



# The SpringDale Messenger

May 2022  
Volume 32 Issue 4



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.

## Wouldn't it be nice

SpringDale is all about pathways to get people to where they want to go. Sometimes it's through education, sometimes it's through bringing people together and sometimes it's through advocacy. What does or could your path look like? Are you interested in developing a new pathway for yourself or helping us to increase the number of footpaths for people to walk, use mobility scooters or ride on?

Please contact SpringDale Neighbourhood Centre [office@springdale.org.au](mailto:office@springdale.org.au)  
phone 5253 1960 or call in to continue the conversation.

**Anne Brackley**

Chief Enthusiasm Officer  
SpringDale Neighbourhood Centre

# MAY 2022

## Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Sunday	1	World Laughter Day
Monday	2	Kinship Carers 10am -1pm at SpringDale
Tuesday	3	Friendly cuppa and chat 10.30-11.30am at SpringDale The History of Rock and Roll - All Shook Up - 10.30am - Potato Shed World Asthma Day Press Freedom Day
Wednesday	4	Slap, Bang, Kiss - 7pm - Potato Shed International Star Wars Day International Firefighters Day
Thursday	5	Jigsaw Group 10-12noon at SpringDale
Friday	6	International Nurses Day
Saturday	7	Harvest Basket Produce Swap 9-10.30 am at SpringDale Free replacement anti-theft number plates screws at SpringDale Car Park 9-11am Felting Group 10-3pm at SpringDale Late, Late at Night (World premiere) - 8pm - Potato Shed
Sunday	8	Mother's Day
Monday	9	Dining Group to Ocean Grove Hotel (Collendina Hotel) Neighbourhood House Week (until 15)
Thursday	12	Days for Girls Sewing 9am-1pm at SpringDale International Nurses Day
Friday	13	Jude Perl - Participation Award - 8pm - Potato Shed
Sunday	15	International day of the family
Monday	16	National Volunteer Week (until 22nd)
Tuesday	17	World Hypertension day
Wednesday	18	Lunch Bunch Clifton Springs Golf Club
Thursday	19	Circling Time - Songs and Stories - 8pm - Potato Shed
Friday	20	Journey on Wadawarrung Country - 5.30pm - Potato Shed (until 3 June)
Sunday	22	National Palliative Care Week (until 28)
Friday	27	National Reconciliation Week (until 3 June) Jekyll and Hyde - 8pm - Potato Shed

Reminder Bookings & copy required by 1 May for the June 2022 issue



## SpringDale Messenger

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.  
17-21 High Street, Drysdale Vic 3222.

### COPY DEADLINE JUNE 2022

Bookings/copy required by 1 May.

Dist: 29 May 2022

Circ: up to 20,000

### Connecting Your Business with our Community

For all Advertising enquiries:

Email: office@springdale.org.au

Phone: (03) 5253 1960

Online: Book an advertisement online.

Advertisements: **Must be supplied with all text outlined.** All requirements are listed at springdale.org.au

For all Editorial enquiries:

Email: messenger@springdale.org.au

Phone: (03) 5253 1960

Online: Use the online form to lodge an article at springdale.org.au

**Editorial:** All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

### Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

**Images:** Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted.**

**Distribution:** Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria

## SpringDale Messenger Website

We now have a website devoted to all the SpringDale Messengers from the last 30 years. Thousands of hours have been invested in helping this website come to life. We are still seeking a couple of copies of old SpringDale Messengers to help us make this website the best it can be - April 1992 onwards. Please let SpringDale know if we can borrow these phone 5253 1960.

<https://www.messenger.springdale.org.au/>

We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



SpringDale Neighbourhood Centre Inc. acknowledges the support of:





# Coordinator's News



Anne Brackley

Dear Friends and Friends I am yet to meet...

Hoping you might like to hear how I try to start each day with a success. Over the last 3 months (by the time you read this I hope it will be 4 months), I have been swimming 20 laps of a small in-ground pool. This equates to swimming half a kilometre. It was quite easy to do in January and February but got tougher in March and April. My plan is to continue for as long as I can.

In the warmer months I found it tricky to go from warm air to cool water but once in I was ok. The piece of equipment that has helped me the most is my full face mask. Once I was given this amazing piece of equipment the world of lap swimming opened up for me.

Then it was how to keep track of the laps. My solution was a container of icy pole sticks, 14 long ones and 6 shorter ones. Sometimes I jumble them out and then place one back in the container after each lap. Then I need to stop every so often to count how many laps to go. I am much more relaxed if I take the few seconds to line them up two long, one short, two long, one short etc and then I know each short one is a multiple of 3 and I can see/feel when I am almost half way to success.

Every lap I look for spots to tell me a half lap is almost complete. On the return part of the lap I look for the shape of the light at the end of the pool and this also keeps me on course.

After the first lap I'm 5% finished. By the end of lap two I'm 10th of the way there. By the end of lap 6 I'm almost a third of the way and by lap 7 I'm more than a third. Halfway is great and then it's onto 75% by then it's a 3 lap sprint and an easy 2 laps to success.

Sometimes my mind drifts and thinks of my next column for the Messenger and sometimes I just listen to my breaths in and out. I love to stretch my neck and I especially love the hot water in the shower after the swim.

I use this approach to most things trying to work out the way to approach things. Getting started can be the biggest issue - like walking into the cold water. Working out what you need to keep going what does halfway look like? When will you declare you've been successful?

Every now and then people will hear me say to myself "Come on Anne, you can do this!" and off I go hopefully to complete whatever the task is and being kind to myself if I need to take a break. Something that's a little tricky than usual - I might need to let my brain think about it overnight (if I haven't left it to the last minute!). The next day it is usually easy to do - especially before lunchtime when my brain does perform much better.

I know that starting the day this way has helped me think clearer, plan better and be ready to be successful for the rest of the day, with one success already under the belt.

Anne Brackley



Subscribe to our webmail and stay up to date with Course, Group, Event and COVID Safe information.

# Course News

## Crispy Chicken

Come along and learn how to make a complete Crispy Chicken Bao Bun kit to take home and feed the family for dinner. Learn how easy it is to make the buns, crumb your chicken, create a delicious slaw and make your very own special sauce to compliment the meal. All hands on, will be a little learning with a delicious outcome.

**Instructor:** Charlene Bancroft

**Date/time:** Sat 4 Jun 2-6pm

**Fee:** \$100 conc \$80

## Introduction to Parliament

The Victorian Parliament community presentation program has been designed to introduce participants to the key concepts of parliament and how they can use their voice to bring attention to issues they care about.

The information covered includes:

- What parliament is
- How Victorians are represented in parliament
- The three levels of government, and
- How you can have a say in parliament

The program runs over two sessions: Introduction to Parliament and Your Voice in Parliament, each with their own pre and post resources containing vocabulary, key concepts, and useful links.

**Instructor:** Bridget Headlam

**Date/time:** TBA **Fee:** Free



The SpringDale Lunch Bunch are going to the Clifton Springs Golf Club on Wednesday 18th May at 12pm. **BOOKINGS ARE ESSENTIAL**, so everyone gets a seat, please phone Margaret 0418 370 857.

**We have to meet the current Covid requirements of the venue.**



SpringDale Dining group are going to the Ocean Grove Hotel (Collendina Hotel) 175 Bonnyvale Rd Ocean Grove on Monday May 9th at 6pm. Please call SpringDale on 5253 1960 to reserve your spot.

## QUOTE OF THE MONTH

"I've learned that people forget what you said, people will forget what you did, but people will never forget how you made them feel."

**Maya Angelou**

Anne Brackley - Quote curator

# SpringDale is here to help



Over the last six months SpringDale has helped hundreds of people create MyGov accounts, link their Medicare card to their MyGov, help them download their vaccine certificate and attach the vaccine certificate to their smart phone if they have one. We have also helped to print, reduce and laminate vaccine certificates to carry in wallets/bags. If you need assistance with these services we are here to help.

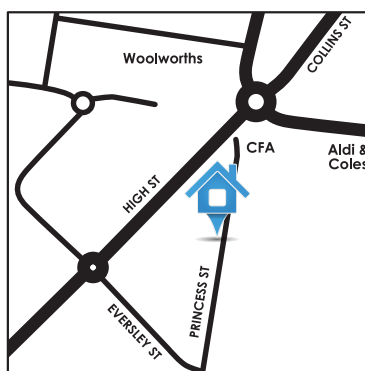
Email or ring SpringDale to arrange an appointment - [office@springdale.org.au](mailto:office@springdale.org.au) or 03 5253 1960.



So pleased to be able to help our community.



**SpringDale**  
17-21 High Street, Drysdale





## News from Lisa Neville MP

Member for Bellarine

### Road Safety.

As Police Minister I have a particular interest in road safety and am very much aware of the trauma and devastation that can result from a split second, momentary lapse of concentration.

We know that all road deaths and injuries are avoidable, and it's particularly tragic that small lapses in concentration are responsible for so much trauma and community heartache every year.

Most motorists do the right thing and don't take risks when behind the wheel. But if we can reduce the simple errors that we are all susceptible to we will see a rapid and dramatic reduction in road trauma.

In recognising this, the Victorian Government has just released a new campaign urging motorists to avoid complacency behind the wheel. This campaign involving all media platforms and other measures will be very prominent in the coming weeks.

Last year, 128 or 58 per cent of road deaths in Victoria involved a common basic error like taking a corner too wide or a concentration lapse, as opposed to high-risk behaviours like speeding, using a hand held device and drink or drug driving.

While these intentional high risk behaviours rightfully remain a strong focus of the Victorian road safety strategy, everyone is being reminded that even the best drivers can be a split second away from the unthinkable happening.

And locally, ongoing policing initiatives such as Operation Backroads has resulted in a significant reduction in road trauma. I fully commend Bellarine Police on this operation and their commitment to it.

So as we head into the winter months, with weather that can create its own set of hazards, please take care, avoid complacency and do not take risks. Your life and those of others depends on it.



### Showcasing Art on the Drysdale Bypass

I was happy to launch a series of mosaic glass art letters created by local artist Diane Schofield that have been etched into the underpass walls of the Drysdale Bypass. Letters are in inspirational words including

dream, inspire, believe and achieve, selected by students on the Bellarine Peninsula.

### Getting Local Kids Sport Active

Sport plays within the community, especially in providing a game for local kids. Not only does sport get young people off the couch and active, it also provides them important life skills and the opportunity to be part of their wider community.

In recognising this and the fact that many families cannot afford the initial cost of getting started, the State Government has initiated its Get Kids Active voucher scheme. Under this important initiative, children under the age of 18 named on a Commonwealth Health or Pension Card are eligible for a \$200 voucher in getting started at a registered club.

In providing the voucher to their local club, the club can then redeem the value of the voucher through the State Government. This is the third round of funding and to date 33,000 vouchers have been taken up by families. I strongly recommend clubs make themselves aware of this program and that eligible families take advantage of it. This round of voucher funding closes on 31 May and for more information or to apply visit [getactive.vic.gov.au/vouchers](http://getactive.vic.gov.au/vouchers).

### My Assistance.

As always, where I can provide you or your organisation with assistance, please don't hesitate to contact me through my office on 5250 1987, email [lisa.neville@parliament.vic.gov.au](mailto:lisa.neville@parliament.vic.gov.au) or at Shop 66, Gateway Plaza Bellarine Highway, Leopold.



Advertising

# Lisa Neville MP

## Member for Bellarine

*"For assistance with any issue, please call my electorate office"*

**T: 5250 1987**

**E:** [lisa.neville@parliament.vic.gov.au](mailto:lisa.neville@parliament.vic.gov.au)

Shop G066, Gateway Plaza,  
641-659 Bellarine Hwy, Leopold, 3224

Funded from the Parliamentary Budget

**"DELIVERING for the BELLARINE"**

# POTATO SHED

Well as things get colder around but place one thing that is warming up is the Potato Shed, we are so happy to offer you so many events and activities to get you out and into the community.

**The History of Rock and Roll** returns to the Shed with Colin Mockett and band presenting some of the biggest hits of the 50s at 60s ..come along on Tuesday the 3rd of May at 10:30am for our Morning Show. We also welcome back the **Melbourne Theatre Company** with a brand new production **SLAP BANG KISS** - this unique presentation of a brand new work is on for one night only on Wednesday the 4th of May at 7pm, the matinee performance is already booked out - so book now.

We have a World Premiere on Saturday the 7th of May with **Late, Late at Night** a production based on **Rick Springfield's** best-selling book. This amazing production will highlight Ricks rise and fall and rise again along with everything in-between - one not to be missed. One of the highlights of the Melbourne International Comedy Festival is **Jude Perl** with her musical comedy **Participation Award** this entertaining show will have you remembering those fun yet difficult times at school in only a way that Jude can tell - live on stage at 8pm on Friday the 13th of May.

We welcome back to the Potato Shed **Kutch Edwards** with his incredible production of **Circling Time** the songs and stories of his amazing life, being part of the stolen generation with that insight never seen before this unique experience this one everybody should participate in at least once. This very important work highlighting the First Nations people is on the 19th of May at 8pm. We are also very excited to present an interactive exhibition an installation titled **Journey of the Wadawurrung** this visual and aural exhibition will give you an insight into the local journey of the local Aboriginal people. The exhibition officially opens on Friday the 20th of May and will continue until the 3rd of June - this is a free event and well worth the visit.

Seeing out the month we welcome all the way from **New Zealand A Slightly Isolated Dog Company** with their interpretation of the classic Jekyll and Hyde this immersive performance will have you spellbound as the troop take you on a journey like no other through the life of **Dr Jekyll and Mr Hyde**. A great way to see out the month! full of excitement and laughs. Just The one show on Friday the 27th of May at 8pm.

Ensure you check our website and see just what is on, the program is constantly changing so make sure you check what's on and when.

Book your tickets now at [www.geelongaustralia.com.au/potatoshed](http://www.geelongaustralia.com.au/potatoshed)  
Be social with us at Facebook and Instagram/potatosheddrysdale

**See you at the Shed.**

# POTATO SHED

**WIN DOUBLE PASS to**



## Jude Perl Participation Award Friday 13 May 2022 8pm

To enter fill out the coupon, send or deliver to:  
SpringDale Neighbourhood Centre High St Drysdale

Name: \_\_\_\_\_

Address \_\_\_\_\_

Phone No: (03) \_\_\_\_\_

**COMPETITION CLOSSES 4PM FRIDAY 6 APRIL.**



# WHAT'S ON

POTATO SHED

CITY OF GREATER  
GEEELONG

### THE HISTORY OF ROCK 'N ROLL



MORNING  
SHOWTIME

TUES 3 MAY 10.30AM

All Tickets \$17 Includes Morning Tea



### KUTCHA EDWARDS CIRCLING TIME



THURS 19 MAY 8PM

CABARET: Adult \$38 Conc \$34

THEATRE: Adult \$34 Conc \$32

Student \$25

### SLAP BANG KISS - MTC



Can young people really change  
the world?

Multi-award-winning playwright  
Dan Giovannoni knows they can.

In **Slap, Bang, Kiss** he tracks three  
individuals whose stories kick-start  
a series of events none of them  
could have anticipated.



WED 4 MAY 7PM

Adult \$30 Conc \$26 Student \$25

### LATE, LATE AT NIGHT



**RICK SPRINGFIELD  
\*WORLD PREMIERE\***

SAT 7 MAY 8PM

CABARET:  
Adult \$38 Conc \$34

THEATRE:  
Adult \$34 Conc \$32 Student \$25

### JUDE PEARL PARTICIPATION AWARD



An entertaining musical comedy  
exploration of bullying and our  
school system, featuring  
Jude Perl's unique brand of  
stream-of-consciousness style song  
writing, 'PARTICIPATION AWARD'  
begs the age-old question  
- why does school suck so much?

FRI 13 MAY 8PM

CABARET:  
Adult \$28 Conc \$24

THEATRE:  
Adult \$24 Conc \$22 Student \$20

### JOURNEY OF THE WADAWURRUNG



FRI 20 MAY 5.30PM

FREE EXHIBITION UNTIL 3RD JUNE

### JEKYLL AND HYDE



FRI 27 MAY 8PM

Adult \$34 Conc \$32 Student \$25

41 Peninsula Drive, Drysdale VIC 3222  
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OR WITH YOUR CREDIT CARD ON 5251 1998.

By Cr Jim Mason



I hope readers had a restful Easter break and are enjoying the last of everything autumn has to offer.

The Bellarine saw an influx of holidaymakers during this time, which has certainly been a boon for Drysdale and Clifton Springs businesses as they navigate the pandemic.

The centre of Drysdale has also been busy with construction progressing on the new and sustainable library off High Street.

Council proudly contributed \$8.156 million to the five green star building, with the Victorian Government adding in \$1 million.

The ground floor concrete slab and columns, and ground stormwater drainage pits and pipes are complete.

April has seen work on the upper floor concrete slab, bridge foundations and retaining wall in the amphitheatre area.

The striking circular building will feature a green roof and in addition to books and computers, there will be a City of Greater Geelong customer service centre, public meeting space and multi-purpose activity spaces.

We expect community members will be able to enjoy the new facility and public meeting space from April 2023 - how exciting!

The Drysdale Senior Citizens have found a new home after being relocated due to the works.

Members have settled into the recently completed community hub at the site of the former childcare centre on Eversley Street in Drysdale, which council committed \$750,000 towards.

The renowned Festival of Glass, which is an initiative of the Drysdale & Clifton Springs Community Association and makes a significant contribution to the Bellarine's arts scene, is also utilising the Drysdale Community Hub.

This hub will accommodate the needs of a number of community organisations in the local area, providing much needed social connection and a wellbeing boost.

We've really come to understand just how important community infrastructure is during what has been an immensely challenging two years of COVID.

The City engaged deeply with key stakeholders to ensure the facility would be of benefit to the whole community.

Consultation with the Project Reference Group was an important step in informing the re-design of the facility for broader community use.

Thanks to the many associations and clubs in the reference group for their time and feedback, it was invaluable.

## Let's Talk Autism is back!

This group is basically a networking group for people on the Autism Spectrum themselves, or for those supporting, or living with, others who have ASD. We meet at the SpringDale Community Centre, usually on the second Saturday of each month. It's very informal with the main aim being providing support, in a caring & non-judgemental environment, for those who attend.

Our last meeting was only quite small & yet all those who attended expressed how useful it had been for them to talk with others about their situations & to share ideas. I'm hoping the next meeting might also be an opportunity to 'brain storm' your areas of need/concern with the purpose of perhaps organising some guest speakers for future meetings.

Additionally, I'm trying to put together a list of local resources, organisations, programs or events that may be helpful to those of us who are supporting people on the spectrum, or are on it themselves - so if you know of any, please come along & share them with the group.

I look forward to seeing you on the 14th.

**Jane Schmidt**

### SpringDale Messenger - Thank you for reading our free community magazine.

We appreciate your investment of time and energy and hope that you have enjoyed this issue. All our 30 years of SpringDale Messengers are available on our website and thus are available worldwide. <https://home.springdale.org.au/messenger/>

Thanks to our advertisers who help us to print 16,000 copies and enable their home delivery across the North Bellarine. The SpringDale team hope you enjoy this edition and welcome your feedback. Please email [messenger@springdale.org.au](mailto:messenger@springdale.org.au) or phone SpringDale office on 5253 1960.



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# SCI FI

with John

Good morning.

I am late to work this morning after pulling over to help with a B.M.W. convertible with a flat tire. The sole lady driver was a bit unnerved at finding herself stranded by the roadside and I thought "This looks like a job for Superman!" Only trouble was, no spare wheel and no jack! So much for modern cars.

After seeing the movie "Passengers" I had been thinking about the difficulties which could be encountered on the first colonizing mission to Mars. The trip would take five or six months to complete which would be a long time to co-exist in a very cramped space. If the crew could be kept in a state of suspended animation for this period they wouldn't have to deal with this problem. This concept was explored in some detail in "Passengers."

"Harmony Day" this year was fantastic and I "dragged out" my old "Passengers" display. After scouting round to find various missing bits I reassembled it but then realized (at 2am on Friday morning) that the wooden frame it was built on couldn't be lifted onto the stage single handed. So I was looking at a complete rebuild in one day! (I succeeded I used a lighter steal frame instead.)

Meanwhile our Star Wars weekend is nearly here and the excitement is building fast. Hope to see you all at SpringDale on the week-end of Saturday 30th April or Sunday 1st May, for some Wild X Wing Mission.

This is it!

John. (P.S. Star Wars.)



# STAR WARS WEEKEND

@ SPRINGDALE  
SATURDAY 30TH APRIL  
& SUNDAY 1ST MAY



COME ON IN FOR SOME  
WILD X WING MISSION FUN

DISPLAYS & ACTIVITIES

10am-4pm Saturday 30 April & Sunday 5 May  
SpringDale Neighbourhood Centre  
17-21 High Street, Drysdale Vic 3222.



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# Women Living Well - On the Bellarine

Bellarine North  
**Rotary**



**SERVE TO  
CHANGE LIVES**

*How could you help?*

**What is your experience with housing stress?**

**We'd love to know your story.**

We're gathering information, listening to stories and learning how the problem of housing stress is affecting women over 55 years of age, here on The Bellarine and Australia wide. Perhaps you have a story that needs to be told. While many stories are similar, our situations are always more complex and unique - just as we are all complex and unique individuals.

Please phone or email me, or talk to Anne at the SpringDale Office. We would also love to have you at our monthly Workshops on the last Friday of April, May and June at 2.00-4.00 pm. at SpringDale.

**Dianne Bennett**

0422 146 604 or email [diannebennett4@hotmail.com](mailto:diannebennett4@hotmail.com)



ROTARY IS HOSTING A

*Mother's  
Day*



**LUNCH**

**FRIDAY 6TH MAY  
PORTARLINGTON GOLF CLUB**

**GUEST SPEAKERS, RAFFLES & PRIZES  
COST IS \$50 PER TICKET**

**INCLUDES 2 COURSE LUNCH AND  
GLASS OF BUBBLES**

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**NEW MEMBERS &  
VISITORS WELCOMED**



Business on the Bellarine

*Networking with BOB provides like-minded business people with opportunities to connect with and support each other, the local economy & community.*

We meet Tuesday's @ 7.45am  
Contact Jo Aspland on  
0438 055 679 for more details.

Follow us on @BusinessOnBellarine

Connecting Business & Community

[www.businessonbellarine.com.au](http://www.businessonbellarine.com.au)



# Bellarine Family History Group

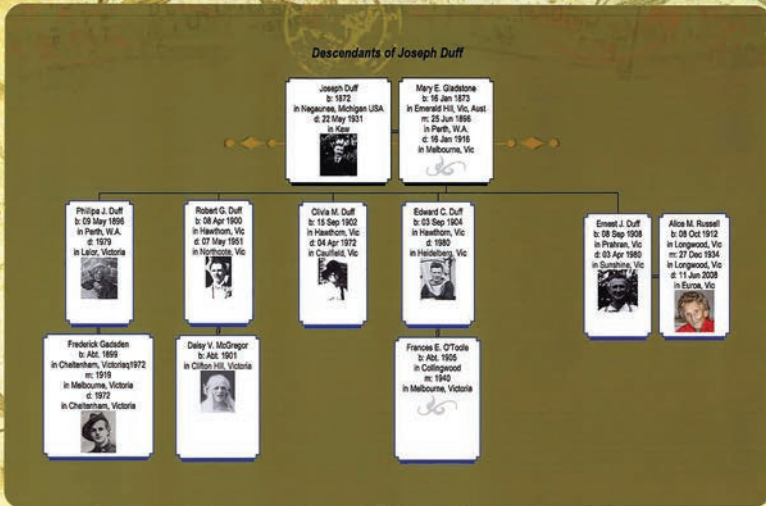


Mondays 12 Noon to 3:30PM

Come and join us to commence your family research and learn how to build your family tree. The four sessions to get you started provide 1 on 1 tuition for 90 minutes each with the program developed to provide a comprehensive understanding of family tree research and recording your ancestor's life and stories.

We provide guidance on the programs available to build your tree and also the numerous internet websites where research information on your ancestors can be found. We have also had several people join us who already have Ancestry.com accounts to gain a better understanding of researching and building their tree on Ancestry.com as well as numerous other research programs and web sites available.

**Norm Grey**



**Joseph & his brother William**  
Kalgoorlie, W.A. c1896  
14 Malmesbury St, Hawthorn c1904      12 Dally St, Northcote c1909



# NEVILLE RICHARDS



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## SpringDale Special Interest Groups

We have many groups that you might like to try. Some people try SpringDale groups and activities as a Social Prescription.

**What might you like to try next?**

### 5D Diamond Painting group

2nd Mon each month 1-5pm

### Bellarine Community Singers

Each Thursday - school terms from 1.30-3.30

### Bellarine Family History Group

Monday between 1:30 and 3:00pm

### Bellarine Wanderers

Thursday mornings 9.30am

### Bowling on the Spectrum

2nd and 4th Wednesdays 10am-12noon

### Business on Bellarine

Tuesday mornings 7.45-8.45am

### Card Games

Monday afternoons 12.30-3pm.

### Country Dancing

Cryptic Crosswords Group 10am Fridays

### Dining Club

Monthly

### Felt & Textile Artists

1st Saturday each month. 10am-3pm

### Friendly Cuppa and Chat Group

1st Tuesday of the month between 10.30-11.30am.

### Fun Volleyball

Mondays from 9-10.30am

### Genealogy

Thursdays 9am-12 noon

### German Speaking Group

Thursdays 3pm

### Girls' Shed / Craft Group

Tuesday weekly from 1-3pm.

### Harmony Group

### Harvest Basket Produce Swap & Edible Gardening Group

1st Saturday of every month 9-10.30am

### Jigsaw Club

1st Thursday of the month from 10am-12noon.

### Kinship Carers

1st Monday of each month 10-1pm per school term

### Line Dancing

Every Wednesday 10am-12noon.

### Lunch Bunch

We meet on 3rd Wednesday

### Mahjong Club

This group meets Wednesday from 9am-12noon.

### Men's Kitchen - Tuesday Mornings

Tuesday morning 10am-1pm

### Men's Kitchen - Wed/Thurs/Fri Morning

Wed/Thurs/Fri 10am-2pm

### Men's Kitchen - Wednesday Evening

2nd Wednesday evening from 5pm-8pm

### Pole Walking Group

Mondays 8.50-10am

### Sci Fi Group

Scrabble Club Tuesday afternoon, 1-3pm

### Scrapbooking & Card Making Group

2nd Thurs each month, 1-4pm

### SpringDale Artists

Wed 9am-12noon or Wed 1-4pm.

### SpringDale Reads

1st Thursday each month 7.30-9pm

### Sprukers - SpringDale Ukulele Playing Group

Tuesdays 2.30-4pm - register your interest.

### Talking about Autism

2nd Saturday monthly at 10.30am

### Toy Library - Drysdale & Portarlington

### Wheeler Riders

Rides Mon, Wed, Fri.

### Warhammer Group

# Uncomfortably Comfortable

It is in the uncomfortable moments of life that change occurs, growth begins, and new voyages are begun. If you think of three remarkable achievements you've had, you will surely see some discomfort that came as you challenged yourself, took the leap, or swallowed your fear just to "show up." It is these uncomfortable moments that surge adrenaline and inspire your greatest creativity.

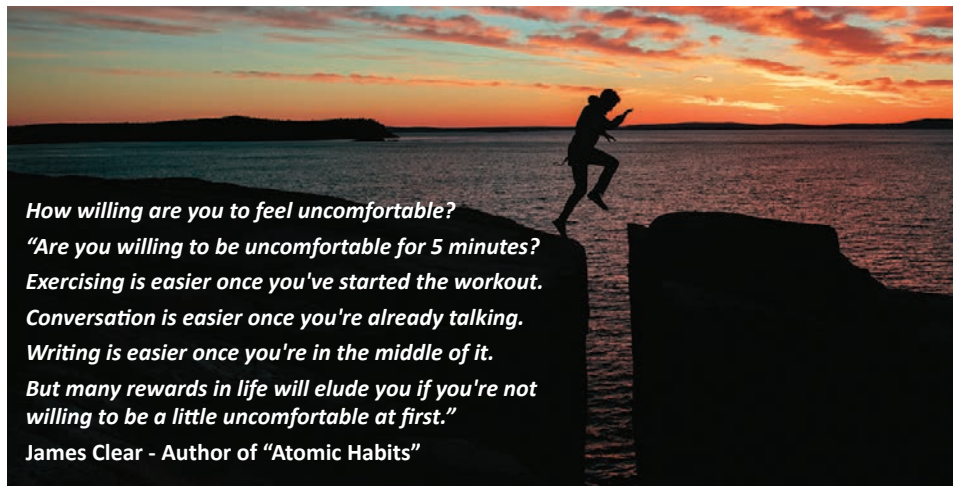
*"Hard choices, easy life.  
Easy choices, hard life"*

**Jerzy Gregorek** - World Weightlifting Champion

It is easy to skip the exercise, eat the chocolate, avoid the hard conversations, ignore your true feelings, and miss your morning meditation. Yet this all leads to a harder life in the long run. The discomfort you are avoiding will bubble up, grow, and at some point, feel unmanageable.



Working to build healthy habits may feel challenging to do, but over time they will become automated and harder to break. New habits can lead to a healthier lifestyle. Having the hard conversations now, brings relief and ease sooner. It is the hard choices of now that makes life easier tomorrow.



Most people have one change they are avoiding in their life. What is yours? It feels easier to leave it until tomorrow but so much disappointment and self-worth can be lost in the waiting space between now and that endless arrival date of tomorrow. If you started today, chose a manageable level of discomfort, how would you feel 5 minutes later? And tomorrow's attempt? It will take slightly less effort. Tomorrow will reward you. How will it feel when you are living the result it brings? You won't regret the work you did, you may regret the work you didn't do.

Plan one uncomfortable thing you can do today. Savour the experience and the benefits. Notice the possibility of exploring it again tomorrow. Every day it gets easier and easier. Leaning into these "moments of uncomfortable" changes everything.

If you need help moving through an uncomfortable change, hypnotherapy or counselling may be useful for you.

**Kim High** - Clinical Hypnotherapist - Family Hypnotherapy  
BSc DipEd MEnv DipClinHyp NLP



## Bellarine PC Repairs

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Authorised by S.McQuestin, Liberal Party of Australia (Victorian Division), L12 257 Collins Street, Melbourne VIC 3000.



# Harmony Day

Thank you to everyone who helped to make Harmony Day such a success at SpringDale in 2022. The team of Kate, Chris and Jackie did such a great job organizing the day, the space and the fun. Congratulations team and thanks to John Reid for providing a space display as well.

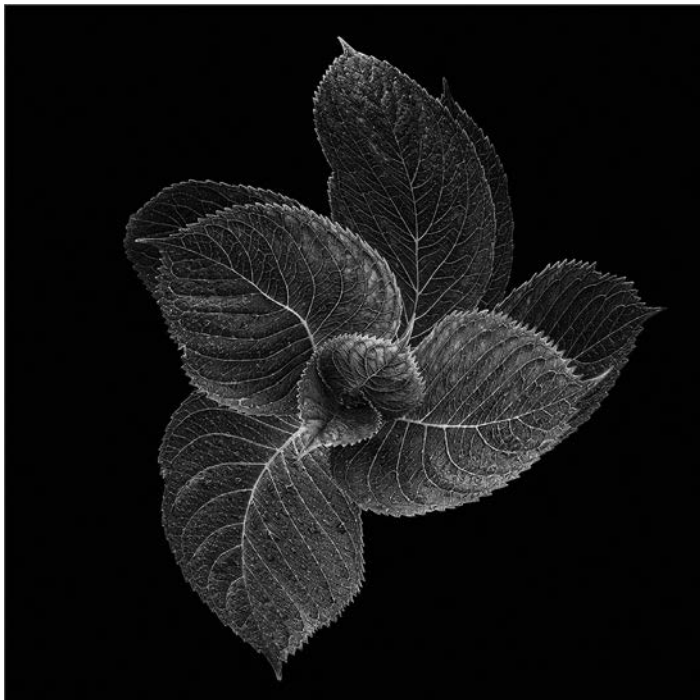
People are already suggesting what they will wear and what they could bring for next year. Maybe we should have a separate International Karaoke night as well? Are you interested? Please let us know if you would like to be part of next year's events email [office@springdale.org.au](mailto:office@springdale.org.au) or phone 5253 1960 to register your interest.



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## BELLARINE CAMERA CLUB



We were fortunate to have a well known photographer in the district (Barry Feldman) to critique our latest competition, being of Black and White. Our membership numbers are rising again, and, of course, everyone is welcome (COVIC rules apply).

Bellarine Camera Club meet at SpringDale Neighborhood Centre, Drysdale at 7.30pm on the 1st and 3rd Monday of each month, covid permitting. For further details see our website [www.bellarinecameraclub.org.au](http://www.bellarinecameraclub.org.au)



**Prints** - A Grade: 1st Maton Guitar - Robyn Curtis. 2nd Morning Mist - Kevin Robly. 3rd Little Malop Street - Jenny Warren. Merit: A Mystery Door - Alex Valkenburg. B Grade: 1st 8237 At Rest - Geoff Evans.

### Electronic Digital Images -

A Grade: 1st Hydrangia Leaf - Jim Den Ouden. 2nd Look Up - Suzanne Fatchen. 3rd Step Into Nature - Robley. Beetle - David MacInnes

**Image of the Comp** - Hydrangia Leaf - Jim Den Ouden



# Bellarine Birdlife Quail

Quail can be found around Australia in a variety of habitats. There are a number of species but the species that we can stumble across frequently in the Bellarine is called Brown Quail (*Coturnix Ypsilophora*). These are a dumpy, plumpish birds, with beautiful feathering coloured mid brown to chestnut. Their chests are heavily barred with a light spotting on the breasts. They are a ground living bird native to Australia with colouring slightly differing to match the country side in which they dwell.

On my walks I have frequently flushed the birds from their camouflaged spot on a pathway or roadside and received quite a shock as they take off noisily with whirring wings and a two note whistle of alarm into the safety of grass, bushes and low rank vegetation. They escape with a near vertical take-off and once in perceived safety they make an extremely sloppy landing, seemingly plopping into the undergrowth. They are well disguised looking down on them and can blend into the grassland and wetlands so you can be on top of them before you realise.

Male and female are fairly similar in feathering with the male developing deeper plumage during the mating season. The babies are delightful and a joy to behold. They are tiny, round brown and white cotton balls on thin, tall legs.

Brown Quails can be found in wetlands in many places in the Bellarine. They love grass, ferns, shrubs, wet marshy areas and yet will forage in open areas especially early morning or in twilight. I have seen them at St Leonards near Edwards Point and extremely close to housing, the Swan Bay Area, Point Richards amongst the crops and the Portarlington Flora and Fauna Reserve.

These quails are a delicacy to eat and may be hunted depending on each state's regulations however the population is decreasing and some states at this time are considering their conservation status.

Carole O'Neill



embrace the space

Wander the wonders of the Bellarine

Edwards Point Wildlife Reserve



Avocado, so rich and creamy and... YES... good for you! Yes, of course, in moderation.

They can be eaten plain out of their own skin or added to other ingredients to make cake, biscuits or lots of savoury favourites. Avocados are rich in vitamins and nutrients, have no sodium or cholesterol. Enjoy!

## AVOCADO DIP

- 200g Plain yoghurt
- 1 cucumber (peeled, chopped)
- 1½ avocados (chopped)
- ½ cup parsley (chopped)
- ½ cup mint (chopped)
- ½ lemon, juice & zest
- Salt and pepper to taste
- Mix yoghurt, lemon juice & zest, cucumber, herbs together.
- Fold avocado into the mixture.
- Add salt and pepper to taste.

## AVOCADO MASH

- 500g potatoes, mashed
- 3 tablespoons heavy cream
- 2 Avocados, ripe, peeled & cubed
- 1 tablespoon butter
- 1 cup peas, cooked
- ½ cup capsicum (chopped)
- 2 tablespoons mustard
- ½ cup chives or spring onion
- ½ teaspoon ground nutmeg
- salt & pepper to taste

- Mash the potatoes with cream and butter.
- Add the peas, capsicum, mustard, chives and mix well.
- Season with salt & pepper and nutmeg.
- Add the avocado cubes.
- Serve with grilled fish, chicken or meat.

## AVOCADO HUMMUS

- 2 Avocados, medium ripe
- 1 can Chick peas (400g)
- 1 or 2 clove Garlic (minced)
- ½ cup coriander or parsley, chopped
- ½ Lime juice (or lemon)
- 1½ tablespoon Tahini (opt)
- Blend all ingredients to be creamy and top with 1 tablespoon extra-virgin olive oil.

Agata



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<https://home.springdale.org.au/learning-master-guide/>

## Being Creative

### \*NEW\* Eco Printing for Beginners

Dates/times: Sat 14 May 10am-1pm

### From Manuscript to Publishing

Dates/times: Fri 17 Jun 10am-12 noon

### Edit Your Fiction

Dates/times: Sat 7 May & 4 Jun 10am-12 noon

### Write, produce, & distribute your feature film

Dates/times: Sat 2 & 9 Jul 10am-12 noon

### Discover the Artist Within, Foundation Art Course

Dates/times: Mon 2 May - 27 Jun 1-3pm

### Intermediate Media Art Courses

#### Media Course with a focus on Painting and Drawing media

Dates/times: Mon 2 May - 27 Jun 10am-12.30pm

#### Develop the Artist Within -

#### Advanced Workshop program

Dates/times: Tue 3 May - 21 Jun 10am-12.30pm

#### Media Course with a focus on Printmaking and/or Sculpture media

Dates/times: Tues 3 May - 21 Jun 1-3.30pm

### Plein Air Weekend Workshop

Dates/times: Sat 28 May 10am-3pm Sun 29 May 10am-1pm

### Experimental Drawing & Text Workshop

Dates/times: Sat 25 Jun 10am-3pm Sun 26 Jun 10am-1pm

### Cards with Lizzy

Dates/times: Wed 27 Apr - 22 Jun 1.30-3.30pm

### Manipulate images using PhotoShop Elements™

Dates/times: Tues 31 May - 21 Jun 7-9pm

### Edit videos using Adobe Premiere Elements™

Dates/times: Expressions of interest

### Digital Photography - Sculpting with Light

Dates/times: Mon Tues 3 May - 24 May 7-9pm

### Have you always wanted to play the Harp? Now you can

Dates/times: Expressions of interest

### Beginners Guitar Playing, Intermediate Guitar Playing & Electric Guitar Playing

Information session: Thurs 12 May 1.30-2.30

### Ukulele Beginners

Dates/times: Thur 5 May - 23 Jun 9-10am

### Ukulele Intermediate

Dates/times: Thur 5 May - 23 Jun 11.30am-12.30pm

## Ukulele Advanced

Dates/times: Thur 5 May - 23 Jun 10.15-11.15am

## Teenage Sewing Classes

Dates/times: Sat 14 May, 28 May, 11 Jun, 25 Jun 10am-12noon

## The Language of Sewing Patterns

Dates/times: Thurs 26 May 10-11.30am

## Things I wish my Grandmother taught me

Dates/times: Thurs 19 May 9.30-11.30am

## Sustainable Wardrobe Workshop

Dates/times: Thurs 12 May 10am-12noon

## Languages

### Latin

Dates/times: by arrangement

### French for Beginners

Dates/times: Thur 5 May - 24 Jun 12noon-1pm

### French

Dates/times: Tues 26 Apr - 21 Jun 11.30am-1pm

## Wellbeing

### Women Living Well

Dates/times: Fri 29 Apr, 27 May & 24 Jun 2pm

### Tai Chi for Health

Dates/times: Fri 29 Apr - 24 Jun 1pm - 2pm

### Yoga

Dates/times: Mon 16 May - 20 Jun 9.15-10.45am

## Autism Plus

### Talking about Autism

Dates/times: Sat 14 May & 18 Jun 10.30am-12noon Bookings essential

Fee: \$2 per session

### All Abilities Art

Dates/times: Fri 29 Apr - 24 Jun 10am-12noon 9 weeks Bookings essential

## Digital Technology

### Building Confidence in using your new Smart Phone

Dates/times: Mon 5, Tues 6, Wed 7 May - Wed 22 Jun 10am-12noon

### Building Confidence in using your new MyGov Login

Dates/times: Mon 5, Tues 6, Wed 7 May - Wed 22 Jun 10am-12noon

### Building Confidence now you have an email address

Dates/times: 2 May, 3 May 4 May 10am-12noon

### Social Media made Simple

Dates/times: By Appointment

### Using Zoom for the first time

Dates/times: By Appointment

### Introduction to Computers

Dates/times: Tues 3 May - 21 Jun 1-3.30pm

### Computers - Beyond the Basics

Dates/times: By appointment

### Smart phones, iPhones, tablets, iPads

Dates/times: Thur 5 May - 23 Jun 1-3.30pm (8 weeks)

### Buying and Selling on eBay

Dates/times: Fri 3 Jun & 24 Jun 10am-12noon

## Gaining Skills

### \*NEW\* The Capsule Wardrobe

Dates/times: Wed 4 May 1.30-2.30pm

### \*NEW\* Time Management

Dates/times: Wed 1 Jun 1.30-2.30pm

### \*NEW\* Live your Best Life

Dates/times: Wed 22 Jun 1.30-2.30pm

### \*NEW\* How Parliament Works?

Dates/times: Wed 22 Jun 1.30-2.30pm

### Setting up a Bokashi bucket and a Bokashi garden bed

Dates/times: Sat 30 Apr 10am-12noon

### Cheese Making

Dates/times: Expressions of interest

### Sourdough Bread Making Workshop

Dates/times: Expressions of interest

### Confidence Through Cookery

Dates/times: Tues 24 May - 21 Jun 1-4pm 5 weeks

### Espresso Coffee Making

Dates/times: 3 May 10am-12noon

### Korean Cookery - Kimchi

Dates/times: Sat 7 May 10am-1pm

### Korean BBQ & Kimchi Fried Rice

Dates/times: Sat 4 Jun 10am-1pm

### \*NEW\* Crispy Chicken

Dates/times: Sat 4 Jun 2-6pm

### Focusing on the Future

Dates/times: Mon 2 May 9am-10am

### Joy of Volunteering

Dates/times: Fri 17 Jun 10am-12noon

### Introduction to Event Management

Dates/times: By arrangement

### Returning to Learning

Dates/times: Mon 5, Tues 6, Wed 7 May - Wed 22 Jun 10am-12noon

### Returning to Earning

Dates/times: Fri 6 May & 13 May 10am - 12noon

### Help SpringDale help yourself

Dates/times: By arrangement

### Ken & the Art of Bicycle Maintenance

Dates/times: Sat 30 Apr 9.30-11am

### \*NEW\* Getting Started Cycling Again.

Dates/times: Sat 7 May 9.30-11am

### Astrology Foundation Course

Dates/times: Tues 3 May - 21 Jun 9.30-11am

### \*NEW\* Palmistry free info session

Dates/times: Fri 29 Apr 9.30-10.30am

### \*NEW\* Introduction to Palmistry

Dates/times: Fri 6 May - 24 Jun 9.30-10.45am

## Accredited Courses

### Provide CPR Code Code: HLTAID009

Dates/times: Fri 29 Apr or Sat 25 Jun 9- 9.45am

### Provide First Aid HLTAID011 (Including CPR)

Dates/times: Fri 29 Apr or Sat 25 Jun 10am-12.30pm

### Provide an emergency first aid response in an education and care setting

Code HLTAID012

Dates/times: Fri 29 Apr or Sat 25 Jun 10am-12.30pm

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It can be difficult to have a physical disability in a society whose attitudes actively discriminate against you. A total stranger once told me she is praying for me for no apparent reason. I'm still not sure whether she was praying that I could walk again or that God could take me quickly so I wouldn't have to live like this.

Whatever the reason, this attitude is confusing and totally unnecessary if everyone could listen to people with disability. Because it is this sorrowful thinking that perpetuates the commonly accepted definition of disability and being disabled.

Furthermore, the default acceptance of what it means to be human is to be sound in mind and sound in body. As research, science and our own anecdotal experiences show us, our bodies have a gazillion moving, whirring, processing, twitching, pulsing, digesting, and creating parts which are not all designed equally. We are not all elite athletes just like we are not all wheelchair users. Yet somehow the athlete becomes a symbol of aspiration and inspiration, and the wheelchair user becomes a symbol of pity, and sometimes inspiration, but for the wrong reasons.

When we read headlines and stories titled 'confined to a wheelchair', 'struggling in wheelchair', 'wheelchair bound', we naturally absorb the negative, ableist connotations of a pathetic, non-contributing wasting human. I choose to describe myself as a wheelchair user when I book entertainment or a dinner out because my inability to walk is only an inability to function equally in society when others are unwilling to listen and adapt to the people around them.

Those of us requiring a wheelchair are not wheelchair-bound, we are wheelchair-freed, given a source of freedom, a tool to navigate our way along the literal paths and roads of



life. Some of us move about with knees hips and ankles that click, catch, and tire us while others roll on wheels. We don't need to be pitied nor prayed over for finding our way to move. We also don't need to be exalted for living our lives.

I'll finish with a great quote from one of my favourite Instagram people, Nina Tame.

*"A wheelchair is a tool, not a tragedy"*

**Leanne**



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The SpringDale Messenger May 2022

# SpringDale Trivia

## 57th Edition

by Drysdale Girl Guides

1. What significant world event occurred on July 20th, 1969?
2. What coloured poppy is used to represent Animals who were killed while in the military?
3. What is the largest member of the cat family?
4. How many Formula One Grand Prix race wins did Michael Schumacher have?
5. Which animal's fingerprints look exactly like human fingerprints?
6. The gravity on which planet in our solar system is the strongest?
7. How many valves does a trumpet have?
8. Who was Prime Minister of Australia at the commencement of World War One?
9. What mammal has the longest lifespan on earth?
10. What is an Octothorpe?

Turn to page 22 to find the answers.

Drysdale Guides Meet on Thursdays during the school term 6:30-8:00pm.



If you are interested or have any questions please contact Anne Brackley on 0407 529 205



## Drysdale Harvest Basket

Garden Produce Swap & Edible Gardening Group

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## PRAY BELLARINE

In these times of uncertainty many rely on their faith to get them through. Although at times we get a bit shaky.

God says in 1 Thessalonians 5:16-18 Rejoice always, pray without ceasing, in everything give thanks, for this is the will of God for you.

The words I want to focus on in these verses, though every word is encouraging, is "Pray without ceasing". If you feel like your prayers are not being heard or you just need to be refreshed in your prayer life.

Worried about something, seen something and don't know what to do in your family, community, or government? Then Pray!

### Don't know how to pray?

Then may we invite you to attend: The Watchmen School of Intercession. 27th -28th May 2022 at Drysdale Community Church. Brian Pickering from the Australian Prayer Network will be presenting the school. Brian will be coming from Queensland so to make it worthwhile for him to come we need at least 40 people to register their interest in attending with us. If you would like to attend, would like to register your interest in attending or would like more information please contact Pray Bellarine: praybellarine@gmail.com or Lia 0438 513 266 or Kiri 0410 583 960

This School is for all pray-ers whether you are new to praying or experienced.

*"I would like to share my experience with you, about being on the receiving end of prayer. Last year my Husband died and my church family from all over were praying for me. I felt it and it helped me through that time and continues today. Then last week my son had to undergo emergency surgery. I was panicking probably falling apart. I shared this again with the pray-ers in my church family and again their prayers grounded me. Today my son is on the road to recovery."*

**Remember encourage one another with psalms, hymns and spiritual songs. Peace be with you!**

## Bellarine Wanderers

The Bellarine Wanderers have now completed 27 different walks with recent ones being a mix of local ones - Clifton Springs beach (and Jack Rabbit), Portarlington reserves and beach, Indented Head, and some further away - Eastern Beach (with some Arts and Culture), Point Impossible (With some First Nation history)

We try to go along the less used tracks and quieter, less well known areas

We always seem to find some fascinating history, fauna or flora to continue to further discuss at the coffee (and sometimes lunch) afterwards.

Our walks are every Thursday morning, starting at 9.30am.

For more information, please contact **Rob Gardner** (0413 458 562)



I am loving picking beans and enjoying the last of our tomatoes. Although near the end of the season the tomatoes had more marks on their skin, they were delicious to eat. The purple climbing beans were an interesting experiment. They grew well but were a bit tricky to get people to taste them.

My next experiment is with starting to grow peas in a channel, then to ease them into garden beds once the beds are ready. Another idea adopted from Millie on Gardening Australia. I have been contemplating this idea for a while and then found some purlin pieces and acquired them. Then I planned how to cap them so soil wouldn't fall out the ends - trusty egg carton pieces to the rescue. I look forward to reporting on this latest experiment.

**Anne Brackley**



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# SENIORS LUNCH

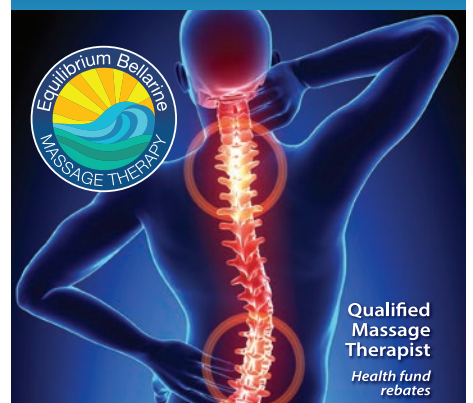
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I would like to quote our President from one of our Newsletter... "Medical opinion is clear that gardening provides vitamin D from the sun, burns off calories, relieves stress and anxiety. It is also clear that activities done in a group are particularly good for your mental health" .... All good reasons for being part of a Garden Club, or a group of any type really.

Even though the weather is getting cooler, it is still a wonderful time to be out in the fresh air, and hopefully sunshine to enjoy what your garden has to offer. I love Autumn, and being from North East Victoria, I miss the Autumn show, so this month I have included some photos taken on a Garden Club outing to Mt Macedon.

Our Garden Club is going along nicely, we have had some wonderful speakers so far in 2022, Denise Feldman, new President of the Friends of the Geelong Botanic Gardens, being one of them. Denise gave us a very interesting presentation on the history of the Geelong Botanic Gardens; a place the Garden Club has visited many times as it always looks different depending upon the season. I always find it fascinating how we have these wonderful things in our own back yard and yet we

don't know much about them. It was wonderful to hear the history and the work that the dedicated Friends of the Garden do, both in fundraising to help with improvements around the gardens and by keeping the gardens looking beautiful.

By the time you read this article we will have had our first outings for 2022. The first being a visit to the Drysdale Community Garden. Clifton Springs Garden Club donated money to this group when they first set up. It will be very interesting to see how far this community garden has progressed since it was started. Our second planned outing is to Graton Gardens Birregurra, for a guided tour and lunch. This 3 acre garden was established in 1990 as a private garden and is now regularly open to the public.

The Committee works hard to obtain interesting speakers and provide enjoyable outings, unfortunately details are not always available in advance for publication in this article. If you would like to keep up to date with what is happening with our Club, please do not hesitate to contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com and have your name put on our mailing list.



## RT Edgar


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Lots of people have been asking me for more information on kinship care things like:

- why is it happening that children cannot live with their parents? What is the main cause?
- how do the children feel about living with other people?
- how do the Carers manage especially if they are on a fixed income?
- what supports are available to support the children and the Carers?
- how do the Carers manage financially?
- how do the Carers manage if the children go to school?

The above questions and many more I am asked these sort of things every day - the who, why, when questions.

When new Carers, mostly grandparents get the call either from police or child protection in the middle of the night they jump into action.

The children might arrive at their relative's home with absolutely nothing but the clothes on their backs. The children arrive cold, hungry and very worried.

But after a few days, things settle down. The children are more settled they are warm, well feed and completely relaxed that they are safe.

The Carers or the authorities get in touch with me. I contact the Carers to see how I can help them with anything they need for the children. Anything from underwear, socks, clothes and even bedding. If I don't have what they need I find someone who does.

I liaise with the Carers about Centrelink and school for the children.

I enjoy helping other kinship carers and the children in their care.

I really like to thank everyone for supporting us all year round.

If you are a kinship carer sitting at home come join our group - we have a lot of fun.

Our meetings are held at SpringDale Neighbourhood Centre on the first Monday of each month (not during school holidays) from 10am to 12noon.

Hope to see you very soon.

**Jeanette Hanley Heath** 0414 308 257

Hello Everyone,

What an amazing 40th birthday celebration we had. There was easily 60 people who attended.

It was wonderful having June Blair there as she is our founding member. Other Life Members that were there were Chris Chapman, John Nicholls, Ken Lees, Helen Bowtell and Lois Richards. Most of these people were also Past Presidents including Kath Adams. Everyone made our celebration very special.

Our beautiful and delicious birthday cake came from The Rolling Pin in Ocean Grove.

Between our raffle and the donations from many business we received \$600, for which we are truly grateful.

Our Guest Presenter was Craig Castree, horticulturalist and author, who is always a very popular presenter and he spoke to us about soil preparation. A very interesting PowerPoint presentation. Thank you Craig.

We were also entertained by about 30 children from the St Leonards Primary School. They signed two songs for us using Ausland Sign Language. Job well done children. Thank you to them and the teachers and principal who accompanied them to our celebration.

It was a lovely afternoon with everyone enjoying conversation and a very tasty

afternoon tea supplied by members.

Thank you to everyone involved in organising our celebration. A very colourful presentation of fruit and vegetables was prepared by Karla Ramseyer, Floral displays were there providing beautiful colour. There were plenty of plants on the trading table for purchase and an abundance of plants was donated by Wayne Long.

Our meetings are held on the 2nd Wednesday of the month at 1.00pm for a 1.15pm start. Our Guest presenters coming up are Sharren Jeffs from Bellarine Hot Sauces, Lorraine Phelan, insects in the garden, Bunnings Events with a workshop, Kerry from Drysdale Mowers, showing us how to uses different garden equipment and a few more to be confirmed.

Come along and enjoy our presenters, have a cuppa and a chat. Everyone is welcome.

Now is the time to plant leeks, beetroot, broccoli, cauliflower and cabbage as the ground is getting colder and these are slower growing vegetables. Keep an eye on the white butterfly caterpillar as they will eat very vigorously your vegetables. Onions of different varieties can also be grown now.

Stay well, Stay safe

Cheers **Wilma McLaren.**





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## DRYSDALE SENIOR CITIZENS MOVE TO NEW SITE

The Drysdale Senior Citizens Club was established in 1969 with Bernard John Crowe, one of the three trustees. As the only survivor of the three, I've been asked to contribute some of my memories of Drysdale and the Bellarine Shire.

My family moved to Drysdale from the Western District in 1932, the year of my birth. Dad worked a small farm just off Murradoc Road, the main feature was seventeen acres of apricots. When I completed Form 6, I decided to become a teacher and for the next 2 years attended the Geelong Teachers College at Lunan House Drumcondra. At that time we were paid to attend and I decided not to go into a hostel, but to stay at home and travel by bus and tram each day.

About 1966 I was encouraged to stand for a position on the Bellarine Shire Council. There were 3 ridings and 9 councillors. My opponent spent a lot of money on his campaign while what I spent was a pittance. At that time, 2 of my prior team mates at Geelong, Bob Davis and Bernie Smith ran a printing business and they charged me \$17.50 to print my "how to vote" cards. Each evening I knocked on just about every door in the riding. After my election, the Education Department supplied a replacement teacher for monthly council meetings.

When it came to what was generally agreed to be my turn for Shire President a Royal visit was scheduled. In those days I was reimbursed for car expenses, the next President was supplied with a car. I think Jan and I attended approximately 250 functions during the year. The Royal reception was at the Exhibition building. My conversation with Phillip went like this: "I say, are you standing on a box?" BC- : "No, this is all me" PP- "Do you play this game we saw yesterday?" BC- "I have played professionally but have now retired"

Jan and I were invited to the Senior Citizens Christmas party and when asked to draw prizes, the first 3 I drew were my own family!

One of the best things I did on Council was, while Lake Lorne was dry. I convinced Council to create 2 islands. The Lake has never been dry since and the advantage for water birds has been invaluable. It was the first place I have seen pink eared and freckled ducks.

I was on the Council when we were involved in construction of a new kindergarten for the township and I think we spent \$17,000 on the project which sounds unbelievable today. My association with Council ceased when I sold and moved to Leopold, so I was no longer living in the riding I represented.

**Bernie Crowe**



## Portarlington Police Report

We have had a few complaints about speeding motorists in and around Drysdale, particularly Princess Street. We have increased our patrols of the area and as a result have given out a number of speeding tickets. Interestingly all of the people who received tickets live on the Bellarine.

With the roll out of the Victoria Police Neighbourhood Policing model, I would like to invite members of the community to contact your police at Portarlington (including me) with any concerns you may have in relation to safety or suspicious or anti-social behaviour in the area. The focus is Police being aware of what is important to our local community. Please remember to call 000 if you need police straight away.

I would also like to invite members from schools, youth groups, sporting organisations and alike to contact us if they think police attending an event or information session may be of interest or assistance. We may not be able to make it to everything, however, will certainly try.

Have a great month.

Regards **Jane ARNOLD**

Sergeant - Portarlington Police Station  
8335 6900



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# Memories of Yesteryear

## THE BUTCHER FAMILY

Interesting to watch the progress of the “clever and creative” library complex currently under construction on what was initially the beginning of Wyndham St, now considered to be the New Drysdale Town Centre.

The original estimate for the building was \$7.5m on October 7th 2021, and when the first sod was turned on 19th December 2021, the cost had already increased to \$9.16m with completion expected around mid-2023. The existing Elderly Citizens building was demolished to create space for us to meet. It will be interesting to see the final figure for this project.

How the streetscape has changed from the Drysdale Town Centre that we knew in the 1970's. At the northern side of the town on Clifton Springs Rd was Taylor's Bakery (formerly Kingsburys), Harold Peel's shell Garage and Les Burt's "Lyndoch" Milk Bar and on the corner of Wyndham St was Bob Smith's Grocery Store (later Roger Hendy's and Bob Mazey's). Around the corner on the north side of Wyndham St where Woolworths supermarket now stands was a long time family owned business of Butchers – and therein lies the sting in the tale. Butchers by trade, not by name – The Gallop Brothers Butchers. Tom, Horace and Bert Gallop inherited the business from their father George Gallop, (the shop later occupied by Harding and Hutchins. A partnership formed in Brown St Portarlington and relocated to Drysdale in the 1940's).

Tom was a well-known Drysdale resident who served as a member of the Drysdale Light Horse Brigade in World War One. Horace owned the land that Palmerston St Medical Practice and Drysdale Grove Aged Care now occupy and his home was on the Eversley and Palmerston St corner, opposite my parents' home. Bert and his wife Alva lived on the Wyndham and Palmerston St corner and the two Moreton Bay Fig trees that graced their back yard still survive today.

Tom's house at 30 High St (opposite my grandparents) was purchased by Tom Connor who had it relocated to the corner of Jetty Rd and Wyndham St. and then he also purchased Bert's House from the developer David Allen and that too was relocated to 1 Duke St Drysdale where Tom and Maureen spent their twilight years.

When the old Butcher shop was demolished to make way for the Supermarket development, Gordon Harding moved the business to High St next to the Mixed Business (originally owned by Lin Knights, then Stan Chirgwin, then Tom Connor then Murray Anson)

Those of us who knew Gordon would remember the sign that hung at the front of his shop "Quality Butcher" which described the man perfectly. He was an acclaimed Foot Runner of note, winning the Portarlington Gift in 1948 and was centre back and Co-captain of the Portarlington Football Club in the 1947 Premiership side.

Russell



Lino-cut Wyndham St landscape by the artist Kenneth Jack.



Alva Gallop with Alf Butcher and his 1951 Vauxhall.

Left - Young Tom Gallop with George Anderson outside Butcher Shop in Wyndham St.



Dairy at rear of 32 High St and Horace Gallop in the background.

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# Drysdale Senior Women's Football Team

Do you ever feel really busy? Someone who is not shy of "busy" is the newest Senior's Footy captain, Erin Dodd. Affectionately known by the team as, 'Ez', she is a Drysdale local of over 10 years, a local business owner, sports trainer, Melbourne supporter (sadly) and a Mum of four. She knows just how busy life can get. Despite all these commitments, Ez has found time for football and says, "footy is worth being on my plate, doing something just for me, it gives me balance".

Four years ago, she caught wind that Drysdale had a women's team and made the courageous step to give it a try. Now, she says that she sticks around, "because most of my friends are at football!". Having not grown up in the area Ez says that footy has been such a great way to meet people, and to build friendships with people that she otherwise may not have. Finding her "other family" in the team has been critical in Ez enjoying a sense of health and wellness, saying that footy is "more motivating than running or the gym". She says that Drysdale Footy Club "is a great club to be around".

In the 2021 season Ez stepped off the field to set up her business. It was important for her to maintain a connect to the club, so she became their trainer for all the teams. Reflecting on this time Ez said that she was happy to not experience "any of that typical football club 'macho-ness" and says, "everyone was very excited to hear I was playing again, which has been nice". The women's team has had a good end to the pre-season, winning two practice matches but Ez says this season will be all about encouraging the team to be "stronger, better, more confident".

The announcement of the coveted Captaincy role was "a surprise and an honor" for Ez, and

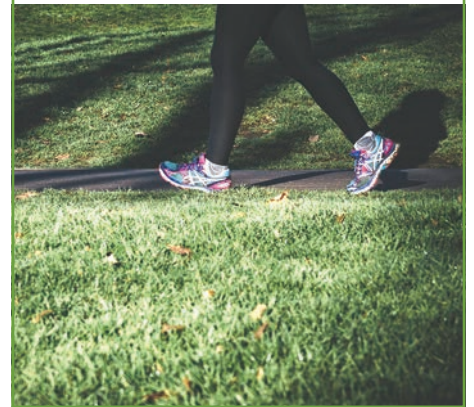
she is most looking forward to "continuing the club and team culture, which is being like a family, very supportive, welcoming and understanding". When asked if they will win a Premiership this year she said, "We can always try!" It's not too late to join Ez and the rest of the team, and they are welcoming anyone from any age, background, and experience level. Please check out the team's socials, and contact the women's coordinator, Jess Case on 0427 753 723 to register your interest.

**Erin Dodd**



# Walking for Health and Purpose

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# Trivia Answers


- |                                 |                        |
|---------------------------------|------------------------|
| 1. Apollo 11 landed on the moon | 6. Jupiter             |
| 2. Purple                       | 7. Three               |
| 3. Tiger                        | 8. Joseph Cook         |
| 4. 91                           | 9. Bowhead Whale       |
| 5. Koala                        | 10. It is the # symbol |



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# Drysdale Bowling Club Update



The Bowling Season has come to end following two years of turmoil due to Covid with forced breaks and clubs not being able to put up a side due to members coming down with Covid having definitely caused chaos. This year, however, we were able to get a full year in with only an occasional match not undertaken due to Covid.

Drysdale Bowling Club was, once again, able to come through the season with another Grand Final win. Division 7 were able to make the grand final and defeat St Leonards Bowling Club and obtain the Premiership, in that Division, for this year.

Premier Division, Division 3 and Division 8 Teams on a Saturday did not make the finals. But, be aware, they will be back next year stronger than ever.

Our Midweek Division 5 also made the grand final but Ocean Grove Bowling Club was able to bring them down. Midweek Division 7 did not make the finals but were able to finish in fifth place. As you may recall at the commencement of the year, we were seeking any bowler who could help us make up the team numbers. Division 7 Midweek was where most of our new bowlers played and to finish one spot out of the four is a great achievement by those persons.

Lindsay O'Toole



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