



COURSES

@SpringDale

We are an Autism Friendly Organisation

Improve your skills - Expand your mind
SpringDale is offering a number of new classes
this term. The new classes have **Red Headings**.

More information and bookings can be made via our
website <https://home.springdale.org.au/learning-master-guide/>
or email office@springdale.org.au or phone 5253 1960.

Term 1
Jan-April
2025



All classes held at SpringDale Neighbourhood Centre 17-21 High Street, Drysdale, unless otherwise stated.

Being Creative

NEW - Colourful Maptangle Art

Feel inspired to nurture your creativity but don't know where to start? Throughout this workshop you'll learn how to blend colourful liquid inks and draw simple lines, shapes and patterns to create stunningly intricate designs. Take that first step to ignite your creativity! All materials included.

Instructor: Peta Henshelwood

Dates/times: Sat 29 Mar - 12 Apr 9.30am-12.30pm

Fee: \$140

NEW - Sketchbooking for Relaxation

Sketchbooking is a fulfilling creative outlet to kickstart your creative journey. Through experimentation with various drawing tools and techniques you'll explore colour, patterns, and composition. As you relax into the process you will create art that feels personal, exciting and dynamic, allowing your own unique artistic style to naturally unfold.

All art materials provided.

Instructor: Peta Henshelwood

Dates/times: Sat 1 Mar - 22 Mar 10am-12.30pm

Fee: \$160

Intro to Gelli Printing

Learn to make papers for collage, card making and other mixed media art with Gelli Printing.

Instructor: Libby Hildebrandt

Dates/times: Thurs 30 Jan 10am-12noon

Fee: \$20

Gelli Printing

Learn to make papers for collage, card making and other mixed media art with Gelli Printing.

Instructor: Libby Hildebrandt

Dates/times: Thurs 6 Feb - 27 Mar 10am-12noon

Fee: \$100 or **Conc** \$80 8 weeks

Art Fundamentals - Discover the Artist Within The starter or restarter course

An introductory or refresher course using drawing media for adults. This is a great starter course or refresher course for returning artists, but no previous experience is required. The course awakens and sharpens art perceptions, the skills of seeing as an artist "sees" using drawing exercises. It also introduces concepts of colour awareness, surface texture and composition.

Instructor: Annette Playsted

Dates/times: Tues 4 Feb - 25 Mar 1-3pm

Fee: \$160 or **Conc** \$85 (8 sessions)

Art Media Intermediate

Learning all the painting and drawing media

To help you develop further as a potential artist, this course is designed for those who have completed Art Fundamentals. Explore the wide range of Painting and Drawing media, and all the methods of application. Increase your media knowledge in the techniques and processes of each medium.

Increase your skills and confidence in various processes of painting and drawing. Improve your media knowledge. Prepare for the next stage of exhibiting or for exhibiting again.

Instructor: Annette Playsted

Dates/times: Mon 3 Feb - 31 Mar 1-3.30pm

Fee: \$160 or **Conc** \$85 (8 sessions)

Advanced Art Workshop - Develop the Artist Within

Preparing to exhibit. Developing an Art based small business. This workshop program is designed to further develop your knowledge and broaden skills and perceptions. It is for hobbyists or art students who have studied the Art Media Course or have a mature knowledge of media applications. Challenges are set to encourage the building of ideas to improve conceptual development and encourage the experimental use of media to broaden and develop unique approaches to artmaking.

Participants will prepare to exhibit artworks and participate in exhibitions.

Instructor: Annette Playsted

Dates/times: Mon 3 Feb - 31 Mar or Tue 4 Feb - 25 Mar 10am -12.30pm

Fee: \$160 or **Conc** \$85 (8 sessions)

Cards with Lizzy

Let's get crafty with cards. Perfect for beginners. Come along and have a go.

Instructor: Lizzy Free

Dates/times: Wed 29 Jan - 2 Apr 1.30-3.30pm

Fee: \$5 per session

All Abilities Art

A studio based program for people of all abilities to explore their creative self, using a wide variety of art materials. Discover your creative language to express yourself in a safe, supported and relaxed environment.

Instructor: Celia Adams

Dates/times: Fri 31 Jan - 4 Apr 10am - 12noon

Bookings essential 10 weeks

Fee: \$300 or **Conc** \$200

Textiles

Teenage Sewing Classes

Learn to sew. Learn how to complete small projects with new and different techniques in each class. Learn to make your own personalised gift. Short projects you can take home on the same day. Utilise sewing machines, accessories, and haberdashery. Sewing machine provided or if you prefer, to bring along your own.

Instructor: Denise Kent

Dates/times: Sat 8 Feb, 22 Feb, 22 Mar, 10am-12noon

Fee: \$20 per session

Things I wish my Grandmother taught me

Draping my hankies and tea towels over the lavender bushes to dry in the sun, having Distilled lavender water in the steam iron. Sewing buttons on-with a thread 'shank' when needed, darning a hole, rather than tossing it out - All these and many more hints and tricks to discuss and make life easier and better.

Instructor: Denise Kent

Dates/times: Thurs 20 Mar 12.30-2.30pm

Fee: \$20 or **Conc** Free Booking essential

The Language of Sewing Patterns

Learn to enjoy it. All brands of sewing patterns include a great deal of useful, mostly vital, info. Plan ahead of actually cutting/sewing - sit with a cuppa and read the inclusions, as if it were a book or magazine. Let's have a look at this together.

Instructor: Denise Kent

Dates/times: Thurs 6 Feb 12.30-2.30pm

Fee: \$20 or **Conc** Free Booking essential

Sustainable Wardrobe Workshop

Learn how to update or upcycle a garment. Update something you found at a recycle shop or blend with something from your wardrobe. Upcycle or re-purpose items you already possess. You will learn how to replace a button, to mend a 'worn spot', to repair fallen hems, shorten (or lengthen) a garment or even a sleeve, to enjoy more wear from a favourite garment.

Instructor: Denise Kent

Dates/times: Thurs 20 Feb 12.30-2.30pm

Fee: \$20 or **Conc** Free Booking essential

Music

Intro to Harmonica

Would you like to learn how to play that harmonica in your drawer? Come and have a try.

Instructor: Jack Meredith

Dates/times: Thurs 30 Jan (1 Week) 10.30-11.30am

Fee: \$20 or **Conc** \$10

Beginners Harmonica

Would you like to learn how to play that harmonica in your drawer? This course maybe for you.

Instructor: Jack Meredith

Dates/times: Thurs 6 Feb - 27 Mar 10.30-11.30am

Fee: \$90 or **Conc** \$80

Beginners Ukulele

Come and start your ukulele journey with us. Learn a few chords and strumming techniques and get started making music.

Instructor: Jan Paradise

Dates/times: Tues 4 Feb - 25 Mar 12.30-1.15pm

Fee: \$60 or **Conc** \$50 (8 Weeks)

Beyond Beginners Ukulele

Come and start your ukulele journey with us. Learn a few chords and strumming techniques and get started making music.

Instructor: Jan Paradise

Dates/times: Tues 4 Feb - 25 Mar 1.15-2pm

Fee: \$60 or **Conc** \$50 (8 Weeks)

Acoustic Jam Session

Instructor: Steve Williams and Susan Norris.
Times: 3rd Wednesday each month 7:30pm at SpringDale Hall.

Fee: \$5 Feel free to bring your own refreshments.

Languages

French With Serge

Designed for enthusiasts of the French language. The course focuses on vocabulary, comprehension, pronunciation and some grammar. This course is designed for those with an intermediate level of knowledge of the French language. Join a friendly and supportive group with ongoing lessons.

Instructor: Serge Botans

Dates/times: Tue 28 Jan - 1 Apr 11:30am-12:45pm

Fee: \$150 or **Conc** \$135 (10 weeks)

Latin

The language of Catullus and Cicero for the beginner or for someone who has some previous Latin learning. A range of internet resources are used in the course. Enquiries to Neil email: neilbell@ozemail.com.au or phone 0419 037 147

Instructor: Neil Bell

Dates/times: Saturday mornings by arrangement

Fee: \$35 per term

German Conversation - Beginners

This course will introduce German to those beginning their German language journey

Instructor: Dorota Schoebel
Dates/times: Expressions of interest
Fee: \$90 or **Conc** \$80

German Conversation - Intermediate

Intermediate students will work to improve German language skills.

Instructor: Dorota Schoebel
Dates/times: Expressions of interest
Fee: \$90 or **Conc** \$80

Italian for Travellers

Those interested in travelling to Italy or pretending to travel to Italy - come along and experience the culture of Italy.

Instructor: Agata Commisso
Dates/times: Expressions of interest
Fee: \$140 or **Conc** \$120

Wellbeing

NEW - Strength and Stretch

Prioritise self-care by developing a habit of mindfulness. By approaching art making with a fun and playful mindset you will cultivate your own unique creativity, connect with your inner wisdom to reduce daily stress-levels and renew your energy and spirit.

Instructor: Irene Everett
Dates/times: Wed 5 Feb - 2 Apr 11.30am-12.15pm
Fee: \$5 per session

NEW - Developing Mindfulness

Prioritise self-care by developing a habit of mindfulness. By approaching art making with a fun and playful mindset you will cultivate your own unique creativity, connect with your inner wisdom to reduce daily stress-levels and renew your energy and spirit.

Instructor: Peta Henshelwood
Dates/times: Sun 9 Mar - 30 Mar 10am -12.30pm
Fee: \$160

Re-imagining housing for seniors

For those who would like to help or those in need of help contact Dianne Bennett via email diannebennett4@hotmail.com or ph 0422 146 604

SitFit brain and body exercise class

SitFit is a brain and body exercise program. Sitting in a chair we can challenge our core and all muscle groups, as well as our brains. Exercises are fun and inclusive, set to music you'll know and love.

Instructor: Virginia Cooke
Dates/times: Wed 5 Feb - 19 Mar 9.30-10.20am
Fee: \$70 (7 sessions) or **single** \$15

Pole Walking - Getting started

Interested in seeing Pole Walking in action and starting off in the correct way. Come to a practical information session to help you try or get started Pole Walking.

Instructor: Anne Brackley
Dates/times: By arrangement
Fee: Free session

Tai Chi for Health - Beginners

Learn basic Tai Chi principles and exercises. Tai Chi consists of exercises equally balanced between ying and yang, which is why it is so remarkably effective. Suitable for all levels.

Instructor: Emilia Kurek
Dates/times: Tues 4 Feb - 1 Apr 10-11am
Fee: \$3 per session

Tai Chi for Health - continuing

Learn basic Tai Chi principles and exercises. Tai Chi consists of exercises equally balanced between ying and yang, which is why it is so remarkably effective. Suitable for all levels.

Instructor: Emilia Kurek
Dates/times: Tues 4 Feb - 1 Apr 11am-12noon
Fee: \$3 per session

Autism Plus

Talking about Autism

A time for sharing helpful and practical information for people interested in the Autism spectrum.

Instructor: Anne Brackley
Dates/times: Friday 14 March 1-3pm
Fee: Free Bookings essential

All Abilities Art

A studio based program for people of all abilities to explore their creative self, using a wide variety of art materials. Discover your creative language to express yourself in a safe, supported and relaxed environment.

Instructor: Celia Adams
Dates/times: Fri 31 Jan - 4 Apr 10am - 12noon
Bookings essential 11 weeks
Fee: \$330 or **Conc** \$220

Digital Technology

Introduction to Computers

You will learn how to use your laptop or desktop computer system more effectively. In this supportive environment created by our instructor, you will be exposed to how to use the mouse, how to set up folders and files, use email, and be exposed to a whole range of things that can be done with your computer.

Instructor: Brenda Richardson
Skill Level: Beginner
Dates/times: Thurs 6 Feb - 27 Mar 2-4pm
Fee: \$165 or **Conc** \$85 (8 weeks)

Computers - Beyond the Basics

This is a continuance course from the introduction to Computers. This course is designed for those who have used a computer before and now want to move to more advanced learning such as how to search the internet for information, create more than just a basic document, as well as set up a computer to your preferences and likes.

Instructor: Brenda Richardson
Skill Level: Intermediate
Dates/times: Tues 4 Feb - 25 Mar 2-4pm
Fee: \$165 or **Conc** \$85 (8 weeks)

Smart phones, iPhones, tablets, iPads

This introductory course is designed to assist you to understand and use your iPhone or iPad confidently. Conducted in a friendly relaxed environment you will learn step by step how to set and use your device. We will cover issues such as security, keeping in touch with friends and family. Researching the correct apps available for your needs.

Instructor: Brenda Richardson
Skill Level: Beginner
Dates/times: Thur 6 Feb - 27 Mar 2-4pm
Fee: \$165 or **Conc** \$85

Buying and Selling on eBay

This course will navigate you through the process of getting started buying and selling your goods and services on eBay. The first session focuses on buying and the second one focuses on selling. NOTE: Bring along your email address and password as well as your banking details so you can get up and running while attending the course.

Instructor: Ken Brackley
Dates/times: Tues 4 & 18 Mar 4.30-6.30pm
Fee: \$55 or **Conc** \$25

Photography Troubleshooting

It's the constant challenge of photography, that what you see is often not what you get. Want to do it better? With a bit of basic knowledge about your camera, settings, lighting and composition, you can achieve much better pictures. This is a two session course taught by master photographer George Stawicki.

Instructor: George Stawicki
Dates/times: Fri 7 & 14 Feb 10am -12noon or
Tues 18 & 25 Feb 7-9pm
Fee: \$55 or **Conc** \$45

Edit videos using Adobe Premier Elements

Expressions of interest

Hospitality

Gluten Free Cookery

Christine from The grainfree & happy kitchen will be running gluten-free cooking classes that are delicious and better for you- no bland food here! Whether you're a beginner wanting to gain kitchen confidence and skills or more experienced cook wanting to increase your repertoire, in my classes you will create delicious and flavourful food .

Bring your apron and container to take your food home. We cater for allergies, so just let us know in advance. We will be making dishes from around the world and some local treats too.

From international dishes to local treats, who said cooking is boring? Allergies and intolerances catered for. So come along and have fun.

Instructor: Christine Ciancio
Dates/times: Thur 20 Feb - 20 Mar 10am-12 noon
(5 Lessons)
Fee: \$120 or **Conc** \$60 per session

Airfryer Cooking for One or a small family

Dates/times: Expressions of interest
Fee: \$120 or **Conc** \$60

Korean Cookery - Kimchi

Come along and help make Kimchi which is a traditional side dish of salted and fermented vegetables. There is growing evidence that fermented foods such as kimchi may improve intestinal health and as a result support the immune system and anti-inflammatory responses. Kimchi can also improve levels of good bacteria in the gut, and may support skin, brain and eye functions. Lunch included.

Instructor: Jasmine Hong
Dates/times: Sat 15 Feb 10am-1pm
Fee: \$60 or **Conc** \$30

Korean Cookery - Sushi and Kimbap (Korean Sushi)

Create your own sushi and the Korean version of sushi for the summer season.

Instructor: Jasmine Hong
Dates/times: Sat 15 Mar 10am-1pm
Fee: \$60 or **Conc** \$30

Confidence Through Cookery

Sri Lankan and other dishes. Taste the dishes and take some home for dinner.

Instructor: Marie McLeod
Dates/times: Tues 4 Feb - 4 Mar 10am-1pm
Fee: \$120 or **Conc** \$60 5 weeks

Espresso Coffee Making

How to make your coffee taste like a café using your home or work machine. You will also learn how to get the most out of your coffee machine.

Instructor: Sam Chait
Dates/times: Thurs 30 Jan or 6 Mar or 10 Apr 10am-12pm
Fee: \$20 or **Conc** \$10

Gaining Skills

New - Introduction to Egyptology

A beginner's guide to the Ancient Egyptian Culture - covering timelines of the Old/Middle and New Kingdoms, Mythology and funeral customs, basic hieroglyphs, architecture and culture

Instructor: Allison Young
Date/time: Expressions of interest

Finding your Ikigai

Ikigai is the Japanese wisdom of living a joyful, meaningful life. This introductory workshop looks at the meaning of Ikigai, why you may want it and where to find it.

Instructor: Kathy Henschke
Dates/times: Fri 7 Feb 9am-12:30pm
Fee: \$25 or **Conc** \$10

Living your Ikigai

Ikigai is the Japanese wisdom of living a joyful, meaningful life. This introductory workshop looks at the meaning of Ikigai, why you may want it and where to find it.

Instructor: Kathy Henschke
Dates/times: Fri 14 Feb - 28 Mar (4 sessions)
10am-12.30pm
Fee: \$100 or **Conc** \$60

Setting up a Bokashi bucket & garden bed

Many people have purchased or are thinking about purchasing a Bokashi Bucket - but - When do I empty the bucket? How should I dilute the Bokashi bucket juice? What do I do with the fermented food once the bucket is full?

Instructor: Anne Brackley
Dates/times: Fri 21 Mar 2-4pm
Fee: \$5 or Free for SpringDale Members

Focusing on the Future

This course is designed to give you a sample of a number of classes running at SpringDale to help you decide on your future direction. Come along and share your ideas, experience and dreams. Then we will select a range of classes to suit your skills, ambitions & desires.

Instructor: Anne Brackley
Dates/times: Fri 31 Jan 2-4pm plus 7 other session
Fee: \$50 or **Conc** Free

Joy of Volunteering

The joys of volunteering include giving back to the community, using your unique skill set. Many organisations and clubs rely on volunteers to survive. This course looks into all aspects of volunteering.

Instructor: Anne Brackley
Dates/times: Fri 7 Feb 2-4pm
Fee: Free

Introduction to Event Management

This course will expose you to all facets of planning and running an event. Areas covered include, where to start, what roles need to be fulfilled, budget required, people needed. Also covering debriefing and follow up.

Instructor: Anne Brackley
Dates/times: Fri 21 Feb 2-4pm
Fee: \$20 or Free for SpringDale Members



Returning to Learning

If it has been a while since you did any studying, this course is designed to assist you. The course will help with issues like you feel as though you have been left behind or feeling that you may not be able to keep up. You will also develop a career portfolio.

Instructor: Anne Brackley
Dates/times: Mon 3 Feb, Tues 4 Feb, Wed 5 Feb
10am-12noon
Fee: \$25 or **Conc** Free

Returning to Earning

Been out of the workforce for a while and you may not know how to take the first step - then this is the course for you. We will map your skills and help you realise that your life skills are incredibly valuable. Everything that you have been doing has been preparing you for the next steps in your journey.

Instructor: Anne Brackley
Dates/times: Fri 14 and 28 Feb 2-4pm
Fee: \$25 or **Conc** Free



Help SpringDale help yourself

Helping people find jobs for many years and we'd love to help you. Perhaps you would like to know what we do at a Neighbourhood House? Perhaps you would like to help and build your confidence? We'd like to help.

Instructor: Anne Brackley
Dates/times: By arrangement
Fee: Free



Ken & the Art of Bicycle Maintenance

Not just a conversation about bicycles and their care but a workshop where you will learn how to replace a tube and more.

Instructor: Ken Brackley
Dates/times: Sat 15 Mar 9.30-11am
Fee: \$10

Getting Started Cycling Again

After feedback from Ken's Bicycle Maintenance course, Ken decided to design a course to help

people get back onto their bikes. Getting on and off your bike, taking the first push, getting the most through understanding the mechanics of the body, working with your bicycle, using your gears & more.

Instructor: Ken Brackley
Dates/times: Sat 22 Mar 9.30-11am
Fee: \$10

Accredited Courses

Provide CPR Code: HLTAID009

Pre-course work is required and you will be contacted before the course with the details.

Instructor: Stayin' Alive First Aid
Dates/times: Sat 8 Feb 9-10.30am
Fee: \$65

Provide First Aid HLTAID011 (Includes CPR)

Pre-course work is required and you will be contacted before the course with the details.

Instructor: Stayin' Alive First Aid
Dates/times: Sat 8 Feb 9am-1pm
Fee: \$130

Provide an emergency first aid response in an education and care setting Code HLTAID012

Pre-course work is required and you will be contacted before the course with the details. The unit of competency applies to educators and support staff working within an education and care setting and will contribute towards approved first aid, asthma and anaphylaxis training under the Education and Care Services National Law, and the Education and Care Services National Regulation (2011).

Instructor: Stayin' Alive First Aid
Dates/times: Sat 8 Feb 9am-1pm
Fee: \$160



Raelene Newton - Stayin' Alive First Aid
stayinalivefirstaid@gmail.com 0413513046

(Stayin' Alive First Aid delivers nationally recognised training in partnership with, and under the auspices of, Allens Training Pty Ltd RTO 90909)

SpringDale Groups

To attend SpringDale Groups you must be a member of SpringDale - Annual Membership \$12 - each group charges a small fee ranging from \$2 to \$12 per session.

Bellarine Community Singers

We are a friendly group who meet each Thursday throughout the school terms from 1.30-3.30 at the SpringDale Neighbourhood Centre. We sing a variety of popular songs, show songs and golden oldies. Some of our current members play guitar, harmonica and ukulele and we often combine them in our performances. We always welcome new members, please contact David Smith 0411 444 048

Bellarine Family History Group

Our Group meets at SpringDale every Monday between 12-3pm and will assist you in getting started on and building your family tree, or provide guidance with general family history research. Cost: \$3 per session

Bellarine Wanderers

Thursday mornings 9.30am register your interest
Group Leader: Rob Gardner on 0413 458 562

Card Games

Enjoy playing cards? Come and play Canasta & Bolivia. Monday afternoons 12.30-3pm.

Country Dancing

Come to Scottish country dancing, Friday 11am-12noon. New and experienced dancers welcome.

Cryptic Crosswords Group

This group meets 10am Fridays and solves cryptic crosswords from the Guardian. This group is for seasoned cryptic crossword solvers. We may provide workshops for beginners if there is a need.

Dining Club

Monthly dinner for new residents and people interested in meeting new people and trying local dining experiences. Dates and venues are published monthly in the SpringDale Messenger.

Register your interest by emailing office@springdale.org.au or phoning 5253 1960

Felt & Textile Artists

1st and 3rd Saturday each month 10am - 3pm at SpringDale. If you'd like to come along & see what our members do, you'll be most welcome. For further information you can contact Julie 0409 368 290 or Jill 0435 499 820.

Date/time: 1st Saturday each month. 10am-3pm

Footpath Advocacy Group

Footpaths are so important to enable people to increase walking for health and connections to activities, shopping and for pleasure. Footpaths on the Bellarine have been an issue for more than 30 years. Please contact SpringDale if you are interested in helping.

Friendly Cuppa and Chat Group

Call in for a cup of coffee and a chat on the first Tuesday of the month between 10-11am.

Fun Volleyball

We play with a soft beach ball, and the aim is exercise. Other session times possible, register your interest. Mondays from 10-11am

Venue: Drysdale Scout Hall

Genealogy

People interested in researching family history come together weekly and share tips and tricks. Thursdays 9am-12 noon

German Speaking Group

German Speaking Group has a new group leader and are looking for the best time to meet - please let us know of your interest phone SpringDale on 5253 1960

Girls' Shed / Craft Group

A great activity for all year. Keep your hands busy and be creative. Bring your UFOs (Un Finished Objects) Tuesday weekly from 1-3pm.

Harmony Group

Building a better world we meet as needed to bring an annual Harmony Day together - please let us know how you would like to help.

Harvest Basket Produce Swap & Edible Gardening Group

Meets 1st Saturday of every month in the SpringDale Hall. You do not need to have anything to swap to come along and forge friendships and share veggie gardening skills. 9-10.30am

Jigsaw Club

Borrow a jigsaw from a big library, 40c each. The first Thursday of the month from 10am-12noon.

Kinship Carers

Meets on the first Monday of each month 10-1pm at SpringDale (no meetings in school holidays)

Life Drawing

SpringDale Life Drawing Group meets every Monday 1.15-3.45pm. New Members welcome. Contact George-Ann 0438 028 250

Lunch Bunch

We meet on 3rd Wednesday each month to enjoy lunch together at a local café.

Mahjong Club

This group meets Wednesday from 9am-12noon.

Men's Kitchen - Tuesday Mornings

Tuesday morning 10am-1pm
Location: St Leonards Recreation Reserve
Fee: Price depends on menu

Men's Kitchen - Wed & Fri Morning

Wed/Fri 10am-2pm **Fee:** Price depends on menu. Fri morning kitchen - wait list applies

Numbers Group

Having fun with numbers. Meets 1st and last Wednesday each month. For people who enjoy numbers - I know there are a few of us out there.

Pole Walking Group

Enhanced walking where the arms are used to push. The movements of your arms, feet, pelvic area and the entire body are similar to those

employed during a vigorous walk. Weekly Mondays 8.50-10am (Contact SpringDale for meeting points)

Sci Fi Group

A group to focus on bringing Science and Science Fiction to life. This group started with a single person, John Reid who has been a Lost in Space fan for years. Its through his dedication that a group has been formed. Ring SpringDale to register your interest.

Scrabble Club

Held on Tuesday afternoon, 1-3pm and caters for players of all abilities and new players welcome.

Scrapbooking & Card Making Group

Organise your precious memories by scrapbooking your photos or cardmaking for all occasions.

Scrapbooking solutions, products & use of tools.

Date/time: 2nd Thurs each month, 1-4pm

Instructor: Lyn Clough

Fee: \$15 per session Ph 5251 3008

SpringDale Artists

The SpringDale Artists meet each Wednesday. Activities include working sessions, discussions, demonstrations and gallery visits.

Wed 9am-12noon or Wed 1-4pm.

SpringDale Reads

Our book group meets first Thursday each month 7.30-9pm

SpringDale Writers

Each month, the group members are given a sentence to write a short story or poem around, using their own creative magic. New members always welcome, all ages, all genders, no judgement, and no experience necessary. First Friday of the month 9:30-11am. Come along and join the fun- \$2 per attendance and you do need to be a member of SpringDale.

Sprukers - SpringDale Ukulele Playing Group

You have been playing ukulele for a while and want to enjoy playing with others, this might be for you. We meet on Tuesdays 2.30-4pm.

Talking about Autism

Meets to talk about Autism strategies. Group Leader Anne Brackley. 1 Nov 1.30-3pm. Bookings essential.

The Tuesday Bellarine Wanderers

If you are interested in longer walks, Terrific Tuesday Trekkers might be the group for you Walks are usually approximately 12km.

Meets Tuesday mornings. Please contact SpringDale for more details ph 5253 1960

Toy Library - Drysdale

Our toy library is featured on our website for you to be able to select toys toys.springdale.org.au and then pick them up at a convenient time. Membership of the toy library is \$35 a year.

Click & Collect. Log onto - toys.springdale.org.au

Toy Library - Portarlington

Our toy library is featured on our website for you to be able to select toys ptl.springdale.org.au and then pick them up when the toy library is open on Tues and Thurs 9-11am. Membership of the toy library is \$35 a year.

Click & Collect. Log onto - ptl.springdale.org.au

Walks for Carers

1st & 3rd Wednesdays each month. Meet at SpringDale ready to walk by 10.30am and back to SpringDale for a cuppa and chat. If you are a carer, you might enjoy a gentle walk with other carers and a cuppa and a chat that follows.

Register your interest with SpringDale. 5253 1960

Wheelie Riders

SpringDale membership is all you require. Would you like to get involved in cycling again? Rides vary in difficulty and start from SpringDale at 9am. New riders welcomed and shorter rides are graded to suit individual needs. Rides Mon, Wed, Fri.

Warhammer Group

Warhammer is a tabletop war game in where two or more people battle each other with armies of miniatures on tables with detailed terrain. Looking for people aged 13+ for tabletop war games. Meets

2nd and 4th Wednesdays each month 5-10pm. Contact Mark on 0425889007 for more details.

Non SpringDale Activities

Bellarine Camera Club

We are a friendly group of amateur photographers, enjoying the challenge of improving our photography by actively taking photos, learning by entering competitions and talking to other members and judges about our photography. We meet at SpringDale, at 7:30pm on the first and third Monday of the month.

For further details call in to a meeting, or go to our website www.bellarinecameraclub.org.au

President: Debbie Hallows ph: 0400 562 571

Drysdale Guides

Enabling girls and young women to grow into confident, self respecting, responsible community members. We meet on Thursday evenings at SpringDale Neighbourhood Centre from 7-8.30pm. Contact Anne Brackley for details 0407 529 205.

Festival of Glass

The Festival of Glass Inc has an all year-round Workshop Programme, including Mosaics and Beadweaving. Check our website for more details on these workshops held at the Drysdale Community Hub, Eversley Street Drysdale.

More workshops advertised on our website www.festivalofglass.net.au

Pilates

Open to all ages. Improve your fitness, core strength, posture, flexibility and sense of well being. Classes cater for clients of varying fitness levels, from beginners through to advanced. Small class sizes allow for individualised attention & direction.

Instructor: Monique MacLeod

Phone to book: (03) 5251 2958

Venue: Drysdale Physiotherapy & Sports Injury Clinic, 27-29 High Street, Drysdale

Dates/times - Tues 4 Feb - 25 Mar (8 weeks)

Fee: \$170

Expressions of interest 2025

Do you have a special talent that you would like to share and teach to the community?

Do you have a special interest in a course that we don't currently offer?

Are you fluent in another language that you would like to share and teach the community?

What is the latest craft that you would love to learn or teach?

Would you like to get out and meet some like-minded people?

All these ideas are made from other ideas that frequently pop up, or you may have seen the idea in a magazine, heard it from a friend, or seen it on social media. We would love to hear from you and eagerly await your contact.

Call into SpringDale Neighbourhood Centre and have a chat with Anne, phone 5253 1960 or email office@springdale.org.au



SpringDale Membership is \$12 per year or \$100 for whole of life.

Be eligible to be part of and participate fully in our SpringDale Groups.



Enrolment & Payment Conditions

Scheduled Fees: Courses at nominated rates.

Single Sessions: Incur a \$5 Admin Fee.

ENROLMENT

5 ways to book into a class -

Phone: (03) 5253 1960

Text: 0416 450 534

In person, at SpringDale Neighbourhood Centre, 17-21 High Street, Drysdale

Online: <https://home.springdale.org.au/learning-master-guide/>

Email: office@springdale.org.au

- Your enrolment is confirmed when payment is received.
- Classes must be paid for no later than ONE week prior to the commencement of class. You will not be permitted to participate in classes until full payment is made.

PAYMENT/ REFUNDS

- We accept cash, cheque or credit card. Facilities are available for payment in person or via mail, please see below course booking slip. If there are not enough enrolments to successfully run a course, it will be cancelled.
- If a course is cancelled due to lack of enrolments or other reason, you will be notified, and your fees will be refunded in full.
- Should you wish to withdraw from a course you must do so prior to commencement of the course. Where fees have been paid, in those circumstances they will be refunded to you less an \$8 administrative fee.
- If you withdraw from a course after it has commenced no refund will be issued. An opportunity to transfer to another course may however be available in certain instances.

PRIVACY

The SpringDale Neighbourhood Centre respects your right to information privacy. Information collected and held on participants, is kept in accordance with information privacy laws.

Please sign up for course updates via webmail, texting or a phone call.

SpringDale Neighbourhood Centre Inc. acknowledges the support of:

