



The SpringDale Messenger

September 2024
Volume 34 Issue 9



ABN 21 404 220 267

Compiled & Published by the SpringDale Neighbourhood Centre Inc.



SpringDale Artists 19th Annual

ART



Sat 21 Sept -
Sun 6 Oct 2024
Open Every Day
10am-4pm

Exhibition & Sale

The SpringDale Artists are happy to announce their 19th Annual Exhibition which will take place from Saturday 21st September to Sunday the 6th of October in the SpringDale Hall open 10am -4pm daily.

We have a wonderful collection of work on sale and hope to see you at our official opening on Sunday 22nd September from 2-4pm to enjoy the food, wine and entertainment and to take the opportunity to collect a wonderful piece of art for yourself or as a gift.

SpringDale Neighbourhood Centre
17 High St, Drysdale



Photo - Mark Bloothoofd



Mark Bloothoofd



Mark Bloothoofd



BELLARINE VINTAGE MACHINERY

Fathers Day • Sunday 1st September • 9am-3pm



@ *Onday* ESTATE

More details on page 7

SEPTEMBER 2024

Community Calendar

SpringDale Community Calendar is a SpringDale Neighbourhood Centre initiative to support the whole community. If you wish to place your event in the calendar and further issues of The SpringDale Messenger please email, write or call the event details to our office.

SpringDale Neighbourhood Centre Opening Hours Monday to Friday 9am-5pm and by appointment.

Sunday	1	Father's Day Father's Day - Bellarine Vintage Machinery event at Oneday Estate Winery 9am - 3pm National Wattle Day
Sunday	1-8	Adult Learner's Week
Tuesday	3	Morning Tea at SpringDale
Thursday	5	International Day of Charity
Friday	6	Navigating Aged Care - 1.30pm SpringDale - Free Tim Forcey - My Efficient Electric Home Presentation at SpringDale - 7pm - Free
Saturday	7	Harvest Basket Veggie Swap Safe Number plate session 9 - 11am at SpringDale How Health of Soil affects your Health - 10.30 at SpringDale - Transition Streets Geelong Family Dance Queenscliff - To the Balkans and Beyond 7pm - \$25 (Family \$50) Moment by moment - 8pm - Potato Shed
Sunday	8	International Literacy Day
Monday	9	Council candidate nominations open
Tuesday	10	SpringDale Dining Group - Clifton Springs Golf Club 6pm Songs The Beatles gave away - 10.30am - Potato Shed
Thursday	12	R U OK? Day
Saturday	14	Portarlinton Community Breakfast
Sunday	15	A day at a time in rhyme - 2pm - Potato Shed
Tuesday	17	Australian Citizenship Day Council candidate nominations close
Wednesday	18	Lunch Bunch - Clifton Springs Golf Club 12 noon
Thursday	19	The Italian Girl In Algiers - 7.30pm - Potato Shed
Saturday	21	SpringDale Art Show starts 9am-5pm til Sun 6 Oct Feed Me Bellarine - 2pm - Afternoon Tea - \$25 International Day of Peace
Sunday	22	Little Red is in the Hood - 1pm & 4pm - Potato Shed
Wednesday	25	Murradoc Ward Meet the Candidates 7pm - Parks Hall Portarlinton
Friday	27	World Tourism Day
Saturday	28	AFL Grand Final

Reminder
Bookings & copy required by 1 September for the October 2024 issue

Coming up in October 2024

Tue-Fri	1-4	321 ... blast off! The next chapter - Potato Shed
Sunday	6	SpringDale Art Show - final day 10am - 4pm

We acknowledge the Traditional Custodians of the land, the Wadawurrung People of the Kulin Nation. We pay our respects to Elders past and present, and emerging leaders.



SpringDale Messenger

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17-21 High Street, Drysdale Vic 3222.

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Bookings/copy required by 1 September.
Dist: 25 September 2024
Circ: 15,000 copies home & shop delivered

Available online for millions to read
https://docs.springdale.org.au/Msngr_2024/3408_MsngrSep2024.pdf

Connecting Your Business with our Community

For all Advertising enquiries:

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Advertisements: *Must be supplied with all text outlined.* All requirements are listed at springdale.org.au

For all Editorial enquiries:

Email: messenger@springdale.org.au

Phone: (03) 5253 1960

Online: Use the online form to lodge an article at springdale.org.au

Editorial: All contributors are asked to provide their articles as Word doc, PDF, email or online for ease of processing. Contributions are still accepted as written copy but need to be submitted in the week prior to our copy deadline.

Editing of Contributors Material:

Contributors should note that the right to modify submitted articles is retained by The SpringDale Messenger Committee as per our policy. Views expressed in this newsletter are not necessarily the views of the publisher, the SpringDale Neighbourhood Centre Inc.

Images: Please supply high resolution images, minimum 300dpi at print size or larger than a 1MG attachment. Images placed in Word files will **not be accepted**.

Distribution: Distributed throughout Drysdale, Clifton Springs, Portarlinton, Indented Head, St Leonards, Ocean Grove and selected businesses on the Bellarine Peninsula.

Art & Design by Jo Aspland Graphic Design 0438 055 679

The SpringDale Messenger is a locally produced publication.



This copy is one of almost 2 million community newspapers printing annually by members of Community Newspaper Association Victoria



United Nations Association of Australia Victorian Division



SpringDale Neighbourhood Centre Inc. acknowledges the support of:



Education and Training



Environment, Land, Water and Planning



Coordinator's News



Anne Brackley

Dear Friends and Friends I am yet to meet

A couple of months ago, I started my column with a different greeting, I'm not sure why, but my niece was most disappointed. Consistency is so important with the role that SpringDale plays in the community, and so I am back to my usual start and I promise to stay on track, thanks Emily for the reminder.

Thanks to everyone who helped make Science Week so special last month and thanks to everyone who will make our next calendar of events special in Adult Learners' Week in September, Seniors Week and Children's Week both in October. Then the Adrian Mannix OAM Community Service Award in November and SpringDale's AGM, so much coming up in the next few months.

Our eyes are always on the horizon, making sure there is always something coming up and hopefully always something new or special to learn or try, so you are engaged and looking forward to something, that seems to be especially designed for you. We are always listening and trying to jump ahead.

But, our hands, feet and hearts are here in the present trying to ensure that our offerings are as good and professional as they can be. Continuous improvement is part of our DNA and we are always on the lookout to monitor and improve our services, programs and offerings.

Our services continue to evolve as needs evolve. Over the last few years, we spent many hours helping people gain Power Saving Bonuses. We are still seeing many people each week, ask us about any Power Saving help that is available. This year financial help for power is being automatically applied to your electricity bill and there is no need to apply for

assistance. Hopefully you'll find some other reason to come in and see us.

Many people seem to love our monthly magazine, the SpringDale Messenger. We are a member of the Community Newspaper Association of Victoria and we do enter the annual awards each year and have had success in many categories. If anyone would like to help us decide which articles/editions to put forward for this year's awards, I would love to hear from you. Perhaps you might like to help for next year - please let me know if you have interest in giving us help in this way.

Thanks to everyone who helps bring each edition to life, writers, photographers, proof readers, editors, advertisers and Jo Aspland, our graphic designer who brings it all together. Thanks to our fantastic deliverers who help get copies to thousands of people all over the Bellarine and sometimes beyond. We have a fantastic team of people all working together, to bring positive messages to our community. Thank you to everyone.

Looking forward to seeing you at SpringDale
Anne Brackley OAM for team SpringDale



Repair Café
Toss it? No way!

Skilled Volunteers Needed to help with Repair Café sessions in October.

Please email groups@springdale.org.au or phone 5253 1960.

Be part of the upcoming edition now! Business & Services on the Bellarine 2024/25 Directory



It's all about connecting people

Business & Services On The Bellarine 2024/25 Directory is a tool that other businesses and householders are coming to rely upon for information about local services.



For information about colour display advertisement specifications and costings, please phone SpringDale Neighbourhood Centre (03) 52531960.

Support Your Local SpringDale Neighbourhood Centre - Advertise Locally

New Opportunities

Italian for Travellers

Instructor: Agata Comisso
Dates/times: Mon 14 Oct - 18 Nov 10am - 12noon
Fee: \$140 conc \$120

My Efficient Electric Home

Tim Forcey
Fri 6 Sep 7pm - Free - Bookings 5253 1960

Airfryer Cooking for One or Small Family

Instructor: Agata Comisso
Dates/times: Tues 8 Oct - 29 Oct 10am - 12noon Or Sat 9 - 30 Nov 10am - 12noon
Fee: \$120 conc \$60

Living & Cooking on a Budget

Instructor: Agata Comisso
Dates/times: Tues 12 & 19 Nov 6 - 8pm
Fee: \$50 conc \$20

Restore, Recharge & Stress Relief

Instructor: Agata Comisso
Dates/times: Sat 12 - 26 Oct 10 - 11am
Fee: \$35 conc \$30

Quit Vaping

Instructor: Tony Ahearn
Dates/times: Fri 13 Sep 7-8pm
Fee: \$100 conc \$80

Chess Group is back

Register your interest

German Speaking group

Now meets 1st and 3rd Thursdays 3-4pm

War Hammer

is back on a Wednesday evening 2nd and 4th Wednesdays 5-10pm



Friendly Cuppa & Chat

Tuesday 3 September 10-11am **FREE**
Come & Chat at SpringDale - RSVP 5253 1960



The SpringDale Lunch Bunch are going to Clifton Springs Golf Club Wed 18 Sept 12 noon.
Bookings essential ring Margaret 0418 370 857.



SpringDale Dining group are going to Leopold Sportsmans Club Tues 10 Sept 6pm.
Bookings essential ring SpringDale 5253 1960 or email dining@springdale.org.au

QUOTE OF THE MONTH

Work with your mistakes

Celia Adams - Art Therapist

Anne Brackley - Quote curator

Alison Marchant Member for Bellarine



Regional Community Sports Infrastructure Grant

In very exciting news, the Wallington Reserve has been successful under the State Government's Regional Community Sports Infrastructure Fund, which means serious upgrades for the pavilion to improve all-abilities access, the changerooms and social spaces for the Wallington Cricket Club and the Bellarine Bears Baseball Club.

In addition to these upgrades, both clubs will share \$50,000 to support their all-abilities programs which create opportunities for kids of all abilities to play baseball or cricket and be a part of their sporting community.

Over August, the Bellarine Bears will run their junior all-abilities baseball sessions, and you can find more information at their Facebook page.

Congratulations to both clubs and all members, as I know many people have worked towards this project over many years. The project jointly funded by State Government and Local Council, demonstrates the positive impact we can make when working together.

Tiny Towns Fund

Five projects were recently announced as recipients of the first round of the Tiny Towns Fund in the Bellarine. This funding empowers our small towns to thrive, ensuring projects that locals are passionate about can become a

reality and make our communities even better places to live and visit across the Bellarine

These projects include Bellarine Bears Baseball Club to upgrade and improve fencing at the Wallington Recreation Reserve Baseball field, and Queenscliff Maritime Museum, to refurbish the historic Gil Allbutt Boat Shed.

Indented Heads Yacht Club were also successful in receiving funding to deliver clubhouse refurbishments, St Leonards Progress Association to deliver upgrades to the Memorial Hall, as well as Portarlington Bayside Miniature Railway Inc, to refurbish the Point Richards Station and Signal Box Building.

I know grants like these make a big difference to our communities, and a big congratulations to all the passionate volunteers who have worked hard to see projects like these come to life.

Orange Door Access Point Drysdale

Recently, I joined the Minister for Prevention of Family Violence to visit The Orange Door Access Point in Drysdale, to meet with staff and hear more about the impact this service is having in the region.

The Drysdale Orange Door has allowed for support closer to home for Bellarine residents and assists families experiencing family violence. It has been operating for a year now, and unfortunately the Bellarine is not immune, with the service being very busy.

With an older population on the Bellarine, The Orange Door also raised a worrying concern, with a growing trend of elder abuse. This may be from family members, but it may also be from neighbours or someone in the wider

community taking advantage of an older person.

If you are someone concerned about this, you can seek confidential advice from Seniors Rights Victoria, on 1300 368 821 Mon - Fri 10am-5pm.

The Orange Door network is a free service that doesn't require a referral. They can be contacted on 1800 312 820 or emailed at barwon@orangedoor.vic.gov.au or you can drop in to 23-25 Palmerston St Drysdale from 9am-5pm Monday to Friday. More information is also available at their website: www.orangedoor.vic.gov.au

As your local member of State Government, please contact my office on 03 5250 1987 or via email alison.marchant@parliament.vic.gov.au if you require any assistance.

Bellarine Agricultural Show 2025 Call for Volunteers



The Committee has shaken off the disappointment of this year's cancellation and is looking forward to a bigger and better offering in 2025, so mark it in your calendars now - Sunday 9 March

As always, volunteers will play a huge role in the overall success of the day.

We have a number of roles available - set up, pack down, parking attendants or assisting on the day in some of our competition areas - whatever you are able to commit to, we would love to hear from you.

To register your interest, please send an email to bellarineshow@gmail.com

Alison Marchant.

Member for Bellarine

The Pharmacy Pilot Program is improving access to health care in the Bellarine.

There are seven local pharmacies on the Bellarine included in this pilot offering pharmacy consultations for:

- UTIs
- Mild skin conditions
- Resupply of the contraceptive pill
- A range of vaccinations for travel and other health vaccines

Scan the QR code for more information about the Pharmacy Pilot.



📍 Wadawurrung Country, Shop G066, Gateway Plaza, 641-659 Bellarine Highway, Leopold VIC 3224

☎ 03 5250 1987 ✉ alison.marchant@parliament.vic.gov.au

🌐 www.alisonmarchantmp.com.au 📱 Alison Marchant - Member for Bellarine

Spring has sprung! And we have a month of superlative shows at the Potato Shed for your enjoyment and delight.

Saturday 7 September, the powerhouse trio of tenors, Tenore, will take you on a journey through the worlds of Opera, Musical Theatre, Jazz and more when they present **Moment by Moment**.

David Kidd, Stewart Morris and Andrew Pryor met when touring internationally with the Ten Tenors. With a combined experience of 70 years in the industry, Tenore deliver the classics with their trademark humour and fun.

September Morning Showtime show, **Songs The Beatles Gave Away**, Tuesday 10 September highlights the incredible talent and generosity of one of the greats of pop music.

Presented by Adam Parsons, Songs The Beatles Gave Away features music originally sung by Cilla Black; Gerry & the Pacemakers and Billy J Kramer. As always, morning tea provided.

The legend that is Jane Clifton will take you on an immersive journey in her new theatre piece **A Day at a time in rhyme**, 2pm Sunday 15 September. Part word, part soundscape, part image and part music, Jane mines her 2019 diary as source material for her latest show, peeling back the layers to share her witty, and often poignant, observations on life. There will be a Q&A session after the show, facilitated by Jane, discussing her writing process and how you too can record the everyday things in life.

Victorian travelling opera company, Lyster Opera, brings to life Rossini's **The Italian Girl in Algiers**, Thursday 19 September. Rossini's sparkling score and witty story of Isabella, the Italian girl, and her adventures in Algeria, celebrate the ingenuity and smarts of Isabella as she outwits and outmanoeuvres Algerian Governor Mustafa. A must for opera fans.

Our September school holiday shows kick off with **Little Red is in the Hood**, presented by quality children's entertainment company Jally Entertainment. One day only, Sunday 22 September, 1.00pm and 4.00pm. Little Red loves her Granny and her neighbourhood. She's like a super-hero in a hoodie - always on the lookout for litterbugs and people who don't know how to recycle. Suitable for ages 3-12.

All shows are on sale now at potatoshed.com.au or you can visit our box office between 10am and 4pm Mondays-Fridays. You can also call 5251 1998 to book.

We look forward to welcoming you to your home of the performing arts on the Bellarine.

WIN DOUBLE PASS to

A Day at a time in rhyme
Sunday 15 September at 2pm

To enter fill out the coupon, send or deliver to:
 SpringDale Neighbourhood Centre High St Drysdale

Name: _____

Address: _____

Phone No: _____

COMPETITION CLOSING FRIDAY 6 SEPTEMBER 4PM

Navigating Aged Care

Estia Health Leopold will be presenting a **FREE** information session to help you understand the access and support you need.

Navigating the aged care system from home care, respite to residential care (for those requiring more support).

DATE - Friday 6th September
TIME - 1.30pm
at SpringDale

To book a spot or for further information please call Gabby on 0419 336 841



WHAT'S ON

MOMENT BY MOMENT



SATURDAY
7 SEPTEMBER
8PM

With a combined seventy years' experience in the industry, **David Kidd, Stewart Morris** and **Andrew Pryor** know how to put on a dynamic, hugely entertaining show. They bring their sense of fun and sophistication to the classics from Opera, Music Theatre, Jazz and everything in between.

Cabaret Seating:
 Adult \$42 Conc \$40
Theatre Seating:
 Adult \$40 Conc \$38

SONGS THE BEATLES GAVE AWAY



TUESDAY
10 SEPTEMBER
10.30AM

Adam Parsons sings the music of **Billy J Kramer**, the **Fourmost** and more, while **Reyna Hudgell** sings those of **Cilla Black** and the female singers.



All Tickets: \$20
 Including Morning Tea

A DAY AT A TIME IN RHYME



SUNDAY
15 SEPTEMBER
2PM

An immersive new piece of hybrid theatre written and performed by industry veteran **Jane Clifton**, comprising spoken word, soundscape, image and music, with source material drawn from her 2019 published poetry diary of the same name.

Cabaret Seating:
 Adult \$42 Conc \$40
Theatre Seating:
 Adult \$40 Conc \$38

THE ITALIAN GIRL IN ALGIERS



THURSDAY
19 SEPTEMBER
7.30PM

Lyster Opera - Victoria's Travelling Opera Company - are coming to the Potato Shed for one night only with Rossini's hilarious comedy **The Italian Girl in Algiers**. This opera features one of **Rossini's** most dazzling scores, vividly brought to life by some of Victoria's most exciting professional singers.

Tickets: Adult \$40 Conc \$35
 Child \$30 Under 16 Years

LITTLE RED IS IN THE HOOD



SCHOOL HOLIDAY SHOW

SUNDAY
22 SEPTEMBER
1PM & 4PM

Little Red loves her Granny and her neighbourhood!

She's like a super-hero in a hoodie - always on the lookout for litterbugs and people who don't know how to Recycle.

Suitable for ages 3-12. Children under two free admission.

Tickets: Adult \$14
 Family x 4 (2A/2C) \$45

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Wanting to shape our community is one of the main reasons I became a councillor for the Bellarine. However, you don't have to be a councillor to influence the future of our unique and beautiful area. Everyone in Greater Geelong has a part to play in shaping our city's future. That's why we're asking the community to share their thoughts for our Community Plan 2025-2029.

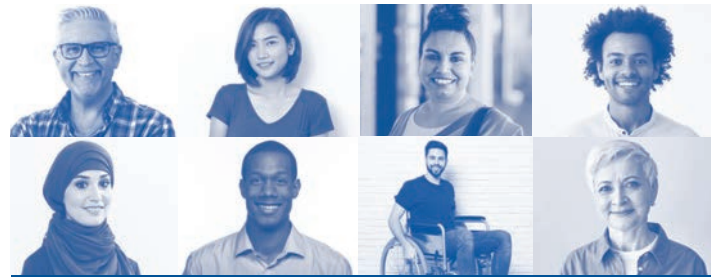
This vital document guides everything we do as a council, from investing in new infrastructure for our growing community to the more than 130 services we provide. It's a vision for the entire Greater Geelong region for the next four years, so it's crucial that as many people as possible share their ideas. Residents of Greater Geelong can tell us what they think our priorities should be and how we should allocate our funding.

We want to hear from you, so please visit our Council Plan 2025-2029 Have Your Say webpage at yoursay.geelongaustralia.com.au/CP202529 before 11.59pm on Sunday, 15 September.

Another of my favourite tasks as a councillor is working with our Youth Council through our Councillor Connect Mentoring Program. I am constantly impressed by the passion and drive of our Youth Council and their vision for the future.

Nominations for the 2025 Youth Council are open and we're looking for the next group of outstanding young leaders to be the 'youth voice' of Geelong. The Youth Council plays a vital role in helping us understand the issues that are important to local young people and gives them a say in the decisions that affect their lives.

To be eligible, nominees must live in the City of Greater Geelong local government area, be aged between 12 and 17 at the time of nomination, be able to attend 80 per cent of monthly meetings and participate in a three-day Youth Council induction in mid-late January 2025. We want a diverse Youth Council that represents the entire Greater Geelong community, so I encourage all young people to



GEELONG COUNCIL ELECTION OCTOBER 2024

KEY DATES

Monday 9 September: Candidate nominations open

Tuesday 17 September: Candidate nominations close

Friday 25 October: Post your vote by 6.00pm



For more information, scan the QR code or visit geelong.link/Election



apply. If you would like to nominate yourself or someone you know, visit geelongaustralia.com.au/youthcouncil. Nominations close on 13 September.

Advertisement

I am here to help.



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- Immigration, citizenship and customs
- Passports
- Pensions, and My Aged Care
- Child support
- Veterans' Affairs

SCAN THE QR CODE TO READ MY BUDGET NEWSLETTER

LIBBY COKER
FEDERAL MP FOR CORANGAMITE

Email Libby.Coker.MP@aph.gov.au
Phone 03 5261 7683
Web libbycoker.com.au @LibbyCokerMP

Authorised by Libby Coker, Australian Labor Party, 26/500-540 Torquay Road, Armstrong Creek VIC 3217



Re-imagining Housing for Seniors

I've been quite surprised by the number of people who have responded to these last few articles about "Re-imagining Housing for Seniors".

It's been an interesting mix of senior women and retired or semi-retired builders and part time property developers.

We have senior women who own their homes and are looking to downsize. They aren't interested in the very small units that are available, or the very expensive Retirement Village options.

We have women over 55 who will never be able to own a home and are needing to find more affordable and long-term rental options.

We also have some retired or semi-retired men, who have many years of experience in building, construction and property development.

I was most surprised by this group. They have expressed frustration over the lack of imagination or even common sense, in continuing to build a constant stream of 3 or 4-bedroom family homes, without any thought for singles, couples or smaller families that can't afford, and don't need these bigger homes.

In so many ways these days, we are overwhelmed by choice when buying products. But it seems this doesn't extend to the housing market. Developers continue to serve up an offering that only caters for one section of the market, and because of a lack of choice most of us pay more for a product that doesn't really suit our needs.

If you would like to join us, as we look to find solutions for these issues, please contact me. We'd love to hear your thoughts.

Dianne Bennett

diannebennett4@hotmail.com

BELLARINE VINTAGE MACHINERY

• Sunday 1st September • 9am-3pm •



FATHER'S DAY EVENT

Bellarine Vintage Machinery Group Inc.'s Father's Day Event at Oneday Estate Winery, 45 Curlewis Road, Curlewis on **Sunday 1 September 2024, from 9am - 3pm**

This year there will be live demonstrations, sheep shearing and market stalls to give the whole family something to look at.

The traditional steam engines, tractors and engines will be on display.

Australian made Grain Roller Mills working displays and a vintage tractor pull will be conducted.

There will be plenty to see and do for the whole family. Including horse and cart rides, tractor trailer rides, various market stalls, various displays, classic cars and trucks and there will be food available on site.

We hope to see you there.



Oneday
ESTATE

Entry

Adults \$10

Children Free

For more information, please contact Graeme Brown on 0408 524 067 and for the tractor pull please contact Mike Moore on 0458 493 872

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Shannon Calder
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Treaties in Victoria Discussion

We recently had an information sharing session at SpringDale on the Treaties being developed in Victoria with the Victorian Government and the Traditional Owners of the Aboriginal countries in Victoria.

It was provided by two members of Geelong One Fire Reconciliation Group, to bring a conversation for learning together.

It was explained that the Yoorook Justice Commission has completed its hearing sessions: listening to the experiences of Aboriginal people in Victoria since communities' lives were changed by settlement of European peoples. You can listen to them online: some are harrowing experiences, while others show that some people held onto language and traditions despite pressure to lose their cultural practices. The Commission will prepare a report in 2025 to submit to the Victorian Government and the First Peoples' Assembly of Victoria which will assist with changes to agencies such as policing and welfare services in Victoria

Meanwhile the Treaty negotiations will begin soon between the First Peoples' Assembly (including recently elected leaders from 32 communities) and the State Government. The first stage is an overall Victorian Treaty and then later on there will be separate ones for Traditional Owner Groups with the councils/shires on their Countries.

The Treaty proposes to make a better future for the Aboriginal communities and to be able to share, celebrate and benefit with all people who call Victoria home from the wisdom and knowledge from the many tens of thousands of years living on and caring for this land, waters and air.

We propose to have further session/s as the negotiations and discussions progress.

You can read more at <https://www.firstpeoplesvic.org/treaty/>

See: <https://www.geelongonefire.org.au/>

Rob G



Manifesting Care Share Repair



Over the last 6 months I have been the recipient of some Care and Repair - two treasured items were fixed by one of our members. A very useful 40 year old clothes horse had need of an arm replacement and some new arm caps and a Halloween dish needed some help. After receiving this support, I was very grateful and, I have paid it forward by adding to 3 loved beanies to make them more fit for purpose making two other people happy.

Hoping there might be people in our community, who might like to share their skills with other members of our community and help them to fix their treasured items. We will do this as part of Seniors' Month and we will do this with a grant from City of Greater Geelong, to help us provide refreshments during these repair sessions.

If you would like to help - please let SpringDale know - what the skill is and when you will be available during 1-6 October. Then we will advertise the skill and try to match people with the need for that skill to the time slot you have nominated. Hopefully this will all work.

We also need people to consider what they would like to have repaired and perhaps you could nominate those items and we'll try to find the support needed.

Contact SpringDale via messenger@springdale.org.au or phone 5253 1960 and leave your details for help or to help.

Anne Brackley Chief Enthusiasm Officer for Team SpringDale

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CHESS CLUB

Do you have an interest in Chess - You're never too young or old to play chess.

Come and join us at SpringDale to play Chess in a relaxed friendly atmosphere. We welcome people of all ages and skill level, to come and either learn or improve their Chess.

Please let us know if you are interested in being part of this group - day of week and time of day to be decided. Please contact me via SpringDale Neighbourhood Centre office@springdale.org.au or phone 5253 1960.

Rodney Hessing



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Another day in the Life of SpringDale Neighbourhood Centre, celebrating 35 years of learning, advocating, social connecting and having fun.

Photos courtesy of Mark Bloothoofd.

MEETING MONTHLY



Business on the Bellarine

NEW MEMBERS & VISITORS WELCOMED

BOB's monthly networking events offer business professionals valuable opportunities to foster connections, mutually support one another, and contribute to the growth of both the local economy and community.

We meet on the 2nd Tuesday each month @ 7.45am. Contact Jo Aspland on 0438 055 679 for more details.

Follow us on  @BusinessOnBellarine

www.business.onthebellarine.com.au

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Put a name on it.

As an interested resident, I think Place names are important. I love that both Murradoc and Bellarine have indigenous roots as does Geelong. I would be interested to hear if you know more about the meaning of Murradoc. I really delight in sharing the story of our Drysdale being named after a community focused, farming woman and that her farming partner, Caroline Newcomb is also remembered in the streets of Portarlington, Drysdale and of course Newcomb in Geelong. A recent study completed across Victorian Local Government, indicated that only one (1) in ten (10) commemorative place names are linked to women. I think we can, need and should do better, as we all know, women make up 50 % of the population and we have all benefitted from their strength and resilience.

I would love to hear your recommendations for new place and street names in your area. I'd also be really interested to hear your suggestions for names, which could be considered for replacement. Let's shift the ratio towards equity.

Let's kick start "Finding her" (and indigenous names) on the Bellarine this spring and, let's work together for "Herstory" in public spaces. Email me: KateLockhart4Bellarine@gmail.com or write to K. Lockhart, P.O. Box 121, Drysdale 3222.

Or submit and put a name on the nomination form by November 25. <https://engage.vic.gov.au/name-a-place>

Footpaths for Health

Recently I retired and moved to Drysdale with my energetic dog. I've always walked extensively for my own physical and psychological wellbeing, and to provide my dog with the stimulation he needs to be happy and content. We've greatly enjoyed walking around Drysdale/Clifton Springs/Curlewis, slowly learning about the area and meeting some of the locals. This has really helped us to settle into our new home and neighbourhood.

I am a supporter of more foot paths for Drysdale/Clifton Springs/Curlewis because there are so many obvious and incidental benefits for residents of all age groups, just by being able to access footpaths to move around safely. Often, when I'm walking my dog, children and older residents ask if they can pat him, which is a lovely way to interact, make a difference to a person's day, and maintain our healthy community! Regularly we walk on the road shoulder like many other residents, because the nature strips are either uneven or have long wet grass. Walking on the road shoulder is not ideal but necessary at times, so I look forward to the day when we can all go for long walks on footpaths that are connected, and further enhance this wonderful community.

A new resident.

I am writing to you to express my support for the introduction of footpaths for Drysdale and Clifton Springs.

As a mother of two teenage boys who regularly catch public transport, introduction of footpaths would be such a benefit for their safety by separating vehicles and pedestrians. This would allow pedestrians to walk to bus stops with greater safety and also promoting a healthy life style by encouraging more people to walk and feel safe.

I applaud you for addressing this issue while aiming to keep our community, and our children safe through the introduction of footpaths for Drysdale and Clifton Springs.

Mother of 2 teenage boys.



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VOTE 1 **KATE LOCKHART: Murradoc Ward**
Working for our communities City of Greater Geelong

We need stronger council transparency, accountability and community collaboration for:

- Better public services and facilities across the Bellarine and Geelong.
- Stronger social connection and
- Effective climate action for our region.

I am a local resident and volunteer deeply involved in Bellarine organisations that value teamwork, integrity and action. My practical contributions with local clubs, landholders and Traditional Owners across sport, education, environment, and culture are making a difference.

Please retain until you vote in October, then please recycle. Authorised by K. Lockhart, P.O. Box 121, Drysdale, VIC 3222.

 @katelockhart3222  KateLockhart4Bellarine@gmail.com 

I will work and strongly act for:

Connecting paths for everyone to access local schools, services and shops.	Protecting our natural environment & Building climate resilience for our region.	Invest more in accessible community cultural & sporting facilities for all.
Better public transport and roads so everyone can move across the Bellarine.	Supporting community sport & recreation clubs to help build physical and social resilience.	More affordable & social housing for our essential workers & vulnerable residents.

Vote 1 KATE LOCKHART: Murradoc Ward

Hypnotherapy Help with IBS Symptoms

Irritable Bowel Syndrome (IBS) is a common, and often debilitating condition, affecting the digestive system. The prevalence of IBS is twice as high in women than it is in men, and many IBS sufferers experience symptoms before the age of 35. Common symptoms are abdominal pain, bloating, gas, and irregular bowel movements. While various treatments exist, hypnotherapy has emerged as a particularly effective approach for managing and easing symptoms. This mind-body technique uses the power of suggestion and deep relaxation to promote positive changes in gut function and overall well-being.



Effectiveness

There are many studies that show hypnotherapy can reduce IBS symptoms over a term of treatment. Clients have experienced long-term relief, with improvements in pain, bloating, and bowel habits. The benefits of hypnotherapy also extend beyond symptom relief, enhancing overall quality of life, reducing stress and improving well-being. If personal therapy is not for you, the very successful "Nerva" app, is a generic, science supported and educational hypnotherapy program that is increasing in popularity as IBS clients look for empowering ways to confidently reengage with daily routine.

Hypnotherapy can be a positive complement to your treatment for IBS, harnessing the mind's power to influence gut health. By reducing stress, managing pain, improving gut function, and promoting positive behaviour changes, hypnotherapy can provide relief for those struggling with IBS. Seeking a holistic and non-invasive approach to managing your symptoms with hypnotherapy may be a valuable addition to your treatment plan.

Kim High - Clinical Hypnotherapist
BSc DipEd MEnv DipClinHyp
Family Hypnotherapy

Understanding Hypnotherapy

Hypnotherapy involves being guided into a state of deep relaxation and focused attention, often referred to as a trance. In this state, the mind is more receptive to suggestions aimed at promoting health and wellness. For IBS sufferers, hypnotherapy sessions are typically tailored to address their specific symptoms and underlying stressors contributing to their condition.

How Hypnotherapy can reduce IBS Symptoms

- 1. Stress Reduction:** Stress and anxiety are known to exacerbate IBS symptoms. Hypnotherapy helps to calm the mind and body, reducing stress levels which can alleviate the impact of stress on the digestive system. By promoting relaxation, hypnotherapy can help break the cycle of stress-induced flare-ups.
- 2. Pain Management:** Hypnotherapy can alter the perception of pain through targeted suggestions. This may include reducing attention or changing the client's beliefs about the meaning of the sensations from the gastrointestinal tract. The deep relaxation techniques used can help reduce the intensity of abdominal discomfort associated with IBS.
- 3. Improved Gut Function:** Through visualization techniques, hypnotherapy can encourage smoother and more regular gut function. Suggestions aimed at normalizing bowel movements and reducing spasms can lead to a more stable digestive process.



- 4. Behavioural Changes:** Hypnotherapy can also address unhealthy eating habits or lifestyle choices that may contribute to IBS. By reinforcing positive behaviours and attitudes, hypnotherapy supports a holistic approach to managing the condition.



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A story to spark conversations with young children about Dementia by Glenda Mac Naughton

My mother Joyce Neal (nee MacNaughton, nee Davis) was 93 years old when she died. She'd live all but a few years of her life here on the Bellarine, and many artifacts from her life are now housed in the Bellarine Historical Society. Her smile and sense of fun, was a gift that endured throughout the hard, amazing and the wonderful special times in her life. It even endured through her dementia, that touched her life in its final couple of years.

As many readers will know, when someone has dementia, the person you once knew, you must constantly learn to know all over again. As I learnt to do this, Mum's dementia brought hard times and sadness amongst love and laughter. It also brought very special new people into our lives who shaped new stories with us - her carers.

In my final days with Mum, when I knew our story-making together was coming to an end, I wrote a story for young children about dementia. It was inspired by my experiences of living with mum's dementia, and how so often when I was most sad about it, mum and her creations gifted me a smile. I wrote it for me, for Joyce, her legacy, and for anyone whose lives are touched by dementia.

Briefly, the story is about Meg and Joyce. Meg has a special friend Joyce who has dementia. Sometimes when Meg visits, Joyce forgets things, but then amazingly and wonderfully something special happens that makes them smile. Based on the author's experience with her mother Joyce, the book reminds us that special joyful moments are possible for everyone, even those with advanced dementia, and those that care for them, when we find ways to see them.

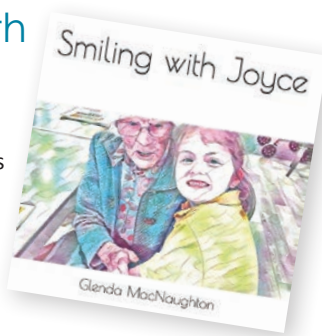
I have written many non-fiction books for adults about young children. This was my first foray into writing for young children. I hope it starts conversations with young children about the unpredictable effects of memory loss on people they might know.

The illustrations are taken from my photos of mum's "daily creations", that became more and more bizarre, but amusing also as her dementia progressed. With the help of AI, I have turned them into paintings full of detail and personality, that offers lots to explore and discuss with young children.

The book is available on Amazon.com and all profits from its sales are being donated to Dementia Australia.

Glenda MacNaughton

This a book is available at SpringDale Neighbourhood Centre to view.



Adrian Mannix OAM Community Service Award 2024

More than 20 years ago, a local identity was honoured with a community service award created to commemorate his life and to celebrate community service on the North Bellarine.

The Adrian Mannix OAM Community Service Award has been part of the Community calendar giving our local communities the opportunity to nominate and celebrate so many parts of Community life and service.

The Rotary Club of Bellarine North and SpringDale Neighbourhood Centre work together to present this community service award in November each year.

If you know a resident of the North Bellarine who has contributed in an outstanding way to community life, please put forward a nomination.

Nomination forms available from SpringDale Neighbourhood Centre via our website or from our office.

Nominations will close 1 November 2024.



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BELLARINE CAMERA CLUB

The latest Set Subject competition "Black and White" was judged by David Rendle. He is a local photographer who has years of experience with black and white photography. He reviewed and critiqued the prints and images from the members.

The results were;

Prints: A Grade: 1st "Sheep Ready, Shearer Ready, Let's Go" by Daryl Haywood, 2nd "Candid Capture of Cam" by Daryl Haywood, 3rd "Ready for Take Off" by Jon Furey.

B Grade: 1st "Cheetham Salt Works" by Dinny Goonan, 2nd "foggy Drysdale Station" by Geoff Evans, 3rd "Setting Sail in the Fog" by Geoff Evans.

Electronic Digital Images: A Grade: 1st and Image of the Competition "Doug" by Debbie Hallows, 2nd "Beauty" by Lynne Pearce, 3rd "Laced" by Sheridan Garra, Merit "Agave ICM" by Lynne Pearce, Merit "Dance with the Grim Reaper" by Darren Henry.

B Grade: 1st "Black Rock" by Geoff Gaskill, 2nd "Arts Centre" by Dinny Goonan, 3rd "Faded Glory" by Geoff Gaskill.

Congratulations to all.

Bellarine Camera Club meets at SpringDale Neighbourhood Centre at 7.30pm on the 1st and 3rd Monday of each month. For further details see www.bellarinecameraclub.org.au

New members and visitors are very welcome.

Contact President Debbie
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- Waterford, Blarney, West Cork - Kinsale
- Ring of Kerry to take a panoramic drive along part of Ireland's southwestern peninsula
- Dublin, Belfast - Titanic Belfast Experience
- Edinburgh Castle - Scotland's Crown Jewels
- York, Stratford-Upon-Avon, Shakespeare's birthplace and Blenheim Palace

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SpringDale Trivia

by Drysdale Girl Guides

1. Who won the 2023 Brownlow Medal?
2. What is the process where a plant uses sunlight, water and carbon dioxide to produce oxygen?
3. Who created the comedy science fiction radio series "the Hitchhikers Guide to the Galaxy," which was later adapted to novels, stage shows, TV, film and other media?
4. Which continent is the country of Morocco part of?
5. In what year did the Titanic sink?
6. What sort of flowering plant is the floral emblem of Denmark?
7. Who, in 1903, was the first woman to win a Nobel Prize?
8. What is the name of the river that flows through Paris, and was the focal point of the 2024 Olympic Opening Ceremony?
9. First released in April, 1974, what was Stephen King's first published novel?
10. The guitar solo in Michael Jackson's "Beat it" was performed by who?

Turn to page 22 to find the answers.



Drysdale Guides Meet on Thursdays during the school term from 7pm to 8:30pm. If you are interested or have any questions, please contact Anne Brackley on 0407 529 205 or go to <https://www.guidesvic.org.au/find-us/> to make an enquiry.



Hi there, How about the radar/rocket launcher/relay station on standby outside SpringDale for science week 2024? You'd better believe it! John.

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Memories of Yesteryear

THE FAMILY HISTORY QUEST 05 CEMETERIES

Many people see cemeteries as gloomy places and refuse to visit even to see the graves of family members. I have visited lots of cemeteries and although I am careful of snakes and spiders, especially in country cemeteries, I always enjoy the visit, especially if I have found the grave of an ancestor and family member. By looking at the headstones, we can gain information on the past, including birth and death dates and family members. Cemeteries act as a place of memorial.

Cemetery records can provide information about the death of family members and can be useful when you can't find a death certificate.

There are two types of cemetery records - burial records, and headstone inscriptions.

Burial records can vary in the amount of information they provide, but might contain: the name of the person who died, their age at time of death, the date of their death and/or burial, where they lived, who performed the ceremony, and the name of the undertaker, their religion, the location of their grave in the cemetery, names of other people buried in the same grave, and, a transcription of the inscription on the headstone. Burial records list all burials in a cemetery, even when there isn't a headstone or plaque. You will need to know the cemetery your relation is buried in and contact them for this information. Many large city cemeteries have websites you can search for your ancestor and provide maps to

locate the grave. The small country cemeteries often do not have this luxury.

Headstone inscriptions are the words found in cemeteries on plaques, headstones and at gravesites. They often provide useful information not found elsewhere, particularly for early deaths where written records don't exist or contain little detail. You will not always find a headstone on a grave. Many people were buried in unmarked graves, and old headstones have often weathered, been destroyed or are hard to read. In this case, you might be able to find information from registers published by local family history societies.

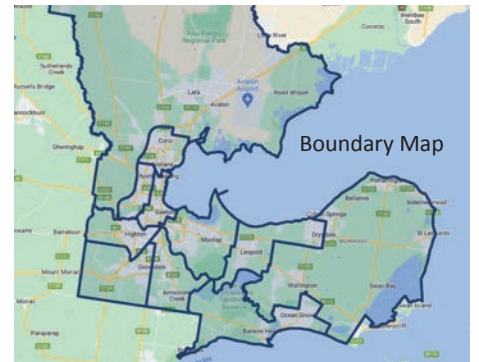
Note: that some tombstones can have the wrong dates, and you need to consult several sources to confirm dates.

John Mathes



Drysdale Clifton Springs Curlewis Association

Combined Bellarine Community Associations consists of all the community associations from each of our towns, villages and hamlets on the Bellarine. We have worked well together over the last 8 years alongside the City of Greater Geelong Bellarine Ward, consisting of 3 Ward Councillors. The Council ward structures have changed for the election in October and we again have 3 separate wards for the Bellarine area. Each ward will have one Councillor and so the Combined Bellarine Community Association is organising 3 separate meet the candidate session - Murradoc Ward Wed 25 Sept Parks Hall Portarlington 7pm, Leopold Ward Wed 9 Oct Springdale Hall Drysdale 7pm, Connewarre Ward - date and venue to be confirmed. Please email dryclifton@gmail.com for more information as it comes to hand.



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Clifton Springs Garden Club

Our September monthly meeting is our AGM so I would like to take this opportunity of thanking our hard working committee for the amazing job they all do in keeping this club running smoothly and making it a happy club to be part of. Community groups cannot exist without a Committee. We have been fortunate over the years to have great committees with someone always happy to step up when someone steps down. We try and make our AGM's as interesting as our normal monthly meetings and this one will be no exception with Carole O'Neill as our guest speaker. Carole is well known in this area for her wonderful photographs and presentations and her monthly article in the SpringDale Messenger.

Last month Susan John's presentation of photographs and history of her visit to the Lost Gardens of Heligan was most interesting. I am sure everyone has heard of these gardens but not many would have had the opportunity to visit them. Thank you Susan.

Our Outings Co-ordinator Keith has been very busy arranging outings for the rest of the year whilst we had a break during winter. Our September outing will be to the Bellarine Landcare nursery followed by lunch. This is a follow up from Beth Ross's presentation in April.

PHOTOS : Lost gardens of Heligan



Our Club meets the first Monday of the month in the Uniting Church Hall Drysdale at 7.30 pm. Visitors are most welcome. If you would like to keep up to date on upcoming speakers and outings, you might like to go on our mailing list, or contact our Secretary Helen, on telephone 5257 2220 or email hma3152@gmail.com for more information.



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Bellarine Food Scraps & Compost Warriors

So much has happened since Clancey and I started this project late last year. We record the weight of the food scraps returned to us, which in late July has reached 500KGS.

Worms are breeding in our compost and the compost is turning well.

I expect we will have some compost to give out at an upcoming event in September. This is something to celebrate, and I thank each and every one that has supported us.

I don't know how many buckets I have washed, but it must be in the 100's. What we offer, is another option for people who don't want to put their food scraps into landfill. We will provide you with a bucket and lid to collect and store your food scraps in.

We also offer four drop off points where you can leave these buckets, and collect a fresh bucket - Artisans of Australia, 1472 Portarlington Rd Curlewis; 16 Station St Drysdale; 203 Country Club Drive Clifton springs and 4 Wiltons Rd Ocean Grove.

These food scraps will then be collected, and turned into compost, which in turn takes a few months. In the future, we will offer you a free bucket of compost for your garden. Talks and workshops tailored to local groups interested in this project will be offered. We are unfunded and always looking for donations of unwanted large compost bins and bird Avery wire minimum one meter square. We can utilise shredded paper, straw, small animal bedding and sawdust.

Follow our face book page for updates: Bellarine Food Scraps and Compost Warriors.

Cheers as I keep washing buckets

Mara and Clancey



How the Health of Soil Affects Your Own Health

Craig Castree is an award-winning Horticulturist of 45 years' experience at growing his own food organically and creating edible gardens. He is a Published author 6 books all pointed toward being self-sufficient on an urban block. You will have no doubt seen him on channel 7TWO on Vasilis Garden as one of the regular presenters, or heard him speaking on 3AW, and on 88.3 Southern FM. Now see him speak live on "How the health of Soil affects our own health" and how to reduce chemical inputs in your garden and increase the health of your soil, plants, and your own health at the same time!

On **Saturday 7 September**, at SpringDale Neighbourhood Centre, Craig will talk from 10.30-11.30am and Craig will have his books for sale.

Following this 1 hour talk we will hear from the wonderful women who run Bellarine Community Compost Warriors about how it works and you can participate. There will be drinks and snacks.

This is the second of 6 workshops in Transition Streets Geelong's mini Sustainable Living Festival 2024. This Sustainable Living Festival project is supported by the City of Greater Geelong through its Environment & Sustainability Program.

Please get in touch if you'd like to volunteer to help out. To book watch out for the event on our Transition Streets Geelong Facebook page or message Monica on 0439390557 with your name.



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Making my Home more Sustainable - Part 15

Hopefully, you've found the gap sealing that you have done, made the house easier to heat and maintain its temperature and at a lower cost. Extra insulation may have helped, as both will assist in improving the hot summer conditions and making ongoing energy savings. Using the air conditioner to heat specific areas could also be very effective. If you have any outstanding questions and want to learn more, I recommend you attend Tim Forcey's presentation on his new book "My Efficient Electric Home Handbook" at the SpringDale Neighbourhood Centre at 7pm to 8.30pm on Friday 6th September.

I have just returned from a visit to family in Canada, and I find it fascinating comparing the similarities and differences. They are both huge countries with small populations, which are concentrated in a few cities, leaving huge areas of sparsely populated wilderness. They both have similar histories of British invasion and impact on the original First Nation peoples.

Both countries experience increasingly larger and more intense wildfires as the climate warms, and, both countries are endowed with massive and valuable mineral and natural resources.

Electricity is predominantly made by hydro in Canada and the retail price is significantly lower. Quebec has by far the cheapest rate (hydro) and British Columbia (BC) is also very low (Hydro), whilst Ontario is more expensive (Nuclear and even after a huge subsidy), with Nunavut very expensive (Diesel). Residential solar is insignificant and is expensive to install (more than double that in Australia). This confirmed that this is one area that Australia has done extremely well with a very efficient installation regime, and associated management and controls, and of course the best solar resource in the world which is also "free".

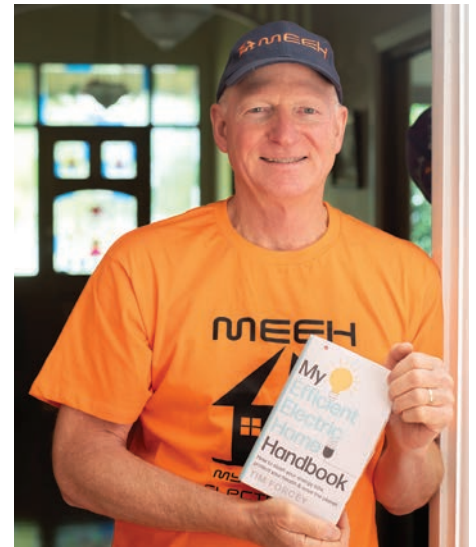
In Canada, electric cars are much more common, as are recharging centres, but these environmental and economic benefits are partially offset by many massive trucks/utes (which must be expensive to run at Canadian petrol prices - higher than Australia).

There is quite a large population of Chinese in Canada, but, at government level, the political relationship is currently troublesome. However, there is still lots of trade and financial information available.

I noted that they quoted the May 2024 data (vs May 2023) for electrical production in China showing a massive increase (+78%) in solar farm production and overall, renewables increased to a record 41% share, and coal dropped to its lowest level ever of 53% (down from 60% in 2023 and 70% a decade earlier). Gas usage also fell substantially (-16%) and accounted for only 5% of overall production. Nuclear supplied 5% of their electricity. The emissions from electricity production fell by over 3% which is a "first", and perhaps an indication that China could actually be getting to its peak emissions much earlier than expected. Electric cars and buses have also been booming in China which eases the emission pressure from the transport sector.

Rob Gardner

Tim Forcey - My Efficient Electric Home



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Clifton Springs & Curlewis Coastcare Group



Effective weed management is crucial for preserving native vegetation and biodiversity. For the past six months Clifton Springs Curlewis Coastcare Group volunteers have been working with officers from the CoGG Nature Reserves team, to remove invasive weed plants along a narrow stretch on the Clifton Springs beach. Changes can already be seen. A few indigenous coast flax-lilies (*Dianella brevicaulis*) became noticeable, when overgrowing flax-leaf broom shrubs were removed.

Community involvement can play a significant role in successful restoration projects. The CSCC group meets every third Wednesday of the month for habitat restoration activities on the foreshore. Come along to help at the next weeding working bee planned for 18 September.

Meet at 9.30am opposite 34 Edgewater Drive, Clifton Springs. We'll gather over tea and coffee onsite afterwards, about 11.45am. Everyone is welcome. Look out for updates in social media FB @ cliftonspringscurlewiscoastcare



Flax-leaf broom (Genista linifolia) (environmental weed)



Coast flax-lily (Dianella brevicaulis) (indigenous plant)

On the first Monday of each month, we conduct a citizen science task analysing the water quality of two creeks flowing into the Bay in Curlewis and Clifton Springs. We meet 9.30am at the CS Boat Harbour car park (closest to Geelong). All are welcome to join us on 2nd September and 7th October. Our

data is uploaded to the Waterwatch Data Portal (https://www.vic.waterwatch.org.au/water_data_portal.php) where everyone can view, query and download Waterwatch data and images for regions of Victoria they are interested in.

Hans Heine, Rob Gardner



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Trivia Answers

1. Lachie Neale
2. Photosynthesis
3. Douglas Adams
4. Africa
5. 1912
6. Daisy (Specifically the Marguerite Daisy (*Argyranthemum frutescens*) or Oxeye Daisy (*Leucanthemum vulgare*))
7. Marie Curie
8. Seine
9. Carrie
10. Eddie Van Halen



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Craig Morgan Shared His Road Trauma Story at Drysdale Football Club



The Drysdale Football Club hosted a special event as part of the AFL TAC road safety round featuring Craig Morgan, who shared his inspiring and harrowing road trauma story with the community.

Ten years ago, Craig Morgan was an accomplished and successful commercial lawyer and people leader at Telstra. He was married with two young daughters and was a top age group triathlete who competed extensively both domestically and overseas. However, on 21 November 2015, Craig's life and that of his family changed forever.

While on a training ride in Geelong, Craig was involved in a devastating hit-and-run accident. The incident left him with life-threatening injuries, including over 30 fractures, two punctured lungs, a bleed on his brain, and catastrophic damage to his spinal cord, resulting in paraplegia. Despite these overwhelming challenges, Craig has shown extraordinary resilience and determination in his journey of survival and rehabilitation.

During his presentation at the Drysdale Football Club, Craig recounted the details of the accident, the arduous process of recovery, and the incredible strength it took to rebuild his life and that of his family. His story is not only a testament to his personal fortitude but also a powerful reminder of the importance of road safety and the profound impact such accidents can have on individuals and their loved ones.

It was a unique opportunity for the community to hear Craig's story firsthand and be inspired by his unwavering spirit. TAC band together round serves as a crucial platform for raising awareness about road trauma and the critical need for safer driving practices.

Key contacts

Junior Football - Junior Coordinator
Amy 0409 859 837

Peninsula Sharks Junior girls football -
Glenn 0438 344 918

Senior Women Camp - Jess 0427 753 723

To find out more visit the Clubs website www.drysdalefc.com.au or follow the @drysdalehawkscf on socials to keep up to date with training, announcements, functions and raffles.



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