delight as much in the minutia of a baby's life. I truly marvel at having such a precious gift in common, a little one whose every need is paramount to us all.

In my opinion, every minute of a grandchild's day should be frequently headlined and forwarded to non-local grandparents like us. There will never be a mundane topic, 'Crawling', 'Big Yawn', 'Watching Cat



Through Window', and other grandparent-grabbing captions are newsworthy. Scanning online for current affairs updates or weather reports is a ritual quickly deprioritised when a message appears. 'Another successful food introduction', alongside a photo of a jovial avocado-smearing, chubby-cheeked cherub. Or a picture of our little one crawling around the garden. Sadly, our son and daughter-in-law have enough of a life that I must be happy with a few weekly updates in between our semi-regular 3 to 5-week catch-ups.

And when we do get to spend time with our baby girl, it's as though every reaction she has and every move she makes is so extraordinary that being with her is the most important thing at that time. Yet like so many grandparents who cannot fully physically interact due to distance or disability, I try not to think about how much more I could offer. How much more Zoey might be enriched. How much easier I could make her parents' lives. And how much fuller my grandparenting experience would be if I could do...well...anything. If I could cuddle her heartbreaking wails. Or mash, dice, peel, slice, and bake some nourishing goodness, offer overnight respite, wash away her days' grime or snuggle with her at bedtime.

Suggestions that I can be the 'wheely' unique and funky G'ma with an inbuilt 'go' knob and 'beep' button are luke-warm comfort. However, I look forward to reading times with her on my lap. Yet my presence in Zoey's life will surely help her become a well-rounded woman who can accept individuals in our many and varied semblances. One of the joyful responsibilities of good grandparenting is to help raise a kind and caring adult -

I reckon I can do that.

Leanne Watson



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Although the Bellarine Agricultural Show is not happening in 2022, VAS - Victorian Agricultural Show Ltd Qualified competitions will take place. This will enable our special part of the world to be represented at the regional competition and through that to the state.

Email: bellarineshow@gmail.com for competition and entry details. Plans are well advanced for the 2023 show.

Follow us on facebook <https://www.facebook.com/bellarineshow>



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MEMBERSHIP GROWTH

I am sure many groups and organisations have at different times gone through periods of reduced membership. This was so true about our local Rotary Club. We were down to ten members and we knew we had to establish a strategy to grow.

Some ideas we adopted became our strategy to increase membership are suggestions that would be universal for any group.

Rotary is a fabulous organisation but it's not just about helping people, it's also about building friendships, community, relationships, making a difference where we live. Our club provides a fun and relaxing environment for people to first of all establish connections then explore a group to commit to. People thrive in an environment where they feel

valued and belong. Following their passions and meeting like-minded people.

We encouraged members to talk about our Club/Organisation, just starting a conversation while out in the community, chatting to others or a simple invite to meet other people. We use local papers and magazines for publicity about the Club / Organisation making contributions regularly as editors appreciate surety they will get an article and hence more likely to ensure there is space.

The Rotary Club of Bellarine North is always looking for new members with new skills and ideas to grow our community involvement. Give me a call on 0408 989 221 if you want to know more and join our ever expanding Club.

Caroline Rickard - Bellarine North Rotary Club



I love my Bokashi garden. It's so much fun picking tomatoes and zucchinis every day (or almost every day). My garden watering system has improved over the last 12 months and we now have weeping hose in many of the garden beds and they are connected to water tanks and with the help of gravity the water oozes out. But when water supplies are low - I'm back to each plant getting a two litre bottle of water sat closely beside it and on most days that keeps each plant happy (on hot days each plant might like 4 or 6 litres if I have time). I have developed a bottle filling system - like a reverse milking machine.

Continuing to feed the plants - weakly weekly and I can do that by putting a teaspoon of Bokashi liquid into each 2 litre bottle before upending it into the soil near a plant. Hoping your garden grows well.

Anne Brackley



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1. The colourful Hindu festival of Holi typically takes place during which month?
2. Which regional Victorian city is famous for its Easter fair and parade?
3. Which author wrote the book "All the Rivers Run"?
4. Who was the leading run scorer during the 2021/22 Men's Ashes series?
5. Which country consumes the most chocolate per capita?
6. Which band is known for songs including "Livin' on a Prayer" and "It's my Life"?
7. The books that the popular Netflix show "the Witcher" is based on were originally written in which language?
8. Which Chinese Zodiac animal would someone be if they were born on the 4th of May 2022?
9. How many sides does a hexagon have?
10. What Language, other than English, is widely spoken in the Province of Quebec, Canada?

Turn to page 22 to find the answers.

Drysdale Guides Meet on Thursdays during the school term 6:30-8:00pm.



If you are interested or have any questions please contact Anne Brackley on 0407 529 205

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Bellarine Birdlife - Identifying Birds

When I first retired I was overjoyed to be able to follow my passion of birdwatching, something that I never had time for with my busy working life. After a few months of exploring the bush, sliding through mud beside lakes and generally stretching my neck to see high into the tree tops. I thought that by this stage I was getting competent enough to do the yearly bird count for Birdlife Australia. I downloaded the app and sat purposefully beside St Leonards Lake. I was ready and raring to go, after all I only had to identify birds for 20 minutes and I was in familiar territory. No stranger birds usually flew by when walking my dogs each day.

At first it was great. The birds obliged beautifully. A few sparrows, black birds, starlings, pelicans and cheeky New Holland Honeyeaters even a swan or two. However I wasn't quite prepared for the app to require me to name the species of raven that flew by. A raven was a raven - wasn't it? I know that my father called these black birds a crow but I knew my bird identification book had stated in very strong terms that **crows** (Torresian Crows, Little Crows and House Crows) **are rarely seen in Victoria**. The black birds that we see are Australian Ravens, Forest Ravens and Little

Ravens. There is quite a difference between each species and identification "can be challenging and relies on hearing calls, as well as body size and structure, and the structure of throat hackles." (The Australian Bird Guide).

Thus began my journey into bird identification. In fact I am still on that journey and often still as confused and muddled with multiple apps and many bird books collected over the years as my guides. Frequently I get emails from members of the public with descriptions, muzy photographs and in a maze of difficulties, I often don't come out at the end with a positive answer.

When identifying birds one must judge by size, the depth and speed of wings beats, topography which means the external parts of a bird (feather arrangements, pigments of colour, shapes of heads and beaks, colour and length of legs, types of feet), where it is feeding and how it is moving. Got all that? Well you must also know that male and female birds are very different this can change according to the month of the year and the season. Also juveniles are very different from adults and sometimes it takes a juvenile four years (yes 4) to grow to an adult and often each year they change. See the attached

photo of mother (adult) Pacific Gull and her 3 offspring (aged 1 year old, 2 year old and finally 3 year old).

Now that I have given you so much to think about also consider the complications of names. I visited the Arctic a few years ago and took a lovely shot of a sandpiper. It posed beautifully and so began my journey to name the bird. Eventually a birder was able to help. "Yes" he said. "Definitely a Purple Sandpiper". My surprised expression led to an explanation that the Purple Sandpiper is identical to the Rock Sandpiper, but non breeding adults have a slight purple sheen to their feathers a few weeks of the year. You must be in certain light conditions to see the sheen.

Good luck to one and all with your identifications -

A recommended guide - 'The Australian Bird Guide' by Peter Menkhurst, Danny Rogers, Rohan Clarke, Jeff Davis, Peter Marsack and Kim Franklin. Published by the CSIRO.

Carole O'Neil



Variety of ages of Pacific Gulls from 1 year old to adult (older than 4 years old)

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A Walk around Lake Lorne

The inactive map and the complete details of the walk visit and access the information as you walk <https://birdwalks.springdale.org.au> or call into SpringDale and borrow a laminated set of sheets to use as you enjoy your journey around Lake Lorne.

WE ARE MOVING



Monday 7th February 2022

The Springs TOWN Club will be meeting at:

The Community Hub

23 Eversley Street, Drysdale.

(It is right next door to Drysdale Police Station)

There is parking on the street.

We would like to take this opportunity to thank Drysdale Uniting Church for their ongoing support for allowing us to rent with them for 21 years. We wish them all the very best with their new endeavour with their op shop.

We are a friendly group of people who meet each Monday from 9.00 am to 10.30am. We share friendship as well as ways to help take-off weight or maintain weight. Some members have a lot to lose and others only a little, but regardless of how much they want to lose they find help in our group situation.

As part of our programme we have group therapy, which may go from having a chair exercise session to participating in small group discussion on a topic like: how to read food labels, or having a relaxation session. We are a friendly group and welcome new members happily. Don't worry if you are a person with young children, we have plenty of grandmas who are happy to share the love. We maybe older but we enjoy each other's company and help each other as much as possible.

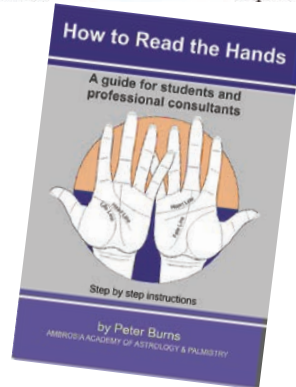
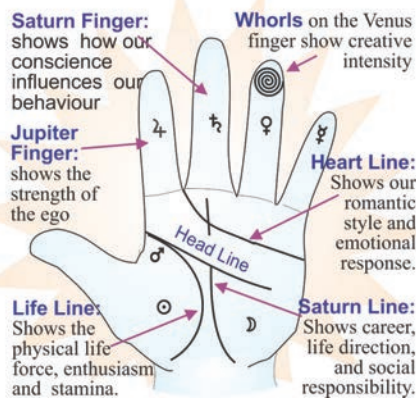
TOWN club is based on the premise there is no bad or good food, just food and we do not harass or put down any person who is struggling. We try to be as positive as we can to help each other cope with the day-to-day struggle of taking off weight or maintaining our goal weight.

We meet from 9 to 10.30am on Mondays

There is a fee to join and a \$5.00 weekly fee which covers rent and membership fees for the year to TOWN Clubs Victoria and any other expenses like regular competitions. Please come and join us we would love to see you.

Contact: Jan Bell
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Would you like to learn How to Read the Hands Palmistry with Peter Burns Expression of interest



Peter Burns studied chiromancy with Andrew Verity in 1981 and ran a palmistry stall at the Fremantle markets in Western Australia for seven years, consulting about 30 people a week. In 2011 he published "The Palmistry Textbook" and toured the USA speaking on hand analysis, astrology, and astro-palmistry.

Peter is dedicated to introducing the benefits of using hand analysis to consultants in different fields because of the potential benefits for clients. The hands show the effects of the past, the present state of mind, and potential future should the client maintain their present behaviour.

Hand analysis is without peer in the diagnostic professions for speed and accuracy of interpretation, Hand analysis is exceptional in terms of the depth of personal and psychological insights.

Peter is a hand analyst, astrologer, lecturer, writer and teacher.

Email: peterburnsastrology@gmail.com



Hi everyone, we're lifting off with sci fi in 2022!

I watched the "Family Guy" Star Wars "Blue Horizon" D.V.D as part of my prep. for our show. Unfortunately it jammed in my player and I had to get a "tech man" in to fix it. I told him about the "X Wing" and when he brought back my player next day he said "Take me to the space craft." He forgot to bring the leads and I forgot to pay his bill but we sure didn't forget to check the space ship! (We "cleaned up" the omissions next day.)

Has anyone heard of an Australian company called "Gilmore Space Technologies"? I first heard a brief mention of them on the radio and looked them up. They are planning to launch satellites into space from a facility they have apparently built in Abbots point in the Whitsundays in Queensland. Exciting stuff! I wondered what they would think of our little project here at SpringDale, so I sent them an explanatory email which included the picture published in last month's sci fi column. Believe it or not, they answered! They said...

"Wow... It's always amazing to see how space (which is the fodder for most science fiction after all) reaches across place and time to inspire us."

That's just how I feel!

But back to "Star Wars." We know that Luke Skywalker "won the day" by firing a single missile into the Death Star. I think we can duplicate this situation at our event. In pursuance of this objective, I am in the process of installing my rat trap rocket launcher into the nose of the "X Wing." As the craft rocks around in flight I am fitting a hinged guard to keep the rocket in place before firing.

Check out the pic and more next time!

John.



The Community Hub Drysdale

The last couple of years have been a challenge for everyone with COVID outbreaks and lockdowns. This year we are looking forward to a full year of competitions, outings, lectures and hands on fun. We are looking forward to catching up with old friends and very much welcome any new friends.

Bellarine Camera Club meet at SpringDale Neighborhood Centre, Drysdale at 7.30pm on the 1st and 3rd Monday of each month, covid rules apply. For further details see our website www.bellarinecameraclub.org.au

Lynne Bryant - President



Bluetail-Damselflies - Robyn Curtis



Splish-Splash - Kevin Robley



Leaf Curl Spider's Dinner - Lynne Bryant



Hellebore - Jim Den Ouden.jpg

25th best place in the world



For the first time ever, destinations around the world have been ranked to uncover those that visitors love most, and The Bellarine has taken out the 25th spot!

Leading Places: The 100 Most Loved Destinations Around the World for 2021, was compiled and released by the Tourism Sentiment Index using consumer sentiment available publicly online.

More than 1.6 billion online conversations and content pieces about 21,330 global destinations were analysed to compile the list.

A 25th spot for the coastal destination has ranked The Bellarine higher than Bordeaux, France (#49), Queenstown, New Zealand (#44) and Las Vegas, United States (#32). Geelong also placed in the 100 list, coming in at 69th position.

"Geelong and The Bellarine have been much-loved destinations for generations of visitors. It's wonderful to see the region recognised in this way by new audiences," said Tourism Greater Geelong and The Bellarine Deputy Executive Director, Tracy Carter.

Read the full list and find out more at <https://www.sentiment-index.com/most-loved>. Get inspired to explore the region at visitgeelongbellarine.com.au.

Amanda Sherring

Industry Communications Officer
Tourism Greater Geelong & The Bellarine



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Memories of Yesteryear

THE BUTCHER FAMILY

As the first quarter of 2022 is passing us by and the Omicron strain of the coronavirus seems to be losing its grip on our lives and those who have fallen victim to the virus, I reflect on the many well-known identities who have ridden on ahead in the past twelve months.

Fashion designer Carla Zampatti and those we all knew in the entertainment industry, Michael Gudinsky, Ernie Sigley, Bert Newton, Charlie Watts, Mike Nesmith and Christopher Plummer from "Sounds of Music" to name just a few and let us not forget Prince Phillip who almost reached Don Bradman's batting average of 99.94.

Our family also lost a loved one in November last year, Eric Bray was the last of my mother's siblings to say farewell and although the four girls in the family married and had a name change, the four boys remained bachelors for life which meant that the two youngest were left to look after each other as their family departed.

Edward the younger of the two was diagnosed with lung cancer in 2014 and was being treated at the Andrew Love Centre in Geelong, so they were fortunate enough to be admitted and cared for at Drysdale Grove and when Eddie passed in 2015, Eric carried the Bray family name for the next seven years.

In his role as an oil blender with H.C.Sleigh, based in Newport his workplace was only 300metres from the West Gate Bridge Construction site and during his lunch breaks would photograph the progress of the bridge being built and something that the Bray family never forgot was the collapse of the bridge on the 15th October 1970, the day before his younger brother's 35th birthday. Coincidentally 35 was the same number of lives lost that fateful day.

How fortunate was mum to have married into the Butcher family as that side of her family are still scattered throughout the Bellarine and surrounds.

Russell Butcher



Bray Family
Eric receiving clock
30 year service
West Gate Bridge
Construction



Eric & Edward Bray



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St James Anglican Church turns 150

We are counting down to our celebration on the week-end of 23rd and 24th July. We have had several responses to our articles in the SpringDale Messenger over the last few months.

One of the responses has been from Rosemary Stewart (nee Styles), who returned to our town in 2017. Rosemary grew up here 76 years ago, eventually left and has now returned to her roots. Rosemary contacted us and asked the question about two little chairs that her mother Nora Styles had donated 78 years ago in memory of her two sons (Rosemary's brothers) who died as little children.

The boys' names - Michael David and Robin Leslie Styles. Michael died in 1942 aged 4yrs of diphtheria and Robin the year before aged 3 months of pyloric stenosis. One cannot imagine the extent of the grief this family would have gone through. We are thrilled to still have one of the little chairs and it is in use every week at our playgroup. We use it at Christmas in our nativity play. Sadly, at the present time we cannot find the other chair. If anyone knows of its whereabouts or its continuing story we would love to hear from them.

With a thriving population of children at St. James in the 1940's little chairs for the Sunday school and Church were needed. We have another chair with a dedication plaque on it in the memory of Delma Reynolds. This chair has been renovated by descendants of Delma who we believe died of blood poisoning aged 12 years. Delma's great great grandfather Samuel John Reynolds born 1830 laid the foundation stone at the church in 1872. Links to the Reynolds family still worship with us today and so we are blessed to have had long history with this family.

It is such a privilege to be able to remember people whose lives have become part of our Church story and it is our hope to make many memories now and in the future as lives touch God and St. James Church at Drysdale.

Compiled by **Pat Marks** for St. James 150th Committee
bellarineparish3222@gmail.com



COMMUNITY DEVELOPMENT TIMELINE

It was with great interest that I read the article in the September 2021 edition of the SpringDale Messenger. That article entitled, "Drysdale Bush Nursing" under Community Development Timeline, described the commencement of the Drysdale Bush Nursing Centre in 1922. It mentioned two nurses employed at the centre, one being Sr. Getsom. I had the privilege of knowing and being a friend of Sr. Getsom's for a number of years. I first met Lesley Getsom when I did two weeks orientation of Bush Nursing with her. I had been appointed the Charge Nurse of the newly built Anglesea and Airey's Inlet Bush Nursing Centre and Drysdale was the only other Bush Nursing Centre in the Geelong region. I spent a wonderful time, learning the ropes, meeting community members of Drysdale land surrounding area, as I did the rounds with "Bushie", as Sr. Getsom was affectionately called by her community.

Lesley attended the opening of the new Bush Nursing Centre at Anglesea and had the opportunity to meet my husband and young daughter. My husband and Lesley were both English so they immediately hit it off. During the following years we developed a strong friendship and Lesley would often spend her days-off staying with us, firstly at Anglesea and later at Freshwater Creek, then Mt. Duneed. We had two more children and Lesley was present at many parties and family celebrations. We shared many interest, gardening, cooking, craft, the love of animals and Lesley loved being involved with our children and their activities.

I am sure there are many Drysdale residents who would tell a similar story of Sr. Lesley Getsom. However, most importantly, she as their bush nurse, "Bushie", a very experienced and highly competent nurse who cared for the health needs of the community for many years.

Heather Clarke

Community Development Timeline - www.onthebellarine.org.au



Sr Getsom 80th with Heather Clarke



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Snooker Surfing in Ocean Grove

L to R Phillip Lock, John Abrahams, Bill Smith (Club Champion), and Kevin Callinan (Club President) enjoying a game of snooker.

Kevin Callinan of the Snooker says "We, at the Ocean Grove Senior Citizens Club, have a wonderful afternoon on a Tuesday and Thursday at around 1.30pm, playing Snooker, chatting, and more importantly, mixing with each other on a friendly basis. There are currently four people playing and we look forward to more members joining us. We have two tables, so the more the merrier."

"The best player now is undoubtedly Bill Smith, who, at the ripe old age of ninety-four. Yes, I have said his age correctly, hits the ball in the hole with the greatest of ease and always sets the white ball where he wants it", says Phil Lock"

The Ocean Grove Senior Citizens Snooker Club was founded in 1963 with a handful of members. The rules and game have changed significantly throughout the years, along with the equipment used.

Snooker is mostly played, as we do, as a great pastime activity. Like any other game, the more you practice, the better you get at playing this game of snooker. Playing the game requires concentration and this helps



you to build the habit of concentrating your daily tasks as well. Players focus on cueing the cue ball (white ball), the correct angle to hit the cue ball, the posture on the table and the angle the cue ball will move after hit. Your ability to concentrate on other life goals or daily tasks can also improve due to playing snooker.

Beginners and those returning to the great game are most welcome to join the fun.

The club is located at the Senior Citizen Club, 101 The Terrace, Ocean Grove. supplies all the necessary equipment needed to get you your snooker fix for the day, and as usual tea and coffee are available.

Contact **Kevin** on 0413 174 840 or on (03) 5255 2996 for further details.

The Bellarine Wanderers

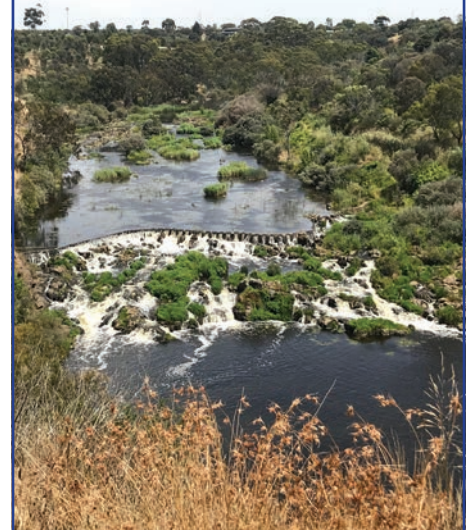
The Bellarine Wanderers have now completed 20 different walks with recent ones being a mix of local ones- McLeod's Waterholes and Lake Lorne & the Basin and during the holiday period Fyansford and the Falls, Black Rock coast, Botanical Gardens and its nearby coastline, Queenscliff coast etc.

We try to go along the less used tracks and quieter, less well known areas.

We always seem to find some fascinating history, fauna or flora to continue to further discuss at the coffee (and sometimes lunch) afterwards.

Our walks are every Thursday morning, generally starting at 9.30am (earlier if it is forecast is to be very hot).

For more information please contact Rob Gardner (0413 458 562)



Footpaths

Over the last 30 years we have received many articles about footpaths and the need for them on the Bellarine. Many people have commented about walking safely on footpaths, the health and social benefits for all ages.

Our first SpringDale Messenger more than 30 years ago - asked people to fill in a questionnaire about footpaths and destinations to help the Bellarine Rural City Council to implement Pathways for ease of access as funds become available. Next month we will feature an article on footpaths. If you would like to add your voice to the article, please email messenger@springdale.org.au or phone 5253 1960.



Trivia Answers

1. March
2. Bendigo
3. Nancy Cato
4. Travis Head
5. Switzerland
6. Bon Jovi
7. Polish
8. Tiger
9. Six
10. French

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Drysdale Senior Women's Football Team

With round 1 just a month away, Senior Women's Coach Stuart Craven catches up with fan favourite Caitlin Pickett, to talk about her first ever year playing AFL football.

SC: So Pickles, after a long and successful career in soccer, what inspired you to have a go at AFL Football?

CP: Well a friend of mine had played at Drysdale and absolutely loved it, so I thought why not. But that first training session was like WOW! The girls were so friendly and welcoming. I had no idea how I was going to do it, 'cause I was still playing soccer, but I decided right then and there - I'm playing footy too!

SC: What were some of the biggest challenges you encountered with your new sport?

CP: The different skills - and all the rules - I had no idea what I was doing! But my coaches and teammates were amazing, so positive. No-one cares if you make a mistake, they just keep encouraging and supporting you.

SC: So AFL is a big part of the Drysdale community. Were you surprised by how important it is to the people of Drysdale?

CP: I was super surprised. The whole build up to games with everyone at the club for dinner on a Thursday night. All the coaches talk about their teams and then announce the line-ups and all the supporters are there, talking about the games. It's such a great community feel.

SC: The team has players aged from 15-50, some who have never played before and others who have played at the highest level. What was it like to be in a team with such a wide range of ages and abilities?

CP: It's really special and loads of fun. The experienced players are so helpful and the young girls bring so much energy and excitement.

SC: So if anyone is thinking of taking up AFL football what would you say to them?

CP: I would say do it, with ten exclamation points. It's one of the best decisions I've ever made. It's so much fun and you get so much out of it - social health, physical health, mental health - it all strengthens with footy. It's just an amazing sport.

If you are interested in playing Women's Football please give Female Football Coordinator Jess Cass a call on 0427 753 723 or come down and see her at training, 6pm every Wednesday night at Mortimer Oval.



North Bellarine Aquatic Centre
ADVOCACY GROUP

Looking back on the last 2.5 years, our group has helped to move the issue of aquatic facilities for the North Bellarine, a long way. From there will never be a pool on the North Bellarine to Stage 1 of the Aquatic Centre to be started in the near future (see Cr Mason's column P6). Thank you to everyone who has written to Council, spoken to our parliamentary representatives, and those who have invested time in being part of our North Bellarine Aquatic Centre Advocacy Group.

As we look forward to the next few months and perhaps years to come, we work towards being well placed to advocate on behalf of the community and invite the community to an annual meeting to be held on Tuesday 1 March 7pm at SpringDale Neighbourhood Centre - please register your interest via our email nbac@onthebellarine.com.au or phone SpringDale 5253 1960.

We have recently gained a few new members and look forward to welcoming more. Please consider being part of this group.

Anne Brackley OAM

Chair - North Bellarine Aquatic Centre
Advocacy Group



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