



The SpringDale Messenger

April 2024
Volume 34 Issue 3



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Anzac Day

COMMEMORATIVE SERVICE

photographer: Ian Skinner, p04665



The Drysdale RSL Sub-branch will again conduct an Anzac Day ceremony at the cenotaph opposite the CFA Fire Station in High Street. This year April 25 is on a Thursday. The event starts at 10:30am with a march past from the corner of Eversley and Princess Streets in Drysdale towards the CFA station.

After a welcome and short speeches, we observe a minute's silence and play the Last Post and Rouse, and the national anthems of Australia and New Zealand, followed by wreath laying by various community groups and individuals.

We have requested a flypast near 11am of an historic aircraft operated by 100 Squadron based at Point Cook. Last year we had a Wirraway that came over closer to 11:30am. Of course, the RAAF might not be able to fulfil our request on the day, but we have our fingers crossed.

The main event for Victoria on Anzac Day is the March to the Shrine of Remembrance down St Kilda Road in Melbourne. This year's march will be led by personnel who served as UN peacekeepers. If you identify as a peacekeeper and would like to march with us, please let the Secretary know in advance.

Harry Paterson - Secretary Drysdale RSL

2023 Anzac Day Dawn Service - Tuross Head

On 25 April 1915, members of the Australian and New Zealand Army Corps landed at Gallipoli. On the anniversary of this day each year, we come together to honour the service and sacrifice of all our veterans.

Lest we forget



Anzac Portal
anzacportal.dva.gov.au



APRIL 2024

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Monday	1	Easter Monday Public Holiday - SpringDale closed
Tuesday	2	Friendly Cuppa & Chat 10:30am - SpringDale
Thursday	4	Children Are Stinky - 11am - Potato Shed
Friday	5	A Night with Tina 8pm - Potato Shed
Saturday	6	Drysdale Harvest Basket 9am - SpringDale
Sunday	7	Daylight Savings ends
Tuesday	9	SpringDale Dining Club 6pm - Ocean Grove Bowls Club Beyond the Shadows 10:30am - Potato Shed
Wednesday	10	Fire Safety Session by CFA 1.30pm at SpringDale
Saturday	13	Emma Donovan 8pm - Potato Shed
Sunday	14	St Leonards Friends of Edwards Point (FEOP) Wildlife Reserve 9:30am - Edwards Point Reserve Beach Road Entrance
Wednesday	17	SpringDale Lunch Bunch 12noon - Drysdale Hotel
Thursday	18	Supporting Dementia for Carers - Rydges Geelong 10am-12pm Dementia Support Australia - Contact us on 1800 699 799
Friday	19	Inclusive Games Night 5pm - SpringDale
Tue-Wed	23-24	A/LONE 1pm and 7:30pm - Potato Shed
Thursday	25	ANZAC Day Public Holiday - SpringDale closed
Saturday	27	World Healing Day
Sunday	28	Pay it Forward Day

Reminder
Bookings & copy required by 1 April for the May 2024 issue



Coming up in May 2024

Wednesday	1	Don Juan - 8pm - Potato Shed
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Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material: Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger Committee as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted.**

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlinton, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

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The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



Coordinator's News

Anne Brackley



Dear Friends and Friends I am yet to meet

My 2024 is proving to be fast paced and I'm hoping to stay in front of the wave of energy that keeps pouring into SpringDale. Many of our classes and groups are being well attended. New ideas are always being suggested with Egyptology being the latest idea for a new course by a local Egyptologist - so excited! More details to follow as I receive them.

As people are taking up new memberships with SpringDale, I hear them saying that they will now receive regular emails. This hasn't been our procedure. We encourage people to subscribe to our webmail but the more I hear the same words, the more I realise that we should change our procedure to meet expectations. We will survey current members and offer to sign people up for webmail. Subscription to webmail is open to all and each new subscription warms my heart.

Our new groups are going well - Walks for Carers happens on 1st and 3rd Wednesday mornings 10.30 - 11.30am, meet at SpringDale at 10.20 ready to walk at 10.30am it's free - lots of information being shared. Our other group is Inclusive Games group meets at SpringDale on 3rd Friday night in the month - bring snacks and drinks and enjoy some time together cost \$10 - please book in for this with our office.

I like to share information I discover, during the month I have found out that if you make a change or claim a benefit with Centrelink, it is probably a good idea to check on its progress after a couple of weeks as if you need to fulfill any tasks to assist your claim, you only have 30 days to complete the task or it disappears. Also please look at your bank statements to ensure the correct amounts are being deposited.

Another pattern that is emerging is the growing membership of grandparents and great grandparents in our toy libraries. Especially when families are coming to visit or for a particular event, to be able to borrow a few strategic toys could and do help. We have a toy library in Drysdale and another in Portarlinton. Our toys can be seen via our website and Portarlinton Toy Library is open Tuesday and Thursday mornings, Drysdale is a click and collect service.

Many people have spoken to me about the North Bellarine Aquatic Centre only being open from 1 Nov to 31 March. I have suggested that they ask City of Greater Geelong to reconsider that decision as people are relying on the pool for physical, social and mental support. As part of the advocacy committee for the Aquatic Centre we did advocate for the Centre to be open year round. People seem to have been surprised that the pool is heated - I love people telling me how much they love the pool. I look forward to stage two of the North Bellarine Aquatic Centre commencing.

We have met many people this year, who have seen our SpringDale Messenger, for the first time and so I am wondering if there might be a few more people who might like to deliver Messengers for us. We have approximately 100 volunteers, but every now and then I do need extra help and wondering if you might like to help. Please let me know if you have a few minutes a month to help us. So we can distribute our magazine a bit further.

Looking forward to sharing more words, ideas, hopes, dreams and successes with you next month and looking forward to seeing you at SpringDale or on the Bellarine soon.

Anne Brackley OAM - For Team SpringDale

New Courses & Groups

Introduction to Egyptology is coming

please register your interest at SpringDale Office email office@springdale.org.au or phone 5253 1960

Intro to Harp

Mon 29 Apr - 20 May 1-2pm

Fee: \$100 Conc \$80

German Speaking Group

Next meet Thurs 4 April 3pm

Please continue to register your interest.

Walks for Carers

1st and 3rd Wed of the month meet at SpringDale 10.20am



Moves back to Tuesday mornings due to requests Tues 2 April 10.30-11.30am all welcome Come & chat at SpringDale - RSVP 5253 1960



The SpringDale Lunch Bunch are going to Drysdale Hotel Wednesday 17 April 12noon. Ring Margaret 0418 370 857 to book a spot.



SpringDale Dining group are going to Ocean Grove Bowling Club Tuesday 9 April 6pm. Bookings essential. Please call SpringDale on 5253 1960 to reserve your spot.

QUOTE OF THE MONTH

There is no failure except by ceasing to try.

Bernard Wilson
(father of Margaret)

Anne Brackley - Quote curator

www.springdale.org.au

Fire Safety Session

Wednesday
10 April
1.30pm



Reduce the Risk - Home Fire Safety session, free one-hour session which provides information about how house fires commonly start and advice on how to prevent them.

- Increase awareness of the common causes of fires in the home
- Increase understanding of the ways of preventing and dealing with fire emergencies
- Encourage people to become better prepared to deal with a house fire

Come to the SpringDale Neighbourhood Centre Hall and hear a local CFA expert present on Fire Safety

Cost: FREE Please book with SpringDale email office@springdale.org.au or phone 5253 1960

Do you have a working smoke alarm in all living and sleeping areas?



Alison Marchant
Member for Bellarine



Community Volunteers

It's been a pleasure to be able to visit many of our incredible volunteer run organisations on the Bellarine. Recently I visited the Bellarine SES, an organisation solely run by volunteers who do tremendous work to help the community in need. Our Surf Life Saving Clubs have patrolled beaches over a busy season and many of our sporting clubs rely on volunteers, mostly parents of kids playing sport. Rotary Clubs, Salvation Army, Lions Clubs, View Clubs, toy libraries, environment groups and many more organisations all have committed volunteers.

One theme that continues to be raised is the challenge to attract new volunteers to continue the incredible work within the community. If you're looking to meet new people, learn new skills or are wanting to give back to the community, please consider reaching out to a local organisation to see how you can participate! As someone that has volunteered over my life, I can honestly say you will get more back than you give.

Successful Grants

It has been an incredible start to 2024, as the Bellarine has been very successful in securing multiple grants in the first part of this year. These grants can make an incredible difference in our community, and I thank the community members who advocate and worked through the application process for

the array of grants that have been available.

Last month, I was able to visit Headstart Early Learning Centre in Ocean Grove to congratulate them on receiving a grant to support their bush kinder program. I love the bush kinder program, allowing children to learn through play in natural, outdoor setting such as bushlands, parks and beaches – all of which we have in abundance in the Bellarine. Woodlands House Childcare and Lonsdale House Childcare were also successful recipients of the grant, providing a number of opportunities for kids in the Bellarine to be able to explore their natural environment.

I have also visited two bowls clubs, with newly updated facilities. The St Leonards Bowling Club have beautifully renovated their clubrooms, with a new deck, shed and bathroom facilities. The club and community love it and I must say it's a great place for meal and Friday night raffle too!

Barwon Heads Bowling Club opened their brand-new clubrooms this month, with an incredible new social area, storage space, outdoor undercover veranda for spectators and more. This new upgrade means the club now has the space to recruit new members and expand their community.

Lastly, I want to congratulate the Bellarine Bears Baseball Club, Indented Head Yacht Club, Point Lonsdale Bowls Club, the Portarlington Demons Football and Netball

Club and the Drysdale Badminton Club who were all successful in receiving the latest round of the Sporting Club Grants Program, to go towards new uniforms or equipment to ensure the clubs can all continue to build and thrive within the community.

I am very proud to be able to deliver and support our great community here on the Bellarine, and I look forward to continuing to advocate for more grants throughout this year. For more information about upcoming grants please visit my website at www.alisonmarchantmp.com.au or contact my office.

As your local member of State Government, please contact my office on 03 5250 1987 or via email alison.marchant@parliament.vic.gov.au if you require any assistance.



CREATORS & CRAFT MARKET
BANNOCKBURN

Sunday 5th May, 2024
From: 10.00am - 2.00pm

New Venue - Lions Club Parkland
Geelong/Shelford Rd, Bannockburn

Stall holder enquiries contact Noeline on:

0427 923 934 or [f](https://www.facebook.com/ccbanno) or ccbanno@bigpond.com





Alison Marchant.

Member for Bellarine

Supporting our local community

📍 Wadawurrung Country, Shop G066, Gateway Plaza, 641-659 Bellarine Highway, Leopold VIC 3224
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🌐 www.alisonmarchantmp.com.au 📺 [Alison Marchant - Member for Bellarine](https://www.facebook.com/AlisonMarchant)

POTATO SHED

With the weather turning decidedly cooler and daylight savings ending, come spend some time with us at the Potato Shed to see some of the best live music and theatre in Australia today.

Your blood will be pumping and the floor will be shaking when **A Night With Tina** lands at the Shed.

One night only, from 8pm on Friday 5 April, join Fabio and his team of professional dancers as they play homage to the Queen of Rock n' Roll, Tina Turner.

From replicated outfits, wigs and flawlessly applied make up, Fabio channels the spirit of Tina Turner, capturing Tina's essence and captivating stage presence. Close your eyes and you will believe that Tina is onstage!

Our very own soul queen Emma Donovan, hot on the heels of supporting Texan country music superstar Charley Crockett, will bring her new show **Songs, Stories and Soul from Family and Country**, to the Shed 8pm Saturday 13 April.

Emma's concert showcases her new work, including music recorded in Gumbaynggirr and Noongar languages. She will share her stories, giving us a deeper understanding of Country and community.

Then on Tuesday 23 and Wednesday 24 April, former Bellarine Secondary College student

Stacey Carmichael has a full circle moment when she returns to the Potato Shed with **A/LONE**.

Direct from the 2023 Edinburgh Fringe Festival, Stacey has written and directed this dynamic original production, incorporating physical theatre, contemporary dance and verbatim theatre. Come and support the next generation of theatre practitioners.

Need some school holiday activity inspiration? We have you covered with **Children are Stinky**, 11am Thursday 4 April, from the Circus Trick Tease team. Expect high calibre circus, a rocking soundtrack and jokes for young and the young at heart. Suitable for ages 3-12.

April Morning Showtime takes you back to **Beyond the Shadows**, 10:30am Tuesday 9 April. Relive the songs made famous by Cliff Richard and the Shadows. And as always, morning tea included.

Tickets to all of our shows are available via our website at www.potatoshed.com.au - and while you're there, subscribe to our e-newsletter, Spud News for all the latest Potato Shed news and special offers. Want to be social? Follow us on Facebook at Instagram at [potatosheddrysdale](https://www.instagram.com/potatosheddrysdale).

We look forward to making you feel welcome at the Potato Shed, your home of all things performing arts.

POTATO SHED

WIN 1 of
4 x DOUBLE PASSES to



A/Lone

Two double passes for Tuesday 23 April & Two double passes for Wednesday 24 April, 7.30pm

To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address: _____

Phone No: _____

COMPETITION CLOSING FRIDAY 8 MARCH 4PM

WHAT'S ON

POTATO SHED

CITY OF GREATER
GEELONG

CHILDREN ARE STINKY



THURSDAY 4 APRIL
11AM

Suitable for
ages 3-12

School
Holiday
Show

Expect high calibre circus, a rocking soundtrack, and genuine belly laughs, which have propelled these stinkers to rave reviews and winners of best children's show in Adelaide, Perth and Edinburgh.

Tickets: \$14 each or
\$45 for family of 4 (under 2's free)

A NIGHT WITH TINA



FRIDAY 5 APRIL
8PM

A sensational drag tribute dedicated to the legendary Tina Turner.

Prepare to be mesmerized as Fabio channels Tina's fierce confidence and electrifying dance moves, leaving you convinced that you're witnessing the Queen of Rock 'n' Roll herself.

Cabaret Seating:
Adult \$55 Conc \$50

Theatre Seating:
Adult \$50 Conc \$48

BEYOND THE SHADOWS



TUESDAY 9 APRIL
10.30AM

Beyond The Shadows are a professional 6-piece tribute band performing the music of **Cliff Richard and The Shadows** with Danny Zambelis, Daryl Yelland, Dave Hayward, Charles Smith, Vito Montalto and Phil Kirby. All members take pride in reproduction the authentic sounds of **Cliff Richard and The Shadows**.

All Tickets: \$20
Including Morning Tea

EMMA DONOVAN



SATURDAY 13 APRIL
8PM

This concert showcases the talent and the new work of celebrated, ARIA-nominated, award-winning Indigenous singer and songwriter **Emma Donovan** and will include her trademark soul/country songs and new music recorded in Gumbaynggirr and Noongar languages.

Cabaret Seating:
Adult \$45 Conc \$40

Theatre Seating:
Adult \$40 Conc \$38 Student \$25

A/LONE



TUESDAY 23 APRIL
1PM & 7.30PM

WEDNESDAY 24 APRIL
1PM & 7.30PM

Inspired by the profound experience of disconnection shared by so many in our community, **A/LONE** delves into the depths of loneliness and uncovers the transformative power of embracing solitude. Expect a compelling exploration of the human condition, interwoven with both humour and pathos.

Theatre Seating:
Adult \$28 Conc \$26 Student \$24

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Changes are coming to the make-up of the Greater Geelong Council - and how residents will be represented.

The Victorian Government has announced changes to the electoral structure of 39 municipalities across the state.

They are scrapping our Council's four existing multi-member local wards, including the Bellarine Ward, which now represents every community on the Peninsula.

A total of 11 smaller new wards will be created - with each one to be represented by a single councillor.

Many local groups - including the Drysdale Clifton Springs Curlew Association and the

Combined Bellarine Community Association - had sought to retain the current structure.

One of the reasons for this was the proposed new boundaries divided Bellarine communities that had a shared interest.

Unfortunately, in the end, this division has split Drysdale and Clifton Springs across two separate wards.

The shared boundary takes in Portarlington Road, runs down Princess Street and Clifton Springs Road, and then travels down Bay Shore Avenue.

In making its decision, the Government-appointed panel noted the 2008 Council electoral structure review divided Drysdale

and Clifton Springs.

So, in many ways, it's back to the future for longer-term residents.

The changes will come into effect at the next Council election, which will be held in October.

If you want to find more information on the changes, I suggest visiting www.vec.vic.gov.au/electoral-boundaries/council-reviews/electoral-structure-reviews/geelong

This is a significant change to the local community, and one worth understanding before you either nominate for council or vote in the upcoming election.

History of the Council on the Bellarine - Governing the Bellarine

Bellarine was proclaimed a Shire 26 September 1865, then proclaimed a Rural City on 12 December 1989 and we had 9 Councillors equally split between 3 Wards and a population of approximately 44,000 people.

Only a few years later in 1993 we were merged into the City of Greater Geelong with 5 other Councils during the great Council amalgamation - City of Greater Geelong was one of the first to be formed.

The Council had administrators until 1995 when a new Ward structure was trialled of 12 Wards and 12 Councillors. In 1998 a structure of 9 Councillors with 5 being District Councillors and 4 Ward Councillors.

After a review in 2001 City of Greater Geelong went back to 12 Wards and 12 Councillors, the structure was the same in 2004 election during this period St Leonards was split in half and was served by 2 Council Wards and 2 Councillors.

After another review in 2008 we kept 12 Wards and 12 Councillors but this time Drysdale / Clifton Springs were separated into two Wards.

2012 saw 12 Wards, 12 Councillors and a popularly elected Mayor. But in December 2015 Administrators were put in place and this continued until after another review and in 2017 4 Wards were established with 11 Councillors 3 in 3 Wards and 2 in 1 Ward.

After a review in 2023, we are back to almost the future with 11 Wards and 11 Councillors and Drysdale / Clifton Springs split down the middle again. I am seeking documentation from the Victorian Electoral Commission to see if the Ward Boundaries are the same as in 2008 but it was forthcoming for this article.

The structure moving forward was not one of the options presented prior to a decision being made and I remember what it was like in 2008. I am so sorry I didn't fight harder for our community.

Anne Brackley OAM concerned citizen.

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- Veterans' Affairs

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Caring and Sharing

Have we lost the art of Caring and Sharing? I've been thinking a lot about this lately. Anne wrote about Kindness in her article last month, and it's something that is a part of the culture of SpringDale. Is it part of the culture of our society? Are we a Caring and Sharing community?

Many of us would say, Yes. Others perhaps don't really think along these lines. Admittedly times are pretty tough, and a lot of people are flat out trying to make headway amongst all the pressures of life, so there's not much time left for thinking about how they could make life better for others by Caring and Sharing.

We were made to live in community, and I believe we were made to look out for others and help those who aren't able to help themselves.

There is a quote attributed to Mahatma Gandhi that I was reminded of recently, "The true measure of any society can be found in how it treats its most vulnerable members." Times of crisis make clearer who the most vulnerable members of society are.

We all have something we can contribute.

We all have the ability to be kind and to develop a culture of Caring and Sharing. It's a bit like a muscle that we just haven't used for awhile. We need to use it, or we'll lose it. The more we use it the stronger it gets. A Culture of Caring and Sharing is definitely achievable, we just need lots of practice.

Dianne Bennett

Women Living Well on The Bellarine meets the last Friday afternoon of each month. For more details please feel free to contact me, 0411 146 604, or diannebennett4@hotmail.com



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Hello Anne,

Just a quick message to say how lovely it was to see the front page of the March edition, as that photo of the gum boot throw was my grandson Xav, then 4 now 14 and still throwing things and doing very well at Regional and State Little Athletics, long jump, high jump and javelin.

Cheers **Susan Meyer** - proud Nana

JIGSAW TRIVIA

Jigsaw Trivia continued...

The record for the fastest jigsaw puzzle solver belongs to a 15-year old.

Deepika Ravichandran from East Hampton, University High School holds the Guinness World Record for the fastest puzzle solver in completing a 250-piece jigsaw puzzle.

Assembling 18 pieces per minute, she successfully completed the oval puzzle in just 13 minutes and 7 seconds, even without a guide picture of the puzzle

Want to grab a 250 piece jigsaw and see how you compare...? Well, at the SpringDale Jigsaw Library there are thousands of jigsaws available to borrow, all shapes, sizes and themes.

The Jigsaw Library, located in a room off the SpringDale Neighbourhood Centre Hall, is open on the first Thursday of each month, 10.00 am to 12 noon. Everyone is welcome, jigsaws may be borrowed for 40 Cents each, or just drop in for a look and a chat.

Overheard at the Jigsaw Library last month "Someone hit me over the head with a jigsaw the other day. I'm still piecing the evidence together" (boom boom)

Neville, Jean, Chris, Terrie and Kathrine

Uniting Church Morning Tea

Our social lives are often neglected with priority given to work and parenting. It is well documented that loneliness is at unprecedented levels in our communities. Rev. Karen at Drysdale Uniting Church is opening the kitchen and hall for a drop-in cuppa with the Minister. This will be once a month on the first Friday of the month, 10.30am -12pm, the next one Friday April 5th. We humans need to be in connection with other humans, so here is an easy and cost-free way to meet people and hang out together. Please come and introduce yourself to Karen, entry off the Palmerston Street car park, next to the op-shop.

Bless **Karen**

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Making my Home more Sustainable - Part 10 on my Electric Car

In my endeavour to reduce future costs (and invest my inheritance) I have not only replaced all the gas appliances in the house with much more efficient electric ones as previously explained but in late November bought a new electric car.

I checked out many options before choosing a BYD Dolphin which seems to fit my needs.

There are quite a few alternatives now available and will be several more later in the year. There are also many good second-hand models available (eg. www.goodcar.co) and other reasonably priced new models (BYD Atto - larger, BYD Seal - super fast, MG 4 & ZS models - all around the \$40k- \$57k area) and many many more expensive and up-market models. (See current options <https://aeva.asn.au/files/1900/>). My Dolphin is a 5 seater, 4 door, small sedan with a 60kWh battery with a nominal range of 490km with an on-road cost of \$47k.

I spent the first 12 weeks mostly driving around the Peninsula with a few trips to Kennett River, Brisbane Ranges and Melbourne. In this time, I drove over 3500km and predominantly recharged at home through a recharger and occasionally with a free recharge in Drysdale. I found I could charge during the day when I was at home and use my own solar. This is the cheapest way as the cost is 1cent/km in foregone feed-in tariff on sunny days. I also used overnight and off-peak power which costs about 3c/km. There are also some cheap overnight EV power options available from 8c/kWh (1cent/km). It is pleasant passing petrol stations and not paying my \$40+ / week (vs about \$5 of electricity). I found the range varied between 410 to 490km depending mostly on the speed. The energy recovery system whilst slowing down / going downhill has proved to be significant and the Drysdale to Kennett River runs were very energy efficient but Melbourne less so.

I had no range anxiety.

Recently I went on a 14 day road trip to north of Sydney and covered 2520 km. Much of the trip was done at high speed, ie 110km/h and this reduced the range to 345km but was offset by some slower roads to give an overall range of 387km.

There seems to be a significant difference once the speed exceeds 95kmh. Whilst climbing up mountains (eg. going via Thredbo back to Victoria) it was very energy hungry going up to Dead Horse Gap but then it used almost no power back down towards Toowong with the battery range increasing for a while and so the overall rate was very good.

My basic science would suggest that rolling friction increases with the square of the speed and the air resistance by the cube of the speed, so speed really costs for all vehicles.

Recharging in Victoria was fairly straightforward with two major suppliers (Evie and Chargefox) and the Plugshare App showing most locations with their availability, speed, nearby points of interest.

However there needs to be many more stations in rural locations and they do help the local communities as EVs stop for meals, coffees, shop etc.

It was my first time driving an EV in NSW and I found it more difficult with multiple recharging suppliers, little apparent overall coordination and also few in rural areas. I didn't run out but had to load up several Apps and phone their help lines. I compare this to the Toll roads (which there are many around Sydney) where my Victorian "recorder" automatically picked up and transferred the charges. There were lots of chargers around Sydney and up the Hume and on other major highways.

The cost of recharging varied (roughly the faster the speed the more expensive it is) and I spent \$170 on electricity (vs \$330 in my previous efficient petrol car). I also did some partial overnight charging at friends and family directly from a standard socket which topped up the battery. Overall, it is easy operating in one's local area and doing say 200km / day and recharging overnight (or preferably during the day on your own solar). For long distance trips one needs to plan but generally I found it reasonable as a stop for 20 to 50 minutes every 2 to 4 hours fitted well with coffee, meal, exercise, and toilet breaks. I found it annoying that many chargers were uncovered (both for rain and sun) and some had new concrete / white stone pads which reflected the light and heat which made reading a small Mobile phone screen troublesome whilst "slowly melting" and is just poor ergonomic design.

I expect that more recharging stations will open shortly and hopefully that they will be more coordinated and easier to operate (similar to the way Toll roads have developed) and be more user friendly.

Rob Gardner



MEETING MONTHLY



Business on the Bellarine

NEW MEMBERS & VISITORS WELCOMED

BOB's monthly networking events offer business professionals valuable opportunities to foster connections, mutually support one another, and contribute to the growth of both the local economy and community.

We meet on the 2nd Tuesday each month @ 7.45am. Contact Jo Aspland on 0438 055 679 for more details.

Follow us on  @BusinessOnBellarine

www.business.onthebellarine.com.au

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Australian Democracy

Last month we published information about becoming an Australian Citizen and this month we go one step further and look at what it means to be an Australian Citizen.

Our democratic beliefs

Parliamentary democracy, Rule of law, Living peacefully and Respect for all individuals regardless of background

Our freedoms

Freedom of speech, Freedom of association, Freedom of religion. The government and the law treat all citizens equally, whatever their religion or beliefs.

Our equalities

Gender equality, Equality of opportunity and a 'fair go'

Our values

Australian values based on freedom, respect, fairness and equality of opportunity are central to our community remaining a secure, prosperous and peaceful place to live.

Our community

Making a contribution

Citizenship gives you the opportunity to fully participate in our nation's life and community. Australians expect everyone living in Australia to participate in our society and make a contribution to our community. Everyone has a responsibility to try and support themselves and their families when they are able to do so.

Compassion for those in need

Australians value 'mateship'. We help each other in times of need.

In this spirit of mateship, Australia has a strong tradition of community service and volunteering – to look out for each other and strengthen the community. Volunteering is a great opportunity to share knowledge, learn new skills, and increase your integration into and sense of belonging to the Australian community.

Helping to keep our society safe

In Australia, we each have responsibilities to help protect Australian society.

English as the national language

Australian society values the English language as the national language of Australia, and as an important unifying element of society.

Loyalty to Australia

Australian society is based on our shared obligations not to undermine Australia's interests and security. For example, using social media to share official government secrets would be undermining Australia's interests. Similarly, promoting distrust in and fear of an ethnic community would damage Australian community relations.

Enrolling to vote

Voting is compulsory in federal and state or territory elections for all eligible Australian citizens aged 18 years or over.

Reference: Australian Government Department of Home Affairs Immigration and Citizenship Become a citizen (homeaffairs.gov.au)

BELLARINE WANDERERS

We've welcomed several new members this month and done a variety of walks - Point Impossible, Lake Victoria, Black Rock and also two conducted walks:

Firstly, around Edwards Point with the Corangamite Management Authority with very knowledgeable guides and lots of good food and secondly with The Friends of the Botanical Gardens who were also very knowledgeable and shared lots of good food.

Our walks generally start at 9.30 every Thursday from a different spot and go for about 70 to 90 minutes followed by coffee.

The Longer Walking Group has also done some longer ventures (2.5 - 3 hours) on some Tuesday mornings.

Please contact SpringDale if you would like more details.

Rob Gardner



**DRYSDALE
COMMUNITY
CHURCH**

Find us on 

Sundays at 10am
We invite you to join us for contemporary worship & relevant teaching. Children's program runs throughout school terms.
276-290 Jetty Road, Curlewis
ph: 5253 2241 e: office@dcchurch.org.au
w: dcchurch.org.au

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All are OHS issues. All are unacceptable.**

 **WorkSafe Gendered Violence**



Reducing workplace harm.





COURSES

@SpringDale

We are an Autism Friendly Organisation

Improve your skills - Expand your mind
SpringDale is offering a number of new classes
this term. The new classes have **Red Headings**.

More information and bookings can be made via our
website <https://home.springdale.org.au/learning-master-guide/>
or email office@springdale.org.au or phone 5253 1960.

Term 2
April-June
2024



All classes held at SpringDale Neighbourhood Centre 17-21 High Street, Drysdale, unless otherwise stated.

Being Creative

Gelli Printing

Instructor: Libby Hildebrandt
Dates/times: Thurs 2 May - 20 Jun 10am-12noon
Fee: \$100 or **Conc** \$80 8 weeks

All Abilities Art

Instructor: Celia Adams
Dates/times: Fri 19 Apr to 28 Jun 10am-12noon
11 weeks Bookings essential
Fee: \$330 or **Conc** \$250

Art Fundamentals - Discover the Artist Within

Instructor: Annette Playsted
Dates/times: Tues 30 Apr - 18 Jun 1-3pm
Fee: \$160 or **Conc** \$85 (8 sessions)

Art Media Intermediate

Instructor: Annette Playsted
Dates/times: Mon 29 Apr - 24 Jun 1-3.30pm
Fee: \$160 or **Conc** \$85 (8 sessions)

Advanced Art Workshop - Develop the Artist Within

Instructor: Annette Playsted
Dates/times: Monday or Tuesday 10am-12.30pm
Apr 29 - June 24 or April 30 - June 18
Fee: \$160 or **Conc** \$85 (8 sessions)

Friday Workshop - A Taste of Sculpture

Instructors: Annette Playsted, Gillian Turner
Dates/times: Fri 24 & 31 Jun 1.30-4pm
Fee: \$60 **Conc** \$50

Cards with Lizzy

Instructor: Lizzy Free
Dates/times: Wed 1 May - 26 Jun 1.30-3.30pm
Fee: \$5 per session (9 Weeks)

Textiles

Teenage Sewing Classes

Instructor: Denise Kent
Dates/times: Sat 13 Apr, 27 Apr, 11 May, 25 May,
8 Jun, 22 Jun 10am-12noon
Fee: \$20 per session

Things I wish my Grandmother taught me

Instructor: Denise Kent
Dates/times: Thurs 2 May 10-11.30am
Fee: \$10 or **Conc** Free Booking essential

The Language of Sewing Patterns

Instructor: Denise Kent
Dates/times: Thurs 16 May 10-11.30am
Fee: \$10 or **Conc** Free Booking essential

Sustainable Wardrobe Workshop

Instructor: Denise Kent
Dates/times: Thurs 30 May 10am-12noon
Fee: \$10 or **Conc** Free Booking essential

Stitch, don't ditch

Instructor: Claire Duffy
Dates/times: to be advised
Fee: \$60 or **Conc** \$30

Music

Beginners Harmonica

Instructor: Jack Meredith
Dates/times: Thurs 2 May - 20 Jun 10.30-11.30am
Fee: \$90 or **Conc** \$80

Have you always wanted to play the harp?

Instructor: Christine Middleton
Dates/times: Mon 29 April - 20 May 1-2pm 4 weeks
Fee: \$100 or **Conc** \$80

Beginners Ukulele

Instructor: Jan Paradise
Dates/times: Tues 23 July 1-2pm
Fee: \$90 or **Conc** \$80

Five-String Banjo - Level 1

Instructor: Steve Williams
Dates/times: Tues 9 Apr - 28 May 9.45-10.45am
Fee: \$200 or **Conc** \$150 (8 weeks)

Five-String Banjo - Level 2

Instructor: Steve Williams
Dates/times: Tues 9 Apr - 28 May 10.45-11.45am
Fee: \$200 or **Conc** \$150 (8 weeks)

Five-String Banjo - Level 3

Instructor: Steve Williams
Dates/times: Tues 9 Apr - 28 May 11.45am-12.45pm
Fee: \$200 or **Conc** \$150 (8 weeks)

Acoustic Jam Session

Instructor: Steve Williams and Susan Norris.
Times: 3rd Wednesday each month 7:30pm at Springdale Hall. **Fee:** \$5 and feel free to bring your own refreshments

Languages

French With Serge

Instructor: Serge Botans
Dates/times: Tues 23 Apr - 25 Jun 11.30am-
12.45pm (10 weeks)
Fee: \$150 or **Conc** \$135

Latin

Instructor: Neil Bell
Dates/times: Saturday mornings by arrangement
Fee: \$35 per term

Wellbeing

SitFit brain and body exercise class

Instructor: Virginia Cooke
Dates/times: Mon 22 Apr - 24 Jun 11am -11.50am
Fee: \$90 or **single** \$15

Pole Walking - Getting started

Instructor: Anne Brackley
Dates/times: Wed 24 Apr 9-10am
Fee: Free session

Women Living Well

For more information contact Dianne Bennett
diannebennett4@hotmail.com or ph: 0422 146 604

Tai Chi for Health - Beginners

Instructor: Emilia Kurek
Dates/times: Tues 23 Apr - 25 Jun 10-11am
Fee: \$3 per session

Tai Chi for Health - continuing

Instructor: Emilia Kurek
Dates/times: Tues 23 Apr - 25 Jun 11am-12pm
Fee: \$3 per session

Yoga

Instructor: Marta Cwiek **Venue:** SpringDale
Materials: Bring your own mat & blanket if required.
Dates/times: Mon 22 Apr - 24 Jun (9 weeks)
9-10.30am
Fee: \$165 or **Conc** \$150
\$25 per session if paying for single sessions

Autism Plus

Talking about Autism

Instructor: Anne Brackley
Dates/times: Fri 19 Apr, 10 May & 21 Jun
1:30-3pm **Fee:** Free Bookings essential

All Abilities Art

Instructor: Celia Adams
Dates/times: Fri 19 Apr to 28 Jun 10am-12noon
11 weeks Bookings essential
Fee: \$330 or **Conc** \$250

Inclusive Games Nights

Fri 19 Apr, 10 May, 21 June 5pm-9pm **Fee:** \$10
BYO snacks and drinks

Digital Technology

Introduction to Computers

Instructor: Brenda Richardson
Skill Level: Beginner
Dates/times: Thur 2 May - 20 Jun 2-4.30pm
Fee: \$165 or **Conc** \$85

Computers - Beyond the Basics

Skill Level: Intermediate
Dates/times: By appointment
Fee: \$165 or **Conc** \$85

Smart phones, iPhones, tablets, iPads

Instructor: Brenda Richardson, literacy
Skill Level: Beginner
Dates/times: Tues 7 May - 25 Jun 1-3.30pm
Fee: \$165 or **Conc** \$85

Buying and Selling on eBay

Instructor: Ken Brackley.
Dates/times: Tues 4 Jun & 25 Jun 4.15-6.15pm
Fee: \$55 or **Conc** \$25

Digital Photography - Sculpting with Light

Instructor: George Stawicki
Dates/times: Tues 7 May - 28 May 7-9pm
Fee: \$115 or **Conc** \$105

Manipulate images using PhotoShop Elements™

Instructor: George Stawicki
Dates/times: Tues 4 Jun - 25 Jun 7-9pm
Fee: \$115 or **Conc** \$105

Hospitality

Korean Cookery - Kimchi

Instructor: Jasmine Hong
Dates/times: Sat 27 Apr 10am-1pm
Fee: \$60 or **Conc** \$30

Korean Cookery - Bibimbap & Veggie pancake

Instructor: Jasmine Hong
Dates/times: Sat 15 Jun 10am-1pm
Fee: \$60 or **Conc** \$30

Confidence Through Cookery

Instructor: Marie McLeod
Dates/times: Tues 30 Apr - 28 May 10am-1pm
Fee: \$120 or **Conc** \$60 5 weeks

Espresso Coffee Making

Instructor: Sam Chait
Dates/times: Thurs 9 May or 13 Jun 10am-12pm
Fee: \$20 or **Conc** \$10

Grain Free Cookery - Chicken Mango Salad, Vanilla Panna Cotta

Instructor: Christine Ciancio
Dates/times: TBA
Fee: \$60 or **Conc** \$30 for each session

Grain Free Cookery - Summer Beef Salad & Blueberry Slice

Instructor: Christine Ciancio
Dates/times: TBA
Fee: \$60 or **Conc** \$30 for each session

Gaining Skills

Making my Home more Sustainable

Instructor: Robin Gardner
Dates/times: Monthly TBA
Fee: free

Setting up a Bokashi bucket & garden bed

Instructor: Anne Brackley
Dates/times: Fri 3 May 10am-12noon
Fee: \$5 or Free for SpringDale Members

Create an Action Plan for Your Life

Instructor: Meredith Telfer
Dates/times: Sat 18 May or 15 Jun 10-12noon
Fee: \$40 or **Conc** \$20

Finding your Ikigai

Instructor: Kathy Henschke
Dates/times: Mon 29 Apr or Thur 2 May
 10am-12.30pm
Fee: \$20 or **Conc** \$10

New - Living your Ikigai

Instructor: Kathy Henschke
Dates/times: Mon 6 - 27 May or Thur 9 - 30 May
 10am-12.30pm
Fee: \$20 or **Conc** \$10

Focusing on the Future

Instructor: Anne Brackley
Dates/times: Mon 15 April 9-10am plus 7 other
 sessions
Fee: \$50 or **Conc** Free

Joy of Volunteering

Instructor: Anne Brackley
Dates/times: Wed 8 May 2-4pm
Fee: Free

Introduction to Event Management

Instructor: Anne Brackley
Dates/times: Sat 30 Apr 10am-12 noon
Fee: \$20 or Free for SpringDale Members

Returning to Learning

Instructor: Anne Brackley
Dates/times: Mon 15, Tues 16, Wed 17 April
 - Wed 26 Jun 10am-12noon
Fee: \$25 or **Conc** Free

Returning to Earning

Instructor: Anne Brackley
Dates/times: Wed 12 & 19 Jun 2-4pm
Fee: \$40 or **Conc** Free

Help SpringDale help yourself

Instructor: Anne Brackley
Dates/times: By arrangement **Fee:** Free

Ken & the Art of Bicycle Maintenance

Instructor: Ken Brackley
Dates/times: Sat 27 Apr 9.30-11am **Fee:** \$10

Getting Started Cycling Again

Instructor: Ken Brackley
Dates/times: Sat 4 May 9.30-11am **Fee:** \$10

Accredited Courses

Provide CPR Code: HLTAID009

Pre-course work is required and you will be contacted before the course with the details.

Instructor: Stayin' Alive First Aid
Dates/times: Sat 25 May 9-10am
Fee: \$65

Provide First Aid HLTAID011 (Includes CPR)

Pre-course work is required and you will be contacted before the course with the details.

Instructor: Stayin' Alive First Aid
Dates/times: Sat 25 May 9am-12noon
Fee: \$130

Provide an emergency first aid response in an education and care setting Code HLTAID012

Pre-course work is required and you will be contacted before the course with the details. The unit of competency applies to educators and support staff working within an education and care setting and will contribute towards approved first aid, asthma and anaphylaxis training under the Education and Care Services National Law, and the Education and Care Services National Regulation (2011).

Instructor: Stayin' Alive First Aid
Dates/times: Sat 25 May 10am-12noon
Fee: \$160



Raelene Newton - Stayin' Alive First Aid
 stayinalivefirstaid@gmail.com 0413513046
 (Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909)

SpringDale Groups

To attend SpringDale Groups you must be a member of SpringDale - Annual Membership \$12 - each group charges a small fee ranging from \$2 to \$12 per session.

Bellarine Big Band

Bellarine Community Singers

Bellarine Family History Group

Bellarine Wanderers

Business on Bellarine

Card Games

Country Dancing

Cryptic Crosswords Group

Dining Club

Felt & Textile Artists

Footpath Advocacy Group

Friendly Cuppa and Chat Group

Fun Volleyball

Inclusive Games Nights

Genealogy

New - German Speaking Group

Girls' Shed / Craft Group

Harmony Group

Harvest Basket Produce Swap & Edible Gardening Group

Jigsaw Club

Kinship Carers

Lunch Bunch

Mahjong Club

Men's Kitchen - Tuesday Mornings

Men's Kitchen - Wed & Fri Morning

Numbers Group

Pole Walking Group

Sci Fi Group

Scrabble Club

Scrapbooking & Card Making Group

SpringDale Artists

SpringDale Life Drawing Group

SpringDale Reads

SpringDale Writers

Sprukers - SpringDale Ukulele Playing Group

Talking about Autism

Toy Library - Drysdale

Toy Library - Portarlington

New - Walks for Carers

Wheelie Riders

Warhammer Group

Non SpringDale Activities

Bellarine Camera Club

We are a friendly group of amateur photographers, enjoying the challenge of improving our photography by actively taking photos, learning by entering competitions and talking to other members and judges about our photography. We meet at SpringDale, at 7:30pm on the first and third Monday of the month.

For further details call in to a meeting, or go to our website www.bellarinecameraclub.org.au
 President: Debbie Hallows ph: 0400 562 571

Drysdale Guides

Enabling girls and young women to grow into confident, self respecting, responsible community members. We meet on Thursday evenings at SpringDale Neighbourhood Centre from 7-8.30pm. Contact Anne Brackley for details 0407 529 205.

Festival of Glass

The Festival of Glass Inc has an all year-round Workshop Programme, including Mosaics and Beadweaving. Check our website for more details on these workshops held at the Drysdale Community Hub, Eversley Street Drysdale. More workshops advertised on our website www.festivalofglass.net.au

Life Drawing

The untutored life drawing group meets at St James Hall Drysdale each Monday from 1.15-3.45pm during term time. Cost is \$20 per session and new members are most welcome. Inquiries to George-Ann - 0438 028 250

Pilates

Open to all ages. Improve your fitness, core strength, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention & direction.

Instructor: Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale

Dates/times - Tues 16 Apr - 25 Jun 8

Ball class starts 8.45am, Beginner floor class starts 10.30am Intermediate floor class starts 11.40am

Fee: \$135 (8 weeks due to a 3 week break)



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Online: <https://home.springdale.org.au/learning-master-guide/>

Email: office@springdale.org.au

- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip. If there are not enough enrolments to successfully run a course, it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified, and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

PRIVACY

The SpringDale Neighbourhood Centre respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Please sign up for course updates via webmail, texting or a phone call.

SpringDale Neighbourhood Centre Inc. acknowledges the support of:



THE I GET IT, I THINK BIT



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Get curious at cultural institutions like Bendigo Art Gallery.

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VICTORIA EVERY BIT DIFFERENT

Practicing (self) Belief

Without a doubt, the greatest gift you can give to yourself is Self-Belief. A loving filter in your mind, to know unquestionably that you are exactly where you need to be. Exactly enough. More often, after many years of doubt, criticism, expectation, and social pressures, we lose practice in self-belief, and gain habits in self-doubt and uncertainty.

The only way to change is to invite some self-confidence boosters into your daily routine and build yourself back up.

1. Positive affirmations

I know they can feel a little cliché and overused – however positive words in strategic places can help to tune your inner voice and change beliefs. Put them on the mirror, the dashboard, your screen saver, or on the fridge.

Some examples:

- I am independent and self-sufficient.
- I can be whatever I want to be.
- I am getting better and better every day.
- All I need is within me right now.

2. Body Language

Notice when you can shift your body into a positive and powerful state. Think tall, open, strong, radiant. It's not "fake it 'til you make it," but "project it the way you want it."

Stand taller, walk with power, confidence, swagger, arrive with your body as though everyone has been waiting for you, smile as though you have already succeeded and learn to give yourself a wink in the mirror when you walk past 😊.

3. Gratitude practice

This can be informal, a thought to yourself as you sit down at dinner or brush your teeth, or a more formal daily journal routine. Gratitude will centre your mind in the joys that smile on you and remind you of the positivity you attract.

4. Supportive self-talk

It can take time to shift the tone and language you use in your internal dialogue but at around 60,000 thoughts per day, this stream is a valuable resource. Choose some moments in the day to overtly comb your internal thoughts.

- in the car on the way to work choose to think about all the successes you could expect to have,

- when you are getting ready in the morning give yourself a compliment or two about all that your body does for you,
- at the end of a busy period, unwind and tell yourself how well you navigated a challenging time.

5. Enjoying criticism

Offer yourself a different way to receive criticism. An immediate response can be to feel defensive, or deflated, but could you enjoy criticism instead? Criticism may offer you an opportunity to up your game and find ways for personal or professional growth. Criticism may also give you insight into the struggles of the person handing it out. Remember they are criticising you against the benchmarks they have been given in their lives. You are not obliged to agree or align with expectations that are not for you, and it can be empowering to identify them.

6. Positive Visualisation

Close your eyes and visualise. Picture yourself succeeding in various aspects of life; in work or personal endeavours. Imagine feeling a sense of belonging to your own strengths, ownership of your next step forward and a wonderful confidence that ensures you feel valuable regardless of situation or outcome.

Reflective practices such as journaling, counselling, and hypnotherapy can also be a great support to change subconscious patterns and build new positive thought behaviour.

We can be incredibly good at supporting and encouraging the people we love to believe in themselves – it's time to practice this for you.

Kim High - Clinical Hypnotherapist
BSc DipEd MEnv DipClinHyp
Family Hypnotherapy



INCLUSIVE Games Nights

Wondering if you know anyone who might like to enjoy games together on a Friday night once a month
19 April, 10 May, & 21 June
5pm - 9pm \$10 and bring snacks and drinks.



WEARABLE ART EXHIBITION

Presented by **Julie Drobek**
Felt & Textile Artist

6 APRIL
UNTIL
26 MAY
2024

 eaglesnest
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Bringing the light, love & hope of Jesus to our local & greater community.

You are welcome to join us -

- Sunday Family Service 10am
- Children's Ministry
- Play Group
- Youth Group
- Home Groups

45 Central Rd, Clifton Springs
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centralbaptist.com.au
(03) 5253 1833 / 0478616719

The first competition for the year was the February Open subject judged by Chris Reichl who gave an interesting critique of all entries. There were 20 print entries and more than 60 Electronic Digital Images so it was a big effort by the judge to spend time on each image. The club is very grateful for the time and excellent commentary on members' works provided by Chris.

Prints:

A Grade: 1st "Life in my Garden" by Jim Den Ouden, 2nd "Auschwitz Camp" by Neil Smith, 3rd "Misty Morning" by Kevin Robley, Merit: "Locust on Glass" by Jon Furey.

B Grade: 1st "Niece's Adventure" by Lynn Cornell, 2nd "Ebbing Tide" by Lynn Cornell, 3rd "Beauchamp Falls" by Lynn Cornell.

Electronic Digital Images:

A Grade: 1st (and Image of the Competition) "Just Happy" by Jim Den Ouden, 2nd "Starting with a Bang" by Helen Broeks, 3rd "Missed It" by Kevin Robley, Merit "Torquay Sunrise" by Lynne Pearce.

B Grade: 1st "Groundhog Day" by Geoff Gaskill, 2nd "The illusion of freedom" by Geoff Gaskill, 3rd "Freak Out" by Maria Hardie.

Bellarine Camera Club meets at SpringDale Neighbourhood Centre at 7.30 pm on the 1st and 3rd Monday of each month. For further details see www.bellarinecameraclub.org.au New members and visitors are very welcome.

Robyn Curtis - Vice President
Bellarine Camera Club



1st and Image of the Competition
"Just Happy" by Jim Den Ouden



The Wish Group 

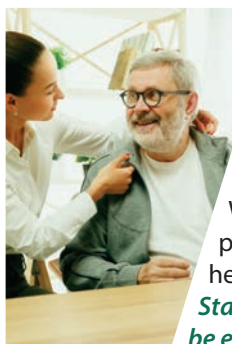
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Providing health care for over 30 years. Our wish is for everyone to have the choice to stay in their own homes. We know how to navigate the aged care system to get you the best outcomes.

Working with approved Aged Care providers we can help you get the help you need, big or small.

Staying in your own home should be everyone's choice ...

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FREE Consultation

1hr meeting to provide information on:

- How to access home care services.
- What options are available to you
- Assist with initial phone calls

Aged Care Coordination

Assist with the set up, transfer and management of your Home Care Package

- Find service providers
- Monitor services
- Request upgrades

The Wish Group

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It has been a very busy month this month. So many new kinship families joined our group. Which is sad in one way, but I am so glad each family have found us. We as a group encourage all our new families to talk when they are ready to tell their story.

Some stories we as a group have heard recently, break our hearts. The children are the ones that suffer the most. No child should have to endure what these children and young people have to go through.

The main cause of why a kinship placement starts is due to the illicit use of drugs by the children's biological parents or can be that the children have been sexually abused, neglected. Most of the children are suffering from malnutrition, which in this day and age is outrageous.

But we as kinship carers never give up on the children in our care we support them, we love them unconditionally and we are there for them. If you are a kinship carer, sitting at home thinking that you are all alone come join our group.

We meet on the first Monday of each month (not during school holidays) at SpringDale Neighbourhood Centre 10am to 12noon. Please come join us.

Stay safe everyone.

Jeanette Hanley Heath - 0414 307 257

Butterfly (and Moth) Corner

Over the last month I have seen 4 butterflies and 1 caterpillar. Two butterflies were dancing together near a hedge I think they were Common Browns. One was perched on a brick of the house on a very hot day – I think it was a Red-Spotted Jezebel and the caterpillar on the nature strip was an Emperor Gum Moth Caterpillar. I just remembered we did have one moth inside the house too.

Please let me know if you see any butterflies and let's do some citizen science by recording them.

Anne Brackley
Butterfly enthusiast.



Scottish Country Dancing

Calling for people who would like to dance in a group to music - Friday mornings 11am-12noon and maybe stay for a cuppa and chat.



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Festival
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a weekend of diversity and inclusion under one roof

Now in its 11th year, the 2024 Sacrededge festival will host over 30 artists sharing their poetry, music, art and stories - all of which will focus on indigenous, refugee, LGBTQIA+, wellbeing or environmental issues.

Here's a taste of the program that will encourage people to listen and connect rather than simply be entertained:

First Nations music and dance

Kutcha Edwards has long been a voice for social change, a champion for Indigenous rights, and a storyteller through music, capturing the hearts and minds of audiences.

Singer/songwriter **Amos Roach's** music presents a narrative of healing, told with song and dance, with a voice that travels between the Desert, the Riverland and the Saltwater.

Three-piece all-women band **Kardajala Kirridarra from the Northern Territory** will blend culture and language with contemporary music.

LGBTQIA+ supporters

Fleassy Malay will encourage us to reclaim voice, courage and power through poetry. Benjamin Trillado's recent single 'Worth' has been hailed as an empowering search for self-love and acceptance as a queer person.

We warmly welcome back magician and actor **Em Chandler**, who will delight children and young people.

Refugee stories - We look forward to the return of **Awale Ahmed**, multilingual writer and storyteller from Somalia who advocates for social justice and refugee rights. A delicious meal will be offered on the Saturday night by local **Tamil refugees**.

Care for the planet and wellbeing

Author of 'My Year without Matches', **Claire Dunn** will share her passion for re-wilding our urban environments.

From our local Deakin University's Blue Carbon Lab, **Dr Jacqui Pocklington** will lead us through the research solutions that will help mitigate climate change



Art on show

An exhibition of **Indigenous art** will fill the chapel space, while a visual art exhibition will launch on the Saturday, and a beautiful **Ocean Labyrinth** will be installed in nearby Citizen Park.

Supported by the Borough of Queenscliffe and Queenscliff Music Festival, Sacrededge will be held at the Queenscliff Uniting Church, Cnr Hesse & Stokes Streets Fri May 3 - Sun May 5.

For more info about the program, art exhibition and festival tickets go to <https://unitingqueenscliff.org.au>



Red Alert! Red Alert

Science Fiction Action!

Star Wars!

Space flights!

Jetpack patrols!

Launch your own rocket!

And something entirely new! (but more about that later...)

Yes, it's all happening here at SpringDale Sci Fi group as we start "biting in" to 2024.

First up on February 24 was the "Packo Festival" in Geelong. Spotted this one in a local newspaper and thought "Why not?" and "went for it!"

Arrived in Geelong about noon and "landed" what I reckon was the last vacant parking spot that day! Patrolled Pakington street wearing the jetpack all afternoon and had some fascinating conversations with everyone from kids to grandparents about sci fi in general and "Lost in Space" in particular. Quite a few "oldies" remembered the show and the younger ones who couldn't were definitely "A-OK." with the concept of Jetpack commuter travel. Clear for take off!

Look up! Look Down! Look out! The Supernova Convention again explodes into Melbourne on April 6. We have built a small collapsible mobile spacecraft flight deck we can roll into the venue, assemble in any odd corner and conduct space missions with all and sundry! Lift off! Power on!

Meanwhile...

Hey there all you "Star Wars" fans! This year the magic date of May 4 falls on a Saturday. Bring the family into SpringDale on that day and we'll fly the 'X Wing' to the Death Star!

May the Force... (you know!)

John

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Can you believe we are into Autumn already, it only seemed like yesterday we were celebrating the beginning of summer. We have been very lucky down here on the Bellarine, we have had a very mild summer temperature wise, but unfortunately

we have had a very dry few months and our gardens are starting to show signs of stress. There is nothing like nice gentle rain to revitalise the garden. Even though the temperatures at night are getting lower and there is moisture in the air, our gardens still need water, so make sure you keep an eye on the moisture level of your gardens, especially in the areas that have sandy soil, like we do.

Simone McKenzie was our guest speaker for our March meeting. We thank Simone for coming to our meeting and giving us another informative presentation on her garden adventure. Last time Simone spoke about her winter garden, this time she spoke about her summer garden and showed us the types of flowers she grows for her summer bouquets.

Simone loves bright flowers so she grows a lot of interesting and beautiful dahlias & zinnias in her sustainable garden, along with sedums, scabiosa, Queen Anne's lace, chocolate lace, swan plants with their lovely green flowers that look like swans, to add colour and shape to her bouquets.

Our March outing was to be a road trip to the Dahlia Farm at Gellibrand, but due to local weather conditions, the dahlias were not in sufficient numbers

for us to visit. We will revisit this outing next year. We are very lucky to have the beautiful Botanic Gardens in Geelong, so a group of members enjoyed a personal tour of the gardens with lunch on the lawns.

A return visit to Blackwood Ridge gardens is our April outing. We all thought this was a stunning garden when we visited in November last year and are all looking forward to seeing it in another season (photographs and musings of our visit will be in the May Messenger).

Our guest speaker for our April meeting is Beth Ross, Bellarine Landcare Group. If you are interested in hearing Beth speak about Bellarine Landcare group, you are most welcome to come along to our meeting as a visitor. If you would like to keep up to date on upcoming speakers and outings, please do not hesitate to contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com.



Tansy



Roses

Photo: Bella Flora Farm

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SpringDale Trivia

by Drysdale Girl Guides

1. What is the alternative phone number for Emergency Services in Australia, other than 000, which is suggested to use when calling off a mobile phone?
2. The Samurai were warriors in which country?
3. What are baby rabbits called?
4. Where in the world is the ocean the deepest?
5. What element has the symbol Pt on the Periodic table?
6. With the sole exception of 2, all Prime numbers are odd, true or false?
7. Which Andrew Lloyd Webber Broadway show features the characters Mistoffelees and Old Deuteronomy?
8. How long is a marathon?
9. What was the first Disney animated movie to be directed by a woman?
10. A person who studies fossils and prehistoric life, such as dinosaurs, is known as what?

Turn to page 23 to find the answers.

Drysdale Guides Meet on Thursdays during the school term from 7pm to 8:30pm. If you are interested or have any questions, please contact Anne Brackley on 0407 529 205 or go to <https://www.guidesvic.org.au/find-us/> to make an enquiry.



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Memories of Yesteryear

PETER RUSSELL-CLARK - The Adventure of a Lifetime.

Peter-Russell-Clark invited me to come down to Soho in my spare time to grow trees and shrubs to plant at his farm. I worked for Peter on a part time basis for three or four years before he asked me to become a permanent employee around 1992. We set up gardens, a restaurant and art gallery. We also set up a nursery where plants were sold.

Peter is an artistic person, could draw characters (even a Bunyip for one of the Bunyip Festivals) and was a cartoonist for the Age.

He and his wife Jan were very busy people and ran a number of businesses. They were mainly present on the weekends and looked after the gallery and restaurant as well as selling plants. Many buses came from all over Victoria and interstate but Peter refused them entry. I can't understand why as a gold coin donation and other spending would have made him viable. Development of walkways, fountains and artistic sculptures that brought large numbers of people to Soho.

Peter was always looking for new ventures and he wanted to plant lemon trees. He went ahead and planted hundreds of lemons. I suggested he sell them to the Citrus factory in Geelong but Peter had bigger plans and wanted to export tonnes of lemons to Asthomi in Japan. The lemon venture was too big and brought Soho unstuck. I had a lot of experiences at Soho.

I even wrote in Peter's "Fresh ideas" magazine

which was a monthly issue. We developed a little book to promote Soho. We not only looked after the nursery gallery and surrounds but also the main homestead and gardens. It was such a beautiful place with lavish gardens artistic articles.

Peter had a talent for recognising articles that made the place stand out above all others. The farm ran sheep and wool was sold from there as well as the sheep that seemed to be a good business as well.

We also had trips to Melbourne and rescued loads of plants and other building materials that were from old houses that were being demolished for units. I thought it a bit sad to see some of them go. Beautiful old homes pulled down but I guess this is progress. Many large camelias, azaleas as well as other plants were brought down and planted in the Soho gardens.

What a great adventure and so much was learnt there. It was a shame to see it disappear and Peter Russell-Clark and Jan moved on.

Gary Kingsbury



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St Leonards Friends of Edwards Point (FOEP) Wildlife Reserve

The Friends of Edwards Point are starting up a new activity this month.

Being the beginning of Autumn, it's the perfect time to enjoy the beauty of nature at its best.

Starting on Sunday the 14th of April they will be running sessions of "Forest Therapy Meditation" in the Edwards Point Reserve at Beach Road. The public are invited to join them.

It is taken from the Japanese idea of 'Shrin Yoku' which means 'Forest Bathing'. The idea is to take a slow walk through nature using all your senses, & taking the time to be peaceful & calm.

In the busy world we live in, we need time to connect with nature. Often we don't realise how important our places of Nature Reserves & Parks are to us as human beings, to restore our energy & make us aware of our amazing blue planet.

The sessions are led by FOEP committee members Jude Baldacchino, a qualified Psychologist, & Judy Sault, a Yoga & Meditation teacher of 30 years.

They will be started with the sound of Japanese 'Singing Bowls', which helps to bring you into a calm & peaceful state, before taking a very slow walk along the path of Edwards Point Reserve.

Place: Meet at the Edwards Point Reserve Beach Road entrance

Time: 9.30am - 10.30am

Fee: \$5.00 donation to FOEP

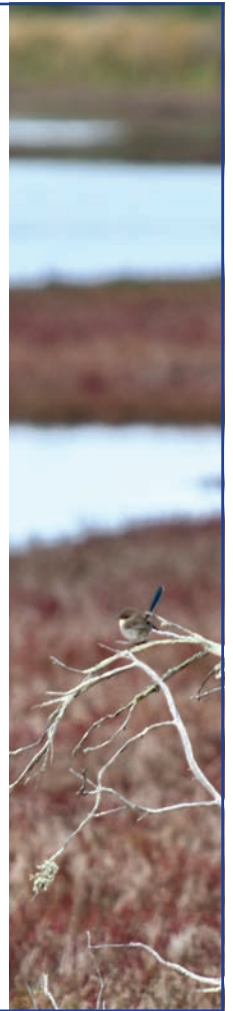
Wear comfortable clothes

Limited numbers: 10 per session

Contact: FOEP for bookings email: friends.edwardspoint@gmail.com by the 10th April

We invite anyone who loves being out in nature to be come a volunteer to contact: email: friends.edwardspoint@gmail.com.

We are also on facebook.



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Drysdale/Clifton Springs Pickleball Club



Drysdale / Clifton Springs Pickleball Club has already had a very busy 2024. Our members have been taking advantage, weather permitting, of our great new outdoor courts at Clifton Springs Bowling Club. Or they have chosen the other option of playing indoors at Drysdale Primary School, on weeknights and weekends. We are very lucky to now have so many choices and options of where and when to play. There are now 211 members, with new people joining every week.

We were very privileged to have had coaching clinics with one of Australia's top players, Aaron Blitz. He is the team captain of the Melbourne Mavericks, the Pro Pickleball Team. Many of our members took up this opportunity to learn from one of the best.

Our club has also hosted some members of Invictus Victoria, and introduced them to pickleball. Another day we had a group from Bellarine Springs Retirement Village come to an introductory session

In January was the 2nd annual Peninsula Cup, with friendly rivalry between the Drysdale/Clifton Springs and Queenscliff Pickleball clubs versus the Sorrento Pickleball club. The Bellarine held onto the cup again.

In February, our club held its 1st tournament, the Big Bash, at our new courts. This was a great opportunity to showcase our amazing facility to 64 players from near and far. Some travelled from Sale, Shepparton, Warrnambool and Sorrento to participate.

Late February was the Warrnambool Open tournament, which had over 200 competitors from all over Australia. Once again, we were amazed at the incredible facility that we played in. A huge modern stadium with 22 courts. Geelong is definitely lagging in the facilities it provides for its population! For many of our players this was their 1st experience of a large tournament. Many medals were won, and great fun was had. Pickleballers are such a friendly bunch and are there to support each other. Our next venture will be to the Victorian Open, which will be run over 4 days at Werribee.

We would like to thank our newest sponsor, Mortimer Petroleum, for their support of our club. Also, one of our best players, Tesarna Lapham, has recently been selected to be Captain for a new Australian Professional Pickleball Sports Team. We congratulate Tess on this incredible accomplishment.

If you are interested in finding out more about our club and how to play pickleball, then contact us on our email: dcspickleballclub@gmail.com

Fiona Bond



Drysdale Clifton Springs Curlewis Association

The DCSCA is here to advocate on behalf of Our Community in areas of concern/ affect you all.

We have recently been involved, along with the City of Greater Geelong (CoGG) in advocating for Township Boundaries resulting in a binding planning policy for the Bellarine Peninsula ensuring the distinctive environmental sustainability of the Peninsula. (Distinctive Landscape and Area Statement of Planning Policy: Bellarine Peninsula, gazetted in Victorian Government Oct.2023) (DALSSP)

The DALSSP document is directing where and how new subdivisions are designed and that they correspond to the United Nations Principles of Sustainable development.

Currently DCSCA is involved with the proposed infill development in Hill Street and will be overseeing the Stage 2 Jetty Road development.

This will impact all present and potential residents residing within our town. If you or your neighbours, clubs, interest groups etc. have ideas to enhance Our Community, DCSCA would love to hear from you. We can assist to further develop and advocate your ideas.

So please get in contact/join Your Community advocacy group so that we can all have input into developing an inclusive and pleasant area for present and future residents to all thrive and enjoy.

President **Jacky Noble** contact via email: dryclifton@gmail.com



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Clifton Spring & Curlewis Coastcare Group

World Seagrass Day

The UN has instituted a World Seagrass Day due to the importance of seagrasses for our environment and to improve the monitoring and protection of these areas as they are being rapidly removed and damaged.

11 of us had a walk from The Dell alongside the water and discussed the types and values of seagrasses and how the local ones are surviving and now being monitored and cared for a little better.

Seagrasses play a massive role in protecting and enabling small fish and water life to develop, reduce the erosion impacts on the cliff/beach areas and sequester large amounts of carbon in their deep root systems.

Thanks to BCN for their brochures and informative signs - Hans Heine, Clifton Springs Curlewis Coastcare Group.

Next Event

The next event will be in mid April (most likely a Wednesday morning) and the start of our ongoing habitat regeneration program, in collaboration with Geelong Council, along the Clifton Springs main beach and going towards the Dell (All equipment supplied and All welcome). Check details with the Office or on the Clifton Springs Curlewis Coastcare facebook page.



Trivia Answers

- | | |
|-------------------|---------------------|
| 1. 112 | 6. True |
| 2. Japan | 7. Cats |
| 3. Kits | 8. 42.195 km |
| 4. Mariana Trench | 9. Frozen |
| 5. Platinum | 10. Palaeontologist |

After Clean Up Australia Day

Clifton Springs Curlewis Coastcare managed a very successful day at the Clifton Springs Harbour / Boat Ramp.

39 individuals picked up 1665 items of rubbish and filled 7 very large bags with rubbish and 2 more with recyclables.

The major items collected were:

- 623 Cigarette Butts
- 182 pieces of scrunchable and small plastics
- 120 Aluminium drink cans
- 72 Chip packets and food wrappers
- 54 Plastic plant protectors
- 44 Fast food packaging items
- 42 Plastic drink bottles
- 42 glass bottles

Thanks to everyone who put in to achieve such a great result and also to BCN for providing the Tent and Geelong Council for promptly picking up the rubbish on Monday morning.

Rob Gardner

Clifton Springs Curlewis Coastcare

Cigarettes dumped in the Boat area car park
Filling a rubbish bin.



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