



The SpringDale Messenger

June 2024
Volume 34 Issue 5



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.

Wonder of Wool

Fibre Exhibition

Kings Birthday Weekend
SpringDale Hall High St Drysdale

Sat 8 & Sun 9 June
10am-4pm

By

SpringDale

Felt & textile Artists



Discover the enchanting **Wonder of Wool** exhibition, where felting textile artists weave magic with vibrant colours and intricate textures. From delicate clothing to sculptural marvels, each piece showcases the transformative beauty of wool, blending tradition with innovation in a celebration of creativity. Experience the timeless allure of this ancient craft reimagined for the modern world.

Entry by Gold Coin Donation



Hand crafted by local Felt & Textile Artists - Demonstrations throughout the weekend

JUNE 2024

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Monday	27	May, 11am - 1pm, Reflection gathering at Wathaurong, 62 Morgan St, North Geelong.
Saturday	1	Reconciliation Week continues til 3 June - Theme Now more than Ever Beyond The Shadows - 8pm - Potato Shed
Sunday	2	Reconciliation at Johnstone Park, Geelong (Gheringhap st, Fenwick st, Little Malop st) 10am - 3pm,
Tuesday	4	Welcome Morning Tea at SpringDale 10-11am
Wednesday	5	Bellarine Flood and Emergency Planning Workshop 6.30pm at SpringDale rsvp World Problems - 1pm & 7pm - Potato Shed
Friday	7	National Donut Day
Saturday	8	Portarlington Community Breakfast - 8am - St Andrews Church Hall
Sat-Sun	8-9	Wonder of Wool - Felt & Textile Art Exhibition - 10am-4pm SpringDale Hall
Tuesday	11	SpringDale Dining Group - 6pm - Souva Bar Drysdale
Wednesday	12	Treaty Talk at SpringDale 1-2pm at SpringDale
Sunday	16	Father's Day
Sunday	16-22	Refugee Week
Wednesday	19	SpringDale Lunch Bunch - 12noon - Chui Yuan Chinese Drysdale Restaurant
Friday	21	Alpha Scorpio was released 50 years ago today - one of Australia's first home grown SciFi shows Winter Solstice One Act Plays - 7.30pm - Potato Shed
Saturday	22	Winter Solstice One Act Plays - 1pm & 7.30pm - Potato Shed
Tuesday	25	Tribute to Burt Bacharach - 10.30am - Potato Shed
Friday	28	Safe Seats Safe Kids - child restraint fitting at SpringDale 10am-2pm
Sunday	30	Making Musical Memories - Geelong Welsh Ladies Choir - 2.30pm - Potato Shed

Reminder
Bookings & copy required by 1 May for the June 2024 issue

Coming up in July 2024

Wednesday	3	Time Travel Circus: Adventure across the ages - 11am & 2pm - Potato Shed
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We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



SpringDale Messenger

Compiled & Published by the SpringDale Neighbourhood Centre Inc. A0024916V.
17-21 High Street, Drysdale Vic 3222.

COPY DEADLINE JULY 2024

Bookings/copy required by 1 June.

Dist: 25 June 2024

Circ: 15,000 copies home & shop delivered

Available online for millions to read

https://docs.springdale.org.au/Msngr_2024/3405_MsngrJun2024.pdf

Connecting Your Business with our Community

For all Advertising enquiries:

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Online: Book an advertisement online.

Advertisements: **Must be supplied with all text outlined.** All requirements are listed at springdale.org.au

For all Editorial enquiries:

Email: messenger@springdale.org.au

Phone: (03) 5253 1960

Online: Use the online form to lodge an article at springdale.org.au

Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger Committee as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted.**

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlington, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



United Nations Association of Australia Victorian Division



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Education and Training



Environment, Land, Water and Planning



Coordinator's News



Anne Brackley

Dear friends and friends I have yet to meet

A very special thing happened this month, a young mother and her 4 year old daughter, River, volunteered to deliver the SpringDale Messenger, making River our youngest deliverer (that I know of) so far. They were excited to be helping the community and I was excited to have more deliverers.

It is now 2 years since we started delivering Messengers and in that time, we have delivered more than a quarter of a million SpringDale Messengers - amazing. I thought people might deliver one edition and then move on to something else, and some did. But we have a strong team of approximately 100 people who help happily every month.

Another special task that I was able to achieve this month was to help 2 people to gain concession on their electricity accounts and to have them retrospectively applied. One had a sight problem and the other a hearing problem. One needed a greater deal of assistance as the pension had been suspended due to overseas documentation needing to be supplied. After a few phone calls and document uploads all was reinstated.

We were also happy to be able to meet 5 requests over the last 5 weeks for items not easy to source from elsewhere and I was so happy that we could meet every request. From plastic colourful size 7 knitting needles to an electronic keyboard. I love it when we can find the right homes for things.

Helping apply for Police Checks and Working with Children Checks, helping with passport renewals and a variety of other computer based tasks have kept us on our toes and enjoying seeing people leave so much happier and more confident.

Simple printing, faxing, laminating, and shredding fit in between our other tasks. Welcoming people to SpringDale for the first time and showing them around the building continues to be a highlight of my job. But then we need to meet their ongoing expectations and mostly I believe we do. But we are human and we keep trying our best. Although our successes do out number our issues.

SpringDale Neighbourhood Centre provides a wide range of activities that people seem to be surprised that we do once they come through the door for the first time. Almost everyone one says "I'll be back!".

Hoping to see you at SpringDale soon
Kind regards

Anne Brackley for team SpringDale.



Our newest Messenger - Volunteer - River

Courses Updates

Walks for Carers

Looking for carers who might like to spend an hour with other carers twice a month - come when you can. First and third Wednesdays 10.30-11.30am. Meet at SpringDale, walk for 40 minutes then enjoy a cuppa and chat at SpringDale.

Adventures in Print Making

Instructors: Annette Playsted
Dates/times: Fri 14 & 21 June 1.30-4pm
Fee: \$60 or \$50 conc

Adobe Photoshop Elements

Dates/times: Tues 4 - 25 June 7-9pm
Fee: \$115 conc \$105
Instructor: George Stawicki

Yoga

Dates/times: Monday mornings 9-10.30am
or Thursday evenings 6-7.30pm
Fee: \$25 single session
Instructor: Marta Cwiek



Friendly Cuppa & Chat

Tuesday 4 June 10-11am **FREE**
Come & chat at SpringDale - RSVP 5253 1960



The SpringDale Lunch Bunch are going to Chui Yuan Chinese Restaurant Drysdale Wednesday 19 June 12 noon. Book with Margaret Reing 0418 370 857. **Bookings essential.**



SpringDale Dining group are going to Souva Bar Drysdale Tuesday 11 June 6pm.
Bookings essential. Please call SpringDale on 5253 1960 to reserve your spot.

Be part of the upcoming edition now! Business & Services on the Bellarine 2024/25 Directory



It's all about connecting people

Business & Services On The Bellarine 2024/25 Directory is a tool that other businesses and householders are coming to rely upon for information about local services.



For information about colour display advertisement specifications and costings, please phone SpringDale Neighbourhood Centre (03) 52531960.

Support Your Local SpringDale Neighbourhood Centre - Advertise Locally

QUOTE OF THE MONTH

Be yourself, everone else is taken.
Oscar Wilde

Anne Brackley - Quote curator

Alison Marchant
Member for Bellarine



**Orange Door Network
Bellarine Access Point**

It's important that there are local services available for everyone, if things at home or in a relationship are not ok and help and support are required.

Last year, The Orange Door network, opened a new access point in Drysdale, meaning adults, children and families living in the Bellarine don't have to travel far to access coordinated family violence, and child wellbeing services.

The Orange Door network provides access to coordinated help and support for people experiencing family violence, and for families needing support for the wellbeing and development of their children.

This means people can get the different areas of assistance they need in one place, locally, where safety and confidentiality is paramount.

The landmark Royal Commission into Family Violence handed down 277 recommendations to improve Victoria's response to family violence. The Orange Door network was one of those key recommendations, and has assisted people and families across Victoria, including 156,000 children since it began in 2018.

The Orange Door network is a free service and does not require a referral. Orange Door network can be contacted on: 1800 312 820 or via: barwon@orangedoor.vic.gov.au from 9am-5pm, Monday to Friday.

More information is available at their website: www.orangedoor.vic.gov.au

I acknowledge there is more to do when it comes to family violence reform, and our government is committed to a future that allows all Victorians, particularly women and children to be safe, healthy and free of violence.

**Congratulatory Messages for
Milestone Birthdays and Wedding
Anniversaries**

If you or a member of your immediate family are about to celebrate a milestone birthday or wedding anniversary, my office can arrange congratulatory messages for the following:

- 90th Birthday from Prime Minister & Premier.
- 100th Birthday, from the King, Governor General, Prime Minister, Victorian Governor & Premier.
- 50th Wedding Anniversary from Governor General, Prime Minister, Victorian Governor & Premier.
- 60th Wedding Anniversary, from the King, Governor General, Prime Minister, Victorian Governor & Premier.
- You can also receive messages for 65th & 70th wedding anniversaries and for all birthdays over 100.

Keep Up to Date in the Community

We have a 2024 Community Calendar available in my office for people to collect for free. Created by locals Helene Cameron and Richard Clark, it can be used as a general guide to community and council activities as well as upcoming events in the Queenscliff and surrounding areas.

If you're looking for regular updates alongside this community column, be sure to follow my social media on Facebook and Instagram, 'Alison Marchant - Member for Bellarine', to see up to date information regarding what grants are available in the community, upcoming events and community notifications.

As your local member of State Government, please contact my office on 03 5250 1987 or via email alison.marchant@parliament.vic.gov.au if you require any assistance.



**Safe Seats, Safe Kids
Program**

Over the last few years SpringDale has partnered with Neighbourhood Houses Victoria and Safe Seats Safe Kids to provide a Child Seat fitting and checking service.

This year we are hoping to partner with local service groups to continue to provide this free service, in conjunction with Safe Seats Safe Kids. Our first session is being sponsored by Bellarine North Rotary Club. Fri 28 June 10-2pm bookings through Safe Seats Safe Kids and please ring SpringDale if you have any questions phone 5253 1960.



📍 Wadawurrung Country, Shop G066, Gateway Plaza, 641-659 Bellarine Highway, Leopold VIC 3224
☎ 03 5250 1987 ✉ alison.marchant@parliament.vic.gov.au
🌐 www.alisonmarchantmp.com.au 📱 Alison Marchant - Member for Bellarine

POTATO SHED

Halfway through the year, and we are halfway through our season program of amazing entertainment delights.

Kick off June with a wander through the world of Cliff Richard and the Shadows. On Saturday 1 June, **Beyond the Shadows**, perform all the greatest hits of one of pop music's enduring music phenomenon. Songs include *Wonderful Land; Apache; Theme for Young Lovers; Man of Mystery; and Shadoogie* are just some of the hits that will spool out and into your memories.

The pace switches up when the Melbourne Theatre Company present **World Problems**, Wednesday 5 June. An elegy for the future we're yet to inherit, **World Problems** is both comical and terrifying, gripping and cathartic. Part of the VCE Drama Playlist 2024.

A woman summons up her childhood with an intensity so visceral it seems to be playing out in front of us. But as her memories draw closer to the present, the space between the personal and the speculative grows ever blurrier.

Our resident theatre company, 3triple2 return for the 16th instalment of **The Winter Solstice One-Act Plays**, Friday 21 and Saturday 22 June. The event provides local writers the opportunity to submit and present two original one-act plays. Enjoy mulled wine, live

music and warm company over two nights of the best of Bellarine playwrights.

Music from the land of song will reverberate throughout the Potato Shed Sunday 30 June when the Geelong Welsh Ladies Choir alongside the Victorian Welsh Male Choir perform their unique program, **Making Musical Memories**.

The Welsh Choirs have a long history of working together to bring you performances that pluck the strings of your heart, creating delightful memories along the way. If you love Welsh songs, this is a performance not to be missed.

June Morning Showtime, Tuesday 25 June is a tribute to arguably one of the greatest songwriters of the past century, Burt Bacharach. Peter Sullivan and Andrea Lees will present **Tribute to Burt Bacharach**, performing a role-call of songs of your youth, including Walk on By; The Look of Love; What Do You Get When You Fall In Love; I'll Never Love this Way Again; What the World Needs Now - and many many more.

All shows are on sale now at potatoshed.com.au or you can visit our box office between 10am and 4pm Mondays-Fridays. You can also call 5251 1998 to book.

We look forward to welcoming you to the Shed.

POTATO SHED

WIN DOUBLE PASS to



Tribute to Burt Bacharach

Tuesday 25 Jun at 10.30am

To enter fill out the coupon, send or deliver to: SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address: _____

Phone No: _____

COMPETITION CLOSING FRIDAY 21 JUNE 4PM



WHAT'S ON

POTATO SHED

CITY OF GREATER
GEELONG

BEYOND THE SHADOWS



SATURDAY 1 JUNE
8PM

Beyond The Shadows are a professional 6-piece tribute band performing the music of Cliff Richard and The Shadows.

Beyond The Shadows are Danny Zambelis, Daryl Yelland, Dave Hayward, Charles Smith, Vito Montalto and Phil Kirby.

Cabaret Seating:
Adult \$42 Conc \$40

Theatre Seating:
Adult \$40 Conc \$38

WORLD PROBLEMS



WEDNESDAY 5 JUNE
1PM AND 7PM

VCE Drama Playlist 2024



A woman summons up her childhood with an intensity so visceral it seems to be playing out in front of us. But as her memories draw closer to the present, the space between the personal and the speculative grows ever more blurry. Where do you end, and everything else begins?

Theatre Seating:
Adult \$35 Conc \$32 Student \$25

WINTER SOLSTICE ONE ACT PLAYS



FRIDAY 21 7.30PM &
SATURDAY 22 JUNE
1.00PM AND 7.30PM

Theatre 3Triple2 is back with this popular and unique event, now in its 16th year. The **Winter Solstice** is now embedded as a true part of the success of the **Potato Shed**. Local writers submit and present two original one-act plays on two nights of cosy entertainment along with live music, mulled wine and warm fires. An event not to be missed.

Theatre Seating
All Tickets: \$27.50



TRIBUTE TO BURT BACHARACH



TUESDAY 25 JUNE
10.30AM

MORNING
SHOWTIME

Peter Sullivan and Andrea Lees bring you the very best from Burt Bacharach's amazing music list.

All Tickets:
\$20 Including Morning Tea

MAKING MUSICAL MEMORIES



SUNDAY 30 JUNE
2.30PM

Geelong Welsh Ladies Choir
Victoria Welsh Male Choir

The Geelong Welsh Ladies Choir have a long history of working together to bring to our audiences, musical performances that either pluck the strings of the heart or create special memories with the music they present.

Theatre seating:
Adult \$35 Conc \$30

GEELONG'S PREMIER
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ON THE BELLARINE PENINSULA

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OR WITH YOUR CREDIT CARD ON 5251 1998.

Councillors' News

By Cr Elise Wilkinson



At our April meeting Council endorsed the release of our proposed budget for public exhibition.

The budget has been produced following considerable work from officers and Councillors, having listened closely to what the community wants and needs.

For those in Drysdale and Clifton Springs there is much to be pleased about.

One of the highlights is the \$6.61 million this coming financial year, and \$2.82 the next year, that will go towards stage two of the Drysdale Sporting Precinct development.

This is a major investment in the health and wellbeing of the community, and combined with the North Bellarine Aquatic Centre will be a landmark facility for the area.

There is also \$500,000 in the 2024-25 financial year that has been allocated for the Bellarine Trail shared trails masterplan implementation.

This involves the design of one of three major shared trail routes, and as someone who has advocated for this infrastructure, I am glad to see this funding allocation.

It is another step towards creating a lasting culture that celebrates healthy living options, and demonstrates Council's recognition of the importance of providing high-quality outdoor spaces.

These facilities encourage community members to enjoy the beautiful natural environment we have here on the peninsula which is so pleasing.

Beyond capital works, the budget includes an increased community grants budget to support more community-led initiatives and also allocates funding for environmental projects, reduces al fresco and busking fees to aid our hospitality industry, and supports arts, culture

venues, and libraries.

Councillors recently attended multiple engagement sessions to hear from the public regarding their thoughts on the proposed budget, and I thank those who turned out for their feedback.

The final budget will now be presented to Council for consideration during our June meeting.



ARE YOU PREPARED FOR AN EMERGENCY?

Emergencies like floods and storms can happen at any time, don't wait for an emergency to strike – be aware, be prepared.

Let us help you get prepared. Join ResilientCo at a Flood and Emergency Planning Workshop to develop your family's emergency plan and safeguard your loved ones and your home.

Bellarine Flood and Emergency Planning Workshop

Wednesday 5 June | 6.30pm to 8.30pm
SpringDale Neighbourhood Centre,
17-21 High Street, Drysdale

RSVP Now! Scan the QR code to register or visit geelong.link/GRO4Workshop



GRO4Resilience Geelong Recovery Outreach is being delivered by the City of Greater Geelong in partnership with the Victorian Government and the Australian Government.



Advertisement

I am here to help.



My Office can assist you with information about Federal Government services, including:

- Centrelink
- National Disability Insurance Scheme (NDIS)
- Medicare
- Australian Taxation Office (ATO)
- Immigration, citizenship and customs
- Passports
- Pensions, and My Aged Care
- Child support
- Veterans' Affairs

SCAN THE QR CODE TO READ MY BUDGET NEWSLETTER

LIBBY COKER
FEDERAL MP FOR CORANGAMITE

Email Libby.Coker.MP@aph.gov.au
Phone 03 5261 7683
Web libbycoker.com.au @LibbyCokerMP

Authorised by Libby Coker, Australian Labor Party, 26/500-540 Torquay Road, Armstrong Creek VIC 3217





lee martin.
Director.
0400 957 839

andrew kibbis.
Director.
0411 424 412

**now open in drysdale @ shop 5/8 high street.
P: 03 5297 3888**

Footpaths for Health

Thanks for the feedback to the article published last month. We received many emails and a number of people came into SpringDale to obtain a bigger copy of our proposed Priority Footpath Network. Most emails ask for better paths to enable students to be able to safely journey to and from the educational precinct on Peninsular drive. Here is an example of one of the emails we received -

Princess St is a known hazard, every school morning and afternoon, and I have been in contact with the council about this. Princess St does not have footpaths on one side of the road, and only partially on the side that does have footpaths. The bike lanes are also only partial. School kids who ride to and from school have a tough time, and are still not sure which is the safest way to travel. If kids use the foot path on their bikes, they get scolded by pedestrians, to use the road, and if kids use the road, they get honked at to move over so cars can pass. I have seen this happen so many times, and witnessed minor incidents. This road has become much busier since the bypass opened, and adequate bike paths are so desperately needed. Approximately 5 different schools use this road, and I am aware that more students would use it, if this road was bike friendly. I have been in contact with St Thomas' for assistance, and with this letter I hope you can perhaps help with this.

Lesley, Resident

Our maps have been amended in line with community requests and we are so grateful for your contributions. We are working with City of Greater Geelong and look forward to next steps.

Anne Brackley OAM

SUPPORT TO NAVIGATE MY AGED CARE

Have you ever had to navigate the aged care system, or access My Aged Care? If you have, you'll know that it can be a very challenging system for people to understand. Making a phone call to My Aged Care, trying to access services online or even knowing what options are available to you, can be daunting. Bellarine Community Health (BCH) understands this, and our team are here to help.

BCH has a volunteer-run service to try to help demystify My Aged Care for people over 65, their carers and families. Our capable volunteers are available at BCH Portarlington to answer questions and to support people to contact My Aged Care online or by phone. They are not experts, but will greet you with a smile, and do their best to assist with your enquiries. So, if you have any questions, come in and have a cuppa with our friendly team!

The Port Hub is open Tuesday and Thursday mornings from 10-12pm at 39 Fenwick St, Portarlington. Enter via the ramp to the right of the reception entrance.

Kai Whyte - BCH Volunteer Coordinator



Do you need help to connect with My Aged Care?

Our BCH Volunteers are here to support you.

TUESDAYS & THURSDAYS

10:00AM TO 12:00PM

BCH PORTARLINGTON

39 FENWICK STREET



SpringDale Membership

Are you currently a paid-up member of Springdale, but have NOT recently received an email from us?

If that is the case, it appears we may have signed you up with your name only and not your email address.

We like to stay in touch with our members, so if you do have an email, please fill in our CONTACT DETAILS form available at reception next time you drop in.

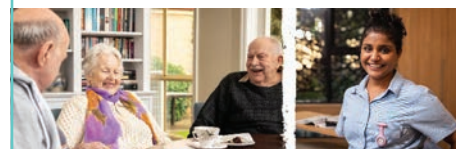
Cheers David

Estia Health Leopold is a Residential Aged Care home with current vacancies for **Respite and Permanent Care.**

Call Gabrielle on 0419 336 841 to book a tour.

Tours available most days and times. 52 Ash Road, Leopold – 03 5250 2156.

Estia Health



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Shannon Calder
Manager – Bellarine Office



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Calling for Walkers

Do you need a reason to walk? Would you like to help deliver our well-loved & read SpringDale Messenger? Perhaps you could share it in your Street?



Email office@springdale.org.au or ph 5253 1960



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COLLABORATION & SUPPORT

Bellarine North
Rotary



Collaboration and support start with a conversation. Using their initiative, the local Venturer group walked into the office where I work and asked for some support with printing for advertising their upcoming garage sale. This started a conversation; we would love to help you, are you happy to help our local Bellarine North Rotary Club in return? A positive relationship was thus formed. This enthusiastic group assisted with our recent Annual Easter Art Expo and a project where we have partnered with Bellarine Bayside to remove weeds from an 800-metre section of foreshore in St Leonards. Thank you to the group for their initial contact.

Another conversation was started with the Drysdale and Portarlington CFA. Was there anything we could donate funds to enhance what they do as volunteers for us all? A recent vocational visit enabled us to see how our money was spent. Thank you to the team that showed us around the new Portarlington Station and showed us the pistol grip shut off branch at a value of \$500 each. We were privileged to provide the funds to update equipment.

Another project that got much bigger than first imagined via a member who started a conversation, was with a volunteer organisation in Melbourne, which led to a collaboration with 123Read2Me, distributing books to day cares, kinder and schools to improve reading in children aged 0 to 12. You can donate books in good condition only at many Coles stores and the Bellarine North Rotary Club distributes them.

Maybe you have a project that requires a collaboration or support for you to achieve your plans and goals. Feel free to approach us so we can start a conversation that may lead to helping that happen.

Caroline Rickard - 0408 989 221
Publicity Officer - Bellarine North Rotary Club



MEETING MONTHLY



Business on the Bellarine

NEW MEMBERS & VISITORS WELCOMED

BOB's monthly networking events offer business professionals valuable opportunities to foster connections, mutually support one another, and contribute to the growth of both the local economy and community.

We meet on the 2nd Tuesday each month @ 7.45am. Contact Jo Aspland on 0438 055 679 for more details.

Follow us on @BusinessOnBellarine

www.business.onthebellarine.com.au

Connecting Business & Community



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Making my Home more Sustainable - Part 12

Winter arrived dramatically and suddenly after Easter. It's now about keeping warm and keeping the heating bills as low as practical. There are many aspects and a few opportunities, the first is: Minimise the draughts and warm air leakages - check (easiest on a windy day) to determine where are the gaps - around doors, windows, old ventilation grilles, air conditioning pipework and grilles, pipe and electrical intrusions, light fittings, extraction fans, gaps in floor boards and around architraves....

Simple and economic options are available at the "Big Outlets" (Bunnings etc) and retailers such as EcoMaster.

Rob Gardner



Lions Comfort Bears

The Lions Club of Portarlington-Drysdale delivered Lions Comfort Bears to Clifton Springs, Drysdale, Portarlington & St. Leonards Primary Schools at the beginning of the school year (72 bears in total!). The provision of the Comfort Bears to the local primary schools arose following a request from a teacher at one of the local primary schools.

Having the Comfort Bear in the classroom is hoped to bring a relaxed and stress-free day to the child who is feeling a bit anxious or unhappy.

Lions Club thanks the generous community who, through your support to our club, enabled us to donate these delightful cuddly bears to our schools.

The feedback has been wonderful with the children loving the addition to their classrooms and happy smiles from those who just need someone to cuddle for the day!

Brendon Jones - Secretary
Lions Club of Portarlington-Drysdale



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DRYSDALE COMMUNITY CHURCH

Sundays at 10am

We invite you to join us for contemporary worship & relevant teaching. Children's program runs throughout school terms.

276-290 Jetty Road, Curlewis
ph: 5253 2241 e: office@dcchurch.org.au
w: dcchurch.org.au

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Women Living Well
- On the Bellarine

You may notice a few changes in this regular article in July's issue of The Messenger. Our group is going through a rebranding exercise and hopefully we will have settled on a new name by then.

Change is always inevitable, and while our core vision is still to see Women Living Well on The Bellarine, we've put ourselves in the position of someone who has no idea about who we are, and is looking at that name for the first time without really reading the article.

One of our own group said it well. "It sounds like we are a group of women who are all having a lovely time living in this great place where we've made our homes."

All of you who are regular readers and who've noticed what's happening in our lovely place called The Bellarine, would know that for one in three women over 55 and almost as many men, rising rents and cost of living pressures are a huge concern and many are living well below the poverty line. This doesn't make for a restful, stress free retirement.

The focus of our group is searching for and connecting with people and organisations who can help us to change the way Senior's Housing is funded, designed, built, and provided to those seniors - particularly women who are facing the very real possibility of homelessness.

As always, if you are in this position or if you feel you would like to contribute your experience, skills, passion and support, please contact me on 0422 146 604 or diannebennett4@hotmail.com.

Until next month, perhaps with a new name for our group, Dianne Bennett

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Please purchase a \$20-\$50 **Supermarket Gift voucher** from Coles, Woolworths, or Aldi and drop it off to SpringDale Neighbourhood Centre - **27 May to Friday 21 June**.

Your gift card will help to support vulnerable people seeking asylum, and people who have been granted temporary refugee protection living in the wider Geelong region who have no access to government income support.

This will be done through The Welcome Place, a volunteer run program of Wesley Church Geelong, which offers information and referrals, activities, English practice, job-seeking support and emergency relief through a food bank ensuring access to food during periods of unemployment, underemployment, or illness.

Thankyou for your consideration.



Bellarine Support Group for Kinship Carers

Wow June already, 2024 is going so fast.

I like to re-read my articles that I write each month for the Messenger, just to make sure everything is right.

In the June 2023 Messenger, I wrote that the Bellarine Kinship Carers had 65 families in our region, all on the kinship journey.

Some families are managing very well, but others are struggling both financially and physically.

But in June 2024, our numbers now stand at 85 families within our region, travelling the kinship journey. That is sadly an increase of 20 families and rising. It seems like every single day; I get a call from a kinship carer, thinking that they are all alone.

Every single family in our group, has a different story to tell, about how and why they are caring for mostly younger family members: mostly grandchildren.

We have one family in our group, both grandparents aged over 70, raising their grandchildren, four teenagers.

The grandparents have learnt a lot from both our group but also their grandchildren. The grandchildren have taught their grandparents how to navigate modern technology, like phone and iPad. We all know how teenagers are with their phones.

I would also like to take this opportunity to THANK you, our local community, for supporting Bellarine Kinship Carers, with such

things as new underwear, new socks, new clothing and the list goes on and on.

So again, I say a big THANK YOU.

If you are a kinship carer sitting at home, thinking that you are all alone come join our group.

We as a group would love to assist you in any way we can.

Bellarine Kinship Carers meet on the first Monday of each month (not during school holidays) at

SpringDale Neighbourhood Centre in Drysdale, from 10am to 12noon.

Hope you can join us.

Stay safe everyone.

Jeanette Hanley-Heath - 04 14 308 257

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Kindness for You & the World



The emotional weight of current issues at the moment feels very heavy. Navigating these emotionally charged events for some feels daunting, and you may feel, or know someone feeling overwhelmed, or even in grief for the world. Finding ways to cope and respond with kindness, can support your day-to-day feelings of resilience and harmony. Here are some strategies to support your wellbeing and that of the community.

Practice Self-Compassion: Be gentle with yourself. Acknowledge your feelings without judgement - you are not “being silly” or “making this about you”, you are allowed to feel freely and find ways to hang onto hope.

Limit Media Consumption: While it is important to stay informed, constant exposure and rehashing of news stories can magnify your emotional response. Set boundaries on your media consumption, strengthening a healthy balance with media and your mental well-being.

Use Mindfulness and Gratitude: Practices such as belly breathing or mindful walking in your daily routine can help to ground you

into the present moment. Remind yourselves of the present moment, your safety and the positive attributes about your life and situation. Gratitude can shift your focus and counterbalance negative emotions.

Practice Empathy: Cultivate empathy for others, even those with differing viewpoints. Recognise that everyone is navigating their own challenges and perspectives; try to avoid an “us vs. them” mentality. You can find ways to approach interactions with curiosity and a genuine desire to understand.

Lead with Kindness: Kindness is something we have wonderful power to offer and give. In all your interactions, strive to lead with kindness and compassion. Small acts of kindness can have ripple effects, fostering connection and healing in a divided world.

Seek Support: Don’t hesitate to lean on friends, family, or your wellbeing team for support and be aware of the ways you can support yourself with mindful practices (yoga, meditation, exercise and good diet). Sharing your feelings with someone you trust can provide validation and perspective, easing the

emotional weight you are feeling.

In times of emotional upheaval, using self-compassion, mindfulness and empathy can give you the strength to walk with grace and kindness, and together we can foster healing and unity in this world.

Kim High - Clinical Hypnotherapist
BSc DipEd MEnv DipClinHyp
Family Hypnotherapy



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Bellarine Birdlife

Orange-bellied Parrot

I often look at my diary, and with anticipation, realise that I have a free day, so a quick glance out of my bedroom window to see blue sky, the trees standing silently, means it is a birding day. **Great!!!** With a bit of luck, the Western Treatment Plant beckons me. But first, I cautiously look at the conditions for Avalon/Werribee. I learnt this when one day, I took a chance, neglected the weather, and was nearly blown off the road. As for the birds, not one to be seen as they were far wiser than I.

To assure you, 'The Western Treatment Plant' is not a smelly land covered with pools of dubious coloured water that suspiciously looks unhealthy, I have repeatedly tried to assure many friends and acquaintances, whose faces show their amazement at my choice of entertainment. The Plant is a place where the treated water lies in large settling ponds, surrounded by low undergrowth, a few trees of intermittent height of low-lying heath and copses of small bushes. It spans a huge area, and you can spend a delightful day slowly driving and finding many pleasures.

The treatment plant was set up in the 1890s to combat the spread of disease. Prior to this, refuse was disposed into creeks, rivers and then to the bay. The Wadawurrung People had lived on this land for years, in fact their story goes back thousands and thousands of years. To them it was a place of special significance and of much spiritual importance, they deeply cared for the area.

To the birders who delight in visiting the WTP, it is a place of special interest and excitement. To gain entrance you must first attend a forum for a day's education re the rules and regulations expected within the area. Then you are able to 'buy' a key (buying means a payment which covers two years after which you must renew cost or return). The rules and regulations are quite common sense, however surprisingly, some people recently have been seen disobeying (do not wade in the water, wash your hands or drink the water).

The dirt roads follow the edges of the ponds, and as you drive at a snail's pace, you can scan the edges and the waters for:

1. The 'tourists' (birds that fly from the extreme cold in the Arctic, Russian Kamchatka and Alaska) who delight in feeding here, whilst gathering strength for their return flight back to their nesting sites, in the far, far north.
2. The Victorian locals (birds who spend all year in this area knowing that the food will always be there).
3. The Aussies who may live in Tasmania for part of the year but know



that spending some time at the WTP feeding will help to increase their chances rather than risking a cold, cold winter in their breeding areas. This definition also includes birds who may live in an area on the mainland where food becomes scarce. (I have seen birds who have joined us from the Murray/Darling or Mungo National Park).

4. Lastly, the rare birds who have been blown off route, and are amazed to find a place to live temporarily, with plenty of food and an element of **peace and quiet**. (I say this with tongue in cheek, as when a rare bird is sighted, usually you can find it due to the number of birders who are parked along the roadside, staring in awe at the visitor.)

I have visited the WTP regularly, and to my frustration, I have never been able to see the Australian rarity, The Orange-bellied Parrot and I came to the conclusion I probably wouldn't see one. A friend contacted me recently, and asked if I would like to see the 'mega rarity', an American Golden Plover who had been sighted at the ponds. Of course, I would. Off we went to spend the day searching. Did we find the plover? No, despite so many hours there, but yes I came home happy. We had stopped for a bit of lunch at the side of the road when from the car window I glanced at a nearby bush to see two little birds on one section. Two little birds who looked like parrots. Two little birds who looked like **Orange-bellied Parrots**. Soon we were joined by three other cars, and the parrots most obligingly posed for photographs all round. Whilst watching, two swept out of another bush, and swiftly flew off. Also, I must admit, that these rare birds who were left were a little bored by all the attention they were getting, and one even fell asleep while I was taking photos - **such is birding**.

Carole O'Neill



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Clifton Spring Curlewis Coastcare Group



The first Habitat Restoration Event of the Clifton Springs Curlewis Coastcare group on Wednesday (morning), April 17, at Clifton Springs beach was a great success resulting in the removal of about 4 cubic metres of the invasive Sea Spurge. A very hearty thanks to all participants, and the volunteers who made such a positive impact.

The rain kept away, and there was little wind, so it was relatively good working conditions for 16 hard-working volunteers including, Matt Crawley from Bellarine Catchment Network, Matt Wills, CoGG Environment Manager, and Alison Marchant, our Victorian Government Member for Bellarine. It was great to see the results of our efforts changing from a "field" of red plants, back to sand and green grasses.

Matt Crawley gave an excellent review of the vegetation on the Clifton Springs foreshore, and demonstrated to us the distinguishing features of prominent invasive plants, and procedures for their removal. Everyone was delighted with our effort, and many showed a keen interest to participate in the next Habitat Rehabilitation event on **Wednesday June 19**, a 9.30am start, from the same place (opposite 34 Edgewater Drive). Keep an eye out on the CSCC group Facebook page for more details closer to the event.

The Clifton Springs Curlewis group has implemented a **schedule of regular monthly community activities for the third Wednesday of each month**, alternating between Habitat Restoration and other activities. On the **first Monday of each month**, we do Waterwatch sampling, starting at 9.30am at the CS Harbour.

New members and volunteers welcome, we look forward to seeing you.

Hans Heine,
Rob Gardner



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BELLARINE CAMERA CLUB

The open subject competition was judged by Rodney Nicholson, who is an award-winning local photographer from Point Lonsdale. Rodney had a mammoth task to critique and judge such a large number of prints, and EDI entries. Rodney was engaging and an informative judge, who provided great feedback.

Congratulations to the members who were awarded the following places:

Prints - A Grade: 1st Place "Light Frenzy 2" by Daryl Haywood, 2nd Place "Early Morning Surf" by Debbie Hallows, 3rd Place "Lost" by Jon Furey
B Grade: 1st Place "Sunrise at Torquay" by Lynn Cornell, 2nd Place "Pointing Skyward" by Geoff Evans, 3rd Place "Levi" by Lynn Cornell

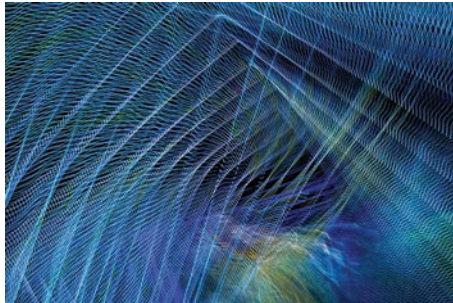
EDI - A Grade: 1st Place and Image of the Competition "Little House on the Hill" by Jim Den Ouden, 2nd Place "Weathered" by Kevin Robley, 3rd Place "Simplicity" by Suzanne Fatchen

B Grade: 1st Place "The 7 Ages" by Geoff Gaskill, 2nd Place "Cowra" by Dinny Goonan, 3rd Place "Lady Bug Party" by Maria Hardie

Bellarine Camera Club meets at SpringDale Neighbourhood Centre at 7.30pm on the 1st and 3rd Monday of each month. For further details see www.bellarinecameraclub.org.au

New members and visitors are very welcome.

Robyn Curtis - Vice President Bellarine Camera Club



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Science Fiction Report...

In the lead up to the recent "Supernova" convention I wanted to improve on my usual staple, the Jetpack. So, I built a light collapsible version of the "Lost in Space" flight deck. Mounted on a small shopping buggy it folds up like a butterflies' wings for easy transport. It seemed to work, so I "tried" it in and launched my first mission.

I flew seven missions for kids and entertained some pretty nostalgic adults until three P.M. when authority moved in. They said I didn't have an exhibitor's permit. I didn't of course but I had hoped know-one would notice! But they were very good about it.

Boyed by this success, I offered the deck to the Drysdale library for a day. We ended up flying seventeen missions over three days and the staff now want a space event, in co-operation with SpringDale. (I've been pushing for SpringDale + Library Co-operation for months. It took the flight - deck to swing it!) July seems the likely month for this.

An event called "An introduction to science fiction" was held at the library on April 30. I offered a display, and they agreed providing it "passed" O.H. and S... But on the day, it

didn't pass and was rejected. But they did honour my personal ticket for the event. After removing my "set" (with the help of the barbers' shop crew, thanks guys!) I went back and found myself the only guest... So the facilitator 'handed over' the "chair" to me! Pretty funny when you think about it.

Did anyone read "U.F.O. Hunters" in the "Australian Women's Weekly" featuring Meryl Streep on the cover? Particularly the "time lapse" story on page 92? T.V. Sci Fi for real! Scary stuff.

Also... I see "Wendy's" in America is trialling A.I. staff. Magnus where are you?

John.



SpringDale Trivia

by Drysdale Girl Guides

1. Which athlete famously lit the cauldron during the opening ceremony of Sydney 2000 Olympic Games?
2. What is an angle called if it's greater than 90 degrees?
3. Who is commonly referred to as the person who created the first printing press?
4. How long is an Olympic sized swimming pool?
5. What is the chemical symbol for potassium?
6. When Shrek tries to explain himself to Donkey in the film 'Shrek', what food item does he compare himself to?
7. Alphabetically, which of Canada's 10 provinces and territories, comes first?
8. The TV show M*A*S*H* is set during which conflict?
9. 100 years ago, in 1924, the last time Paris hosted the Olympic Games, how did the Australian team get to the Olympics?
10. Which author is the bestselling female author of all time, having sold two billion books?

Turn to page 22 to find the answers.

Drysdale Guides Meet on Thursdays during the school term from 7pm to 8:30pm. If you are interested or have any questions, please contact Anne Brackley on 0407 529 205 or go to <https://www.guidesvic.org.au/find-us/> to make an enquiry.



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Memories of Yesteryear

THE FAMILY HISTORY QUEST 02 REFERENCING

In the last edition I suggested that when starting your family history quest start with what you know. Start with yourself, write down your birth, marriage dates and that of your partner, children, and parents. Collect as much information as you can by talking to family members.

As you collect information it is important that you document or reference your sources. Where did you get the information. Whilst it is easy to borrow someone else's research on Ancestry.com for example, a good family historian will need to check the sources and check you have the right person or family.

A **source** is the record in which you found for your family history, whether that information is a quotation, a fact, an image or a document.

A **citation** is a note describing your source of information and recording exactly where you found it. For example, if the information is a date of death, you may have found it on a gravestone, or on a death certificate, or in a set of probate papers. The gravestone or the death certificate or the probate file is your source.

Referencing is how you identify the sources you have used in your family history. It is an essential part of your family history research tool kit. It enables the readers of your work to find the evidence you have used, evaluate it, and draw their own conclusions. It also proves that you have conducted reasonably exhaustive

research, and importantly it saves you from having to remember exactly where you found your information.

It is important to be consistent and accurate with your references so that you provide enough information for someone else or yourself to retrace your research steps with confidence. If you look carefully at the references in a work of history, you will see that they contain information about **who, what, where** and **when**.¹ For example, a reference for a book might include the name of the author, the book title, the publisher, the date it was published, and the page number you are quoting from.

John Mathes

¹ *Family History Referencing Guide, version 14, January 2023, UTAS Family History, School of Humanities, College of Arts, Law and Education, University of Tasmania.*

Photograph of Collins St, Drysdale, mid 1900s, <https://www.pinterest.com.au/pin/drysdale-mid-last-century--92183123603335551>.



Victorian Treaty Conversation

Do you know that there are plans for a Treaty in Victoria?

It's a conversation and framework that is being created by Traditional Owners of 30 Aboriginal countries in Victoria with the State Government. Their intention is to create stronger communities for all of us who live here.

Vicky and Jen from Geelong One Fire Reconciliation Group have been listening and learning about these Treaty plans.

Join them to hear a short presentation and share your views and questions about it.

This is a free event, welcoming people to a friendly conversation.

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Memories of Yesteryear

WHAT DO YOU DO IF YOU BECOME ILL IN THE OLD DAYS?

Drysdale/Clifton Springs was a big place, and you didn't travel to Geelong. There were a lot of businesses except for the most important business concerning your health. There were no ambulances and only one doctor. I think he was Doctor Renouf. In my day, Drysdale had a hospital thanks to Sister Whitecross, and her sister, who turned their house into a hospital. This building still stands today in Wyndham Street. Getting sick was dangerous, many children used to die at birth or before their second birthday. Adults also would die from growths, appendicitis, pneumonia, and many other health issues. This is where the bush nurse was so important, along with the Jackson Hospital in Wyndham Street, which they ran for many years.

The property in Princess Street was donated for the Bush Nursing Centre by Mister George Wisbey. Meetings were held in the old shire hall. Some of the people listed at the early meetings were Messieurs Maltby and Armitage, George Wisbey, George Filbay, Mister and Missus J B White and Missus Searl.

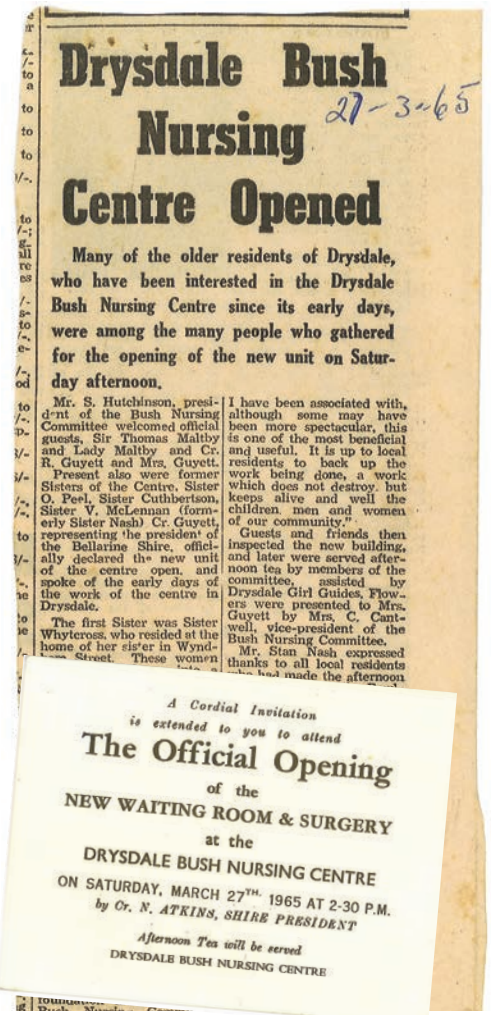
Money was scarce in the old days and some people such as B Wisbey, I Wisbey and B Nichols, gave money to keep the centre running. I remember my uncle Stan Hutchinson as president for many years used to collect and bail cardboard and paper in the shed at their farm. He was helped by his brothers. They put in a lot of time making money for the centre.

Hundreds of patients passed through the bush nursing centre or were visited at their homes. With the Bush Nursing Centre in Wyndham Street, they kept people alive and well in the Drysdale/Clifton Springs and surrounding areas. Before this, people would treat themselves with old remedies and many would die as a result.

We don't know how lucky we are today with medical support. Many families lost children from whooping cough, appendicitis, pneumonia, poisoning, and many other health issues before the Bush Nursing Centre. Some families used to have eleven to twelve children, but many would die before they were two years old.

Many lives were saved by the Bush Nurse and hospital.

Gary Kingsbury



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Hello members, sponsors, and supporters,



Season 2024 is in full swing, and what a fantastic start to the season it has been.

I would like to thank our wonderful sponsors. Their amazing support of our community club is incredible, and without them, we wouldn't be able to field mens, womens, and 14 junior teams.

The women's team is striding forward under the guidance of new female coaches and trainers, feeling positive and optimistic about the season ahead.

Our Senior men's team has got into the groove, having won four in a row, following a loss to reigning premiers Torquay in the first round. Development of our young stars continues to be a priority, and seeing our young local players such as Luke Preece, Chris Tainton and Jye Hawkins playing great senior footy, bodes well for the future of our great club.

Squizzys' reserves have also had a great start and are sitting 4-1 after also losing the opening round to Torquay. A run at the finals is on the cards for the rest of the season.

The juniors and Auskick are all in full swing now, and there is no shortage of football to see on any given weekend.

Socially we have some big events this year. Saturday June 1 is ladies' day, at home against Moda. So, grab a group of your friends and come on down for a great afternoon of wine, food and entertainment. Reverse raffle is the following weekend, followed by sponsors day the week after, and to round out the month, a trivia night on Saturday June 29.

Finally, a massive thanks to all our club volunteers. It takes an enormous number of hours to run the club, and any involvement, big or little, is greatly appreciated.

Go Hawks!

Trevor Hume - President Drysdale Football Club

Key contacts

Junior Football - contact Junior Coordinator Amy 0409 859 837

Peninsula Sharks Junior girls football contact Glenn 0438 344 918

Senior Women Camp contact Jess 0427 753 723

To find out more, visit the Clubs website www.drysdalefc.com.au or follow the @drysdalehawksfc on socials to keep up to date with training, announcements, functions and raffles.



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Trivia Answers

1. Cathy Freeman	7. Alberta
2. An Obtuse Angle	8. Korean War
3. Johannes Gutenberg	9. They travelled via ship, the R.M.S Ormonde.
4. 50 meters	10. Agatha Christie
5. K	
6. An onion	

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New Year goals? - Rock your health goals with sport massage

Health resolutions start becoming hard to stick to as normal routine of everyday living returns with work and family commitments. If you have been good enough to keep them going this far into the year chances are you are starting to feel a little tired, sore and looking for some motivation.

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Bellarine Keen-Agers

Are you 50 plus years old; retired, semi-retired, or a full-time worker with a day off; and/or wanting to keep fit, stay active, meet new friends and have fun?

If you fit into one of the above, we may be what you are looking for.

We are the Bellarine Keen-Agers Table Tennis Club. If you have had some experience in the past playing table tennis, or just messed around playing at a friend's house, or on holidays when you were a kid, why not pop in and give table tennis a go.

We play in the Marcus Hill Hall on the corner of Banks Road and the Bellarine Highway, with ample onsite parking.

Our playing sessions are 9:00am to 12:00pm on Tuesday, Thursday and Friday mornings.

Players come from all over the Bellarine Peninsula and further. We are all ages - our oldest player is 90 years old, and he still gives you a run for your money. We are at all different levels of experience, and only play socially, not competition. No one ever loses a game at our club. The worst you can do is come second.

We mainly play pairs, but sometimes we may have one table playing singles. We can set up five tables in the hall to accommodate a maximum of 20 players at a time.

You get to play against lots of different players at all levels of skill, and experience.

We have a 30-minute break for morning tea at 10:00am, where you can enjoy a tea or coffee, sweet biscuits and get to know everyone.

Give us a try - your first session is free! Cost per session after that is \$5 for play and morning tea (that's hard to beat).

We are affiliated with Table Tennis Victoria, so after 3 sessions you will need to be a member with them, too. Their annual fee is \$45 which will give you insurance coverage.

If you're after a bit of fun and laughter, something to keep you fit and active, why not call in and have a try.

If you would like more information, please contact one of the following:

Steve 0409 013 005, Lyn 0416 027 824 or Trevor 0449 523 379

The Committee

Bellarine Keen-Agers Table Tennis Club

BELLARINE WANDERERS

We have done a variety of walks in the last few weeks, including a conducted tour of the Bellarine Nursery, and walk around the Basin then past the schools; walks along the beaches at some very low tides; exploring a new area along Lake Connewarre and a longer trip with a walk up the Anakie Gorge in the Brisbane Ranges.

Our walks generally start at 9.30am every Thursday morning from a different spot and we usually go for 70 to 90 minutes followed by a coffee.

The longer walking group, The Terrific Tuesday Trackers, are doing longer walks (2.5 to 3 hours).

Please contact Springdale if you would like more details.

Rob Gardner



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