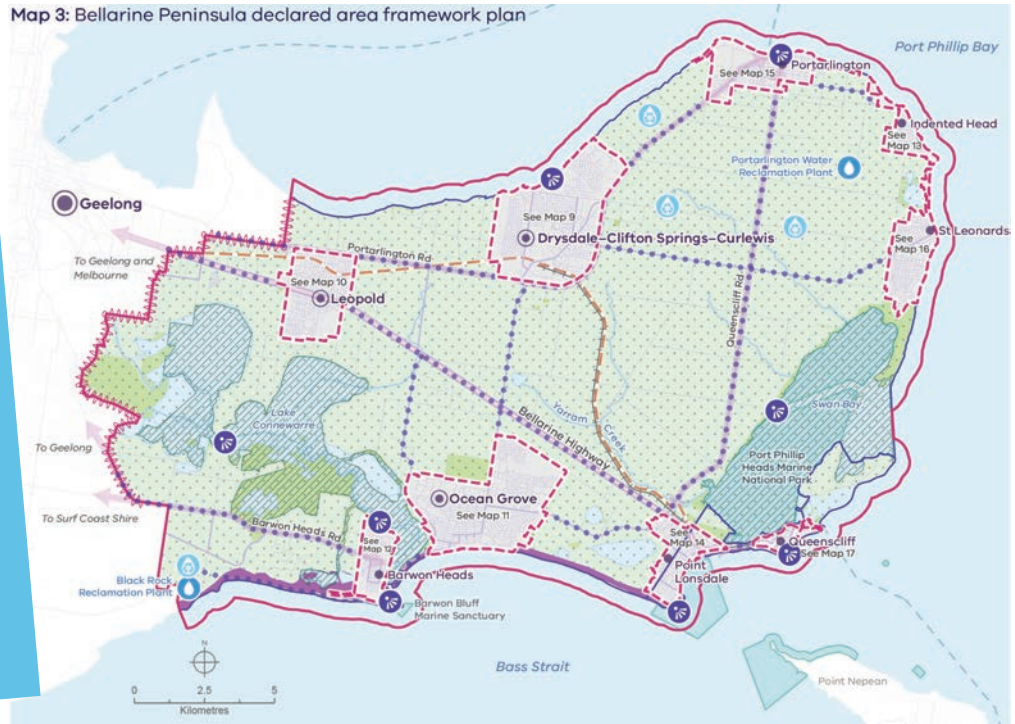


Bellarine Peninsula Distinctive Area and Landscape



Map 3: Bellarine Peninsula declared area framework plan



October brought some very welcome news to the Bellarine. The State Government has delivered on its 2018 promise to protect the Bellarine as a Distinctive Area and Landscape (DAL).

The Government confirmed the Statement of Planning Policy that protects the settlement boundaries of our Bellarine townships and villages, the special environments of the Bellarine preserves the green agricultural spaces between our settlements, and prevents inappropriate development. It will finalise the

necessary legislation as a matter of urgency. This was a very long journey, and last month it was very heartening to hear the Premier (Daniel Andrews) and the Member for Bellarine, Lisa Neville, congratulate our Bellarine community associations - led by the Combined Bellarine Community Associations (CBCA) - for their efforts in achieving such a great outcome. All nine community associations who form the Combined Bellarine Community Association, worked well together to advocate for the DAL. Together we achieved this outcome.

One of the best ways you can help to make sure that our the City of Greater Geelong implements the key principles of the Bellarine DAL, through its planning regulations, is by joining your local community association! If you'd like to know more about what the Bellarine DAL promises, and the details of the Statement of Planning Policy, go to engage.vic.gov.au/project/distinctive-areas-and-landscapes-program/page/bellarine-peninsula.
Dr Lawrence StLeger (Chair of the CBCA)



NOVEMBER 2022

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Tuesday	1	SpringDale office closed (Melbourne Cup Day) Melbourne Cup Day
Thursday	3	Jigsaw Group 10am-12noon at SpringDale
Saturday	5	Harvest Basket Produce Swap 9-10.30am at SpringDale Morning Tea for Culture SpringDale 10am-12 noon Free replacement anti-theft number plates screws at SpringDale Car Park 9-11am (weather permitting) Felting Group 10am - 3pm at SpringDale
Sunday	6	I CAN NETWORK Autism talk at SpringDale 1-2pm
Monday	7	Kinship Carers 10am - 1pm at SpringDale
Tuesday	8	Friendly Cuppa and Chat 10.30-11.30am at SpringDale Peter Sullivan does Elton & Liberace - 10.30am - Potato Shed
Friday	11	Dining Group meet 5.30pm Feed Me Bellarine, Ocean Grove Remembrance Day 10.45am Drysdale RSL
Sat-Sun	12-13	Garage Sale Trail at SpringDale - 9am-3pm
Saturday	12	Practically Perfect - The Julie Andrews Story - 8pm - Potato Shed
Wednesday	16	Lunch Bunch meet 12 noon at Leopold Sportsmans' Club
Fri-Sat	18-19	North Bellarine Film Festival 2022 - Potato Shed
Sat-Sun	19-20	Garage Sale Trail at SpringDale - 9am-3pm
Friday	25	Safe Seats, Safe Kids Program 10am-3pm at SpringDale SpringDale Neighbourhood Centre AGM 5pm - All Welcome
Saturday	26	Pl@n B Trivia Cabaret - 7.30pm - Potato Shed
Tuesday	29	A Swingin' 60s Christmas - with Melissa and Mark - 10.30am - Potato Shed

Reminder
Bookings & copy required by 1 November for the Dec/Jan 2022-23 issue



SpringDale Messenger

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.
17-21 High Street, Drysdale Vic 3222.

COPY DEADLINE DEC/JAN 2022-23
Bookings/copy required by 1 November.
Dist: 28 November 2022
Circ: up to 20,000

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Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material: Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger Committee as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted**.

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



SpringDale Messenger Website

We now have a website devoted to all the SpringDale Messengers from the last 30 years. Thousands of hours have been invested in helping this website come to life.

<https://www.messenger.springdale.org.au/>

We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



Coordinator's News



Anne Brackley

Dear friends and friends I am yet to meet

It is becoming obvious that SpringDale doesn't seem to take the easy road.

When we were asked if we could make 2km of colourful bunting for the Queenscliff music festival - we said yes, and then went about creating it for them to their specifications within their timeframe. It would have been easy to say no, as forty (40) other groups and organisations had before us. We were lucky enough to have the right volunteers to help at the time.

When faced with the difficulty of not having professional deliverers of our monthly SpringDale Messenger, it would have been easy to just publish it on our website (as we do), and not worry about the printed copies. But we were approached by some community members who wanted to help, and maybe, we could find people to deliver some Messengers. We went to print, we developed systems, we asked a local to create maps, we have improved the systems each month, and now we have delivered 84,000 SpringDale Messengers so far and 16,000 "On the Bellarine Directories". Definitely not the easy road, but a very satisfying road, thanks to our wonderful volunteers.

A number of years ago, we covered 220 chairs for the Potato Shed because it needed to be done and at that point in time, a SpringDale Committee Member had the skills to get us started - we used it as a team building exercise, or that's what I called it!

Helping more than 300 people over the last 12 months to create MyGov accounts, connect Medicare, download Vaccine Certificates

and help almost 400 people gain their Power Saving Bonuses - it would have been easy to schedule sessions to suit us or not do it at all, but that is not what we do, we like to help if we possibly can.

Coming up we have Garage Sale Trail Days, and hopefully we'll gain a City of Greater Geelong Christmas Grant to help people to be able to cook Christmas meals together, and enjoy it at SpringDale, take serves home for Christmas day, or allow us to freeze meals for those in need over the next few months. Looking forward to the opportunities that these may give us.

Each day is very different at SpringDale and our Strategic Plan keeps us on track and striving forward. Each month each new Messenger keeps us moving forward. So many opportunities and all your suggestions keep us improving or increasing our services.

Thank you to everyone who helps our community through participating in helping SpringDale achieve its goals. Looking forward to seeing you soon and to hear what other opportunities you might bring to our community.

Yours very sincerely

Anne Brackley for Team SpringDale.



Subscribe to our webmail and stay up to date with Courses, Groups & Events

UPDATE

SpringDale Neighbourhood Centre Annual General Meeting

Friday 25 November, 5pm
All Welcome

RSVP 18 November

This year it will be in person and online via zoom if required. If you are a member, please attend or complete a proxy form.



Talking about Autism

The work of I CAN Network with our community Sunday 6 November 1-2pm at SpringDale Hall. It will be very informal and a good opportunity for locals to share stories and ideas for what we could do together in Drysdale and Clifton Springs.

Bookings are essential email office@springdale.org.au or phone 5253 1960 or use our online booking.



Friendly Cuppa & Chat

Tues 8 Nov (due to Melbourne Cup)
10.30am all welcome at SpringDale



SpringDale Lunch Bunch

The SpringDale Lunch Bunch are going to Leopold Sportsmans' Club on Wednesday 16 Nov. meeting at 12pm. Please phone Margaret on 0418 370 857 to reserve your spot.



SpringDale DINING Group

SpringDale Dining group are going to the Me Bellarine, Ocean Grove on Friday 11 Nov. at 5.30pm. Please call SpringDale on 5253 1960 to reserve your spot.

QUOTE OF THE MONTH

Keep your face to the sunshine and you can never see the shadows.

Helen Keller

Anne Brackley - Quote curator



Garage Sale Trail

it's the circular economy
REUSE REPAIR RE-LOVE

Join the fun as a seller, buyer or both!

Tables available for Garage Sale Trail at SpringDale 9am-3pm on Sat 12 / Sun 13 / Sat 19 / Sun 20 November tables available for each day at \$5 per table per day.

To book email office@springdale.org.au or ph: 5253 1960

NOVEMBER
Saturday 12
Sunday 13
Saturday 19
Sunday 20

Remembrance Day

at Drysdale RSL



The Drysdale RSL Club will hold a small ceremony on Remembrance Day at the memorial outside our clubrooms at 13 Princess Street, Drysdale. The event this year falls on Friday 11 November.

The flag will be lowered. There will be one minute's silence at 11am followed by the Rouse and the raising of the flag.

The RSL's intention is to lay only three wreaths on behalf of the Sub-branch, the Women's Auxiliary and the Vietnam Veterans. Members of the public who want to lay a wreath privately, can do so.

From the Australian Army website:

"11 November is universally associated with the remembrance of those who had died in the First World War. That conflict had mobilised over 70 million people and left between nine and 13 million dead and as many as one third of these with no grave. The allied nations chose this day and time for the commemoration of their war dead.

"At 11 am on 11 November 1918, the guns on the Western Front fell silent after more than four years of continuous warfare. The allied armies had driven the invaders back, having inflicted heavy defeats upon them over the preceding four months.

"In November, the Germans called for an armistice (suspension of fighting) in order to secure a peace settlement. They accepted the

allied terms of unconditional surrender. The 11th hour of the 11th day of the 11th month attained a special significance in the post-war years and became universally associated with the remembrance of those who had died in the war."

Of course, since 1918 Australians have participated in wars and peace-keeping missions world-wide, from Europe to Korea, Malaysia to Vietnam, Iraq to Afghanistan and continuing today in the Middle East. We are continuing to supply defence materials to Ukraine, and we have invested heavily in future submarine and fighter aircraft. Apart from equipment, we have to respect those soldiers, sailors, airmen and women who have volunteered to support our national interests. On Remembrance Day we remember the sacrifices they have made to protect our futures.

Poppy Appeal. The annual Poppy Appeal raises funds for veterans and their families. During the week leading up to Remembrance Day, the Drysdale RSL will accept donations from the public at locations around Drysdale and Curlewis. The money raised goes towards the welfare of our local veterans.

Golf Day. As advised in the last edition of the Springdale Messenger, our annual golf day is back on, at Clifton Springs Golf Club, on 7 November. Please contact Geoff Fifer on 0428 222 984 for more information.

Harry Paterson
Secretary - Drysdale RSL Sub-branch

In Flanders Fields

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie In
Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

John McCrae

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Labor

AUTHORISED BY
LIBBY COKER, ALP
26/500-540 TORQUAY ROAD,
ARMSTRONG CREEK VIC 3217

Here it is November already- 2022 has almost gone - and so fast.... Still lots to see and do at the Potato Shed !!!

Our **Morning Showtime** series has double the fun during November with two very special performances. First up we have **Peter Sullivan Does Elton and Liberace** - many will know Peter and as musical director of Channel 9 responsible for shows including Carols By Candlelight, Sale of the Century and The Footy Show. He has written arrangements and produced albums for Normie Rowe, Little River Band, The Seekers, Daryl Somers and Colleen Hewitt. He was also acknowledged for his work with the Melbourne Symphony Orchestra on The John Farnham Album. One performance on Tuesday November 8th at 10.30.

The Other Morning Showtime, we welcome back to the Shed Melissa Langton and Mark Jones - who just happen to be one of Australia's most popular cabaret acts - They will present **A Swingin' 60's Christmas**. They have won numerous awards including the prestigious Green Room Award for Best Cabaret Artist and together won Best Cabaret. They performed to great acclaim in Dublin, Berlin, Vienna and wowed Manhattan and now they are back at the Shed, with all the fun a 60s style Christmas can bring. Tuesday 29th November at 10.30am.

You will want to dance all night when **Practically Perfect - The Julie Andrews**

Story hits the Shed. For generations she has graced the stage and screen and is fondly remembered for being Maria in **The Sound of Music** and of course, the wonderful nanny in **Mary Poppins**. Now in one glorious stage production, Practically Perfect celebrates the life and music of the legendary **Dame Julie Andrews**. Saturday November 12th at 8pm.

The North Bellarine Film Festival will once again be presenting an interesting weekend of Film events - Starting on Friday the 18th of November with **High Ground** - and the opening session - Saturday the 19th will see and afternoon of some of the very best **Short Films** from around the world - and then in a very special night someone will take home the **Emerging Filmmakers Award** - For many of the filmmakers this is the first time that they will see their films on a large screen in front of a live audience. For all the details visit <http://www.northbellarinefilmfestival.org/>

PI@n B Band takes you on a **Magical Mystery Musical Tour** of the most famous club in the world! The Cavern Club - Liverpool UK in the 60s, 70s and beyond... The Beatles, The Rolling Stones, The Who, Suzi Quatro, Cilla Black, Gerry and The Pacemakers, Queen, Petula Clark, The Yardbirds and many more... Plus music trivia questions! Make up a group and win some prizes, test your knowledge of the music from the 60s, 70s and beyond. Have a dance! **PI@n B Trivia Cabaret** Saturday 26th of November at 8pm.

WIN DOUBLE PASS to



Peter Sullivan does Elton and Liberace

Tuesday 8th November 10.30am

To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address _____

Phone No: (03) _____

COMPETITION CLOSSES 4PM FRIDAY 4 NOVEMBER.

Book your tickets now at www.potatoshed.com.au

Be social with us at Facebook and Instagram/ [potatosheddrysdale](https://www.instagram.com/potatosheddrysdale)

See you at the Shed.

WHAT'S ON

POTATO SHED

CITY OF GREATER GEELONG

PETER SULLIVAN
Does Elton & Liberace



MORNING SHOWTIME

TUES 8 NOV 10.30AM

All tickets \$17. Includes morning tea.

PLAN @ B - TRIVIA CABARET



SAT 26 NOV 8PM

All Tickets \$25

PRACTICALLY PERFECT
The Julie Andrews Story



SAT 12 NOV 8PM

CABARET STYLE

TABLE SEATING: Adult \$34 Conc \$30

THEATRE: Adult \$30 Conc \$28 Sen \$28

A SWINGING 60's Christmas



MORNING SHOWTIME

TUES 29 NOV 10.30AM

All tickets \$17. Includes morning tea.

NORTH BELLARINE FILM FESTIVAL



OPENING NIGHT
(including entry to SHORT FILMS)

FRI 18 NOV 6.30PM

TABLE SEATING: \$35 UNRESERVED \$30

SHORT FILMS

SAT 19 NOV 1PM

TABLE SEATING: \$25 UNRESERVED \$20

EMERGING FILM MAKERS
(including entry to SHORT FILMS)

SAT 19 NOV 6.30PM

TABLE SEATING: \$35 UNRESERVED \$30

FILM FESTIVAL ALL WEEKEND PASS

FRI 18 & SAT 19 NOV

TABLE SEATING: \$55 UNRESERVED \$50



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OR WITH YOUR CREDIT CARD ON 5251 1998.

By Cr Jim Mason

Works are underway to deliver high-speed internet to community, education, and research facilities on The Bellarine.

Moolap residents may have noticed the small crew of workers laying the ground-work for optical fibre alongside the Bellarine Rail Trail. The crews are working together to install 35 kilometres of fibre optic cable from Central Geelong to Drysdale and Queenscliff.

The optical fibre rollout will connect City facilities such as the new Drysdale Library, The Potato Shed and Drysdale Sports Precinct, to high-speed internet.

Deakin's flagship Marine Science Centre at Queenscliff will benefit from faster connectivity, helping researchers to share high volumes of data with other experts around the world. The fibre will also service Eduroam, a secure global roaming wireless network utilised by Deakin University staff and students.

This project paves the way for optical fibre to be installed to other coastal areas in the future, further supporting our smart city ambitions. Local suppliers and materials are being prioritised throughout the project to make sure the benefits stay in our region.

The first stage of the project is expected to take until December, and will see 11 kilometres of fibre laid from Boundary Road in East Geelong

to Portarlington Road in Curlewis.

We know how important the Bellarine Rail Trail is for residents and visitors to our region, so we're delivering the works in a sensitive way to minimise disruption to the local environment. This will ensure pedestrians and cyclists can continue enjoying the Rail Trail while this important project gets underway. The project will also help us to understand usage patterns along the Bellarine Rail Trail - a key part of our active transport network.

The 12-month project is being delivered as a partnership between the City of Greater Geelong, Deakin University and Australia's Academic and Research Network (AARNet). It's just one way we're collaborating with researchers, other levels of government, and the private sector to reach our Smart City goals.

We're proud that our hard work was recognised recently at the World Smart City Expo held in the Republic of Korea, where the City of Greater Geelong won the International Smart City of the Year Award, alongside Barcelona City.



Bellarine Show News

Congratulations to the Bellarine Agriculture entrants of the Melbourne Royal Show

1st Place winner for the Patchwork - Ms Lynne Bryant

2nd Placement for the Embroidery - Ms Minerva Ivankovic

Further congratulations to all the Bellarine entries for making it to the Melbourne Royal Show. It is certainly a fabulous achievement to (a) get there and (b) win a place.

It is now time to get those creative thoughts going for the Bellarine show, which will be on the 12 March 2023. Plan your entries, take a photo, plant some vegetables, plant some flowers, start a patchwork, just to name a few.



Morning Tea for Culture.
Please help support!
Saturday 5 Nov
10am - 12noon
@ SpringDale

VACCA
Connected by Culture
VICTORIAN ADOLESCENT CHILD CARE AGENCY

Come for Harvest Basket and stay for morning tea supporting VACCA



Drysdale Harvest Basket

Garden Produce Swap & Edible Gardening Group

Forge Friendships and Share Skills

9-10.30am On the first Saturday of every month (except January)

Inside Hall at SpringDale Neighbourhood Centre 17-21 High St Drysdale

Visit us on Facebook:

www.facebook.com/drysdaleharvestbasket

Did you know your household could be eligible for **\$250** off your power bill?

Power Saving Bonus

SpringDale is ready to help you apply

Please contact the office to arrange an appointment email office@springdale.org.au or phone 5253 1960



NEW MEMBERS & VISITORS WELCOMED



Business on the Bellarine

Networking with BOB provides like-minded business people with opportunities to connect with and support each other, the local economy & community.

We meet Tuesday's @ 7.45am
Contact Jo Aspland on 0438 055 679 for more details.

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Connecting Business & Community



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Portarlington Primary School - Hosts the Melbourne Cup

Portarlington Primary school staff and students were very excited to host the Melbourne Cup. Local students and staff got to see the Melbourne Cup as it came into Portarlington by ferry. Staff and students lined up on the pier, Students were dressed in jockey silks and escorted the cup to the Portarlington Primary school. Where all staff and students were treated to a spectacular display and information session, set up by local racing legend Mr Michael Cain from the Churchill Lodge in Portarlington with 2 of his horses La Specia and Norway. Staff and students thoroughly enjoyed the presentation. After school, parents and students were able to look at the cup and take photos before it went to the Grand hotel, Portarlington.

Thank you to everyone involved in bringing the cup to Portarlington Primary School (MRC).

Adel Boyce



CHRISTMAS MEALS

Last year we held a Christmas Day breakfast and we were overwhelmed with the number of people who wanted to help. This year we hope to cook Christmas meals together in the weeks before Christmas and enjoy eating them together, taking some serves home to enjoy with others and to make some serves ready for those in need to pick up.

Please let us know if you would like to be part of a team that we are bringing together to make this a reality. If you can donate something towards these meals, we'd love to hear from you. If you would like to help in any way and ensure your Christmas Spirit is topped up with Community Spirit, we'd love to hear from you.

Last year we made gumnut Christmas decorations and we continue to be happy to do this with the support of our community. Hopefully there is something for everyone.

Please register your interest and support with SpringDale office@springdale.org.au or phone 5253 1960



At SpringDale this Month

- Tax Help visits 25
- Power Saving Bonus - 38 applications
- Helped a lady learn to text & send photos
- Helped a person apply for a passport
- Helped renew one
- Working with Children Checks
- 82 volunteers home delivered 17,000 SpringDale Messengers
- Delivered 1860 SpringDale Messenger Welcome stickers to 1860 homes
- Helped set up a Podcast
- Safe Seats Safe Kids held successful day at SpringDale - 10 cars fitted.
- Spoke on ABC Radio re our banks closing & the role our Post offices are now playing
- Made 5 more strands of 10m of bunting for hire
- Made 3 strands of 1m of bunting for hire
- Held our 17th SpringDale Art show and it was very successful
- Farewelled one volunteer
- Welcomed 2 new volunteers
- Held an Adult Learners Week event
- Renovated our Event Sign and letters - it now has solar lights
- Helped a lady with Netflix subscription
- Set up classes for Term 4 2022
- Transferred 10 videos to a data stick



bellarine  **property**

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House, unit, acreage or land, Lee is here to lend a hand.

Call Lee Martin on 0400 957 839



Bushfire Resilience Inc. is a community led non-profit organisation, set up in response to local bush fire concerns, following the 2019/2020 bushfires. A series of free webinars was produced, providing 'high quality, evidence based, best practice bushfire knowledge'.

The webinars are designed to inform (not frighten), with experts covering topics from hardening your house, bushfire risk, insurance, to involving children in bushfire plans. Bite sized topics allow specific information to be supplied without watching a whole presentation.

Specialist presenters come from many life experiences including teachers, council, and CFA employees. Some of the presenters introduce online tools, which can be used to identify local bushfire issues (see National Bushfire Intelligence Capacity).

All the webinars are presented in a way that is easy to understand, and you can delve deeper into some aspects of fire behaviour.

We live in a region with several special bushfire issues, the rural urban interface being but one. With the bushfire season around the corner, it is again important to review your bushfire plans, and these webinars will keep us up to date with current trends.

<https://bushfireresilience.org.au/>
also on Facebook

Denis Shandley Friends of the Basin, Drysdale

SEAGRASS - you might like to know

In Port Phillip Bay, large expanses of seagrass meadows are found in shallow waters protected from prevailing westerly winds and waves. These areas include Swan Bay, Corio Bay, parts of the southern shore of the Geelong Arm, and the Bellarine Bank, which is located offshore between Clifton Springs and Point Richards, Portarlington.

Seagrass meadows are a vital part of the marine ecosystem due to their high productivity. The Bellarine Bank has been shown to be an especially important habitat in the life cycle of King George Whiting, with each hectare of seagrass supporting up to 30,000 juvenile whiting (ref. Mapping Ocean Wealth).

Living seagrass meadows perform many functions:

- Stabilising the seabed
- Storing carbon
- Providing food and habitat for other marine life
- Providing nursery areas for juvenile fish and invertebrates (i.e. animals without backbones such as snails, crabs & worms)
- Maintaining water quality
- Are an indicator of a 'healthy' marine ecosystem.

Who would have thought that we have our own carbon storage system already in place on the Bellarine.

Detritus from the breakdown of dead seagrass plants provides food for worms, sea cucumbers, crabs, and filter feeders such as anemones and sea squirts (ascidians). Further decomposition releases nutrients (such as nitrogen and phosphorus), which, when dissolved in water, are re-absorbed by seagrasses and phytoplankton (microscopic plants).

Given the ecological values of the beach washed weed, responsible coastal management agencies have identified the importance of maintaining the natural decomposition processes to ensure healthy food webs to support our broader marine communities and users (e.g. fishers, beach walkers and birdwatchers).

After reading the above I've changed my opinion of the untidy mounds of drying seagrass along the shoreline of our lovely Corio Bay. We really do have something very special here to protect on the Bellarine Bank.

If you still need to inform City of Greater Geelong They will ask for your contact details and the exact location of the seaweed that you would like removed. Geelong Council can be contacted on (03) 52725272. The Council like to have this done close to the Christmas break and will carry through to Easter.

However, before you do so, Geelong Council welcome gardeners to collect the weed for their gardens and this is from their website -
"You can collect seaweed or seagrass wrack washed up on the beach when it's for personal use in your garden. Collect by hand and make sure you are not in a marine protected area, for example: Swan Bay, Point Lonsdale headland."

Christine Fussell





William Sheahan

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Bush Nurse comes to Drysdale

Imagine a country town of Drysdale 12.5 miles from the regional town Geelong, where there was no doctor, no pharmacy, no maternal health service, no nursing service - just people trying to live their best lives. The people of Drysdale were part of the 4009 people (according to the 1921 census) living on the Bellarine Peninsula during this time.

Bush Nursing in Victoria was commenced after the arrival of Lord Dudley and his wife to Victoria in 1908, where he was Governor for many years. Lady Dudley was very interested in the hospitals but realised that in the country areas there were no services available to the people for midwifery, accidents etc., as the distance to travel to the nearest hospital was usually many miles by horse and jinker.

Some of the larger towns such as Geelong had a hospital which was opened in 1852. She decided with the help of some interested people to organise a bank of dedicated nurses to go out to the country and help the people.

In 1911 the first Bush Nursing Centre was established at Beech Forest and so the Victorian Bush Nursing Association was founded and continues today assisting many people in the outlying areas of the state.

In 1922 the Drysdale Progress Association invited some reputable citizens to a meeting to see if a Centre could be opened in Drysdale, and the principles of Bush Nursing could be explained to them by Sn. Cameron of the V.B.N.A. All present were very enthusiastic to see a Centre commenced and sufficient guarantors were secured to be responsible for the Sisters' salary. A nurse was applied for and in Nov. 1922 Sr. D.A. Whytcross was appointed and the service commenced from her home on the corner of Wyndham Street and Barrands Lane on December 14th 1922. During the first 6 months, 928 visits were made by Sr. Whytcross.

Perhaps we could have an afternoon tea on Thursday 15 December to celebrate the 100 years since health care services began in Drysdale - rsvp office@springdale.org.au or phone 5253 1960 to reserve a spot. Perhaps you would like to dress for the era.

Kathryn Hines and Anne Brackley

Thank you to our members Mercedes Drummond, Lynne Sutton and Jacky Noble for the part they played working with the other 8 Community Associations on the Bellarine towards the recent Distinctive Areas Landscape decision for the Bellarine.

DCSCA - The purposes of the association are:

- To bring together the residents of our area to build a stronger and better-informed Community, and work as a cohesive group for the betterment of the whole Community.
- Provide a forum where ideas and projects may be presented and discussed in friendship and with a spirit of cooperation and to act as a central body to facilitate cooperation between residents, ratepayers, traders, community groups and organisations in promoting issues of benefit to the community.
- Monitor the heritage aspects of the area and to protect the character and environment of the Foreshore, Public Open Space, Parks, Reserves and related waterways.

New members welcome - please contact Anne Brackley, Secretary if you would like to ask any questions or gain a membership form etc

Anne Brackley - Secretary DCSCA
 coordinator@springdale.org.au

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Since the September Issue of the SpringDale Messenger, where we inserted the four-page Women Living Well brochure, we have had a wonderful response from women who are interested in what our group is doing

At our recent workshop, our group was talking about how we could help women over fifty-five, on the Bellarine, to live well. Our aim is to create ways by which women who are experiencing financial hardship, usually through their unstable rental situation, can live in a state of well-being and actually enjoy their life here. We want to improve quality of life, and take some of the stress away.

We were throwing ideas around, and wondering how our small group could possibly help with such a big issue, which is growing dailyAND ..., we all agreed we have to keep trying! We have to keep talking about it and searching for ways to help, and for people to help us.

William Wilberforce is one of my heroes. In the 1780's he was an activist in the fight to abolish slavery. He was fortunate to hold a seat in the British Parliament, but it was his constant campaigning, making speeches, writing and talking to people of all persuasions, which eventually caused the United Kingdom to abolish the inhumane trading of living souls into slavery.

If you have heard our message and would like to help in some way, please contact either myself or Anne at SpringDale. We'd love to talk with you some more.

Dianne Bennett (0422 146 604) diannebennett4@hotmail.com

While preparing some onions for our next Bunnings BBQ, it got me thinking about layers.

Rotary International has many layers. The peeling back of the layers requires some research. So, I challenge you to do some research on the following projects, awards, local and global community involvement.

Rotary members throughout the world volunteer many hours and their support to make a difference on our amazing globe. <https://www.rotary.org/en>

The use of acronyms will make your search more exciting, rather than giving you all the information. Defying the Drift, RYLA, RYDA, RYPEN, Polio Plus, Exchange and Scholarships. Literacy Programs, Peace Resolution the list is exhaustive. You can also join Friendship, Travel and Social groups of Rotary.

The four-way test of the things we think, say and do, is what we acknowledge when we become members of this fantastic organization.

- 1) Is it the truth?
- 2) Is it fair to all concerned?
- 3) Will it build goodwill and better friendships?
- 4) Will it be beneficial to all concerned?

I really enjoy my involvement, and the friendships that have been formed in my 12-year association.

Call me to arrange a day and time for a coffee with some Rotary members, and we will explain more about this amazing organisation.

Caroline Rickard

Publicity Officer - Bellarine North Rotary Club
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The Springs TOWN Club recently held our Annual General Meeting. We would like to thank all our outgoing committee, and welcome our new committee members.



We also celebrated our 22nd birthday. We had a lovely morning tea and took time to chat, and catch up with each other. We have a couple of members who joined in the first meeting, and some who have been in the club from the first year.

We have had some great Graduate members, who manage to stay within their goal weight limits, of 1.5kg over their goal and 3.0kg under. These members are wonderful role models for us all to aspire to, and to work to lose weight to reach our own goal.

One of our members has been a member for 18 years and has been a graduate for 15 years. She has attended regularly to weigh in and has participated in club activities. She has managed to stay within her goal over the time since she graduated. Maintaining a goal weight is difficult, as you have to learn to eat for your new slimmer self. We keep trying, and our graduates are our role models and keep us on track.

If you are looking to lose weight, not only for spring and summer, but also for life, why don't you come along and join us. We meet on Monday mornings at the Drysdale Community Hub at Eversley Street, Drysdale. We meet for weigh-in at 9.00am-9.30am, and our meeting usually goes from 9.30am to 10.30am, so it is only an hour and half out of your day. We have group therapy, which encompasses ideas to help us lose weight, relaxation and chair exercises. All our therapy is based on positivity, and at no time is there any negative feedback, as we all try very hard, but slip ups happen.

The cost to join is \$54 and we pay a weekly fee of \$5.00. These are the only costs. You can come and visit us for one meeting on a Monday morning, and we would then love you to join us. Why not come along and see for yourself, and start your new life journey.

Contact: Jan P: 0403 221 737 E: bellsbythebeach@bigpond.com



The Festival of Glass Studio located at the Drysdale Community Hub, is slowly being equipped to have interested groups meeting at the Studio and creating Glass Art. The Committee is currently working on the 2023 Programme. If you wish to become a member please go to our website www.festivalofglass.net.au for further information. The Bellawein Mosaics group, has now been re-established on a regular basis and meet on a Wednesday afternoon between 1-4pm, in the studio. Contact us if you are interested on: festivalofglassdrysdale@gmail.com We are so excited to announce that the Festival of Glass Treasure Hunt is back, so keep an eye out for the December Messenger for more details.



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Donnie GRIGAU FOR BELLARINE

I'm Donnie Grigau.

The Bellarine is my home.

I own a local restaurant. I love employing people and supporting my beloved Queenscliff.

Like so many small businesses, my restaurant struggled through the **Covid-19 lockdowns**. But after 20 years in the retail sector, I was battle ready.

Challenging days are what shape us.

It's why I'm ready to take on the challenge of change - to seek and achieve more for the Bellarine. I want to put people first.

That means when you call 000, an ambulance arrives. It means bad roads are fixed so your family can get home safely. And it means you can get surgical needs attended to now, not in the never never.

As a **Councillor** on the **Borough of Queenscliffe**, I understand good governance and accountability. Taxpayers must get value for money.

Good Government must also provide hope.

That positive direction is what I bring.

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Authorised by C McQuestin, L 12, 257 Collins Street, Melbourne 3000.

Hypnotherapy and Mythnotherapy

I love being a hypnotherapist... and I am always asked such interesting questions about my practice.

I work with incredible people:

- bravely deciding an old crutch or habit is doing more harm than good
- standing at a turning point in their lives, or at the edge of making big behaviour changes
- wanting to find a greater potential in themselves
- working, giving, or loving so hard they are running out of energy, health, or a sense of self
- recognising unhelpful thought patterns and wanting to initiate action to "feel lighter"
- stuck in powerful emotion, grief, or loss, and finding their way back with meaning
- noticing their self-worth is low, and feeling their relationship with themselves has got to change
- feeling burnt out, stressed out, overwhelmed and needing to diffuse nervous tension.

Dispelling the myths:

1. Hypnotherapists have magic powers and zap your mind to do whatever you want.

Imagine anyone having that power! No... Hypnotherapy can only be effective as a meeting place between your conscious thoughts of wanting and being ready to change and finding the resources in your subconscious to support that change. When these two meet - the magic happens.

2. Hypnotherapy only works on some people (and the weak-minded)

Whilst some people are more suggestible to hypnosis, the ability to be hypnotised is only dependent on your willingness, motivation, and ability to concentrate. If you want hypnotherapy to work, and co-operate in the process, you will enjoy the benefit. The best candidates are those with a creative imagination (we all have).

3. You will cluck like a chicken.

In hypnotic trance, you are always in complete control. You will only accept the suggestions that are agreeable to you. Stage hypnotists promise this kind of entertainment and the volunteers are expecting to perform in strange ways. Unless your deepest desire is to change from human to chicken, this will never be the effect. You are always in control, and you can break from trance at any time.



4. You can get stuck in hypnosis.

This is not possible, hypnosis is a natural trance or 'day dreaming' state. Getting "stuck" in hypnosis, would only be drifting off to sleep, from which you would naturally wake. The aim of hypnotherapy is to keep your relaxed state just above this level.



5. You are asleep/unconscious when you are in hypnosis & won't remember anything

Your body will certainly think so because hypnotherapy is so wonderfully relaxing. However, the mind remains focused. You can remember the session, but just as in a dream, the details can seem fuzzy when you wake. Remember you are always in control, and you can break from trance at any time.



What is Hypnotherapy?

It is: Hypnosis, relaxation and breathing techniques, visualisation, identifying and reducing triggers, changing thought patterns, mindfulness, and self-hypnosis techniques - for a therapeutic benefit.

Hypnotherapy uses a natural state of trance or deep relaxation. In this altered state of consciousness a person is much more open to therapeutic suggestion, exploring problems and addressing issues to achieve effective change. It is relaxing, peaceful, safe, and comfortable and you are always in control. Clients enjoy unlocking their ability to rest from a wired mind, seeing old problems through a different lens, and noticing how old habits are no longer compelling after the session. Hypnotherapy can feel as rejuvenating as massage and offer great gains in self-esteem and self-worth.

Hypnotherapy can support you to stop smoking, change attitudes to food and relationships with your body. It can assist with stress management, relief from anxious and depressive thoughts, building self-confidence, motivation, navigating grief and loss, and much more...

"The conscious mind may be compared to a fountain playing in the sun and falling back into the great subterranean pool of subconscious from which it rises."

Sigmund Freud

When choosing a hypnotherapist, it is wise to make sure they are registered with a governing body such as the Australian Hypnotherapists' Association or are qualified psychologists with hypnotherapy training. It is important to have a positive relationship and confidence in your practitioner, so give them a call, ask questions, and make sure it feels comfortable and professional.

Wishing you your subconscious best,

Kim High Clinical Hypnotherapist
- Family Hypnotherapy
BSc DipEd MEnv DipClinHyp NLP

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The St Leonards Camera Club meets twice a month on the 1st & 3rd Tuesday of the month. The 1st meeting is when we have a guest speaker come in or a member does a talk on different topics etc, long exposure, wildlife photography etc.

We also submit our photos for our monthly competition for judging on the following meeting. The competition is judged by our members taking in turn each month. Each member can enter 4 images.

This month topic was light and shade. The winners of the Light and Shade are Ellen - Back in Time and Joelle - On Golden pond

The St. Leonards Camera Club - Meetings are held on the 1st & 3rd Tuesday of the month at 7:30pm at the Community Space.



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Labor has
protected the
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Known for its beaches, rural hinterland and historic townships, the Bellarine is now protected from overdevelopment.

Labor has enacted the Bellarine Distinctive Area and Landscape, a 50-year plan that makes sure locals and visitors can enjoy this beautiful part of the world well into the future.



Portarlington Police Report

Firstly thanks you to SpringDale for hosting Coffee with a Cop in October, it was great to meet so many locals and speak to about local issues.

Over the Grand final long weekend, there were a number of fatal and serious injury collisions in the Geelong Police Service Area (which includes Drysdale). As a result, Portarlington Police will be focusing on speeding, mobile phone use, and unroadworthy vehicles for the next few months.

Can I remind everyone as the weather warms up, your vigilance around property security should not decline.

We live in a fabulous and generally very safe area, however there are still opportunistic offenders around. Please remember to keep items of value out of sight and vehicles and houses secure. Please don't leave wallets, expensive sunglasses and alike in your vehicles and ensure they are locked at all times.

Stay safe

Regards **Jane Arnold**

Sergeant Portarlington Police

BCH YARN BOMB *Crochet a Sea of Colour*

We are looking for any budding knitters, or those who can crochet, to help us turn our Pt Lonsdale into a sea of colour!

The Bellarine Community Health Social Support team at Pt Lonsdale are putting together a fundraising event, 'Spring into Christmas Fair' in November, and in the lead up to the event, we would like to decorate the Pt Lonsdale site by 'yarn bombing' trees, and poles. We are looking for any budding knitters or anyone who can crochet to help us out.

We have wool available at our sites at **Portarlington, Drysdale, Pt Lonsdale and Ocean Grove** for community members to pick up, and their finished items can be dropped back at any of these sites. We really need some creative hands to help us out, bringing some Spring colour in the lead up to, and at our event. We appreciate any contributions no matter whether they are big or small.

Once we have finalised our marketing material for the event, we will forward this to you in the hope you can share with your networks.

For enquiries, please contact **Karen Crockford** via email karen.crockford@bch.org.au



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Bellarine Camera Club meets at Springdale Neighbourhood Centre at 7.30 pm on the first and third Monday of the month. Visitors and new members are very welcome. See our website <https://bellarinecameraclub.org.au/> for more information.

The competition was a set subject: "People at Work". Members submitted a wide variety of images which were judged by Bob Artis.

The competition winners are:

Prints - A Grade: 1st, BHP Worker Memorial by Darren Henry, 2nd, Weaving Her Magic by Darren Henry, 3rd, The Wedding Hairdresser by Darren Henry. **B Grade:** 1st Post Accident Assessments by Geoff Evans, 2nd Rail Workers and Loco by Geoff Evans

Electronic Digital Images - A Grade: 1st, Steam Engineer by Jim Den Ouden, 2nd, Running Late by Jim Den Ouden, 3rd Wine Anyone by Lynne Pearce, Merit: Making Lunch by Lynne Bryant, Merit: Coffee Time by Sheridan La Peyre **B Grade:** 1st Tuning by Lynn Cornell, 2nd Steamy Work by Gordon Barfield, 3rd Just Checking by Gordon Barfield, Merit Street Workers by Geoff Evans.

Robyn Curtis

Bellarine Camera Club
PO Box 308 Point Lonsdale Vic 3225



The Image of the Competition was Steam Engineer by Jim Den Ouden.



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- Play Group
- Youth Group
- Home Groups



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A few months ago, a kinship carer rang me, she asked for my help. The story went like this -

The grandmother, let's call her Betty, received a telephone call from child protection, saying that her granddaughter was being placed in foster care.

Betty was totally distressed, and upset that her little granddaughter aged just 3 months of age was being placed in foster care. Betty asked child protection to place her granddaughter with her - which child protection agreed. So, child protection did what we call "a drop and run", which basically means child protection "dropped" the little 3-month-old baby at Betty's home, "and run" at 10.30pm, yes 10.30pm.

Betty did the best she could for her granddaughter, making sure her granddaughter was clean and dry, and warm for the night. Luckily, they both slept through the night. The next day, Betty rang me. I was able to assist with clothing for the granddaughter, and lots of other things including bedding, nappies and toys.

The next problem I was able to assist Betty with, was things like Centrelink, Medicare and dealing with child protection.

Then just a few days ago, I received a call from another kinship carer. The kinship carer, let's call him John, was at the Royal Children's Hospital waiting for his grandson to be born. Three hours after the little one was born, he was placed in John's care by child protection. The little one, is now in the intensive care special nursery, fighting for his life, after being born addicted to drugs.

This little one has a long fight on his little hands, but John is right there with him, holding his hand through his tough journey.

The above stories are just two examples of the heartache we as kinship carers go through to

keep the children in our care safe, warm, and most importantly, happy.

I would like to thank everyone in our awesome community who have made so many wonderful donations for the children in our care; from baby clothes, nappies, children's clothing and games, the list goes on and on.

I kindly accept the donations then pass everything on to the Carers and children in our group. Betty and John (not their real names of course) would like to pass on their thanks for the support they have received, you are wonderful community.

If you are a kinship carer sitting at home, feeling isolated and lonely, and totally confused about your kinship journey, please come and join our group. We laugh a lot, we talk too much, but we support each other in our kinship family - and our kinship family is getting bigger every single day.

Our meetings are held on the first Monday of each month (not during school holidays) at the SpringDale Neighbourhood Centre, from 10am to 12noon.

Stay safe everyone.

Jeanette Hanley-Heath - 04 14 308 257

Bellarine Family History Group



Thinking about starting your family tree? Now's the time to commence your research! We are here to get you started. Providing you with four one-on-one tuition sessions of one and a half hours each. Our aim is to teach and guide you through the research path, using Ancestry.com, and numerous other research and family tree programs, along with data resources.

Your instructors are: Val Duff, John Chapman and Norm Grey, Mondays 12 Noon to 3pm at SpringDale Neighbourhood Centre email office@springdale.org.au to book in.

Norm Grey

SpringDale Trivia 63rd Edition

by Drysdale Girl Guides

1. Which Commonwealth Country's flag features a red dragon?
2. What is the chemical symbol for copper?
3. How many balls are on a pool table at the start of a game?
4. Which small country is located between the borders of France and Spain?
5. The Lego company was founded in what year?
6. Which two cities represent letters in the phonetic alphabet?
7. In a game of netball how many players/positions on a team are allowed to score?
8. What is Sauerkraut made out of?
9. Which animal's poop is uniquely cube shaped?
10. In what year was the late Queen Elizabeth II born?

Turn to page 22 to find the answers.

Drysdale Guides Meet on Thursdays during the school term 6:30-8pm.



If you are interested or have any questions please contact Anne Brackley on 0407 529 205



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"What people need, they'll get. And they need...Soylent Green."

Anyone remember this Charlton Heston thriller?

"Soylent Green" debut on the "big screen" in 1973 but was actually set in this year 2022.

It was another "collapsing society" movie and explored the possibility of all food for the "masses" being government issued and exactly the same. Meals as we know them were strictly reserved for the privileged few. Everyone else subsisted on "Soylent Green" which came in the form of what we would call diet biscuits.

As the plot unfolds, our hero Mr. Heston is an investigating officer at a crime scene in a rich executives' flat. As one of the struggling poor, he has no hesitation in purloining anything he finds there, which is not available to "us."

He pounces on some cakes of soap in the bathroom, and also relieves the fridge of a piece of beef. Upon arriving home that night he triumphantly shows the meat to his much older male flat mate. His friend reverently unearths long unused knives and forks and on conclusion of a memorable meal, says that he hasn't eaten like that for twenty years.

Now, I don't think we're at that stage yet but the rapid proliferation of fast food restaurants into our everyday lives does make you wonder. If the food delivery drivers and 'burger' outlets disappeared overnight, would we find ourselves resuming the delights of home cooking and unwrapping "mothballed" cutlery, with the same wonder and joy?

Although soap is still readily available, there was a "run" on some personal hygiene products recently.

Meanwhile, in the movie Charlton Heston sneaks into the Government factory and sees the "biscuits" coming off the conveyor belt.

But what they use to make them is the shocker, and he sees that too! John.



Can You Help

Class of Musicians

I am interested in a class of musicians that would include the Flute. And wondered if a practice with other musicians could help me to master this instrument?

Would love to hear from anybody that may have some ideas. My name is June, and please contact me via SpringDale.

Exercise Books

Wondering if anyone might have exercise books that SpringDale could recycle for you. Over the last 2 years we have used exercise books when helping to set up MyGov Accounts - so people can keep their info safely. We have used up the stock of books that were donated a few years ago and we are ready for more if you have some.

Cloth Rice Bags

I used to buy basmati rice in 5kg cloth bags and SpringDale has been able to use them for bunting to hire. Wondering if anyone has kept these bags for a good purpose and would like to donate them to SpringDale.



Safe Seats, Safe Kids Program

25th November in the carpark adjacent to SpringDale Neighbourhood Centre

Time 10am to 3pm

Bookings Required

<https://safeseatssafekids.com.au/venues-mec/>



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Tenth Anniversary Exhibition at the Queenscliff Neighbourhood House Gallery

The Queenscliff Neighbourhood House Gallery celebrates its tenth anniversary, with a special exhibition to showcase their 10 years, 17 October - 27 November 2022, 3 Tobin Drive, Queenscliffe Vic 3225, For further information regarding this release please contact Julie Morgan 0418 52 9904



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We would first like to extend our thanks to Linda Gallus and Kaye Clancy who organised two very successful arts trails across the North Bellarine Peninsula in 2019 and 2020. The work that they undertook and their efforts created the stage for what has become a wonderful event in the North Bellarine arts calendar.

In 2021 Linda and Kaye handed over the reins to Helen Meikle, owner of Artisans of Australia in Drysdale ... who promptly recruited several others to join her on a committee - and the Bellarine Peninsula Arts Association Inc was born. The committee includes local artists Renae Chapman, George-Ann Gunn, Karen Coulson and Effie Iliopoulos, as well as Bre Gage who has come onto the board as treasurer of the association (a position she is well suited to as an account manager at Bendigo Bank in Drysdale).

Through forming the Bellarine Peninsula Arts Association Inc, the committee has been able to create a more formal structure and process for moving forward with the North Bellarine Arts Trail - including forming strong links with the (South) Bellarine Arts Trail (which has been running since 2016 thanks to the vision and hard work of Karen Shirley), and the Geelong City Council Arts & Culture Department (welcome Stacie Bobele to her new role as Arts & Culture Officer).

This year, 2022, the North Bellarine Arts Trail is set to be bigger than ever, and includes more than 30 venues and over 70 local artists displaying their work across the region. With the ever increasing numbers of artists active in the North Bellarine, the event has been split into two weekends; with artists in Drysdale, Curlewis, Clifton Springs and Wallington opening their doors on the 26th and 27th November, and those in St. Leonards, Indented Heads, Portarlington and Bellarine opening on the 3rd and 4th December.

Another addition to this year's trail, is the free "Hop On Hop Off" shuttle that will be travelling around the venues throughout the open days, allowing visitors to park their cars at one of the larger venues, and relax while being taken on a journey around the region. There is so much to see and lots of time to see it all.

If you have any queries, or want to find out more information please visit www.bellarinepeninsulaarts.com/northern-bellarine or contact any of the committee at info@bellarinepeninsulaarts.com

Helen Meikle, on behalf of the Bellarine Peninsula Arts Association Inc.





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Memories of Yesteryear

THE BUTCHER FAMILY

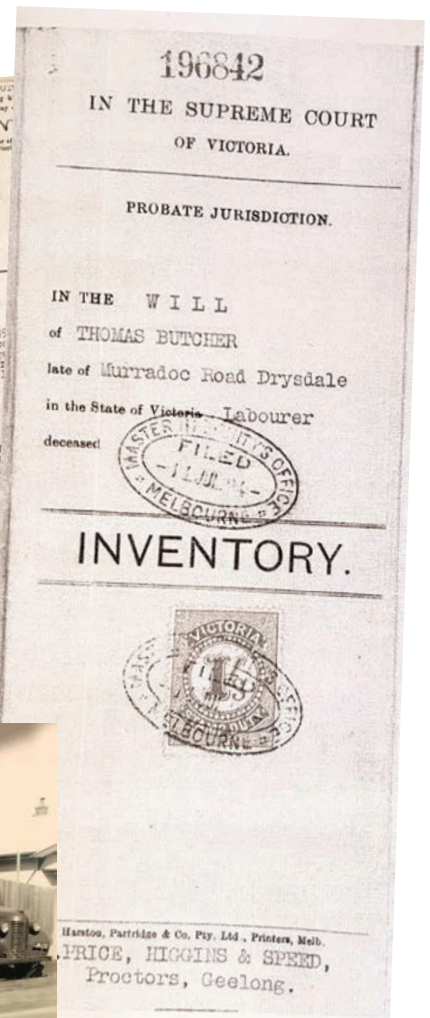
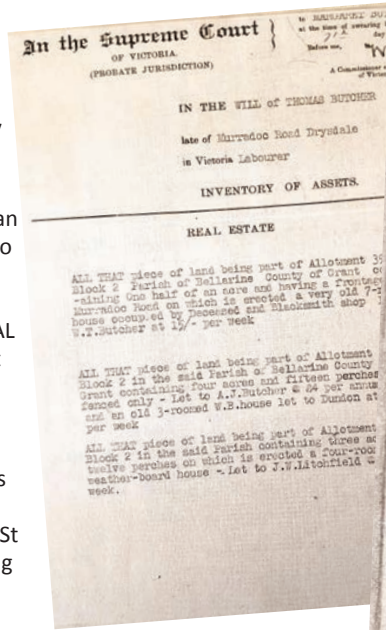
Firstly, let me thank Elaine on her voluntary contribution at the SPRINGDALE MESSENGER. She was the one who typed my musings each month to prepare the articles for the printer, and will be sadly missed now that she is looking forward to a well-earned rest.

As the new library development imposes itself on the landscape at Drysdale's town centre, those of us who can remember the Victorian era buildings around the town's 6-way intersection, are struggling to recall what it looked like in the 1960's and 70's. The only remaining buildings of that era are the NATIONAL BANK (now SHEAHAN'S FUNERALS), and the old COURT HOUSE (now BELLARINE HISTORICAL SOCIETY). The former Post Office and the Drysdale Hotel were built in the late 1920's and 1930's.

One hundred (100) years ago, my great grandparents Tom and Maggie Butcher owned 3 1/2 acres in Murradoc Rd, on the Eastern boundary of the bank building, where a blacksmithing business was conducted by their son William. My grandparents lived in a house where ALDI now stands prior to moving to their new home in High St in the 1930's. A massive old river red-gum in Murradoc Rd is fighting for its existence where the old forge once stood, and on the south side in Princess St, the fire brigade is still on its original site.

As the majority of today's society access their information on the internet, it will be intriguing to see what the content of the library will be. Perhaps, many of the aboriginal artefacts that were discovered when the Drysdale By-Pass road began could be displayed there, as I am sure that many of us long-term residents would love to see them. As families that have lived in the district for more than 150 years, we never ever discovered them, or didn't know what they were. I for one, cannot wait to see the display.

Russell Butcher



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Clifton Springs Garden Club

As it has been a practice of the Club for many years to give a donation to a local Charity or Community Group, from monies raised from our Annual Plant Sale & Raffle, we invited Jeanette Hanley-Heath from Kinship Carers. Jeanette gave us most informative presentation on the support that Kinship Carers gives to local families and we were able to give Jeanette a cheque for \$500.00. I would like to thank the members of the public for their continued support of this event. These types of days do not happen without hard work and planning. I would like to thank all our Members who helped in some way to again, make this day a great success. I know I speak for them all when I say "we love it". Gardeners are always willing to share what they have in their gardens.

On a lovely Spring day, a group of our members took the train up to Melbourne for a tour of the Parliament House gardens. It was well worth the early morning. Grace, our delightful Tour Guide gave us some history lessons on the gardens, both new and old, and allowed us to wander and take photographs. These wonderful gardens are certainly an oasis in the middle of a busy City. Some of the group enjoyed more of the lovely day by strolling through Treasury Gardens which looked beautiful.

Our October speaker was Susan, one of our newer Members. Susan gave the meeting a most interesting and informative presentation on her hobby/passion "Terrariums". Susan also showed Members how she puts her Terrariums together. Thank you Susan. I am



hoping this might encourage other Members to share their gardening passions.

During October we also had a bus trip to Mt Mitchell House & Gardens. Stay tuned for more on this trip and some photographs in the December Messenger.

Our Gardening year finished with a well attended Christmas luncheon. Our November meeting is the final for the year. We now break until February 2023, but you can keep up to date with what is happening by reading the SpringDale Messenger, or by going on our mailing list. Contact our Secretary Helen, on P: 5257 2220 or email hma3152@gmail.com if you wish to go onto the mailing list.



Children's picture books. I love them. The mystical and magical, the poetry, the everyday mundane becoming delightful, and the minute goings-on around us rediscovered. Reading at every age can open our mind and heart by challenging taught beliefs and expanding our thinking further. Reading from points of view and ways of living that are unfamiliar to us, can make them become familiar. And familiarity fosters empathy and understanding, compassion and reason. This is why I love that more and more books, are being written by disabled people to be read by all of us, adults and children, able-bodied and disabled.

For a child with a disability to read about another in a similar situation, strengthens their sense of identity and enforces their right to live in our world. A child without a disability can receive confirmation, adding to their innate understanding, that disability is another form of humanness. Children have a natural way of accepting what they see. Free from bigotry and prejudice they may ask questions as they get older to help them accept this status quo.



A beautiful bright little girl I know, who is now five has always unhesitatingly hugged my knee upon greeting, and chats with me as she does everyone else. My now eight-year-old niece would get very excited when she saw other people in a wheelchair, 'just like Auntie Leanne'. My 18-month-old granddaughter accepts that I can't easily take her offerings and asks for another person to sit her on my knee; after all I am the keeper of lit buttons that activate noise or action.

Children are naturally curious, and more so when there is no diverse representation within their orbit. Prejudice in its many forms

such as name-calling, exclusion, teasing, physical abuse, and trolling throughout childhood, is exacerbated when the non-disabled experience is viewed as normative, and adults feel uncomfortable about providing answers when faced with disability.

From toddlerhood, sharing words in stories, engaging with images, and ensuring diverse contact in everyday life is the most profound way that we can ensure that we have mentally healthy disabled adults that can achieve their potential as equitably as their non-disabled peers. Furthermore, we will cultivate a new generation of broad minded, socially aware adults who will reap the rewards of a truly integrated society.

I thoroughly recommend this Australian Children's picture book to add to your home library or give as a gift to someone lucky. I love it.

Come Over to My House by Eliza Hull, Sally Rippin and Daniel Gray-Barnett.

Leanne



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The Bellarine Wanderers

Congratulations to the Bellarine Wanderers, celebrating one year of walking. They have done fifty two (52) walks around the Peninsula, walking almost all of the coast line from Geelong to Torquay, with many inland walks as well.

If interested please contact SpringDale 5253 1960.

SpringDale Nordic Pole Walking Group

We meet every Monday for Nordic Pole Walking. We walk from 9.00am to 10.00am, along various trails around the Bellarine for 30 minutes. We walk for a variety of reasons, and abilities with all ages, welcome.

We provide poles and tuition for 5 walks and schedules. We have been Nordic pole walking for 14 years as a group of SpringDale Neighbourhood Centre.

If you are interested in joining us, contact Brenda Hunter on 0423 528 891 or SpringDale Neighbourhood Centre on 5253 1960.



Trivia Answers

- | | |
|------------|------------------------------------|
| 1. Wales | 6. Lima and Quebec |
| 2. Cu | 7. Two (Goal Attack, Goal Shooter) |
| 3. 16 | 8. Cabbage |
| 4. Andorra | 9. Wombat |
| 5. 1932 | 10. 1926 |

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Footpaths for Health & Swimming for Health

Maximilian volunteered to help deliver SpringDale Messengers a few months ago. He attends a local school and I asked for his comments about a couple of the issues that SpringDale is advocating to improve.

Footpaths

It's quite challenging to walk anywhere comfortably especially on the bellarine peninsula due to the lack of footpaths on busy roads. It leads to very unsafe situations such as mums with prams, people on mobility scooters, cyclists and young children having to walk on the road. The city is built for cars with little thought and funding to our public transport system. It is just unfair on anyone who can't drive to places. I would love this message to reach the council because this article is not about discouraging people from walking, cycling or taking public transport. It's to raise awareness about how dependent and reliant Geelong is with cars because it's having such an impact on all these communities so we need to change to avoid serious injuries and have a brighter future.

North Bellarine Aquatic Centre

The new swimming pool is quite exciting especially considering it is so close to all the schools I just hope they build a footbridge or something to give quick and easy pedestrian access to the venue. I'm actually quite excited about the new pool because like most kids I love swimming and have a goal of doing squad swimming someday. A 50m pool will do wonders for the area considering the next closest public pool of this size is in Kardinia park. This new venue will provide easy access to the entire Bellarine Peninsula. It feels so amazing that soon an outstanding new pool will sit there giving lifesaving access to everyone on the peninsula.

By Maximilian, train brain transport enthusiast

Calling for Walkers

Do you need a reason to walk?
Would you like to help deliver our well-loved and read SpringDale Messenger? Perhaps you could share it in your Street?

Join a team of almost 70 people helping to deliver the SpringDale Messenger across the North Bellarine. Could you spare one or two hours a month? Join our Fitness with Purpose activity.

Please let SpringDale office know if you would like to help us out in this time of need.
Email office@springdale.org.au or ph 5253 1960.



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Bellarine Birdlife

Mention the words 'Silver Gulls' and everybody knows what bird we are talking about. Unlike other species, everyone can identify these grey and white, extremely noisy individuals. 'You know, those gulls that are always hanging around after your fish and chips'.

Yes, research has discovered that these birds frequently prefer human chips, rather than the discarded ones perhaps found on the beach. Apparently, there is more fun in stealing fresh from human hands than finding a dirty, cold one, half buried in the sand. In their natural habitat they feed on worms, fish, insects and crustaceans.

I have often had to defend these busy individuals, from very passionate humans who (and I quote), 'hate those dirty, thieving birds. Yes, I do admit they are familiar to most and are often described as noisy, bold, gregarious, adaptable, an opportunistic scavenger and not at all shy. They delight in human company, as it is from humans that they know food comes abundant. Since human settlement, the numbers of these gulls have boomed, and we do have to thank them for cleaning our beaches and taking away discarded bits of food and scraps.

These birds are found all around the coast line of Australia, as well as inland wetlands and water ways, within crowded cities, as well as far away country towns, and in remote places quite a distance from the sea. I could name many, many diverse habitats from off shore islands to rubbish dumps where our Silver Gulls settle and call home.

Juvenile gulls differ in appearance to the adults with the young having brownish grey legs, brown beaks and grey eyes. An adult develops



a red bill, red legs and bold staring white eyes. The redder the bill, the older the bird. There is a pecking order amongst the birds with dominant gulls often stretching out the neck and letting out a loud hard squeal of kwaar. They run at the other gulls, demanding that they move back, and let them take the next morsel that falls. It seems that those that make the most noise gets the food.

On a visit to Mud Island, I was able to see and hear the din that surrounds the nesting colony of Silver Gulls. Breeding can occur from August through to December, and the nest is usually a small dent in the sand, between seaweed and plant stems. Sometimes they produce young twice a year and both adults care for the nestlings. It was an amazing experience to walk through the seething, swooping maze of gulls.

Silver Gull (*Larus novaehollandiae*)

Carole O'Neill



Drysdale Clifton Springs Pickleball Club

Well, a lot has happened since the last issue of the SpringDale messenger. The Drysdale Clifton Springs Pickleball Club has now been formed. We are now looking forward to commencing on Sunday 20 November, where we will be playing in the Saint Ignatius hall on Fridays, from 5-7pm and Sundays 9-11am.

We will aim to find other venues, where we can play and expand. We look forward to many new people trying out this exciting sport, and joining our club.

The Victorian Pickleball Tournament was held recently with 120 competitors coming from all over Victoria and interstate to participate. Many spectators came along to encourage the players.

A successful raffle was held on the day. Many generous donations came from local businesses, with the funds raised, going towards setting up our new club.

Our next big outing is the Pan Pacific Masters Games on the Gold Coast: hopefully we will have some success up there.

If anyone is interested in more information, please contact Viv Daniels, on 0406820739

Fiona Bond



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